

# XXV Biegów Niepodległości pod Patronatem Prezydenta Miasta Ruda Śląska



## Wyniki OPEN K/M

2018-11-11, Ruda Śląska

M-ce	Nr	Nazwisko i imię	Miasto	Klub	Kat./m-ce	min/km	Lap1	Lap2	Lap3	Netto	Wynik	Strata
<b>Bieg główny 12 km</b>												
<b>Kobiety</b>												
1.	1320	Szeliga Nicola	POL Ruda Śląska	TL "Pogoń" Ruda Śląska	K(16-35)/1	4:07	16:36,87	16:30,79	16:21,12	49:26,87	<b>49:28,78</b>	-
2.	1180	Czyż Katarzyna	POL Ruda Śląska	TL "Pogoń" Ruda Śląska	K(36-49)/1	4:14	16:44,82	16:47,37	17:21,43	50:51,67	<b>50:53,64</b>	+1:24,8
3.	1260	Mrowiec Kinga	POL Ruda Śląska	TL "Pogoń" Ruda Śląska	K(16-35)/2	4:22	17:32,20	17:38,22	17:28,17	52:31,82	<b>52:38,60</b>	+3:09,8
4.	1247	Mendecka Daria	POL Ruda Śląska	MOSiR Łaziska Górne	K(16-35)/3	4:27	17:19,50	17:53,94	18:17,09	53:28,57	<b>53:30,54</b>	+4:01,7
5.	1319	Szczypka Edyta	POL Kasinka Mała		K(16-35)/4	4:47	18:54,71	19:22,99	19:19,28	57:32,77	<b>57:36,99</b>	+8:08,2
6.	1385	Dawiec Gabriela	POL Mních	Biegiem przez Chybie	K(36-49)/2	4:54	19:22,66	19:45,74	19:48,16	58:53,13	<b>58:56,57</b>	+9:27,7
7.	1252	Milbrant Katarzyna	POL Ruda Śląska	ADS Masna	K(16-35)/5	4:56	18:57,62	19:48,18	20:39,09	59:20,44	<b>59:24,90</b>	+9:56,1
8.	1172	Bogacz Monika	POL Ruda Śląska	ADS Masna	K(16-35)/6	4:59	19:52,75	20:09,43	19:53,93	59:49,50	<b>59:56,12</b>	+10:27,3
9.	1302	Sielska Joanna	POL Gliwice	Opel Active Team	K(36-49)/3	5:04	19:36,43	20:24,57	20:56,82	1:00:52,71	<b>1:00:57,83</b>	+11:29,0
10.	1229	Kowolik Ewelina	POL Ruda Śląska	KRS TKKF "Jastrząb" Ruda Śląska	K(16-35)/7	5:11	19:54,53	21:04,74	21:19,49	1:02:12,54	<b>1:02:18,77</b>	+12:49,9
11.	1285	Ploch Karolina	POL Pyskowice		K(36-49)/4	5:12	20:36,64	20:52,90	21:08,87	1:02:25,85	<b>1:02:38,42</b>	+13:09,6
12.	1188	Dzida Agata	POL Ruda Śląska		K(36-49)/5	5:14	21:00,06	21:13,39	20:52,24	1:02:50,45	<b>1:03:05,70</b>	+13:36,9
13.	1206	Jagielska Magdalena	POL Paradyż		K(36-49)/6	5:21	21:53,83	21:08,50	21:24,74	1:04:15,64	<b>1:04:27,08</b>	+14:58,2
14.	1205	Hayde Dorota	POL Ruda Śląska	Selden Hills	K(36-49)/7	5:25	21:49,52	21:45,47	21:40,36	1:05:02,37	<b>1:05:15,36</b>	+15:46,5
15.	1359	Youssef Hanna	POL Ruda Śląska	TL "Pogoń" Ruda Śląska	K(16-35)/8	5:26	19:43,48	22:30,96	23:01,14	1:05:13,75	<b>1:05:15,60</b>	+15:46,8
16.	1312	Socha Marlena	POL Ruda Śląska		K(36-49)/8	5:29	21:36,64	22:05,40	22:17,27	1:05:52,62	<b>1:05:59,32</b>	+16:30,5
17.	1196	Gajdzik Katarzyna	POL Bytom		K(16-35)/9	5:30	21:59,04	21:57,64	22:17,82	1:06:00,68	<b>1:06:14,51</b>	+16:45,7
18.	1344	Wysocka Katarzyna	POL Katowice		K(36-49)/9	5:31	21:53,18	21:52,50	22:41,05	1:06:17,86	<b>1:06:26,73</b>	+16:57,9
19.	1165	Baron Aniela	POL Gostyń	Tauron Team	K(50+)/1	5:33	22:02,83	22:29,74	22:15,41	1:06:39,49	<b>1:06:48,00</b>	+17:19,2
20.	1211	Jasnoch Bogumiła	POL Mikołów		K(50+)/2	5:33	21:48,22	22:19,90	22:41,19	1:06:41,08	<b>1:06:49,32</b>	+17:20,5



