

# Powiat Ostrowski Biega

## Wyniki kategorii wiekowych

2018-07-04, "3 Dyszka Pięciu Stawów", "1 Dyszka Skalmierzycka", "5 Dyszka Hajstra"

| M-ce | Nr | Imię i nazwisko | Klub | Miasto | 3 Dyszka<br>Pięciu Stawów | 1 Dyszka<br>Skalmierzycka | 5 Dyszka<br>Hajstra | Wynik |
|------|----|-----------------|------|--------|---------------------------|---------------------------|---------------------|-------|
|------|----|-----------------|------|--------|---------------------------|---------------------------|---------------------|-------|

### Kobiety

#### K16

|    |     |                     |     |                 |                  |            |            |            |
|----|-----|---------------------|-----|-----------------|------------------|------------|------------|------------|
| 1. | 113 | Wojtaszek Katarzyna | POL | LZS Tarchalanka | Tarchały Wielkie | 0:52:23,32 | 0:52:01,85 | 1:44:25,17 |
| 2. | 86  | Szczepanek Monika   | POL |                 | Janków Zalesny   | 0:56:09,78 | 0:53:11,99 | 1:49:21,78 |
| 3. | 22  | Gąsiorek Monika     | POL |                 | Ostrów Wlkp.     | 0:58:00,22 | 0:54:09,82 | 1:52:10,04 |
| 4. | 125 | Zajac Aleksandra    | POL |                 | Łęka Opatowska   | 1:19:21,98 | 1:12:27,16 | 2:31:49,15 |

#### K30

|    |     |                  |     |                |              |            |            |            |
|----|-----|------------------|-----|----------------|--------------|------------|------------|------------|
| 1. | 70  | Pawlik Katarzyna | POL | 5F Team        | Przygodzice  | 1:00:26,76 | 0:56:16,93 | 1:56:43,70 |
| 2. | 23  | Górka Justyna    | POL |                | Ostrów Wlkp. | 1:06:33,45 | 0:59:21,72 | 2:05:55,17 |
| 3. | 107 | Szymańska Anna   | POL |                | Dębica       | 1:11:38,99 | 1:02:40,70 | 2:14:19,69 |
| 4. | 114 | Zajac Kamila     | POL | Uliczna strefa | Gołuchów     | 1:16:03,17 | 1:10:43,37 | 2:26:46,54 |

#### K40

|    |    |                 |     |  |              |            |            |            |
|----|----|-----------------|-----|--|--------------|------------|------------|------------|
| 1. | 43 | Klak Izabela    | POL |  | Pleszew      | 1:02:44,95 | 0:59:59,27 | 2:02:44,23 |
| 2. | 90 | Świgniak Monika | POL |  | Ostrów Wlkp. | 1:05:13,40 | 1:00:00,54 | 2:05:13,94 |
| 3. | 45 | Koczura Alina   | POL |  | Ostrów Wlkp. | 1:04:50,73 | 1:04:08,36 | 2:08:59,09 |

### Mężczyźni

#### M16

|    |     |                    |     |                         |              |            |            |            |
|----|-----|--------------------|-----|-------------------------|--------------|------------|------------|------------|
| 1. | 81  | Ropa Łukasz        | POL |                         | Krośnice     | 0:44:32,34 | 0:42:58,23 | 1:27:30,58 |
| 2. | 21  | Fluder Szymon      | POL | OSP Dębica              | Dębica       | 0:48:43,27 | 0:43:49,60 | 1:32:32,88 |
| 3. | 108 | Trzcieliński Jan   | POL | KS Maraton Ostrów Wlkp. | Ostrów Wlkp. | 0:50:52,12 | 0:48:09,41 | 1:39:01,53 |
| 4. | 62  | Mądry Jakub        | POL | KS LENIWIEC             | Kępno        | 0:51:36,33 | 0:50:58,61 | 1:42:34,95 |
| 5. | 96  | Wawrocki Sebastian | POL |                         | Ostrów Wlkp. | 0:53:02,98 | 0:49:54,95 | 1:42:57,93 |
| 6. | 58  | Markowski Grzegorz | POL |                         | Skalmierzyce | 0:53:48,12 | 0:49:33,51 | 1:43:21,63 |
| 7. | 79  | Rojek Miłosz       | POL |                         | Przygodzice  | 1:01:06,26 | 0:57:12,47 | 1:58:18,73 |
| 8. | 104 | Kuziemski Tomasz   | POL | KS Maraton Ostrów Wlkp. | Ostrów Wlkp. | 1:07:37,10 | 0:57:45,67 | 2:05:22,77 |

