

V Bieg Dwóch Szybów

Wyniki kategorii wiekowych



2018-11-04, Chorzów

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/km | Netto | Wynik | |
|--------------------------|-----|-----------------------------------|--------|------------------|---------------------------|-------|------------|-------------------|
| Bieg główny 15 km | | | | | | | | |
| W1(16-29) | | | | | | | | |
| 1. | 19 | Błaszczuk Paulina | POL | Chorzów | Biegam bo lubię :) | 4:53 | 1:13:20,07 | 1:13:32,42 |
| 2. | 356 | Soboszczyk Magdalena | POL | Świętochłowice | AZS UŚ Katowice | 4:54 | 1:13:39,99 | 1:13:47,94 |
| 3. | 141 | Kasprzak Martyna | POL | Chorzów | Night Runners Śląsk | 5:08 | 1:17:05,96 | 1:17:23,16 |
| 4. | 261 | Noga Angelika | POL | Kozy | Kęckie harpagany | 5:18 | 1:19:36,16 | 1:19:45,29 |
| 5. | 406 | Tuleja Aleksandra | POL | Chorzów | Sayonara | 5:23 | 1:20:52,89 | 1:21:27,12 |
| 6. | 66 | Gabor Katarzyna | POL | Łaziska Górne | | 5:26 | 1:21:42,67 | 1:21:55,52 |
| 7. | 233 | Mikołajek Barbara | POL | Andrychów | | 5:29 | 1:22:18,07 | 1:22:31,65 |
| 8. | 208 | Lulko Magdalena | POL | Czeladź | Sekcja Piaski | 5:29 | 1:22:26,63 | 1:22:39,67 |
| 9. | 309 | Potapowicz Gabriela | POL | Katowice | | 5:31 | 1:22:47,92 | 1:23:08,03 |
| 10. | 229 | Michno Agata | POL | Chorzów | | 5:35 | 1:23:46,55 | 1:24:17,32 |
| 11. | 47 | Dolińska Agnieszka | POL | Chorzów | Okiem Wilka | 5:42 | 1:25:36,99 | 1:26:22,03 |
| 12. | 186 | Kubiak Edyta | POL | Wodzisław Śląski | | 5:46 | 1:26:35,14 | 1:26:43,85 |
| 13. | 33 | Cibis Anna | POL | Katowice | Carbon Paws | 5:46 | 1:26:30,65 | 1:26:59,03 |
| 14. | 148 | Klaszczyk Kamila | POL | Chorzów | Crossbox Siemianowice | 5:49 | 1:27:25,03 | 1:27:32,81 |
| 15. | 260 | Nigbor-Fogel Katarzyna | POL | Katowice | | 5:48 | 1:27:10,11 | 1:27:38,35 |
| 16. | 132 | Jureczko Joanna | POL | Bytom | Lecymy Durś | 5:54 | 1:28:42,35 | 1:28:42,35 |
| 17. | 286 | Piątek - Olszewska Klaudia | POL | Dąbrowa Górnicza | ParkRun Katowice | 5:55 | 1:28:48,30 | 1:29:11,62 |
| 18. | 282 | Pawlok Anna | POL | Katowice | | 6:11 | 1:32:46,06 | 1:33:01,69 |
| 19. | 65 | Fus Julia | POL | Piekary Śląskie | Lecymy Durś | 6:11 | 1:32:50,19 | 1:33:10,82 |
| 20. | 154 | Kobus Ewelina | POL | Katowice | | 6:13 | 1:33:20,68 | 1:33:39,59 |
| 21. | 138 | Karp Anna | POL | Radzionków | | 6:27 | 1:36:51,00 | 1:37:18,00 |
| 22. | 22 | Bosiacka Marta | POL | Świętochłowice | Rebellion of Free Runners | 6:32 | 1:38:13,13 | 1:38:34,04 |
| 23. | 323 | Rożek Angelika | POL | Chorzów | SKK Goliat | 6:44 | 1:41:11,05 | 1:41:44,91 |



