

Bieg Wiewiórki CZERWIEC

Wyniki OPEN BIEG GŁÓWNY K/M

2017-06-24, Ruda Śląska

| M-ce | Nr | Imię i nazwisko | Miasto | Klub | Okr.1 | Okr.2 | Okr.3 | Okr.4 | Okr.5 | Netto | Wynik |
|----------------|-----|------------------------------|-------------|-------------------------------|----------|----------|----------|----------|----------|------------|-------------------|
| Kobiety | | | | | | | | | | | |
| 1. | 799 | Szewczyk Urszula | Katowice | AugustTeam | 21:10,88 | 21:21,78 | 21:07,83 | 20:51,84 | 21:03,15 | 1:45:31,05 | 1:45:35,51 |
| 2. | 842 | Rajda Aneta | Katowice | KRS TKKF Jastrząb Ruda Śląska | 22:37,35 | 22:24,23 | 24:53,94 | 25:14,94 | 22:39,78 | 1:57:37,99 | 1:57:50,26 |
| 3. | 763 | Goraus-Głowania Daria | Ruda Śląska | ADS Masna Krytyczna | 27:04,58 | 28:06,12 | 29:09,07 | 30:51,33 | 29:18,59 | 2:24:13,32 | 2:24:29,70 |
| 4. | 789 | Sidło Urszula | Ruda Śląska | Drużyna Biegowa | 28:30,13 | 28:17,34 | 32:18,53 | 33:11,78 | 33:27,14 | 2:35:28,18 | 2:35:44,93 |
| 5. | 940 | Stachnowska Daria | Ruda Śląska | | 26:38,56 | 30:51,54 | 31:35,12 | 33:12,87 | 33:27,13 | 2:35:39,49 | 2:35:45,23 |
| 6. | 756 | Bogacz Monika | Ruda Śląska | ADS Masna Krytyczna | 25:04,61 | 25:18,65 | 25:34,12 | 24:38,79 | | 1:40:27,04 | 1:40:36,19 |
| 7. | 809 | Wysocka Katarzyna | Katowice | | 24:54,72 | 25:40,54 | 27:04,87 | 27:15,85 | | 1:44:41,61 | 1:44:55,99 |
| 8. | 951 | Laksa Marlena | Ruda Śląska | | 31:48,41 | 33:23,57 | 30:46,67 | 32:35,15 | | 2:08:20,65 | 2:08:33,80 |
| 9. | 792 | Socha Marlena | Ruda Śląska | | 25:04,39 | 26:47,69 | 24:56,42 | | | 1:16:40,00 | 1:16:48,51 |
| 10. | 904 | Youssef Anna | Ruda Śląska | | 26:49,40 | 28:19,33 | 28:16,62 | | | 1:23:20,40 | 1:23:25,36 |
| 11. | 840 | Peciak Kamila | Zabrze | | 28:16,69 | 31:40,18 | 31:24,09 | | | 1:31:14,91 | 1:31:20,96 |
| 12. | 942 | Dąbrowska Marta | Tychy | Night Runners Zabrze | 28:44,51 | 35:16,20 | 30:24,02 | | | 1:34:13,15 | 1:34:24,75 |
| 13. | 966 | Nenko Barbara | Ruda Śląska | | 21:38,95 | 21:52,49 | | | | 43:27,83 | 43:31,44 |
| 14. | 965 | Androsz Beata | | | 22:47,71 | 22:13,75 | | | | 44:49,80 | 45:01,46 |
| 15. | 767 | Kania Monika | Ruda Śląska | | 22:37,05 | 23:47,35 | | | | 46:21,20 | 46:24,40 |
| 16. | 788 | Rogala Klaudia | Zabrze | | 23:33,90 | 24:17,31 | | | | 47:42,71 | 47:51,21 |
| 17. | 908 | Prokop Iwona | Ruda Śląska | | 24:52,35 | 26:42,55 | | | | 51:23,09 | 51:34,91 |
| 18. | 777 | Mokrzycka Justyna | Knurów | Biegamy z Sercem | 27:57,45 | 31:16,20 | | | | 59:06,14 | 59:13,65 |
| 19. | 770 | Kurkowska Aldona | Chorzów | AugustTeam | 27:57,51 | 31:16,30 | | | | 59:06,69 | 59:13,81 |
| 20. | 831 | Majek Maria | Katowice | | 31:23,12 | 30:38,96 | | | | 1:01:54,29 | 1:02:02,08 |
| 21. | 810 | Wysocka Kinga | Katowice | SP 67 Katowice | 30:11,59 | 32:49,73 | | | | 1:02:44,97 | 1:03:01,32 |
| 22. | 778 | Mroczek Danuta | Ruda Śląska | | 30:24,48 | 32:40,86 | | | | 1:02:56,45 | 1:03:05,34 |
| 23. | 952 | Słota Justyna | Ruda Śląska | MGB Otwarte Serca | 31:48,49 | 33:23,98 | | | | 1:04:59,12 | 1:05:12,48 |