# Wyniki kategorii wiekowych

| M-ce | Nr  | Imię i nazwisko | Klub | Miasto           | 3 Dyszka<br>Pięciu Stawów | 1 Dyszka<br>Skalmierzycka | 5 Dyszka<br>Hajstra | Wynik      |
|------|-----|-----------------|------|------------------|---------------------------|---------------------------|---------------------|------------|
| 9.   | 122 | Juszczak Paweł  | POL  | Janków Pogrodzki | 1:05:51,02                | 1:05:35,57                |                     | 2:11:26,59 |

## M30

|     |     |                       |     |                                     |                     |            |            |            |
|-----|-----|-----------------------|-----|-------------------------------------|---------------------|------------|------------|------------|
| 1.  | 117 | Przybył Aron          | POL | PKB KMP Kalisz                      | Kuźnia              | 0:41:31,16 | 0:37:05,79 | 1:18:36,95 |
| 2.  | 46  | Kołodziej Adam        | POL | KS Maraton Ostrów Wlkp.             | Sieroszewice        | 0:45:08,58 | 0:41:28,44 | 1:26:37,02 |
| 3.  | 126 | Grzeszczyk Marcin     | POL |                                     | Ostrów Wielkopolski | 0:46:09,96 | 0:44:22,95 | 1:30:32,91 |
| 4.  | 52  | Król Łukasz           | POL | Klub Sportowy Fabryka Biegania      | Przygodzice         | 0:46:45,85 | 0:44:23,73 | 1:31:09,59 |
| 5.  | 30  | Hajdziony Dawid       | POL |                                     | Jankow Przygodzki   | 0:47:34,45 | 0:46:57,60 | 1:34:32,05 |
| 6.  | 2   | Barański Łukasz       | POL | Unity Trade Credit Broker           | Topola Mała         | 0:48:59,84 | 0:45:56,07 | 1:34:55,91 |
| 7.  | 106 | Radomski Artur        | POL |                                     | Kalisz              | 0:49:41,74 | 0:45:29,30 | 1:35:11,04 |
| 8.  | 20  | Fluder Roman          | POL | OSP Dębica                          | Dębica              | 0:49:11,59 | 0:46:26,23 | 1:35:37,82 |
| 9.  | 11  | Chmielarczyk Jarosław | POL | Miraz Race Team                     | Ostrów Wlkp.        | 0:50:50,01 | 0:46:21,31 | 1:37:11,33 |
| 10. | 67  | Naczke Marcin         | POL | Octagon Uliczna Strefa Ostrów Wlkp. | Ostrów Wlkp.        | 0:51:42,34 | 0:47:02,90 | 1:38:45,24 |
| 11. | 97  | Wienczek Artur        | POL | Night Runners Ostrów Wlkp.          | Ostrów Wlkp.        | 0:51:52,13 | 0:47:14,31 | 1:39:06,45 |
| 12. | 64  | Mikołajczak Marcin    | POL |                                     | Wtórek              | 0:51:03,16 | 0:49:39,08 | 1:40:42,24 |
| 13. | 27  | Grzegorek Piotr       | POL |                                     | Śliwniki            | 0:52:15,00 | 0:48:52,87 | 1:41:07,88 |
| 14. | 60  | Miazga Maciej         | POL |                                     | Jankow Przygodzki   | 0:52:58,88 | 0:50:34,00 | 1:43:32,88 |
| 15. | 132 | Czarnasiak Arkadiusz  | POL |                                     | Kapno               | 0:53:59,12 | 0:52:31,92 | 1:46:31,05 |
| 16. | 85  | Stachowicz Marcin     | POL | 5F Team                             | Przygodzice         | 1:00:26,34 | 0:46:56,16 | 1:47:22,50 |
| 17. | 3   | Bartkowiak Sławomir   | POL | atamedica.pl                        | Ostrów Wlkp.        | 0:56:25,92 | 0:52:30,13 | 1:48:56,05 |
| 18. | 55  | Liszewski Damian      | POL | Cswiichem Wrocław                   | Wrocław             | 0:56:51,39 | 0:59:08,96 | 1:56:00,36 |
| 19. | 51  | Krawczyk Mateusz      | POL | Urząd Gminy Ostrów Wielkopolski     | Ostrów Wlkp.        | 1:03:51,03 | 0:52:47,79 | 1:56:38,83 |
| 20. | 76  | Przywarciak Marcin    | POL |                                     | Topola Osiedle      | 1:03:44,97 | 0:56:10,95 | 1:59:55,93 |
| 21. | 59  | Matuszak Sebastian    | POL |                                     | Ostrów Wlkp.        | 1:02:45,25 | 0:59:05,68 | 2:01:50,93 |
| 22. | 103 | Kubik Bartosz         | POL | Uliczna strefa                      | Gołuchów            | 1:07:57,85 | 0:59:33,33 | 2:07:31,18 |