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M-ce	Nr	Nazwisko i imię	Miasto	Klub	Kat./m-ce	min/km	Lap1	Lap2	Lap3	Netto	Wynik	Strata
21.	1280	Pietras Ewelina	POL Dąbrowa Górnicza	W pogoni za duchem	K(16-35)/10	5:39	22:20,95	22:54,97	22:52,68	1:07:52,59	<b>1:08:08,61</b>	+18:39,8
22.	1308	Skudlik Joanna	POL Ruda Śląska		K(36-49)/10	5:39	22:08,70	23:24,98	22:35,37	1:07:56,26	<b>1:08:09,06</b>	+18:40,2
23.	1242	Majek Agnieszka	POL Katowice	Augusteam	K(16-35)/11	5:40	22:23,32	22:44,53	23:11,88	1:08:09,71	<b>1:08:19,74</b>	+18:50,9
24.	1379	Youssef Anna	POL Ruda Śląska		K(36-49)/11	5:47	20:49,69	24:05,42	24:34,07	1:09:25,84	<b>1:09:29,18</b>	+20:00,3
25.	1224	Kotala Ania	POL Ruda Śląska		K(36-49)/12	5:47	22:11,57	23:08,65	24:20,87	1:09:33,65	<b>1:09:41,10</b>	+20:12,3
26.	1228	Kowolik Agata	POL Ruda Śląska		K(36-49)/13	5:51	23:37,94	23:39,60	23:17,59	1:10:18,62	<b>1:10:35,13</b>	+21:06,3
27.	1348	Zborek Dominika	POL Gliwice		K(16-35)/12	5:59	22:53,10	24:09,44	24:55,47	1:11:49,02	<b>1:11:58,01</b>	+22:29,2
28.	1355	Stygienko Małgorzata	POL Ruda Śląska	Morninek	K(36-49)/14	5:59	23:51,29	23:45,72	24:32,40	1:11:56,00	<b>1:12:09,43</b>	+22:40,6
29.	1380	Wieczorek Agnieszka	POL Ruda Śląska		K(36-49)/15	6:00	22:49,48	24:24,71	25:09,46	1:12:11,84	<b>1:12:23,67</b>	+22:54,8
30.	1255	Morawiec Barbara	POL Ruda Śląska		K(36-49)/16	6:02	23:58,75	23:38,06	25:10,33	1:12:30,35	<b>1:12:47,16</b>	+23:18,3
31.	1162	Sajda Tosia	POL Katowice	Manhattan 27	K(50+)/3	6:03	23:58,89	24:42,88	24:11,48	1:12:38,72	<b>1:12:53,26</b>	+23:24,4
32.	1396	Mikołajczyk Dominika	POL Ruda Śląska	Miraz Race Team	K(16-35)/13	6:07	22:29,29	24:24,44	26:38,25	1:13:30,39	<b>1:13:31,99</b>	+24:03,2
33.	1378	Wolarek Dorota	POL Ruda Śląska		K(16-35)/14	6:13	23:43,88	23:05,20	28:03,37	1:14:46,48	<b>1:14:52,46</b>	+25:23,6
34.	1168	Kurkowska Aldona	POL Chorzów	Avgusteam	K(50+)/4	6:16	23:58,63	25:45,21	25:44,54	1:15:13,83	<b>1:15:28,38</b>	+25:59,6
35.	1219	Kobier Lucyna	POL Chorzów		K(36-49)/17	6:26	24:56,42	26:03,89	26:30,44	1:17:22,62	<b>1:17:30,76</b>	+28:01,9
36.	1353	Zyskowska Magdalena	POL Ruda Śląska		K(16-35)/15	6:26	25:34,88	26:03,08	25:54,93	1:17:15,50	<b>1:17:32,90</b>	+28:04,1
37.	1234	Krzon Magdalena	POL Ruda Śląska	KRS TKKF "Jastrząb" Ruda Śląska	K(16-35)/16	6:26	25:34,88	26:02,86	25:55,67	1:17:16,51	<b>1:17:33,42</b>	+28:04,6
38.	1240	Leśnikowska Karina	POL Chorzów		K(36-49)/18	6:31	25:39,36	26:28,55	26:30,95	1:18:23,90	<b>1:18:38,87</b>	+29:10,0
39.	1397	Mikołajczyk Małgorzata	POL Zabrze	Miraz Race Team	K(50+)/5	6:32	25:54,74	26:14,01	26:30,56	1:18:24,06	<b>1:18:39,32</b>	+29:10,5
40.	1393	Maluśka Katarzyna	POL Mikołów	Miraż Raze Team	K(36-49)/19	6:36	25:54,32	26:14,63	27:23,45	1:19:17,15	<b>1:19:32,41</b>	+30:03,6
41.	1345	Wysocka Kinga	POL Katowice	SP 67 Katowice	K(16-35)/17	6:54	26:53,07	28:05,92	28:06,91	1:22:54,91	<b>1:23:05,91</b>	+33:37,1
42.	1257	Mroczek Danuta	POL Ruda Śląska		K(36-49)/20	7:08	27:24,90	29:04,33	29:25,35	1:25:45,80	<b>1:25:54,60</b>	+36:25,8
43.	1310	Kuśmierczyk Joanna	POL Ruda Śląska		K(36-49)/21	7:11	27:48,82	29:03,21	29:29,88	1:26:16,03	<b>1:26:21,92</b>	+36:53,1
44.	1339	Wójtowicz Teresa	POL Katowice		K(16-35)/18	7:18	28:37,84	29:42,07	29:41,59	1:27:44,18	<b>1:28:01,51</b>	+38:32,7
45.	1213	Kałuża Agnieszka	POL Siemianowice	Augusteam	K(36-49)/22	7:25	29:44,61	29:40,23	29:48,97	1:29:03,75	<b>1:29:13,82</b>	+39:45,0
46.	1258	Mroczek Monika	POL Ruda Śląska		K(16-35)/19	7:40	28:16,38	32:37,92	31:26,54	1:32:11,47	<b>1:32:20,84</b>	+42:52,0
47.	1243	Majek Marysia	POL Katowice	Augusteam	K(36-49)/23	8:32	33:24,38	34:45,21	34:27,78	1:42:26,78	<b>1:42:37,38</b>	+53:08,5
DNF	1324	Szumilas Barbara	POL Świętochłowice	Socios Silesia			24:45,33	27:15,46			<b>52:00,80</b>	+2:32,0

