

# XI Bieg "DYCHA SIEKIERNIKA"

## Wyniki OPEN Dycha Siekiernika



2017-08-27, Krościenko Wyżne

| M-ce                           | Nr  | Imię i nazwisko    | Miasto               | Klub                         | Kat./m-ce      | min/km | Netto           | Wynik           | K/M   |  |
|--------------------------------|-----|--------------------|----------------------|------------------------------|----------------|--------|-----------------|-----------------|-------|--|
| <b>Dycha Siekiernika 10 km</b> |     |                    |                      |                              |                |        |                 |                 |       |  |
| 1.                             | 44  | Kubiec Dawid       | POL Starachowice     | Juventa                      | M2 / (Kl.gen.) | 3:21   | <b>33:31,67</b> | <b>33:31,67</b> | M(1)  |  |
| 2.                             | 122 | Lepiarz Sylwester  | POL Wronów           | LKB Rudnik                   | M1 / (Kl.gen.) | 3:23   | <b>33:57,04</b> | <b>33:57,04</b> | M(2)  |  |
| 3.                             | 102 | Wydra Jan          | POL Mszana Dolna     | MOK Mszana Dolna             | M3 / (Kl.gen.) | 3:24   | <b>34:06,96</b> | <b>34:05,57</b> | M(3)  |  |
| 4.                             | 121 | Wierdak Hubert     | POL Korczyna         | Cukiernia Atena              | M3 / (Kl.gen.) | 3:29   | <b>34:51,61</b> | <b>34:51,70</b> | M(4)  |  |
| 5.                             | 36  | Jaśtał Piotr       | POL Domaszowice      | LKB Rudnik                   | M1 / (Kl.gen.) | 3:35   | <b>35:51,53</b> | <b>35:50,46</b> | M(5)  |  |
| 6.                             | 18  | Fedak Grzegorz     | POL Sanok            |                              | M2 / (1)       | 3:50   | <b>38:27,85</b> | <b>38:27,78</b> | M(6)  |  |
| 7.                             | 83  | Szelc Marcin       | POL Krosno           | KKB Mosir Krosno             | M2 / (2)       | 3:54   | <b>39:00,86</b> | <b>39:01,16</b> | M(7)  |  |
| 8.                             | 1   | Albrycht Katarzyna | POL Krościenko Wyżne |                              | K2 / (Kl.gen.) | 3:56   | <b>39:28,62</b> | <b>39:29,07</b> | K(1)  |  |
| 9.                             | 90  | Uchacz Kacper      | POL Brzegi           | Fc Gwarek                    | M1 / (1)       | 4:00   | <b>40:01,37</b> | <b>39:59,47</b> | M(8)  |  |
| 10.                            | 127 | Rajchel Piotr      | POL Przysietnica     |                              | M2 / (3)       | 3:59   | <b>39:59,68</b> | <b>40:00,71</b> | M(9)  |  |
| 11.                            | 126 | Kijowski Krzysztof | POL Milcza           |                              | M2 / (4)       | 4:03   | <b>40:30,82</b> | <b>40:31,10</b> | M(10) |  |
| 12.                            | 67  | Prajzner Marta     | POL Krościenko Wyżne |                              | K2 / (Kl.gen.) | 4:03   | <b>40:36,86</b> | <b>40:37,56</b> | K(2)  |  |
| 13.                            | 46  | lipa Wojciech      | POL Rzeszów          | Rzeszowskie Gazele i Gepardy | M2 / (5)       | 4:04   | <b>40:49,11</b> | <b>40:50,14</b> | M(11) |  |
| 14.                            | 79  | Słotwiński Damian  | POL Złoczew          |                              | M3 / (1)       | 4:05   | <b>40:51,70</b> | <b>40:52,38</b> | M(12) |  |