Wyniki OPEN BIEG GŁÓWNY K/M

| M-ce | Nr | Imię i nazwisko | Miasto | Klub | Okr.1 | Okr.2 | Okr.3 | Okr.4 | Okr.5 | Netto | Wynik |
|------|------|---------------------------|----------------------|-----------------------|----------|-------|-------|-------|-------|----------|-----------------|
| 24. | 828 | Kwiatek Anna | Ruda Śląska | | 21:59,91 | | | | | 21:45,91 | 21:59,91 |
| 25. | 910 | Kępa Katarzyna | Ruda Śląska | | 22:10,57 | | | | | 22:01,69 | 22:10,57 |
| 26. | 954 | Lonser Natalia | Katowice | | 22:41,08 | | | | | 22:30,47 | 22:41,08 |
| 27. | 787 | Ratajczyk Beata | Zabrze | SAS Zabrze | 22:51,99 | | | | | 22:45,78 | 22:51,99 |
| 28. | 838 | Nowacka Żaneta | Chorzów | | 24:48,98 | | | | | 24:39,43 | 24:48,98 |
| 29. | 775 | Michalska Bożena | Ruda Śląska | | 25:46,00 | | | | | 25:40,86 | 25:46,00 |
| 30. | 837 | Mrozek Jolanta | Mikołów | | 25:50,30 | | | | | 25:45,04 | 25:50,30 |
| 31. | 833 | Majek Agnieszka | Katowice | | 25:55,15 | | | | | 25:46,52 | 25:55,15 |
| 32. | 957 | Machajska Patrycja | Katowice | | 25:57,77 | | | | | 25:39,95 | 25:57,77 |
| 33. | 1108 | Rosa Agnieszka | Tychy | | 26:00,87 | | | | | 25:54,29 | 26:00,87 |
| 34. | 771 | Langer Katarzyna | Chorzów | Cardio City Team | 26:20,45 | | | | | 26:10,29 | 26:20,45 |
| 35. | 784 | Osadnik Monika | Ruda Śląska | | 26:24,89 | | | | | 26:17,38 | 26:24,89 |
| 36. | 803 | Szydłowska Sabina | Chorzów | Cardio City Team | 26:52,65 | | | | | 26:41,97 | 26:52,65 |
| 37. | 857 | Żebracka Kornelia | Wry | | 26:57,49 | | | | | 26:43,95 | 26:57,49 |
| 38. | 916 | Żebracka Patrycja | Katowice | | 26:57,82 | | | | | 26:44,17 | 26:57,82 |
| 39. | 764 | Gryzik Joanna | Ruda Śląska | Wataha Team | 27:01,15 | | | | | 26:46,77 | 27:01,15 |
| 40. | 856 | Zielonka Agnieszka | Ruda Śląska | | 27:15,77 | | | | | 27:11,19 | 27:15,77 |
| 41. | 757 | Cichy Agnieszka | Ruda Śląska | | 27:26,93 | | | | | 27:23,07 | 27:26,93 |
| 42. | 822 | Kałuża Agnieszka | Siemianowice Śląskie | | 27:50,90 | | | | | 27:43,31 | 27:50,90 |
| 43. | 768 | Kocoń Anna | Żory | | 28:06,77 | | | | | 28:03,94 | 28:06,77 |
| 44. | 772 | Maceluch Marta | Rybnik | | 28:26,02 | | | | | 28:14,88 | 28:26,02 |
| 45. | 774 | Michalska Beata | Ruda Śląska | | 30:07,13 | | | | | 30:01,33 | 30:07,13 |
| 46. | 780 | Muchowska Maria | Gliwice | | 30:29,40 | | | | | 30:20,01 | 30:29,40 |
| 47. | 1101 | Adamiec-Trutwin Agnieszka | Chorzów | Klub Aktywnych Rodzin | 30:35,26 | | | | | 30:24,18 | 30:35,26 |
| 48. | 949 | Abrahamczyk Dominika | Leszczyny | | 30:57,97 | | | | | 30:55,23 | 30:57,97 |
| 49. | 962 | Kluczewska Ewa | Ruda Śląska | | 33:29,11 | | | | | 33:25,20 | 33:29,11 |
| 50. | 805 | Węgorzek Monika | Bytom | BTM Runners | 36:27,15 | | | | | 36:12,03 | 36:27,15 |