## Mężczyźni

1.	1291	Poleć Arkadiusz	POL Ruda Śląska	KRS TKKF "Jastrząb" Ruda Śląska	M(16-35)/1	3:31	14:21,16	14:19,81	13:34,05	42:14,15	<b>42:15,03</b>	-
2.	1288	Poleć Damian	POL Ruda Śląska	TL "Pogoń" Ruda Śląska	M(16-35)/2	3:32	14:21,33	14:19,62	13:52,35	42:32,08	<b>42:33,30</b>	+0:18,2
3.	1290	Poleć Adrian	POL Ruda Śląska	TL "Pogoń" Ruda Śląska	M(16-35)/3	3:38	14:21,10	14:20,35	15:02,71	43:43,34	<b>43:44,16</b>	+1:29,1
4.	1381	Garczarczyk Michał	POL Ruda Śląska		M(16-35)/4	3:46	14:39,26	15:19,93	15:16,49	45:13,91	<b>45:15,68</b>	+3:00,6
5.	1246	Maslanka Tomasz	POL Bytom	KRS TKKF "Jastrząb" Ruda Śląska	M(36-49)/1	3:51	15:06,16	15:26,05	15:47,38	46:17,70	<b>46:19,60</b>	+4:04,5
6.	1208	Jagiela Adam	POL Siemianowice	KRS TKKF "Jastrząb" Ruda Śląska	M(36-49)/2	3:52	15:12,85	15:44,82	15:37,86	46:33,63	<b>46:35,54</b>	+4:20,5
7.	1244	Malysa Marcin	POL Chorzów	Vegan Runners	M(36-49)/3	3:53	15:12,79	15:40,51	15:45,61	46:36,13	<b>46:38,92</b>	+4:23,8

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M-ce	Nr	Nazwisko i imię	Miasto	Klub	Kat./m-ce	min/km	Lap1	Lap2	Lap3	Netto	Wynik	Strata
8.	1388	<b>Krupa Przemysław</b>	POL Mnich	Biegiem przez Chybie	M(16-35)/5	3:55	15:12,48	15:45,13	16:12,30	47:06,69	<b>47:09,92</b>	+4:54,8
9.	1318	<b>Styczeń Leszek</b>	POL Zabrze	Ofiary Kamieńca	M(36-49)/4	3:56	15:26,14	15:53,32	16:03,64	47:20,87	<b>47:23,11</b>	+5:08,0
10.	1259	<b>Mroczek Jan</b>	POL Ruda Śląska		M(50-59)/1	3:59	15:27,90	16:22,86	16:08,59	47:57,06	<b>47:59,36</b>	+5:44,3
11.	1292	<b>Prokop Jarosław</b>	POL Ruda Śląska	Chop ze Żelaza Tri Team	M(36-49)/5	4:00	15:50,64	16:03,18	16:14,57	48:04,14	<b>48:08,40</b>	+5:53,3
12.	1214	<b>Kałużny Adam</b>	POL Ruda Śląska	Socios Silesia	M(16-35)/6	4:01	15:49,31	16:11,15	16:21,47	48:15,17	<b>48:21,94</b>	+6:06,9
13.	1341	<b>Wrześniński Rafał</b>	POL Tychy	STS Biegaton Mikołów-KIA Etrans	M(16-35)/7	4:01	15:33,54	16:19,08	16:29,93	48:20,65	<b>48:22,55</b>	+6:07,5
14.	1342	<b>Wrześniński Andrzej</b>	POL Tychy	STS Biegaton Mikołów-KIA Etrans	M(50-59)/2	4:07	16:24,08	16:33,10	16:30,87	49:25,27	<b>49:28,06</b>	+7:13,0
15.	1350	<b>Zgoda Bogusław</b>	POL Siemianowice		M(50-59)/3	4:07	16:35,22	16:35,98	16:23,00	49:31,90	<b>49:34,20</b>	+7:19,1
16.	1389	<b>Święczyk Krzysztof</b>	POL Chybie-Mnich	Biegiem przez Chybie	M(16-35)/8	4:07	16:33,21	16:38,98	16:24,17	49:31,64	<b>49:36,37</b>	+7:21,3
17.	1305	<b>Skorupa Tadeusz</b>	POL Gliwice		M(60+)/1	4:08	16:26,56	16:31,83	16:42,15	49:37,77	<b>49:40,56</b>	+7:25,5
18.	1241	<b>Leśnikowski Krzysztof</b>	POL Chorzów	Augusteam	M(36-49)/6	4:09	16:37,45	16:37,10	16:36,62	49:48,34	<b>49:51,18</b>	+7:36,1
19.	1254	<b>Moj Krzysztof</b>	POL Ruda Śląska	Nelson Club	M(36-49)/7	4:11	16:35,71	16:37,47	17:04,56	50:14,30	<b>50:17,76</b>	+8:02,7
20.	1293	<b>Prokop Bartosz</b>	POL Ruda Śląska	Chop ze Żelaza Tri Team	M(16-35)/9	4:11	16:26,89	16:29,21	17:31,19	50:22,39	<b>50:27,29</b>	+8:12,2
21.	1269	<b>Nowak Wojciech</b>	POL Ruda Śląska	wnprojekt.com.pl	M(36-49)/8	4:12	16:18,18	16:49,70	17:23,03	50:30,27	<b>50:30,92</b>	+8:15,8