## M40

|    |     |                      |     |                         |                   |            |            |            |
|----|-----|----------------------|-----|-------------------------|-------------------|------------|------------|------------|
| 1. | 50  | Kowalczyk Robert     | POL | (Z)Dolny Międzybórz     | Kąty Śląskie      | 0:39:58,25 | 0:38:23,62 | 1:18:21,87 |
| 2. | 109 | Tylicki Robert       | POL | TylickiTeam             | Leszno            | 0:40:12,64 | 0:39:33,83 | 1:19:46,48 |
| 3. | 29  | Grzegorowski Marcin  | POL | KS Stal LA              | Jankow Przygodzki | 0:40:49,04 | 0:39:19,22 | 1:20:08,27 |
| 4. | 10  | Chłopek Rafał        | POL | Born Runners            | Jankow Przygodzki | 0:41:18,41 | 0:40:21,34 | 1:21:39,75 |
| 5. | 82  | Sikora Paweł         | POL | KS Maraton Ostrów Wlkp. | Ostrów Wlkp.      | 0:42:11,28 | 0:40:15,10 | 1:22:26,38 |
| 6. | 73  | Poprawa Grzegorz     | POL | KS Maraton Ostrów Wlkp. | Ostrów Wlkp.      | 0:45:04,47 | 0:42:56,10 | 1:28:00,58 |
| 7. | 83  | Skórzyński Arkadiusz | POL |                         | Lewków            | 0:45:32,10 | 0:42:29,24 | 1:28:01,34 |
| 8. | 16  | Deresiński Tomasz    | POL | Running Team Topola     | Topola Osiedle    | 0:45:25,27 | 0:43:33,88 | 1:28:59,15 |
| 9. | 65  | Minta Krzysztof      | POL | KEROZA 2017             | Trzcieliny        | 0:46:13,04 | 0:42:51,32 | 1:29:04,36 |

# Wyniki kategorii wiekowych

| M-ce | Nr  | Imię i nazwisko      | Klub | Miasto                              | 3 Dyszka<br>Pięciu Stawów | 1 Dyszka<br>Skalmierzycka | 5 Dyszka<br>Hajstra | Wynik      |
|------|-----|----------------------|------|-------------------------------------|---------------------------|---------------------------|---------------------|------------|
| 10.  | 116 | Piwoński Wojciech    | POL  | Ostrów Wlkp.                        | 0:46:01,13                | 0:45:42,08                |                     | 1:31:43,21 |
| 11.  | 91  | Tomaszek Szymon      | POL  | Jankow Przygodzki                   | 0:48:28,62                | 0:46:18,65                |                     | 1:34:47,27 |
| 12.  | 7   | Bogusławski Dominik  | POL  | Ostrów Wlkp.                        | 0:48:37,81                | 0:47:00,69                |                     | 1:35:38,51 |
| 13.  | 98  | Wiktorek Dariusz     | POL  | Bo Lubię Chcę i Nikt Mi Nie Zabroni | 0:48:04,52                | 0:47:48,04                |                     | 1:35:52,56 |
| 14.  | 36  | Jadczak Piotr        | POL  | Krotoszyn                           | 0:52:01,20                | 0:47:16,33                |                     | 1:39:17,53 |
| 15.  | 115 | Dąbrówka Tomasz      | POL  | KS Maraton Ostrów Wlkp.             | 0:49:21,08                | 0:50:20,45                |                     | 1:39:41,54 |
| 16.  | 19  | Fleischer Leszek     | POL  | Ostrów Wlkp.                        | 0:52:33,49                | 0:48:38,07                |                     | 1:41:11,57 |
| 17.  | 15  | Dera Rafał           | POL  | Potaśnia                            | 0:53:11,60                | 0:48:31,10                |                     | 1:41:42,70 |
| 18.  | 68  | Nowak Adam           | POL  | Ostrów Wlkp.                        | 0:53:04,04                | 0:52:47,71                |                     | 1:45:51,76 |
| 19.  | 101 | Banaszkiewicz Robert | POL  | Ostrów Wlkp.                        | 0:54:53,53                | 0:53:51,23                |                     | 1:48:44,77 |
| 20.  | 9   | Bury Roman           | POL  | Karski                              | 1:00:44,41                | 0:53:12,77                |                     | 1:53:57,19 |
| 21.  | 128 | Matysik Zbigniew     | POL  | KS Ice-Mat Team                     | 1:09:17,43                | 0:47:19,65                |                     | 1:56:37,09 |
| 22.  | 40  | Kabat Szymon         | POL  | TeamRomans                          | 1:01:52,25                | 0:56:00,14                |                     | 1:57:52,39 |
| 23.  | 61  | Michaś Gerard        | POL  | Ostrów Wlkp.                        | 1:01:55,28                | 0:56:00,98                |                     | 1:57:56,26 |
| 24.  | 92  | Udała Paweł          | POL  | Opatów                              | 1:02:10,42                | 0:56:36,64                |                     | 1:58:47,07 |
| 25.  | 49  | Koszyła Tomasz       | POL  | Ostrów Wlkp.                        | 1:02:16,64                | 0:58:00,13                |                     | 2:00:16,77 |
| 26.  | 69  | Pasternak Emil       | POL  | Topola Osiedle                      | 1:03:51,16                | 0:56:25,79                |                     | 2:00:16,95 |
| 27.  | 37  | Jakuszkowiak Dariusz | POL  | Ostrów Wlkp.                        | 1:07:44,99                | 1:04:15,66                |                     | 2:12:00,65 |