Mężczyźni



Wyniki OPEN BIEG GŁÓWNY K/M

| M-ce | Nr | Imię i nazwisko | Miasto | Klub | Okr.1 | Okr.2 | Okr.3 | Okr.4 | Okr.5 | Netto | Wynik |
|------|------|-----------------------------|-------------|-------------------------------|----------|----------|----------|----------|----------|------------|-------------------|
| 1. | 754 | Basa Przemysław | Ruda Śląska | KRS TKKF Jastrząb Ruda Śląska | 21:14,41 | 19:13,12 | 18:54,94 | 18:33,87 | 16:03,34 | 1:33:55,25 | 1:33:59,71 |
| 2. | 779 | Mroczek Jan | Ruda Śląska | | 18:52,71 | 18:56,88 | 18:55,25 | 19:34,01 | 18:36,48 | 1:34:50,40 | 1:34:55,36 |
| 3. | 773 | Mańka Sławomir | Mikołów | Biegamy z Sercem | 20:12,86 | 19:14,17 | 19:14,72 | 19:40,77 | 19:44,78 | 1:37:49,26 | 1:38:07,32 |
| 4. | 807 | Wiśła Damian | Ruda Śląska | PWiK Ruda Śląska | 19:44,62 | 19:57,82 | 19:49,14 | 19:35,37 | 19:33,63 | 1:38:34,66 | 1:38:40,59 |
| 5. | 855 | Zbąski Bartłomiej | Ruda Śląska | KRS TKKF Jastrząb Ruda Śląska | 19:46,06 | 19:54,65 | 19:43,57 | 19:32,61 | 20:17,96 | 1:39:11,15 | 1:39:14,87 |
| 6. | 751 | Adamski Krzysztof | Zabrze | | 19:37,74 | 20:02,85 | 20:09,94 | 20:45,44 | 20:43,53 | 1:41:14,74 | 1:41:19,52 |
| 7. | 892 | Cymański Janusz | Ruda Śląska | | 19:45,28 | 19:55,85 | 19:47,07 | 20:52,28 | 21:04,51 | 1:41:19,95 | 1:41:25,01 |
| 8. | 1107 | Matejek Tomasz | Ruda Śląska | KRS TKKF Jastrząb Ruda Śląska | 21:08,41 | 20:52,97 | 20:57,44 | 21:24,64 | 20:14,32 | 1:44:33,24 | 1:44:37,81 |
| 9. | 834 | Mejer Jarosław | Wyry | KRS TKKF Jastrząb Ruda Śląska | 22:55,87 | 21:14,82 | 20:02,49 | 21:13,50 | 19:12,01 | 1:44:26,12 | 1:44:38,70 |
| 10. | 1109 | Wójcik Adam | Ruda Śląska | KRS TKKF Jastrząb Ruda Śląska | 21:26,67 | 21:07,96 | 21:13,27 | 20:44,21 | 20:57,33 | 1:45:29,47 | 1:45:29,47 |
| 11. | 1110 | Wiliński Arkadiusz | Bytom | KRS TKKF Jastrząb Ruda Śląska | 21:25,61 | 21:07,82 | 21:08,18 | 20:51,69 | 21:02,68 | 1:45:35,99 | 1:45:35,99 |
| 12. | 991 | Jóskowski Rafał | Ruda Śląska | KRS TKKF Jastrząb Ruda Śląska | 19:17,95 | 20:00,91 | 21:56,54 | 23:56,03 | 24:06,69 | 1:49:13,48 | 1:49:18,14 |