22.	1222	<b>Kopiec Roland</b>	POL Łaziska Górne		M(16-35)/10	4:15	16:50,37	17:22,33	16:53,53	51:02,42	<b>51:06,23</b>	+8:51,2
23.	1277	<b>Pacufa Andrzej</b>	POL Gliwice	AKMB Pędziwiatr Gliwice	M(50-59)/4	4:15	16:44,83	17:03,55	17:20,85	51:05,31	<b>51:09,24</b>	+8:54,2
24.	1175	<b>Burzyński Konrad</b>	POL Tarnowskie Góry		M(36-49)/9	4:16	17:12,06	17:14,34	16:57,66	51:20,41	<b>51:24,07</b>	+9:09,0
25.	1383	<b>Hajto Dominik</b>	POL Chybie	Biegiem przez Chybie	M(16-35)/11	4:17	16:47,99	17:22,94	17:22,06	51:29,78	<b>51:33,00</b>	+9:17,9
26.	1186	<b>Dróżga Mirosław</b>	POL Świętochłowice		M(36-49)/10	4:17	17:36,40	17:26,66	16:31,20	51:31,38	<b>51:34,26</b>	+9:19,2
27.	1303	<b>Sielski Jarosław</b>	POL Gliwice	Opel Active Team	M(36-49)/11	4:18	16:44,88	17:20,50	17:41,57	51:41,76	<b>51:46,96</b>	+9:31,9
28.	1164	<b>Bagan Grzegorz</b>	POL Gliwice	Goggle Pae Team	M(36-49)/12	4:19	16:44,69	17:29,75	17:41,73	51:52,72	<b>51:56,18</b>	+9:41,1
29.	1289	<b>Poleć Jerzy</b>	POL Ruda Śląska	KRS TKKF "Jastrząb" Ruda Śląska	M(50-59)/5	4:19	16:30,74	17:39,86	17:50,57	51:59,51	<b>52:01,18</b>	+9:46,1
30.	1332	<b>Witała Damian</b>	POL Ruda Śląska	PWik Ruda Śląska	M(36-49)/13	4:19	17:30,16	17:34,62	17:01,11	51:57,95	<b>52:05,90</b>	+9:50,8
31.	1300	<b>Respondek Marcin</b>	POL Siemianowice	Lecymy Durś	M(16-35)/12	4:22	16:37,01	18:04,60	17:56,02	52:32,26	<b>52:37,64</b>	+10:22,6
32.	1276	<b>Osojca Mariusz</b>	POL Ornontowice	Dzieło Pomocy Św. Ojca Pio Zabiegani	M(36-49)/14	4:24	17:45,13	17:32,66	17:40,49	52:49,88	<b>52:58,30</b>	+10:43,2
33.	1233	<b>Krzon Ireneusz</b>	POL Ruda Śląska	KRS TKKF "Jastrząb" Ruda Śląska	M(50-59)/6	4:25	17:57,24	17:49,79	17:20,45	53:01,20	<b>53:07,49</b>	+10:52,4
34.	1231	<b>Krawczyk Przemysław</b>	POL Chorzów		M(16-35)/13	4:25	16:54,52	18:18,84	17:56,59	53:06,87	<b>53:09,96</b>	+10:54,9
35.	1245	<b>Martowski Przemysław</b>	POL Zabrze	Po Robocie	M(16-35)/14	4:25	17:19,70	17:58,76	17:53,74	53:08,38	<b>53:12,21</b>	+10:57,1
36.	1203	<b>Grolik Piotr</b>	POL Ruda Śląska		M(36-49)/15	4:27	17:45,54	17:56,15	17:49,59	53:24,60	<b>53:31,30</b>	+11:16,2
37.	1362	<b>Brysz Jacek</b>	POL Świętochłowice		M(16-35)/15	4:27	18:16,88	17:51,39	17:33,08	53:27,15	<b>53:41,36</b>	+11:26,3
38.	1387	<b>Kucharczyk Benedykt</b>	POL Boronów	Jedność Boronów	M(60+)/2	4:28	17:54,48	17:54,37	17:53,34	53:38,22	<b>53:42,21</b>	+11:27,1
39.	1384	<b>Strączek Dawid</b>	POL Ruda Śląska		M(16-35)/16	4:28	17:57,98	18:04,37	17:43,93	53:39,02	<b>53:46,29</b>	+11:31,2
40.	1200	<b>Goraus Kamil</b>	POL Ruda Śląska	ADS Masna	M(16-35)/17	4:29	18:17,04	17:50,34	17:51,32	53:51,52	<b>53:58,71</b>	+11:43,6
41.	1217	<b>Kłyk Dominik</b>	POL Zabrze	PMTTL Zabrze	M(36-49)/16	4:30	18:12,83	18:09,43	17:53,86	54:08,42	<b>54:16,13</b>	+12:01,1
42.	1199	<b>Golonka Marek</b>	POL Mysłowice		M(36-49)/17	4:31	16:44,43	18:26,85	19:06,16	54:15,05	<b>54:17,45</b>	+12:02,4
43.	1265	<b>Muszala Dawid</b>	POL Ruda Śląska		M(16-35)/18	4:32	17:11,85	18:31,41	18:45,25	54:26,41	<b>54:28,52</b>	+12:13,4
44.	1278	<b>Pawłowski Michał</b>	POL Ruda Śląska		M(36-49)/18	4:31	17:57,14	18:11,01	18:21,26	54:20,12	<b>54:29,42</b>	+12:14,3