## M50

|    |    |                      |     |                     |            |            |  |            |
|----|----|----------------------|-----|---------------------|------------|------------|--|------------|
| 1. | 71 | Płochocki Ryszard    | POL | Supermaraton Kalisz | 0:39:08,49 | 0:38:46,03 |  | 1:17:54,52 |
| 2. | 66 | Mrowicki Piotr       | POL | Supermaraton Kalisz | 0:46:18,72 | 0:45:01,26 |  | 1:31:19,98 |
| 3. | 87 | Szczykowski Hieronim | POL | Ostrów Wlkp.        | 0:52:16,52 | 0:47:51,67 |  | 1:40:08,20 |
| 4. | 17 | Dudek Andrzej        | POL | Ostrów Wlkp.        | 0:53:05,96 | 0:48:45,79 |  | 1:41:51,75 |
| 5. | 18 | Figiel Arkadiusz     | POL | PHU Małpol          | 0:53:41,16 | 0:49:46,66 |  | 1:43:27,82 |
| 6. | 6  | Binkowski Jarosław   | POL | Rajsport Active     | 0:58:59,58 | 0:53:12,19 |  | 1:52:11,77 |

## M60

|    |    |                      |     |                |            |            |  |            |
|----|----|----------------------|-----|----------------|------------|------------|--|------------|
| 1. | 84 | Sroka Jan            | POL | Ostrów Wlkp.   | 0:44:19,56 | 0:42:25,49 |  | 1:26:45,06 |
| 2. | 63 | Mielczarek Stanisław | POL | Senior 61      | 0:45:37,77 | 0:43:57,13 |  | 1:29:34,90 |
| 3. | 93 | Urbaniak Jan         | POL | Topola Osiedle | 0:49:15,86 | 0:48:19,81 |  | 1:37:35,67 |

## M70

|    |     |                 |     |                         |            |            |  |            |
|----|-----|-----------------|-----|-------------------------|------------|------------|--|------------|
| 1. | 119 | Wawrzyniak Leon | POL | KS Maraton Ostrów Wlkp. | 1:00:18,51 | 0:52:34,85 |  | 1:52:53,37 |
| 2. | 13  | Czysty Zenon    | POL | KS Maraton Ostrów Wlkp. | 1:06:46,31 | 0:59:19,23 |  | 2:06:05,54 |

## Wyniki kategorii wiekowych

| M-ce | Nr | Imię i nazwisko | Klub | Miasto | 3 Dyszka<br>Pięciu Stawów | 1 Dyszka<br>Skalmierzycka | 5 Dyszka<br>Hajstra | Wynik |
|------|----|-----------------|------|--------|---------------------------|---------------------------|---------------------|-------|
|------|----|-----------------|------|--------|---------------------------|---------------------------|---------------------|-------|

Liczba uczestników: 80