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| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/km | Netto | Wynik |
|------------------|-----|------------------------|-----|----------------------|----------------------|--------|------------|-------------------|
| 24. | 130 | Jędrzejewska Sandra | POL | Świętochłowice | | 6:51 | 1:42:50,44 | 1:43:23,89 |
| W2(30-49) | | | | | | | | |
| 1. | 153 | Kobierska Agnieszka | POL | Gliwice | SPLA Tychy | 4:16 | 1:04:03,28 | 1:04:05,97 |
| 2. | 28 | Bzdyk Katarzyna | POL | Katowice | ParkRun Katowice | 4:33 | 1:08:27,77 | 1:08:30,83 |
| 3. | 93 | Griman Joanna | POL | Rybnik | | 4:35 | 1:08:48,42 | 1:08:52,17 |
| 4. | 400 | Śliz Alicja | POL | Chorzów | W Pogoni Za Duchem | 4:50 | 1:12:34,23 | 1:12:38,36 |
| 5. | 465 | Radziwończyk Klaudia | POL | Kalety | | 4:52 | 1:13:13,52 | 1:13:22,82 |
| 6. | 296 | Piskorz Agnieszka | POL | Sosnowiec | W Pogoni Za Duchem | 5:06 | 1:16:31,20 | 1:16:40,63 |
| 7. | 76 | Gemza Anna | POL | Katowice | BalansTeam | 5:07 | 1:16:54,72 | 1:17:02,95 |
| 8. | 455 | Siemianowska Żaneta | POL | Świętochłowice | | 5:09 | 1:17:18,98 | 1:17:18,98 |
| 9. | 181 | Król Żaneta | POL | Świętochłowice | | 5:23 | 1:20:53,03 | 1:21:06,81 |
| 10. | 384 | Surgucka Iwona | POL | Chorzów | W Pogoni Za Duchem | 5:30 | 1:22:40,75 | 1:23:08,03 |
| 11. | 236 | Milik Dagmara | POL | Chorzów | | 5:34 | 1:23:43,48 | 1:24:01,82 |
| 12. | 251 | Mynarska Ligia | POL | Bielsko-Biała | Daleko jeszcze? | 5:35 | 1:23:52,60 | 1:24:24,01 |
| 13. | 60 | Fojcik Asia | POL | Rybnik | SBD Energetyk Rybnik | 5:37 | 1:24:25,73 | 1:24:37,61 |
| 14. | 404 | Trefon Iwona | POL | Rogoźnik | Lecymy Durś | 5:39 | 1:24:47,70 | 1:25:06,36 |
| 15. | 386 | Szajbel Joanna | POL | Katowice | ParkRun Katowice | 5:38 | 1:24:43,95 | 1:25:07,67 |
| 16. | 390 | Szołtysik Barbara | POL | Piekary Śląskie | Lecymy Durś | 5:39 | 1:24:49,01 | 1:25:09,47 |
| 17. | 392 | Szulc-Wyłężek Barbara | POL | Piekary Śląskie | AugusTeam | 5:39 | 1:24:48,81 | 1:25:22,21 |
| 18. | 357 | Socha Marlena | POL | Ruda Śląska | AugusTeam | 5:44 | 1:26:02,20 | 1:26:11,87 |
| 19. | 51 | Dudek Agnieszka | POL | Ruda Śląska | Night Runners | 5:47 | 1:26:45,59 | 1:27:12,12 |
| 20. | 383 | Supińska Anna | POL | Gliwice | | 5:48 | 1:27:12,28 | 1:27:12,28 |
| 21. | 84 | Gorus Anna | POL | Zabrze | Night Runners Zabrze | 5:49 | 1:27:24,67 | 1:27:40,77 |
| 22. | 55 | Fijałkowska Katarzyna | POL | Siemianowice Śląskie | | 5:50 | 1:27:40,10 | 1:28:09,50 |
| 23. | 30 | Chodzidło Joanna | POL | Chorzów | | 5:53 | 1:28:26,02 | 1:28:50,39 |
| 24. | 35 | Cieśla Iwona | POL | Ruda Śląska | | 5:57 | 1:29:15,85 | 1:29:45,06 |
| 25. | 449 | Ziółkowska-Wnuk Monika | POL | Łazy | | 5:59 | 1:29:49,09 | 1:30:24,72 |
| 26. | 342 | Siemek Ewa | POL | Siemianowice Śląskie | Siemki2 | 6:01 | 1:30:19,25 | 1:30:30,76 |
| 27. | 388 | Szatniewska Agnieszka | POL | Będzin | owocowakraina | 6:02 | 1:30:30,18 | 1:30:47,43 |
| 28. | 151 | Klyta Anna | POL | Chorzów | | 6:03 | 1:30:45,04 | 1:31:09,13 |
| 29. | 21 | Borek Joanna | POL | Katowice | Warta Runners | 6:03 | 1:30:49,62 | 1:31:14,55 |
| 30. | 454 | Śledź Iwona | POL | Świętochłowice | | 6:03 | 1:30:53,90 | 1:31:19,09 |
| 31. | 149 | Klimasara Magdalena | POL | Katowice | Lecymy Durś | 6:04 | 1:31:05,87 | 1:31:20,22 |
| 32. | 345 | Sinkiewicz Małgorzata | POL | Chorzów | | 6:05 | 1:31:20,26 | 1:31:27,85 |
| 33. | 434 | Wojtała Magdalena | POL | Bytom | | 6:06 | 1:31:32,70 | 1:31:47,49 |
| 34. | 71 | Gamza Bogna | POL | Siemianowice Śląskie | | 6:08 | 1:32:09,73 | 1:32:35,42 |