# Wyniki OPEN K/M

M-ce	Nr	Nazwisko i imię	Miasto	Klub	Kat./m-ce	min/km	Lap1	Lap2	Lap3	Netto	Wynik	Strata
45.	1237	Kuczera Filip	POL Ruda Śląska		M(36-49)/19	4:32	17:50,53	18:34,61	18:10,71	54:27,36	<b>54:35,87</b>	+12:20,8
46.	1236	Kuczera Krzysztof	POL Ruda Śląska	Leiber Poland Team	M(36-49)/20	4:33	18:16,72	18:27,32	18:09,13	54:47,97	<b>54:53,18</b>	+12:38,1
47.	1197	Garbacz Adrian	POL Ruda Śląska		M(16-35)/19	4:33	19:34,25	17:32,17	17:49,74	54:45,17	<b>54:56,17</b>	+12:41,1
48.	1230	Kowolik Grzegorz	POL Ruda Śląska		M(16-35)/20	4:34	18:30,74	18:35,04	17:52,62	54:52,04	<b>54:58,41</b>	+12:43,3
49.	1394	Fiszer Andrzej	POL Katowice		M(16-35)/21	4:34	18:32,99	18:35,02	17:53,00	54:54,23	<b>55:01,02</b>	+12:45,9
50.	1193	Fijałkowski Zbigniew	POL Orzesze	KRS TKKF "Jastrząb" Ruda Śląska	M(50-59)/7	4:35	17:45,72	18:37,13	18:41,21	55:00,34	<b>55:04,07</b>	+12:49,0
51.	1256	Morchat Paweł	POL Sosnowiec	#czeladzbiega	M(36-49)/21	4:34	18:03,07	18:23,25	18:41,81	54:57,59	<b>55:08,14</b>	+12:53,1
52.	1173	Bosowski Tomasz	POL Paniówki		M(36-49)/22	4:36	17:16,94	18:50,30	19:19,11	55:21,33	<b>55:26,36</b>	+13:11,3
53.	1323	Szołtysek Adrian	POL Paniówki		M(16-35)/22	4:37	17:48,26	18:34,77	19:17,52	55:35,51	<b>55:40,56</b>	+13:25,5
54.	1349	Zemczak Kamil	POL Zabrze		M(16-35)/23	4:39	17:19,04	18:40,83	19:52,73	55:48,47	<b>55:52,61</b>	+13:37,5
55.	1235	Krzon Andrzej	POL Ruda Śląska	KRS TKKF "Jastrząb" Ruda Śląska	M(36-49)/23	4:39	18:14,13	18:39,47	19:02,71	55:48,67	<b>55:56,32</b>	+13:41,2
56.	1190	Dzik Mirosław	POL Chorzów		M(36-49)/24	4:40	18:12,58	18:53,20	19:03,54	56:02,92	<b>56:09,33</b>	+13:54,2
57.	1315	Stempak Nikodem	POL Tarnów		M(16-35)/24	4:40	18:42,94	19:01,52	18:27,79	56:08,59	<b>56:12,25</b>	+13:57,2
58.	1287	Podgórski Marek	POL Ruda Śląska		M(36-49)/25	4:40	18:15,49	19:07,97	18:48,97	56:04,20	<b>56:12,45</b>	+13:57,4
59.	1337	Wójtowicz Marek	POL Katowice		M(36-49)/26	4:40	18:54,88	18:55,74	18:23,71	56:09,13	<b>56:14,34</b>	+13:59,3
60.	1335	Woźnicki Ireneusz	POL Ruda Śląska		M(36-49)/27	4:41	18:46,11	18:58,94	18:43,40	56:19,98	<b>56:28,45</b>	+14:13,4
61.	1198	Głodek Daniel	POL Ruda Śląska		M(16-35)/25	4:42	18:34,29	19:14,45	18:53,10	56:33,56	<b>56:41,86</b>	+14:26,8
62.	1163	Badowicz Kamil	POL Ruda Śląska	Leiber Poland Team	M(16-35)/26	4:43	18:34,67	19:08,81	19:03,69	56:42,19	<b>56:47,18</b>	+14:32,1
63.	1399	Jastrzembski Mateusz	POL Ruda Śląska		M(16-35)/27	4:46	18:35,91	19:25,61	19:16,62	57:14,82	<b>57:18,16</b>	+15:03,1
64.	1183	Depta Andrzej	POL Ruda Śląska		M(50-59)/8	4:46	18:27,30	19:14,03	19:39,05	57:14,83	<b>57:20,39</b>	+15:05,3
65.	1249	Michalski Marek	POL Ruda Śląska		M(50-59)/9	4:47	18:57,83	19:09,57	19:23,89	57:24,37	<b>57:31,30</b>	+15:16,2
66.	1207	Jagielski Piotr	POL Ruda Śląska		M(36-49)/28	4:48	19:19,09	19:31,63	18:55,91	57:42,26	<b>57:46,64</b>	+15:31,6
67.	1166	Baron Eugeniusz	POL Gostyń	Tauron Team	M(50-59)/10	4:49	18:35,85	20:05,05	19:13,57	57:50,94	<b>57:54,48</b>	+15:39,4
68.	1395	Hanusiak Ireneusz	POL Ornontowice	Irys	M(50-59)/11	4:49	19:20,69	19:29,53	19:05,57	57:51,41	<b>57:55,80</b>	+15:40,7
69.	1212	Jawoszek Paweł	POL Świętochłowice	Świętochłowicki Klub Kyokushin Karate	M(36-49)/29	4:49	19:34,19	19:25,65	18:58,22	57:55,77	<b>57:58,07</b>	+15:43,0
70.	1253	Miler Adam	POL Ruda Śląska		M(16-35)/28	4:50	19:47,14	19:14,13	19:14,55	58:04,52	<b>58:15,84</b>	+16:00,8
71.	1321	Szlezingier Tomasz	POL Ruda Śląska	Leiber Poland Team	M(16-35)/29	4:51	18:01,43	20:14,14	20:01,87	58:13,00	<b>58:17,46</b>	+16:02,4
72.	1377	Bończuk Zbigniew	POL Ruda Śląska	TL "Pogoń" Ruda Śląska	M(36-49)/30	4:52	19:22,92	19:45,68	19:27,64	58:33,21	<b>58:36,25</b>	+16:21,2
73.	1221	Komor Zbigniew	POL Ruda Śląska	Leiber Poland Team	M(36-49)/31	4:52	18:59,41	19:48,16	19:50,73	58:33,58	<b>58:38,31</b>	+16:23,2
74.	1364	Teler Marcin	POL Ruda Śląska		M(16-35)/30	4:52	20:23,98	19:37,53	18:40,11	58:30,78	<b>58:41,64</b>	+16:26,6
75.	1281	Pietruszka Wojciech	POL Ruda Śląska		M(36-49)/32	4:52	21:16,92	19:08,73	18:16,10	58:27,34	<b>58:41,75</b>	+16:26,7
76.	1169	Bernacisko Damian	POL Ruda Śląska		M(16-35)/31	4:52	19:52,79	20:02,42	18:54,18	58:35,69	<b>58:49,40</b>	+16:34,3
77.	1400	Brzozowski Jan	POL Mikołów		M(60+)/3	4:54	19:38,82	19:39,90	19:42,73	58:55,97	<b>59:01,46</b>	+16:46,4
78.	1264	Musiał Andrzej	POL Katowice		M(36-49)/33	4:54	19:36,27	19:40,99	19:45,81	58:51,56	<b>59:03,08</b>	+16:48,0
79.	1268	Niedźwiedzki Ryszard	POL		M(50-59)/12	4:54	19:30,64	19:46,44	19:46,96	58:57,28	<b>59:04,05</b>	+16:49,0
80.	1284	Pinocy Szymon	POL Łęczyny		M(16-35)/32	4:54	19:48,57	19:32,73	19:47,04	58:58,19	<b>59:08,34</b>	+16:53,3
81.	1360	Kotula Mateusz	POL Ruda Śląska	TL "Pogoń" Ruda Śląska	M(16-35)/33	4:55	18:50,68	20:11,20	20:10,04	59:09,50	<b>59:11,92</b>	+16:56,8