| 13. | 755 | Błaszczak Marek | Ruda Śląska | Opel Active Team | 22:46,63 | 22:39,57 | 22:42,70 | 22:46,15 | 22:15,56 | 1:53:01,55 | 1:53:10,63 |
| 14. | 900 | Masłowski Mirosław | Bytom | Szombierki Runners | 22:02,43 | 22:34,82 | 23:22,45 | 24:02,75 | 21:15,81 | 1:53:10,09 | 1:53:18,27 |
| 15. | 931 | Białucha Sergiusz | Bytom | Saint-Gobain SQUAD | 22:02,40 | 22:35,42 | 23:22,64 | 24:04,14 | 23:19,60 | 1:55:15,41 | 1:55:24,22 |
| 16. | 765 | Grzybek Zygmunt | Ruda Śląska | MOSiR Ruda Śląska | 22:36,63 | 24:12,91 | 25:57,74 | 26:31,42 | 27:54,04 | 2:07:06,44 | 2:07:12,76 |
| 17. | 793 | Stary Damian | Ruda Śląska | ADS Masna Krytyczna | 27:04,50 | 28:06,21 | 29:08,91 | 30:51,29 | 29:19,50 | 2:24:13,54 | 2:24:30,43 |
| 18. | 776 | Michalski Marek | Ruda Śląska | | 22:47,61 | 22:15,22 | 22:24,53 | 22:08,23 | | 1:29:29,09 | 1:29:35,61 |
| 19. | 836 | Mokrzycki Patryk | Knurów | Saint-Gobain SQUAD | 21:34,49 | 21:56,94 | 22:43,61 | 23:23,77 | | 1:29:31,04 | 1:29:38,83 |
| 20. | 758 | Depta Andrzej | Ruda Śląska | | 22:29,65 | 22:06,34 | 23:27,70 | 23:27,55 | | 1:31:24,13 | 1:31:31,26 |
| 21. | 897 | Komor Zbigniew | Ruda Śląska | Leiber Poland Team | 22:49,25 | 22:23,67 | 23:21,54 | 24:30,38 | | 1:32:51,64 | 1:33:04,86 |
| 22. | 907 | Mejer Krzysztof | Ruda Śląska | KRS TKKF Jastrząb Ruda Śląska | 22:23,71 | 22:24,09 | 25:07,79 | 25:14,21 | | 1:34:57,42 | 1:35:09,81 |
| 23. | 925 | Fałek Adam | Mikołów | | 23:49,01 | 23:34,82 | 26:53,11 | 29:37,45 | | 1:43:48,27 | 1:43:54,41 |
| 24. | 845 | Stachowiak Kamil | Katowice | Stadion Śląski | 18:52,27 | 19:03,01 | 20:45,21 | | | 58:30,38 | 58:40,50 |
| 25. | 791 | Smuda Krzysztof | Tychy | | 19:06,20 | 20:24,90 | 20:32,81 | | | 59:57,79 | 1:00:03,93 |
| 26. | 844 | Stachowiak Sebastian | Katowice | Stadion Śląski | 18:59,24 | 20:37,92 | 21:03,93 | | | 1:00:31,13 | 1:00:41,10 |
| 27. | 769 | Koźlicki Krzysztof | Ruda Śląska | | 20:15,71 | 20:38,43 | 20:05,91 | | | 1:00:52,33 | 1:01:00,06 |
| 28. | 804 | Wadelski Eugeniusz | | | 20:15,49 | 20:38,85 | 20:05,77 | | | 1:00:52,54 | 1:01:00,12 |
| 29. | 943 | Zambrzycki Maciej | Zabrze | Night Runners Zabrze | 22:07,57 | 21:06,05 | 20:14,66 | | | 1:03:16,41 | 1:03:28,28 |