| 15.                            | 11  | Cisek Andrzej      | POL Rzeszów          | Rzeszowskie Gazele i Gepardy | M3 / (2)       | 4:05   | <b>40:59,50</b> | <b>41:00,61</b> | M(13) |  |
| 16.                            | 54  | Mikuszewski Łukasz | POL Krasne           | Rzeszowskie Gazele i Gepardy | M1 / (2)       | 4:05   | <b>40:59,50</b> | <b>41:00,61</b> | M(14) |  |
| 17.                            | 125 | Kijowski Wiesław   | POL Milcza           | Milcza                       | M4 / (1)       | 4:07   | <b>41:10,60</b> | <b>41:11,24</b> | M(15) |  |
| 18.                            | 88  | Tracz Łukasz       | POL Radymno          | www.treningfizjoterapia.pl   | M2 / (6)       | 4:12   | <b>42:01,02</b> | <b>42:02,05</b> | M(16) |  |
| 19.                            | 116 | Albrycht Robert    | POL Lubatowa         | MTB Mosir Dukla              | M3 / (3)       | 4:12   | <b>42:00,35</b> | <b>42:02,41</b> | M(17) |  |
| 20.                            | 103 | Wywłoka Paulina    | POL Wierzbna         | www.treningfizjoterapia.pl   | K1 / (Kl.gen.) | 4:12   | <b>42:04,64</b> | <b>42:05,03</b> | K(3)  |  |
| 21.                            | 113 | Pastuszek Mateusz  | POL Krosno           | KTC Krosno                   | M1 / (3)       | 4:16   | <b>42:43,69</b> | <b>42:47,37</b> | M(18) |  |
| 22.                            | 59  | Olejarski Oskar    | POL Blizne           | Brzozowski Klub Biegacza     | M1 / (4)       | 4:17   | <b>42:56,28</b> | <b>42:56,87</b> | M(19) |  |
| 23.                            | 17  | Dudek Sylwester    | POL Rudnik           | LKB Rudnik                   | M4 / (2)       | 4:17   | <b>42:59,09</b> | <b>42:57,13</b> | M(20) |  |



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|------|-----|-----------------------------|----------------------|--------------------------------|----------------|--------|-----------------|-----------------|-------|
| 24.  | 31  | Gwizdała Kacper             | POL Rzeszów          |                                | M1 / (5)       | 4:21   | <b>43:36,60</b> | <b>43:38,68</b> | M(21) |
| 25.  | 74  | Rutkowski Łukasz            | POL Zalesie          |                                | M2 / (7)       | 4:22   | <b>43:41,48</b> | <b>43:47,10</b> | M(22) |
| 26.  | 27  | Górniak Stanisław           | POL Widacz           | Finisz Rymanów                 | M3 / (4)       | 4:22   | <b>43:49,74</b> | <b>43:51,10</b> | M(23) |
| 27.  | 14  | Domiszewska Maria           | POL Ustrzyki Dolne   | MKS Halicz Ustrzyki Dolne      | K4 / (Kl.gen.) | 4:25   | <b>44:11,84</b> | <b>44:13,41</b> | K(4)  |
| 28.  | 111 | Kustroń Adam                | POL Krosno           |                                | M4 / (3)       | 4:25   | <b>44:10,12</b> | <b>44:15,53</b> | M(24) |
| 29.  | 106 | Błażejowski Dariusz         | POL Świerzowa Polska | Nowy Styl Group Running Team   | M2 / (8)       | 4:26   | <b>44:25,53</b> | <b>44:27,59</b> | M(25) |
| 30.  | 107 | Adamik Łukasz               | POL Wisła            | Nowy Styl Group Running Team   | M2 / (9)       | 4:26   | <b>44:25,50</b> | <b>44:27,68</b> | M(26) |