# Wyniki OPEN K/M

M-ce	Nr	Nazwisko i imię	Miasto	Klub	Kat./m-ce	min/km	Lap1	Lap2	Lap3	Netto	Wynik	Strata
82.	1238	Kurnakowski Michał	POL Chorzów	Biegacze mogą dłużej	M(36-49)/34	4:56	19:51,64	19:43,04	19:44,26	59:12,08	<b>59:18,96</b>	+17:03,9
83.	1266	Nawicki Adam	POL Ruda Śląska		M(16-35)/34	4:57	19:47,06	20:10,10	19:42,54	59:32,44	<b>59:39,71</b>	+17:24,6
84.	1334	Wosk Mateusz	POL Mysłowice		M(16-35)/35	4:58	19:47,97	19:46,27	20:12,71	59:41,41	<b>59:46,96</b>	+17:31,9
85.	1311	Sobkowicz Jarosław	POL Ruda Śląska	Rise&Shine	M(36-49)/35	4:58	20:29,32	19:27,52	19:50,44	59:39,35	<b>59:47,29</b>	+17:32,2
86.	1171	Bloch Grzegorz	POL Ruda Śląska		M(36-49)/36	5:03	19:32,57	20:20,31	20:55,30	1:00:37,78	<b>1:00:48,20</b>	+18:33,1
87.	1273	Ociepka Daniel	POL Sosnowiec		M(36-49)/37	5:03	20:33,70	20:00,47	20:17,78	1:00:36,62	<b>1:00:51,95</b>	+18:36,9
88.	1181	Dąbrowski Krzysztof	POL Zabrze	Socios Silesia	M(36-49)/38	5:03	20:02,22	20:44,44	20:08,55	1:00:45,64	<b>1:00:55,22</b>	+18:40,1
89.	1382	Białczak Dariusz	POL Tychy		M(16-35)/36	5:03	21:57,00	20:25,74	18:45,45	1:00:47,59	<b>1:01:08,20</b>	+18:53,1
90.	1161	Dziedzic Paweł	POL Ruda Śląska	Bieg z Chrystusem	M(36-49)/39	5:05	20:11,38	20:06,93	20:59,02	1:01:06,11	<b>1:01:17,33</b>	+19:02,3
91.	1307	Skrzypski Marian	POL Ruda Śląska		M(60+)/4	5:06	19:56,70	20:33,18	20:55,34	1:01:20,91	<b>1:01:25,24</b>	+19:10,2
92.	1283	Piłat Jarosław	POL Ruda Śląska	KRS TKKF "Jastrząb" Ruda Śląska	M(36-49)/40	5:09	20:20,24	21:06,42	20:26,84	1:01:48,48	<b>1:01:53,51</b>	+19:38,4
93.	1361	Marek Franciszek	POL Katowice	Energoprojekt Katowice	M(36-49)/41	5:09	20:28,84	20:42,11	20:49,40	1:01:49,62	<b>1:02:00,36</b>	+19:45,3
94.	1170	Bińczak Tomasz	POL Ruda Śląska		M(16-35)/37	5:10	21:09,36	20:59,18	20:05,19	1:02:04,09	<b>1:02:13,74</b>	+19:58,7
95.	1204	Hajok Łukasz	POL Ruda Śląska		M(16-35)/38	5:11	20:22,82	20:35,94	21:27,09	1:02:14,26	<b>1:02:25,86</b>	+20:10,8
96.	1390	Cygan Mateusz	POL Zabrze		M(16-35)/39	5:11	20:55,02	20:51,76	20:45,85	1:02:21,44	<b>1:02:32,64</b>	+20:17,6
97.	1330	Wcisło Piotr	POL Katowice		M(16-35)/40	5:11	22:38,92	20:29,95	19:24,36	1:02:22,60	<b>1:02:33,24</b>	+20:18,2
98.	1295	Przybylski Tomasz	POL Witaszyce		M(16-35)/41	5:13	20:32,68	20:31,52	21:55,55	1:02:44,19	<b>1:02:59,76</b>	+20:44,7
99.	1367	Górka Aleksander	POL Ruda Śląska	TL "Pogoń" Ruda Śląska	M(36-49)/42	5:14	21:44,66	21:11,45	20:12,60	1:02:49,93	<b>1:03:08,72</b>	+20:53,6
100.	1376	Niesler Alfred	POL Ruda Śląska		M(60+)/5	5:16	22:06,48	21:08,87	20:16,89	1:03:15,61	<b>1:03:32,24</b>	+21:17,2
101.	1326	Tokaj Piotr	POL Gliwice		M(36-49)/43	5:16	21:33,28	21:20,37	20:38,60	1:03:19,17	<b>1:03:32,26</b>	+21:17,2
102.	1194	Flis Dariusz	POL Zabrze	Olimp Zabrze	M(50-59)/13	5:17	20:29,02	21:39,13	21:25,83	1:03:24,98	<b>1:03:33,99</b>	+21:18,9
103.	1373	Surma Rafał	POL Ruda Śląska		M(36-49)/44	5:17	20:23,92	20:57,51	22:14,44	1:03:30,12	<b>1:03:35,88</b>	+21:20,8
104.	1327	Urbański Leszek	POL Zabrze		M(36-49)/45	5:17	21:34,31	21:19,34	20:49,55	1:03:30,41	<b>1:03:43,21</b>	+21:28,1
105.	1179	Cygan Piotr	POL Zabrze	3dvsn	M(36-49)/46	5:17	21:33,39	21:12,53	20:57,63	1:03:29,94	<b>1:03:43,57</b>	+21:28,5
106.	1250	Mierzwa Karol	POL Ruda Śląska	MTeam	M(16-35)/42	5:19	19:46,80	21:42,64	22:23,93	1:03:48,92	<b>1:03:53,38</b>	+21:38,3
107.	1328	Walkowski Dariusz	POL Ruda Śląska	Augusteam	M(50-59)/14	5:19	22:11,51	21:02,66	20:49,51	1:03:51,43	<b>1:04:03,68</b>	+21:48,6
108.	1184	Depta Michał	POL Ruda Śląska		M(16-35)/43	5:21	20:32,98	21:49,29	22:01,98	1:04:18,49	<b>1:04:24,26</b>	+22:09,2
109.	1201	Górski Sebastian	POL Chorzów		M(16-35)/44	5:23	22:06,80	21:30,71	21:23,11	1:04:44,52	<b>1:05:00,64</b>	+22:45,6
110.	1210	Jarych Robert	POL Gliwice		M(36-49)/47	5:23	21:37,81	21:49,09	21:34,38	1:04:47,19	<b>1:05:01,29</b>	+22:46,2
111.	1369	Palka Zbigniew	POL Ruda Śląska	Augusteam	M(36-49)/48	5:25	22:18,36	22:10,43	20:45,03	1:05:00,41	<b>1:05:13,84</b>	+22:58,8
112.	1365	Bubała Dawid	POL Ruda Śląska	TL Pogoń	M(16-35)/45	5:26	19:43,38	22:30,99	23:01,56	1:05:12,68	<b>1:05:15,94</b>	+23:00,9
113.	1178	Cybula Stanisław	POL Chorzów		M(60+)/6	5:25	21:54,15	21:40,85	21:44,69	1:05:09,04	<b>1:05:19,70</b>	+23:04,6
114.	1391	Mrochem Mariusz	POL Ruda Śląska		M(36-49)/49	5:25	22:11,65	21:50,37	21:20,01	1:05:10,61	<b>1:05:22,04</b>	+23:07,0
115.	1187	Dybowski Seweryn	POL Chorzów		M(36-49)/50	5:25	22:23,01	22:05,59	20:53,49	1:05:02,76	<b>1:05:22,10</b>	+23:07,0
116.	1279	Pelc Tomasz	POL Katowice		M(36-49)/51	5:25	22:12,97	21:44,81	21:27,37	1:05:09,42	<b>1:05:25,16</b>	+23:10,1
117.	1282	Pilarski Krzysztof	POL Łaziska Górne		M(50-59)/15	5:27	21:12,66	22:13,00	22:11,38	1:05:33,89	<b>1:05:37,06</b>	+23:22,0
118.	1296	Ptasik Mirosław	POL Bytom		M(50-59)/16	5:27	20:59,10	22:02,51	22:47,75	1:05:35,80	<b>1:05:49,38</b>	+23:34,3