Wyniki kategorii wiekowych



| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/km | Netto | Wynik |
|------|-----|-------------------------|-----|----------------------|----------------------|--------|------------|------------|
| 35. | 234 | Mila Katarzyna | POL | Ruda Śląska | | 6:09 | 1:32:18,07 | 1:32:44,96 |
| 36. | 147 | Kierzek Marta | POL | Katowice | | 6:11 | 1:32:46,12 | 1:33:01,64 |
| 37. | 85 | Gostyńska Weronika | POL | Kraków | | 6:11 | 1:32:54,56 | 1:33:23,68 |
| 38. | 267 | Nytko Małgorzata | POL | Wieprz | | 6:15 | 1:33:46,71 | 1:33:52,59 |
| 39. | 2 | Adamik Magda | POL | Lędziny | | 6:17 | 1:34:16,03 | 1:34:28,48 |
| 40. | 117 | Idzik Małgorzata | POL | Świętochłowice | | 6:16 | 1:34:12,90 | 1:34:35,78 |
| 41. | 64 | Furtak Monika | POL | Chorzów | Endurance Team | 6:21 | 1:35:17,28 | 1:35:40,85 |
| 42. | 253 | Mysiak Monika | POL | Chorzów | | 6:22 | 1:35:40,68 | 1:36:05,43 |
| 43. | 393 | Szylewska Ewa | POL | Chorzów | AugusTeam | 6:22 | 1:35:30,89 | 1:36:07,38 |
| 44. | 202 | Lata Beata | POL | Siemianowice Śląskie | | 6:24 | 1:36:14,34 | 1:36:37,97 |
| 45. | 457 | Hojka Klaudia | POL | Chorzów | | 6:25 | 1:36:15,71 | 1:36:54,68 |
| 46. | 143 | Kasztelan - Hunia Ewa | POL | Bytom | | 6:25 | 1:36:16,75 | 1:36:55,65 |
| 47. | 264 | Nosal Anna | POL | Świętochłowice | | 6:27 | 1:36:48,29 | 1:37:21,04 |
| 48. | 167 | Kościelniak Natalia | POL | Katowice | | 6:31 | 1:37:57,64 | 1:38:32,26 |
| 49. | 246 | Moskwa Magdalena | POL | Katowice | | 6:32 | 1:38:09,71 | 1:38:37,94 |
| 50. | 340 | Serda Anna | POL | Chorzów | | 6:43 | 1:40:54,99 | 1:41:36,80 |
| 51. | 394 | Szymańska Ewa | POL | Świętochłowice | #redlips | 6:43 | 1:40:55,07 | 1:41:37,00 |
| 52. | 42 | Dobek Agata | POL | Siemianowice Śląskie | PZU Sport Team | 6:54 | 1:43:41,16 | 1:44:09,72 |
| 53. | 239 | Misterka Ewa | POL | Chorzów | | 6:55 | 1:43:56,98 | 1:44:19,19 |
| 54. | 308 | Poloczek Anna | POL | Świętochłowice | | 6:56 | 1:44:13,17 | 1:44:38,60 |
| 55. | 81 | Godzińska Karolina | POL | Chorzów | | 7:00 | 1:45:14,72 | 1:45:33,91 |
| 56. | 88 | Górska-Morawiec Dagmara | POL | Cieszyn | Szakał Team | 7:01 | 1:45:16,68 | 1:45:46,68 |
| 57. | 13 | Białek Johanka | POL | Chorzów | | 7:18 | 1:49:35,17 | 1:49:57,39 |
| 58. | 321 | Rozmus Marzena | POL | Bojszowy Nowe | Świerczyniec Running | 7:27 | 1:51:50,73 | 1:52:25,02 |
| 59. | 281 | Parys Anna | POL | Chorzów | | 7:27 | 1:51:51,72 | 1:52:25,45 |
| 60. | 272 | Ostrowska Iwona | POL | Tychy | | 7:48 | 1:57:07,68 | 1:57:07,68 |
| 61. | 140 | Kasperek Katarzyna | POL | Świętochłowice | Night Runners | 7:54 | 1:58:32,57 | 1:58:54,47 |