Wyniki OPEN BIEG GŁÓWNY K/M

| M-ce | Nr | Imię i nazwisko | Miasto | Klub | Okr.1 | Okr.2 | Okr.3 | Okr.4 | Okr.5 | Netto | Wynik |
|------|------|---------------------|----------------------|-------------------------------|----------|----------|----------|-------|-------|------------|-------------------|
| 30. | 823 | Kaluża Sławomir | Siemianowice Śląskie | ADS Masna Krytyczna | 21:58,25 | 21:12,66 | 20:48,00 | | | 1:03:51,93 | 1:03:58,92 |
| 31. | 967 | Kulpok Tomasz | Ruda Śląska | KRS TKKF Jastrząb Ruda Śląska | 22:56,16 | 21:14,34 | 19:59,39 | | | 1:03:58,30 | 1:04:09,90 |
| 32. | 830 | Majek Zbigniew | Chorzów | | 21:28,76 | 21:08,13 | 21:39,26 | | | 1:04:09,04 | 1:04:16,17 |
| 33. | 820 | Forenc Tomasz | Ruda Śląska | | 21:33,84 | 22:31,83 | 20:32,12 | | | 1:04:21,75 | 1:04:37,80 |
| 34. | 832 | Majek Krzysztof | Katowice | | 25:55,47 | 20:11,47 | 20:25,75 | | | 1:06:23,93 | 1:06:32,70 |
| 35. | 901 | Niedźwiecki Ryszard | Czeladź | TKKF Saturn Czeladz | 21:54,29 | 22:51,90 | 22:46,33 | | | 1:07:23,44 | 1:07:32,53 |
| 36. | 927 | Falek Krzysztof | Mikołów | | 22:31,19 | 22:32,25 | 23:18,59 | | | 1:08:16,56 | 1:08:22,04 |
| 37. | 923 | Mrochem Mariusz | Ruda Śląska | | 23:47,99 | 22:36,09 | 24:19,08 | | | 1:10:33,50 | 1:10:43,17 |
| 38. | 922 | Brzeźniak Krzysztof | Ruda Śląska | | 24:49,64 | 24:33,83 | 24:44,44 | | | 1:13:58,24 | 1:14:07,91 |
| 39. | 851 | Wencel Zbigniew | Świętochłowice | Leiber Poland Team | 22:49,19 | 24:13,87 | 28:04,35 | | | 1:14:54,06 | 1:15:07,42 |
| 40. | 905 | Palka Zbigniew | Ruda Śląska | AugustTeam | 26:49,40 | 28:18,80 | 28:17,31 | | | 1:23:20,30 | 1:23:25,52 |
| 41. | 815 | Ciesiołka Marian | Bytom | | 29:10,94 | 30:30,39 | 31:45,10 | | | 1:31:12,00 | 1:31:26,44 |