# Wyniki OPEN K/M

M-ce	Nr	Nazwisko i imię	Miasto	Klub	Kat./m-ce	min/km	Lap1	Lap2	Lap3	Netto	Wynik	Strata
119.	1189	Dzida Dominik	POL Ruda Śląska		M(16-35)/46	5:28	22:14,59	22:06,37	21:41,09	1:05:45,42	<b>1:06:02,05</b>	+23:47,0
120.	1331	Wencel Zbigniew	POL Świętochłowice	Leiber Poland Team	M(36-49)/52	5:32	22:06,55	22:22,05	22:07,21	1:06:31,09	<b>1:06:35,82</b>	+24:20,7
121.	1374	Daszek Damian	POL Ruda Śląska		M(50-59)/17	5:32	20:27,20	22:28,10	23:44,88	1:06:34,42	<b>1:06:40,19</b>	+24:25,1
122.	1372	Pruski Marcin	POL Ruda Śląska		M(36-49)/53	5:32	23:26,77	22:08,83	21:10,60	1:06:28,43	<b>1:06:46,21</b>	+24:31,1
123.	1371	Bieta Tomasz	POL Imielin		M(36-49)/54	5:35	22:16,34	22:37,74	22:10,82	1:07:01,75	<b>1:07:04,91</b>	+24:49,8
124.	1174	Brzeźniak Krzysztof	POL Ruda Śląska		M(36-49)/55	5:34	22:18,09	22:52,52	21:55,80	1:06:54,68	<b>1:07:06,42</b>	+24:51,3
125.	1223	Kościelniak Józef	POL Łaziska Górne	Tauron Team	M(50-59)/18	5:36	22:01,90	22:30,84	22:55,86	1:07:14,43	<b>1:07:28,62</b>	+25:13,5
126.	1366	Jastrzębski Krzysztof	POL Wołczyn		M(16-35)/47	5:36	23:38,62	22:56,36	21:03,30	1:07:19,04	<b>1:07:38,29</b>	+25:23,2
127.	1270	Nowak Piotr	POL Ruda Śląska	wnprojekt.com.pl	M(60+)/7	5:38	22:48,68	22:34,10	22:40,10	1:07:45,20	<b>1:08:02,90</b>	+25:47,8
128.	1309	Skudlik Tomasz	POL Ruda Śląska	Rzeźnicy kilometrów	M(36-49)/56	5:39	22:08,78	23:24,90	22:35,45	1:07:56,65	<b>1:08:09,14</b>	+25:54,1
129.	1392	Grzesiczek Piotr	POL Ruda Śląska		M(16-35)/48	5:40	22:24,25	22:51,13	23:10,69	1:08:09,85	<b>1:08:26,08</b>	+26:11,0
130.	1386	Liana Arkadiusz	POL Ruda Śląska		M(16-35)/49	5:41	23:07,62	22:54,66	22:29,53	1:08:13,15	<b>1:08:31,82</b>	+26:16,7
131.	1301	Rybarski Przemysław	POL Ruda Śląska		M(36-49)/57	5:41	21:24,80	22:16,28	24:58,49	1:08:23,25	<b>1:08:39,58</b>	+26:24,5
132.	1398	Słodkiewicz Mateusz	POL Katowice	KB Józefinka Katowice	M(16-35)/50	5:43	22:11,04	23:22,31	23:17,65	1:08:37,30	<b>1:08:51,01</b>	+26:35,9
133.	1363	Miler Adam	POL Ruda Śląska		M(60+)/8	5:43	22:48,96	23:06,93	23:08,25	1:08:47,80	<b>1:09:04,15</b>	+26:49,1
134.	1358	Kolenda Jarosław	POL Ruda Śląska		M(16-35)/51	5:44	21:30,16	23:42,32	23:54,37	1:08:59,00	<b>1:09:06,86</b>	+26:51,8
135.	1167	Orlicki Stanisław	POL Rudze	Orzeł-Rudze	M(50-59)/19	5:46	20:31,92	24:23,32	24:34,26	1:09:16,94	<b>1:09:29,51</b>	+27:14,4
136.	1329	Wcisło Dariusz	POL Katowice		M(36-49)/58	5:46	23:22,20	22:56,96	23:11,51	1:09:19,74	<b>1:09:30,68</b>	+27:15,6
137.	1271	Nowak Piotr	POL Łaziska Górne		M(36-49)/59	5:46	22:57,59	23:21,30	23:16,09	1:09:22,83	<b>1:09:35,00</b>	+27:19,9
138.	1261	Mrozek Krzysztof	POL Ruda Śląska	Godula Loto	M(36-49)/60	5:47	21:06,37	23:52,35	24:38,61	1:09:27,30	<b>1:09:37,33</b>	+27:22,3
139.	1346	Wysocki Dawid	POL Katowice	SP 67 Katowice	M(16-35)/52	5:48	24:22,38	23:30,26	21:55,33	1:09:38,31	<b>1:09:47,97</b>	+27:32,9
140.	1352	Złotoś Mariusz	POL Świętochłowice		M(50-59)/20	5:48	24:07,44	23:44,08	22:10,53	1:09:43,68	<b>1:10:02,05</b>	+27:47,0