W3(50+)

| | | | | | | | | |
|----|-----|------------------|-----|---------------|----------------------------------|------|------------|------------|
| 1. | 16 | Biszta Sylwia | POL | Katowice | | 6:08 | 1:32:13,03 | 1:32:30,68 |
| 2. | 196 | Kurkowska Aldona | POL | Chorzów | AugusTeam | 6:20 | 1:35:08,43 | 1:35:44,30 |
| 3. | 338 | Sajda Tosia | POL | Katowice | Manhattan 27 | 6:22 | 1:35:31,75 | 1:36:07,56 |
| 4. | 159 | Korbel Joanna | POL | Nakło Śląskie | Srebrni Biegacze Tarnowskie Góry | 6:52 | 1:43:12,86 | 1:43:36,31 |
| 5. | 469 | Pfeifer Anna | POL | Rybnik | | 8:34 | 2:08:38,91 | 2:08:51,82 |

M1(16-24)

Wyniki kategorii wiekowych



| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/km | Netto | Wynik |
|------|-----|-------------------|-----|-----------------|--|--------|------------|-------------------|
| 1. | 176 | Krauze Filip | POL | Piekary Śląskie | | 3:57 | 59:16,69 | 59:19,37 |
| 2. | 328 | Rutkowski Mateusz | POL | Chorzów | Profilaktyczno Rozwojowy Ośrodek dla Młodzieży | 4:33 | 1:08:29,69 | 1:08:40,43 |
| 3. | 48 | Dubrawski Artur | POL | Katowice | | 4:35 | 1:08:45,96 | 1:08:57,91 |
| 4. | 222 | Manjura Tomasz | POL | Chorzów | APN Chorzów Stary | 4:39 | 1:09:55,13 | 1:10:10,14 |
| 5. | 106 | Harwig Patryk | POL | Radzionków | Cidry Lotajom | 4:50 | 1:12:33,58 | 1:12:35,90 |
| 6. | 169 | Kowalczyk Adam | POL | Tychy | Octagon Runners Tychy | 4:53 | 1:13:21,28 | 1:13:29,45 |
| 7. | 14 | Bieniek Sebastian | POL | Chorzów | Socios Silesia | 5:00 | 1:15:03,60 | 1:15:03,60 |
| 8. | 92 | Grębosz Dawid | POL | Pszczyna | | 5:00 | 1:15:01,28 | 1:15:05,41 |
| 9. | 46 | Dolezik Patryk | POL | Chorzów | | 5:04 | 1:16:07,97 | 1:16:44,98 |
| 10. | 464 | Beiner Adrian | POL | Chorzów | Biegam bo lubię :) | 5:07 | 1:16:55,42 | 1:16:55,42 |
| 11. | 423 | Wieczorek Oskar | POL | Chorzów | born tu bi lotac | 5:06 | 1:16:44,11 | 1:16:55,50 |
| 12. | 353 | Sobczak Benjamin | POL | Chorzów | | 5:15 | 1:18:54,09 | 1:19:13,07 |
| 13. | 242 | Mońka Mateusz | POL | Chorzów | | 5:17 | 1:19:21,82 | 1:19:56,71 |
| 14. | 40 | Darda Paweł | POL | Ruda Śląska | | 5:27 | 1:21:56,67 | 1:22:12,27 |
| 15. | 18 | Biszta Filip | POL | Katowice | | 5:32 | 1:23:10,40 | 1:23:28,16 |
| 16. | 448 | Zimoch Daniel | POL | Chorzów | | 5:40 | 1:25:11,31 | 1:25:30,10 |
| 17. | 363 | Sowa Maciej | POL | Mysłowice | | 5:58 | 1:29:35,29 | 1:29:56,78 |