| 42. | 812 | Wysocki Mariusz | Katowice | | 30:11,53 | 32:49,57 | 31:29,30 | | | 1:34:14,91 | 1:34:30,40 |
| 43. | 766 | Jankowski Henryk | Sosnowiec | | 34:20,97 | 36:50,84 | 40:04,45 | | | 1:51:01,89 | 1:51:16,27 |
| 44. | 852 | Wieczorek Adam | Katowice | Culture Kampf | 18:52,41 | 18:49,29 | | | | 37:41,71 | 37:41,71 |
| 45. | 825 | Kuczera Krzysztof | Ruda Śląska | Leiber Poland Team | 19:44,42 | 20:23,70 | | | | 40:05,16 | 40:08,13 |
| 46. | 902 | Sołtysek Adrian | Paniówki | | 20:27,69 | 21:22,46 | | | | 41:41,84 | 41:50,15 |
| 47. | 790 | Skrzypski Marian | Ruda Śląska | KRS TKKF Jastrząb Ruda Śląska | 20:27,23 | 22:17,59 | | | | 42:42,21 | 42:44,83 |
| 48. | 854 | Wręczycki Ireneusz | Chorzów | | 21:11,08 | 21:41,69 | | | | 42:47,92 | 42:52,78 |
| 49. | 800 | Szlezingier Tomasz | Ruda Śląska | Leiber Poland Team | 20:28,51 | 22:40,90 | | | | 43:05,69 | 43:09,41 |
| 50. | 975 | Pyszny Krystian | Mikołów | | 21:15,22 | 22:28,81 | | | | 43:25,75 | 43:44,03 |
| 51. | 1105 | Woźny Rafał | | | 22:28,95 | 22:43,97 | | | | 45:12,78 | 45:12,93 |
| 52. | 926 | Kaczmarek Kamil | Zabrze | | 22:51,00 | 23:06,38 | | | | 45:51,13 | 45:57,39 |
| 53. | 914 | Kuc Marcin | Siemianowice Śląskie | AugustTeam | 23:37,54 | 24:20,21 | | | | 47:44,49 | 47:57,76 |
| 54. | 750 | Adamiec Marcin | Ruda Śląska | | 23:01,37 | 24:56,97 | | | | 47:50,16 | 47:58,34 |
| 55. | 785 | Pakura Adrian | Ruda Śląska | RFR Team | 23:59,31 | 26:00,14 | | | | 49:42,30 | 49:59,45 |
| 56. | 846 | Stachowiak Damian | Katowice | 1971 | 18:35,03 | | | | | 18:24,08 | 18:35,03 |
| 57. | 753 | Badowicz Kamil | Ruda Śląska | Leiber Poland Team | 18:36,23 | | | | | 18:32,37 | 18:36,23 |
| 58. | 808 | Woźnicki Ireneusz | Ruda Śląska | | 19:42,69 | | | | | 19:42,69 | 19:42,69 |