141.	1375	Bargiel Przemysław	POL Ruda Śląska	6300	M(36-49)/61	5:48	24:07,34	23:44,13	22:10,71	1:09:44,10	<b>1:10:02,19</b>	+27:47,1
142.	1370	Rucki Wiesław	POL Ruda Śląska		M(36-49)/62	5:58	20:59,06	26:02,50	24:41,51	1:11:39,92	<b>1:11:43,08</b>	+29:28,0
143.	1333	Wojciechowski	POL Ruda Śląska		M(36-49)/63	5:57	24:00,35	24:02,89	23:47,09	1:11:32,48	<b>1:11:50,33</b>	+29:35,3
144.	1356	Stygienko Daniel	POL Ruda Śląska		M(36-49)/64	6:06	24:10,64	24:14,94	25:11,63	1:13:22,06	<b>1:13:37,21</b>	+31:22,1
145.	1232	Król Krystian	POL Ruda Śląska		M(60+)/9	6:13	22:52,30	24:24,31	27:36,21	1:14:38,24	<b>1:14:52,83</b>	+32:37,7
146.	1192	Fijałkowski Paweł	POL Częstochowa	Zabiegani Częstochowa	M(36-49)/65	6:17	24:57,84	25:08,23	25:35,94	1:15:30,09	<b>1:15:42,02</b>	+33:26,9
147.	1218	Kobier Krystian	POL Chorzów		M(36-49)/66	6:26	24:56,34	26:03,79	26:30,54	1:17:22,35	<b>1:17:30,68</b>	+35:15,6
148.	1225	Kowalik Tomasz	POL Częstochowa	Zabegani Częstochowa	M(36-49)/67	6:31	24:58,02	27:02,32	26:26,08	1:18:14,49	<b>1:18:26,42</b>	+36:11,3
149.	1357	Kozłowski Janusz	POL Ruda Śląska		M(36-49)/68	6:40	25:07,66	27:21,27	27:47,76	1:20:06,45	<b>1:20:16,70</b>	+38:01,6
150.	1340	Wójtowicz Antoni	POL Katowice		M(16-35)/53	6:40	28:36,27	29:34,11	22:18,02	1:20:11,07	<b>1:20:28,40</b>	+38:13,3
151.	1176	Zocłoński Waldemar	POL Ruda Śląska		M(50-59)/21	6:43	25:41,46	28:13,25	27:04,88	1:20:46,43	<b>1:20:59,60</b>	+38:44,5
152.	1368	Libiszewski Dariusz	POL Ruda Śląska		M(50-59)/22	6:45	26:57,12	26:54,49	27:35,15	1:21:06,16	<b>1:21:26,76</b>	+39:11,7
153.	1347	Wysocki Mariusz	POL Katowice		M(50-59)/23	6:54	26:53,25	28:05,48	28:07,03	1:22:55,35	<b>1:23:05,77</b>	+40:50,7
154.	1191	Pilarska Weronika	POL Łaziska Górne		M(16-35)/54	6:55	27:41,13	27:22,52	28:15,73	1:23:04,23	<b>1:23:19,38</b>	+41:04,3
155.	1272	Nowok Jerzy	POL Ruda Śląska		M(60+)/10	6:57	27:35,66	27:31,20	28:35,91	1:23:25,45	<b>1:23:42,78</b>	+41:27,7

# Wyniki OPEN K/M

M-ce	Nr	Nazwisko i imię	Miasto	Klub	Kat./m-ce	min/km	Lap1	Lap2	Lap3	Netto	Wynik	Strata
156.	1338	<b>Pałkowsyc Jacek</b>	POL Ruda Śląska		M(36-49)/69	7:05	25:13,58	26:40,85	33:15,53	1:25:02,26	<b>1:25:09,98</b>	+42:54,9
157.	1177	<b>Pałkowski Dawid</b>	POL Ruda Śląska		M(16-35)/55	7:05	25:17,14	26:42,03	33:11,66	1:25:02,90	<b>1:25:10,85</b>	+42:55,8
158.	1160	<b>Schmidt Dariusz</b>	POL Łaziska Górne		M(36-49)/70	7:40	28:37,16	31:01,49	32:33,90	1:32:00,07	<b>1:32:12,56</b>	+49:57,5
DNF	1325	<b>Szwerthaler Tadeusz</b>	POL Zgoń	Kraftcontrol Team			19:36,88	19:43,32			<b>39:20,21</b>	-2:54,8
DNF	1267	<b>Niedziela Stefan</b>	POL Knurów	Wieczność			16:26,64				<b>16:26,64</b>	-25:48,3
DNF	1343	<b>Wymysło Andrzej</b>	POL Piekary Śląskie	Przeгляд Piekarski			17:32,20				<b>17:32,20</b>	-24:42,8
DNF	1263	<b>Mrzyk Ireneusz</b>	POL Zabrze	Biegacze mogą dłużej			24:34,34				<b>24:34,34</b>	-17:40,6

Liczba uczestników: 210