M2(25-39)

| | | | | | | | | |
|-----|-----|---------------------|-----|----------------|--|------|------------|-------------------|
| 1. | 461 | Grabowski Jarosław | POL | Lutrowskie | KB Florian Zajęczki | 3:45 | 56:18,01 | 56:21,01 |
| 2. | 70 | Gałużka Dawid | POL | Świętochłowice | Hazoki | 3:50 | 57:44,74 | 57:44,74 |
| 3. | 333 | Ryszka Karol | POL | Katowice | Chop ze żelaza Tri Team | 3:54 | 58:32,92 | 58:35,25 |
| 4. | 57 | Firlej Marek | POL | Rychwałdek | Firlej Team | 4:02 | 1:00:43,08 | 1:00:45,14 |
| 5. | 136 | Kałuż Wojciech | POL | Katowice | Pozdro Techno | 4:16 | 1:04:12,41 | 1:04:17,12 |
| 6. | 193 | Kukla Maciej | POL | Chorzów | | 4:17 | 1:04:29,43 | 1:04:34,60 |
| 7. | 314 | Puc Paweł | POL | Będzin | | 4:23 | 1:05:51,41 | 1:06:07,11 |
| 8. | 158 | Konsek Paweł | POL | Żory | Żory - Kleszczówka | 4:26 | 1:06:42,59 | 1:06:50,10 |
| 9. | 456 | Magnucki Adam | POL | Mysłowice | | 4:28 | 1:07:14,26 | 1:07:17,44 |
| 10. | 254 | Mysiak Arkadiusz | POL | Chorzów | Warta Runners | 4:30 | 1:07:38,20 | 1:07:41,58 |
| 11. | 199 | Kwaśniewski Tadeusz | POL | Lędziny | | 4:32 | 1:08:12,81 | 1:08:16,32 |
| 12. | 20 | Borchert Marcin | POL | Świętochłowice | Chorzowski Klub Rowerowy | 4:31 | 1:07:54,65 | 1:08:20,94 |
| 13. | 115 | Horzela Błażej | POL | Chorzów | Beta-Trans | 4:35 | 1:08:58,81 | 1:09:03,48 |
| 14. | 3 | Antolik Łukasz | POL | Świętochłowice | Śląsk Runners | 4:42 | 1:10:33,33 | 1:10:39,82 |
| 15. | 223 | Mańka Krzysztof | POL | Lubliniec | PZU Sport Team | 4:41 | 1:10:25,35 | 1:10:41,94 |
| 16. | 381 | Studniarz Rafał | POL | Czeladź | Sekcja Piaski | 4:42 | 1:10:40,60 | 1:10:46,82 |
| 17. | 59 | Fiszer Andrzej | POL | Katowice | Profilaktyczno-Rozwojowy Ośrodek dla Młodzieży | 4:43 | 1:10:51,11 | 1:11:04,88 |
| 18. | 137 | Kancel Daniel | POL | Chorzów | Okciem Wilka | 4:43 | 1:10:54,39 | 1:11:07,42 |