Wyniki OPEN BIEG GŁÓWNY K/M

| M-ce | Nr | Imię i nazwisko | Miasto | Klub | Okr.1 | Okr.2 | Okr.3 | Okr.4 | Okr.5 | Netto | Wynik |
|------|------|----------------------------------|-------------|--------------------------------------|----------|-------|-------|-------|-------|----------|-----------------|
| 59. | 786 | Piłat Jarosław | Ruda Śląska | KRS TKKF Jastrząb Ruda Śląska | 20:02,48 | | | | | 19:58,57 | 20:02,48 |
| 60. | 761 | Gawlina Lesław | Ruda Śląska | | 20:15,03 | | | | | 20:10,37 | 20:15,03 |
| 61. | 948 | Drygalski Adam | Leszczyny | ABSORTIO GYM | 20:21,51 | | | | | 20:18,93 | 20:21,51 |
| 62. | 782 | Orłowski Marcin | Ruda Śląska | Leiber Poland Team | 20:37,21 | | | | | 20:33,80 | 20:37,21 |
| 63. | 935 | Mańczak Maciej | Katowice | | 20:46,22 | | | | | 20:41,45 | 20:46,22 |
| 64. | 1106 | Parylak Jarosław | | | 22:06,97 | | | | | 21:51,59 | 22:06,97 |
| 65. | 843 | Smuda Ryszard | Tychy | | 22:09,58 | | | | | 22:00,39 | 22:09,58 |
| 66. | 839 | Nowacki Piotr | Chorzów | | 22:13,85 | | | | | 22:03,50 | 22:13,85 |
| 67. | 794 | Syzdół Marcin | Ruda Śląska | | 22:55,29 | | | | | 22:51,23 | 22:55,29 |
| 68. | 796 | Syzdół Franciszek | Ruda Śląska | | 22:55,43 | | | | | 22:51,82 | 22:55,43 |
| 69. | 850 | Wcisło Dariusz | Katowice | | 23:23,56 | | | | | 23:14,79 | 23:23,56 |
| 70. | 802 | Szot Jarosław | Katowice | | 23:26,06 | | | | | 23:16,20 | 23:26,06 |
| 71. | 971 | Kaczmarski Marcin | Sosnowiec | | 24:05,23 | | | | | 23:50,45 | 24:05,23 |
| 72. | 818 | Drynda Dariusz | Ruda Śląska | | 24:07,41 | | | | | 24:02,01 | 24:07,41 |
| 73. | 934 | Nowicki Adam | Ruda Śląska | | 24:28,26 | | | | | 24:23,05 | 24:28,26 |
| 74. | 798 | Szefer Seweryn | Ruda Śląska | | 24:28,60 | | | | | 24:22,80 | 24:28,60 |
| 75. | 752 | Adamus Czesław | Chorzów | | 24:40,43 | | | | | 24:28,90 | 24:40,43 |
| 76. | 797 | Szefer Tomasz | Ruda Śląska | | 25:09,56 | | | | | 25:06,35 | 25:09,56 |
| 77. | 1111 | Solarz Arkadiusz | Mikołów | TKKF Hades Mikołów | 25:44,58 | | | | | 25:35,39 | 25:44,58 |
| 78. | 817 | Depta Michał | Ruda Śląska | | 26:01,73 | | | | | 25:54,74 | 26:01,73 |
| 79. | 783 | Osadnik Tomasz | Ruda Śląska | | 26:24,89 | | | | | 26:17,90 | 26:24,89 |
| 80. | 1114 | Górecki Piotr | | | 26:55,30 | | | | | 26:55,21 | 26:55,30 |
| 81. | 760 | Dewalski Tomasz | Ruda Śląska | Świętochłowski Klub Kyokushin Karate | 27:02,74 | | | | | 26:49,89 | 27:02,74 |
| 82. | 762 | Gocątek Wiesław | Tychy | | 28:02,19 | | | | | 27:54,08 | 28:02,19 |
| 83. | 811 | Wysocki Dawid | Katowice | SP 67 Katowice | 28:52,41 | | | | | 28:37,43 | 28:52,41 |
| 84. | 835 | Mizgalski Wojciech | Ruda Śląska | Pan | 29:06,53 | | | | | 28:58,70 | 29:06,53 |
| 85. | 1000 | Adamiec-Trutwin Krzysztof | Chorzów | Klub Aktywnych Rodzin | 29:51,19 | | | | | 29:39,80 | 29:51,19 |
| 86. | 953 | Trzewiczek Stanisław | Katowice | | 29:52,81 | | | | | 29:42,23 | 29:52,81 |
| 87. | 994 | Botor Bartosz | Ruda Śląska | | 30:02,07 | | | | | 29:49,29 | 30:02,07 |



Wyniki OPEN BIEG GŁÓWNY K/M

| M-ce | Nr | Imię i nazwisko | Miasto | Klub | Okr.1 | Okr.2 | Okr.3 | Okr.4 | Okr.5 | Netto | Wynik |
|------|-----|-----------------|-------------|---------------------------------------|----------|-------|-------|-------|-------|----------|-----------------|
| 88. | 759 | Dewalski Dawid | Ruda Śląska | Świętochłowicki Klub Kyokushin Karate | 35:37,09 | | | | | 35:24,51 | 35:37,09 |

Liczba uczestników: 138