| 31.  | 8   | Brela Jakub                 | POL Jedlicze         | MUKS Podkarpacie Jedlicze      | M2 / (10)      | 4:27   | <b>44:32,41</b> | <b>44:35,59</b> | M(27) |
| 32.  | 9   | Broda Łukasz                | POL Rzeszów          | Piękne i Brodacze              | M1 / (6)       | 4:32   | <b>45:27,06</b> | <b>45:29,44</b> | M(28) |
| 33.  | 78  | Siwak Ryszard               | POL Kraków           | Team Ryś Ski                   | M3 / (5)       | 4:33   | <b>45:32,42</b> | <b>45:34,53</b> | M(29) |
| 34.  | 85  | Szepieniec Katarzyna        | POL Rzeszów          | Rzeszowskie Gazele i Gepardy   | K1 / (Kl.gen.) | 4:33   | <b>45:34,63</b> | <b>45:36,78</b> | K(5)  |
| 35.  | 117 | Mielnik Michał              | POL Krosno           | Krosno Glass                   | M1 / (7)       | 4:34   | <b>45:40,72</b> | <b>45:46,05</b> | M(30) |
| 36.  | 47  | Litwin Bartłomiej           | POL Wrocanka         | Biegam bo Biegam               | M2 / (11)      | 4:35   | <b>45:57,50</b> | <b>46:02,20</b> | M(31) |
| 37.  | 53  | Mika Mirosław               | POL Krosno           |                                | M3 / (6)       | 4:36   | <b>46:03,91</b> | <b>46:06,92</b> | M(32) |
| 38.  | 84  | Szelc Artur                 | POL Krościenko Wyżne | Biegam bo Biegam               | M2 / (12)      | 4:38   | <b>46:22,06</b> | <b>46:25,66</b> | M(33) |
| 39.  | 250 | Augustyn Patryk             | POL Jedlicze         |                                | M1 / (8)       | 4:39   | <b>46:31,77</b> | <b>46:32,88</b> | M(34) |
| 40.  | 49  | Łyżnicki Zygmunt            | POL Mszana Dolna     | MOK Mszana Dolna               | M5 / (1)       | 4:40   | <b>46:41,62</b> | <b>46:42,85</b> | M(35) |
| 41.  | 30  | Gubernat Bartosz            | POL Rzeszów          | Rzeszowskie Gazele i Gepardy   | M2 / (13)      | 4:40   | <b>46:42,92</b> | <b>46:49,87</b> | M(36) |
| 42.  | 123 | Matysek Agnieszka           | POL Pazików          | LKB Rudnik                     | K2 / (1)       | 4:44   | <b>47:21,75</b> | <b>47:24,46</b> | K(6)  |
| 43.  | 32  | Haduch Jerzy                | POL Pisarowce        | Sanok i Okolice                | M5 / (2)       | 4:45   | <b>47:30,25</b> | <b>47:31,78</b> | M(37) |
| 44.  | 42  | Koza Jan                    | POL Cisna            | Lokomotiv Majdan               | M1 / (9)       | 4:45   | <b>47:36,95</b> | <b>47:40,16</b> | M(38) |
| 45.  | 41  | Kolanko Michał              | POL Krościenko Wyżne | InfoSoftware Polska/Nowaja     | M2 / (14)      | 4:47   | <b>47:53,15</b> | <b>47:56,91</b> | M(39) |
| 46.  | 4   | Biedka Marcin               | POL Krosno           | KKB MOSiR Krosno/KM PSP Krosno | M2 / (15)      | 4:48   | <b>48:02,06</b> | <b>48:06,75</b> | M(40) |
| 47.  | 48  | Lorenc Maciej               | POL Krosno           |                                | M1 / (10)      | 4:49   | <b>48:16,49</b> | <b>48:22,15</b> | M(41) |
| 48.  | 37  | Kamiński Andrzej            | POL Krościenko Wyżne |                                | M4 / (4)       | 4:51   | <b>48:39,37</b> | <b>48:39,37</b> | M(42) |
| 49.  | 21  | Furs Teodor                 | POL Cisna            | Pierdzące zające               | M3 / (7)       | 4:52   | <b>48:40,86</b> | <b>48:45,23</b> | M(43) |