Wyniki kategorii wiekowych



| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/km | Netto | Wynik |
|------|-----|---------------------|-----|----------------------|-------------------------------------|--------|------------|------------|
| 19. | 271 | Olszewski Artur | POL | Dąbrowa Górnicza | ParkRun Katowice | 4:44 | 1:11:05,48 | 1:11:11,45 |
| 20. | 418 | Węgrzyn Szymon | POL | Katowice | Pozdro Techno | 4:47 | 1:11:48,89 | 1:11:57,90 |
| 21. | 145 | Kciuk Maciej | POL | Opole | Kulson Squaters | 4:47 | 1:11:58,27 | 1:12:21,32 |
| 22. | 441 | Zawadzki Bartłomiej | POL | Piekary Śląskie | | 4:51 | 1:12:51,66 | 1:12:51,66 |
| 23. | 419 | Wiater Tomasz | POL | Chorzów | Chachary z Chorzowa | 4:52 | 1:13:01,72 | 1:13:07,24 |
| 24. | 424 | Wieczorek Lucjan | POL | Chorzów | Vege Runners | 4:52 | 1:13:03,28 | 1:13:39,31 |
| 25. | 201 | Lar Bartosz | POL | Piekary Śląskie | Lecymy Durś | 4:53 | 1:13:22,82 | 1:13:48,02 |
| 26. | 243 | Morawiec Marek | POL | Cieszyn | Szakał Team | 4:55 | 1:13:54,81 | 1:14:05,92 |
| 27. | 114 | Horzela Adam | POL | Katowice | | 4:55 | 1:13:59,43 | 1:14:07,00 |
| 28. | 350 | Skubis Grzegorz | POL | Tychy | | 4:55 | 1:13:57,78 | 1:14:14,29 |
| 29. | 269 | Olejnik Adam | POL | Sosnowiec | | 4:57 | 1:14:15,46 | 1:14:20,14 |
| 30. | 120 | Jakubczyk Jacek | POL | Chorzów | Contante | 4:57 | 1:14:28,22 | 1:14:34,77 |
| 31. | 274 | Otto Marcin | POL | Siemianowice Śląskie | Crossfit Siemianowice | 4:57 | 1:14:29,74 | 1:14:35,80 |
| 32. | 26 | Buja Błażej | POL | Chorzów | MZUIM Chorzów Biega | 4:56 | 1:14:13,58 | 1:14:38,52 |
| 33. | 397 | Ścigała Łukasz | POL | Siemianowice Śląskie | Crossfit Siemianowice | 4:58 | 1:14:37,19 | 1:14:44,32 |
| 34. | 417 | Wcisło Tomasz | POL | Siemianowice Śląskie | | 4:59 | 1:14:58,39 | 1:15:05,20 |
| 35. | 275 | Ozdoba Marcin | POL | Piekary Śląskie | Lecymy Durś | 5:02 | 1:15:44,25 | 1:15:54,40 |
| 36. | 361 | Sojka Aleksander | POL | Siemianowice Śląskie | | 5:02 | 1:15:38,32 | 1:16:01,77 |
| 37. | 123 | Janik Sergiusz | POL | Zawiercie | Biuro Rachunkowe Asystent Zawiercie | 5:04 | 1:16:05,88 | 1:16:18,09 |
| 38. | 31 | Chodzidło Rafał | POL | Chorzów | | 5:05 | 1:16:22,56 | 1:16:39,76 |
| 39. | 131 | Judasz Marcin | POL | Mysłowice | | 5:06 | 1:16:31,89 | 1:16:48,48 |
| 40. | 165 | Kostorz Konrad | POL | Rybnik | | 5:09 | 1:17:16,84 | 1:17:26,73 |
| 41. | 219 | Makowski Jacek | POL | Gliwice | | 5:11 | 1:17:50,65 | 1:18:10,44 |
| 42. | 326 | Rus Michał | POL | Ruda Śląska | Szombierki Dream Team | 5:12 | 1:18:04,00 | 1:18:15,51 |
| 43. | 118 | Iwaniuk Paweł | POL | Katowice | | 5:13 | 1:18:25,25 | 1:18:41,74 |
| 44. | 107 | Haufa Dariusz | POL | Katowice | | 5:15 | 1:18:53,38 | 1:18:57,92 |
| 45. | 170 | Kowalski Marcin | POL | Tychy | Warsztat Formy Tychy | 5:16 | 1:19:04,57 | 1:19:14,77 |
| 46. | 7 | Baran Ryszard | POL | Chorzów | | 4:14 | 1:03:42,55 | 1:19:29,12 |
| 47. | 430 | Witek Tobiasz | POL | Katowice | Studio Treningów Personalnych GTS | 5:17 | 1:19:24,58 | 1:19:42,91 |
| 48. | 433 | Wnuk Tomasz | POL | Łazy | | 5:16 | 1:19:11,70 | 1:19:47,51 |
| 49. | 53 | Dziano Łukasz | POL | Siemianowice Śląskie | | 5:18 | 1:19:40,90 | 1:19:59,76 |
| 50. | 452 | Żłobiński Dawid | POL | Chorzów | | 5:19 | 1:19:45,12 | 1:20:05,81 |
| 51. | 295 | Piper Sebastian | POL | Chorzów | Polstar BHP | 5:19 | 1:19:53,82 | 1:20:07,71 |
| 52. | 100 | Grzybowski Marek | POL | Chorzów | | 5:19 | 1:19:59,34 | 1:20:10,14 |
| 53. | 94 | Grocki Mirosław | POL | Chorzów | Hazoki | 5:20 | 1:20:00,07 | 1:20:10,14 |
| 54. | 468 | Lot Michał | POL | Ruda Śląska | | 5:19 | 1:19:55,97 | 1:20:10,64 |
| 55. | 458 | Parzelski Mikołaj | POL | Kraków | | 5:20 | 1:20:07,94 | 1:20:19,82 |