| 50.  | 2   | Amrozkiwicz - Gromek Judyta | POL Sanok            | Amrozkiwicz Team               | K2 / (2)       | 4:52   | <b>48:42,79</b> | <b>48:46,08</b> | K(7)  |
| 51.  | 80  | Stankiewicz Jacek           | POL Dukła            |                                | M3 / (8)       | 4:53   | <b>48:53,80</b> | <b>48:56,89</b> | M(44) |
| 52.  | 28  | Górniak Kamil               | POL Widacz           | Finisz Rymanów                 | M1 / (11)      | 4:55   | <b>49:11,80</b> | <b>49:16,70</b> | M(45) |
| 53.  | 7   | Blyskal Krzysztof           | POL Ustrzyki Dolne   | MKS Halicz Ustrzyki Dolne      | M2 / (16)      | 4:55   | <b>49:13,01</b> | <b>49:19,52</b> | M(46) |
| 54.  | 66  | Potaczek Justyna            | POL Niedźwiedź       | MOK Mszana Dolna               | K2 / (3)       | 4:59   | <b>49:55,95</b> | <b>49:55,95</b> | K(8)  |
| 55.  | 98  | Winiarski Karol             | POL Żeglce           | Błękitni Żeglce                | M2 / (17)      | 4:59   | <b>49:55,22</b> | <b>49:56,19</b> | M(47) |
| 56.  | 110 | Klamut Ryszard              | POL Jabłonica Polska | KB Krościenko Wyżne            | M5 / (3)       | 5:00   | <b>50:08,30</b> | <b>50:10,40</b> | M(48) |
| 57.  | 57  | Ogłuszka Michał             | POL Gorlice          | Safepro Usługi BHP             | M2 / (18)      | 5:03   | <b>50:35,02</b> | <b>50:36,05</b> | M(49) |

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|------|-----|-----------------------|----------------------|---------------------------------------|-----------|--------|----------|----------|-------|
| 58.  | 75  | Sanocki Marcin        | POL Jedlicze         | MUKS Podkarpacie Jedlicze             | M1 / (12) | 5:03   | 50:31,16 | 50:37,07 | M(50) |
| 59.  | 77  | Sienko Marcin         | POL Bachórz          |                                       | M1 / (13) | 5:03   | 50:30,26 | 50:39,30 | M(51) |
| 60.  | 15  | Domiszewski Wojciech  | POL Ustrzyki Dolne   | MKS Halicz Ustrzyki Dolne             | M4 / (5)  | 5:04   | 50:40,31 | 50:45,52 | M(52) |
| 61.  | 23  | Gierula Grzegorz      | POL Łęczany          |                                       | M1 / (14) | 5:05   | 50:54,71 | 51:00,12 | M(53) |
| 62.  | 108 | Patlia Grzegorz       | POL Rzeszów          |                                       | M3 / (9)  | 5:06   | 51:00,05 | 51:01,02 | M(54) |
| 63.  | 65  | Pelczar Maciej        | POL Krosno           |                                       | M3 / (10) | 5:06   | 51:06,98 | 51:05,08 | M(55) |
| 64.  | 45  | Kurcoń Jarosław       | POL Chorkówka        | Błękitni Żeglce                       | M2 / (19) | 5:09   | 51:36,28 | 51:41,76 | M(56) |
| 65.  | 33  | Honkisz Maciej        | POL Krosno           |                                       | M4 / (6)  | 5:09   | 51:37,45 | 51:43,70 | M(57) |
| 66.  | 119 | Gierlicka Sabina      | POL Korczyna         |                                       | K2 / (4)  | 5:10   | 51:45,23 | 51:48,12 | K(9)  |
| 67.  | 99  | Wojtasiewicz Wincenty | POL Tarnowiec        |                                       | M5 / (4)  | 5:10   | 51:47,07 | 51:49,21 | M(58) |
| 68.  | 114 | Liput Grzegorz        | POL Krościenko Wyżne |                                       | M1 / (15) | 5:13   | 52:15,33 | 52:20,23 | M(59) |
| 69.  | 95  | Wałachowski Wojciech  | POL Rzeszów          |                                       | M1 / (16) | 5:15   | 52:30,24 | 52:34,22 | M(60) |
| 70.  | 130 | Zdeb Krzysztof        | POL Wrocanka         | KKB Mosir Krosno                      | M3 / (11) | 5:15   | 52:38,44 | 52:41,21 | M(61) |
| 71.  | 13  | Czekański Wojciech    | POL Krościenko Wyżne |                                       | M3 / (12) | 5:16   | 52:42,76 | 52:46,81 | M(62) |
| 72.  | 96  | Ważny Renata          | POL Lubaczów         | Biegomania Lubaczów                   | K2 / (5)  | 5:16   | 52:46,74 | 52:49,08 | K(10) |
| 73.  | 43  | Krukar Adam           | POL Iwonicz          |                                       | M3 / (13) | 5:17   | 52:54,19 | 52:57,69 | M(63) |
| 74.  | 69  | Radzik Robert         | POL Biała Niżna      |                                       | M1 / (17) | 5:17   | 52:57,07 | 53:01,51 | M(64) |
| 75.  | 68  | Przybytek Dariusz     | POL Ruda Śląska      |                                       | M4 / (7)  | 5:19   | 53:13,40 | 53:16,75 | M(65) |
| 76.  | 133 | Kwiecień Natalia      | POL Rudnik           | LKB Rudnik                            | K1 / (1)  | 5:20   | 53:22,84 | 53:26,23 | K(11) |
| 77.  | 118 | Ostrowski Jan         | POL Korczyna         |                                       | M5 / (5)  | 5:21   | 53:33,05 | 53:37,57 | M(66) |
| 78.  | 51  | Matusik Oskar         | POL Cisna            |                                       | M1 / (18) | 5:24   | 54:04,23 | 54:06,74 | M(67) |
| 79.  | 81  | Szczurek Krzysztof    | POL Kraków           | Scurki Team                           | M2 / (20) | 5:24   | 54:01,55 | 54:06,88 | M(68) |
| 80.  | 93  | Urbański Józef        | POL Krosno           | KKB Mosir Krosno                      | M4 / (8)  | 5:25   | 54:16,87 | 54:23,26 | M(69) |
| 81.  | 58  | Ogłuszka Elżbieta     | POL Rzeszów          | Safepro Usługi BHP                    | K2 / (6)  | 5:26   | 54:20,91 | 54:23,41 | K(12) |
| 82.  | 109 | Józefczyk Jakub       | POL Krościenko Wyżne |                                       | M1 / (19) | 5:31   | 55:10,79 | 55:16,70 | M(70) |
| 83.  | 87  | Tabor Piotr           | POL Rzeszów          | www.tylmanowa.eu                      | M2 / (21) | 5:31   | 55:19,65 | 55:21,73 | M(71) |
| 84.  | 55  | Młodzińska Małgorzata | POL Lubaczów         | Biegomania Lubaczów                   | K3 / (1)  | 5:32   | 55:20,82 | 55:23,40 | K(13) |
| 85.  | 131 | Bożek Grzegorz        | POL Krosno           | Dziki Życie RunTeam                   | M3 / (14) | 5:33   | 55:35,18 | 55:37,98 | M(72) |
| 86.  | 120 | Mróz Krzysztof        | POL Jedlicze         | KKB Mosir Krosno                      | M4 / (9)  | 5:36   | 56:07,67 | 56:12,23 | M(73) |
| 87.  | 39  | Kłoczek Konrad        | POL Łęczyny          |                                       | M2 / (22) | 5:38   | 56:20,96 | 56:27,65 | M(74) |
| 88.  | 86  | Szmyd Jan             | POL Krościenko Wyżne | KB Krościenko Wyżne                   | M1 / (20) | 5:40   | 56:44,90 | 56:49,02 | M(75) |
| 89.  | 124 | Ćwiąkała Halina       | POL Krosno           | Samotni Wędrowcy                      | K3 / (2)  | 5:40   | 56:48,80 | 56:51,50 | K(14) |