Wyniki kategorii wiekowych



| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/km | Netto | Wynik |
|------|-----|-----------------------|-----|----------------------|--|--------|------------|------------|
| 56. | 67 | Gadomski Dawid | POL | Świętochłowice | | 5:20 | 1:20:04,33 | 1:20:23,80 |
| 57. | 354 | Sobczyk Dawid | POL | Brynek | Davids Camstudio/Gibkie Gizdy | 5:21 | 1:20:20,54 | 1:20:28,25 |
| 58. | 197 | Kurnakowski Michał | POL | Chorzów | Biegacze mogą dłużej | 5:22 | 1:20:43,77 | 1:20:53,45 |
| 59. | 305 | Polański Rafał | POL | Katowice | | 5:23 | 1:20:49,35 | 1:21:04,28 |
| 60. | 293 | Pikuła Jacek | POL | Bieruń | | 5:23 | 1:20:58,67 | 1:21:29,44 |
| 61. | 156 | Kołatun Dawid | POL | Świętochłowice | Świętochłowice Śląsk Runners | 5:26 | 1:21:32,74 | 1:21:38,83 |
| 62. | 415 | Wasiewicz Michał | POL | Chorzów | | 5:27 | 1:21:50,01 | 1:22:19,93 |
| 63. | 432 | Wlazłowski Rafał | POL | Tarnowskie Góry | Wlazłowski Transport | 5:27 | 1:21:50,85 | 1:22:20,26 |
| 64. | 451 | Żelasko Michaś | POL | Ruda Śląska | | 5:29 | 1:22:19,98 | 1:22:33,93 |
| 65. | 247 | Mrzyk Ireneusz | POL | Zabrze | Biegacze mogą dłużej | 5:29 | 1:22:29,12 | 1:22:38,48 |
| 66. | 97 | Gruszka Paweł | POL | Siemianowice Śląskie | Endurance Team | 5:31 | 1:22:47,01 | 1:23:03,90 |
| 67. | 225 | Marek Franciszek | POL | Katowice | Energoprojekt-Katowice | 5:31 | 1:22:49,01 | 1:23:07,04 |
| 68. | 177 | Krawczyk Wojciech | POL | Piekary Śląskie | WOPR Piekary Śląskie | 5:31 | 1:22:53,13 | 1:23:20,45 |
| 69. | 128 | Jasicki Krzysztof | POL | Tychy | | 5:32 | 1:23:10,67 | 1:23:20,94 |
| 70. | 466 | Pęczkowski Przemysław | POL | Sosnowiec | | 5:34 | 1:23:42,17 | 1:24:03,87 |
| 71. | 421 | Wiatr Wojciech | POL | Chorzów | Endurance Team | 5:35 | 1:23:54,12 | 1:24:09,96 |
| 72. | 8 | Baron Krzysztof | POL | Piekary Śląskie | Lecymy Durś | 5:36 | 1:24:06,00 | 1:24:17,32 |
| 73. | 453 | Żydek Piotr | POL | Chorzów | | 5:35 | 1:23:45,23 | 1:24:17,90 |
| 74. | 73 | Gaweł Artur | POL | Piekary Śląskie | Lecymy Durś | 5:36 | 1:24:03,41 | 1:24:28,35 |
| 75. | 301 | Podgórski Krzysztof | POL | Katowice | Komitet Sportu i Turystyki Krzysztofa Podgórskiego | 5:36 | 1:24:00,27 | 1:24:32,27 |
| 76. | 273 | Ostrowski Marcin | POL | Warszawa | PZU Sport Team | 5:39 | 1:24:45,63 | 1:25:01,32 |
| 77. | 58 | Firlej Grzegorz | POL | Rychwałdek | Firlej Team | 5:40 | 1:25:01,51 | 1:25:09,41 |
| 78. | 440 | Zajac Krzysztof | POL | Radzionków | | 5:39 | 1:24:54,36 | 1:25:09,53 |
| 79. | 262 | Noga Łukasz | POL | Sosnowiec | Zdzieraj Kapcie | 5:42 | 1:25:34,82 | 1:25:47,66 |
| 80. | 367 | Stabrawa Marcin | POL | Mysłowice | | 5:42 | 1:25:36,48 | 1:25:51,22 |
| 81. | 422 | Wicik Marcin | POL | Piekary Śląskie | Lecymy Durś | 5:43 | 1:25:56,63 | 1:26:24,81 |
| 82. | 175 | Krajewski Damian | POL | Świętochłowice | Śląsk Runners | 5:45 | 1:26:23,24 | 1:26:30,23 |
| 83. | 50 | Duda Mariusz | POL | Chorzów | | 5:44 | 1:26:11,87 | 1:26:38,31 |
| 84. | 358 | Sodowski Marek | POL | Siemianowice Śląskie | Siemianowice I przyjaciele biegają | 5:46 | 1:26:33,42 | 1:27:02,74 |
| 85. | 152 | Kobier Michał | POL | Chorzów | Capoeira Camangula | 5:46 | 1:26:44,59 | 1:27:07,65 |
| 86. | 403 | Trapp Dominik | POL | Siemianowice Śląskie | Crossbox Siemianowice | 5:49 | 1:27:24,42 | 1:27:32,32 |
| 87. | 336 | Safader Damian | POL | Katowice | | 5:51 | 1:27:57,70 | 1:28:06,48 |
| 88. | 113 | Hołda Marek | POL | Siemianowice Śląskie | ProfiAuto Team | 5:51 | 1:27:54,77 | 1:28:17,78 |
| 89. | 161 | Korczyński Tomasz | POL | Świętochłowice | Kulson Squaters | 5:53 | 1:28:18,72 | 1:28:44,24 |
| 90. | 89 | Górski Damian | POL | Lipiany | BBKTS | 5:57 | 1:29:29,34 | 1:29:59,18 |
| 91. | 103 | Hankus Krzysztof | POL | Katowice | Grupa PDK | 5:59 | 1:29:50,42 | 1:30:05,76 |
| 92. | 347 | Skowron Marcin | POL | Katowice | | 6:00 | 1:30:13,29 | 1:30:37,84 |