| 90.  | 29  | Grabska Renata        | POL Rzeszów          | Ambasador Festiwalu Biegowego KRYNICA | K5 / (1)  | 5:40   | 56:49,38 | 56:56,06 | K(15) |
| 91.  | 40  | Kochański Tomasz      | POL Jedlicze         | MUKS Podkarpacie Jedlicze             | M3 / (15) | 5:42   | 57:07,72 | 57:14,92 | M(76) |

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|------|-----|---------------------|----------------------|---|-----------|--------|-------------------|-------------------|-------|
| 92.  | 91  | Ulanowski Ireneusz  | POL Pawłokoma        |   | M1 / (21) | 5:48   | <b>58:04,98</b>   | <b>58:04,98</b>   | M(77) |
| 93.  | 105 | Kalisz Małgorzata   | POL Krosno           |   | K3 / (3)  | 5:49   | <b>58:18,57</b>   | <b>58:20,80</b>   | K(16) |
| 94.  | 112 | Majchrowicz Andrzej | POL Krościenko Wyżne |   | M3 / (16) | 5:49   | <b>58:17,44</b>   | <b>58:27,65</b>   | M(78) |
| 95.  | 19  | Foremna Beata       | POL Kraków           |   | K2 / (7)  | 5:50   | <b>58:25,65</b>   | <b>58:32,50</b>   | K(17) |
| 96.  | 82  | Szczygieł Anna      | POL Lubaczów         | Biegomania Lubaczów                       | K3 / (4)  | 5:54   | <b>59:09,65</b>   | <b>59:11,99</b>   | K(18) |
| 97.  | 104 | Zajchowski Marek    | POL Moderówka        | ULKS Technik Trzcinica                    | M4 / (10) | 5:55   | <b>59:15,92</b>   | <b>59:17,48</b>   | M(79) |
| 98.  | 101 | Wróbel Tomasz       | POL Łowczówek        |   | M2 / (23) | 6:01   | <b>1:00:11,74</b> | <b>1:00:16,94</b> | M(80) |
| 99.  | 22  | Gadela Grzegorz     | POL Krosno           | Nieważne który, nieważne jak, byle dobiec | M2 / (24) | 6:01   | <b>1:00:19,31</b> | <b>1:00:23,18</b> | M(81) |
| 100. | 63  | Patla Ewa           | POL Krosno           |   | K3 / (5)  | 6:02   | <b>1:00:23,74</b> | <b>1:00:24,62</b> | K(19) |
| 101. | 38  | Kin Rafał           | POL Odrzykoń         | AZS PWSZ Krosno                           | M2 / (25) | 6:02   | <b>1:00:24,28</b> | <b>1:00:30,86</b> | M(82) |
| 102. | 132 | Bzocławik Mirosław  | POL Krosno           | MUKS Podkarpacie Jedlicze                 | M2 / (26) | 6:11   | <b>1:01:53,61</b> | <b>1:02:00,88</b> | M(83) |
| 103. | 60  | Pająk-Cieśla Joanna | POL Krosno           |   | K3 / (6)  | 6:18   | <b>1:03:09,23</b> | <b>1:03:12,18</b> | K(20) |
| 104. | 56  | Młodziński Lesław   | POL Lubaczów         | Biegomania Lubaczów                       | M3 / (17) | 6:24   | <b>1:04:03,13</b> | <b>1:04:06,14</b> | M(84) |
| 105. | 50  | Makuch Joanna       | POL Cieszanów        | Biegomania Lubaczów                       | K2 / (8)  | 6:24   | <b>1:04:03,25</b> | <b>1:04:06,20</b> | K(21) |
| 106. | 12  | Ciuła Tomasz        | POL Kraków           |   | M2 / (27) | 6:40   | <b>1:06:49,41</b> | <b>1:07:00,65</b> | M(85) |
| 107. | 34  | Jajesnica Marian    | POL Jedlicze         | MUKS Podkarpacie Jedlicze                 | M5 / (6)  | 6:41   | <b>1:06:57,08</b> | <b>1:07:03,07</b> | M(86) |
| 108. | 5   | Biskup Mariusz      | POL Jedlicze         | MUKS Podkarpacie Jedlicze                 | M3 / (18) | 7:15   | <b>1:12:35,86</b> | <b>1:12:43,30</b> | M(87) |
| 109. | 115 | Panasiuk Paweł      | POL Krościenko Wyżne |   | M2 / (28) | 7:24   | <b>1:14:01,72</b> | <b>1:14:07,97</b> | M(88) |

Liczba uczestników: 109