Wyniki kategorii wiekowych



| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/km | Netto | Wynik |
|------|-----|--------------------|-----|-------------------|--|--------|------------|------------|
| 93. | 459 | Kardyś Aleksy | POL | Chorzów | AZS Uniwersytet Rzeszowski | 6:04 | 1:31:00,85 | 1:31:05,95 |
| 94. | 395 | Szymański Filip | POL | Katowice | | 6:04 | 1:31:07,72 | 1:31:07,72 |
| 95. | 330 | Rybak Remigiusz | POL | Ruda Śląska | | 6:03 | 1:30:58,84 | 1:31:24,67 |
| 96. | 129 | Jaskółka Michał | POL | Ruda Śląska | Niebieska Ruda Śląska | 6:05 | 1:31:26,75 | 1:31:35,96 |
| 97. | 439 | Wyrwich Dawid | POL | Strzelce Opolskie | | 6:08 | 1:32:00,60 | 1:32:26,03 |
| 98. | 112 | Holeczek Marcin | POL | Chorzów | Born tu bi lotac | 6:09 | 1:32:23,21 | 1:32:39,36 |
| 99. | 235 | Miła Paweł | POL | Ruda Śląska | | 6:09 | 1:32:17,49 | 1:32:44,42 |
| 100. | 366 | Spionkowski Samuel | POL | Czernica | Grupa Trzymająca Wagę | 6:12 | 1:33:11,45 | 1:33:31,55 |
| 101. | 198 | Kurzela Jakub | POL | Świętochłowice | Koneserzy Dźwięku | 6:14 | 1:33:38,02 | 1:34:09,83 |
| 102. | 179 | Krawiec Szymon | POL | Piekary Śląskie | Lecymy Durś | 6:18 | 1:34:41,53 | 1:35:09,88 |
| 103. | 470 | Patrzalek Grzegorz | POL | Opole | | 6:18 | 1:34:43,32 | 1:35:22,15 |
| 104. | 146 | Kciuk Łukasz | POL | Świerczów | Athletic | 6:19 | 1:34:59,11 | 1:35:25,32 |
| 105. | 168 | Kościelniak Adam | POL | Katowice | | 6:20 | 1:35:07,93 | 1:35:42,48 |
| 106. | 122 | Jamroz Szymon | POL | Chorzów | Koneserzy Dźwięku | 6:25 | 1:36:26,87 | 1:36:57,78 |
| 107. | 56 | Firlej Krzysztof | POL | Rychwałdek | Firlej Team | 6:28 | 1:37:04,83 | 1:37:12,46 |
| 108. | 368 | Stachowiak Marcin | POL | Radzionków | | 6:34 | 1:38:34,49 | 1:39:09,64 |
| 109. | 192 | Kugiel Grzegorz | POL | Chorzów | Drużyna mojacukrzyca.pl | 7:37 | 1:54:27,83 | 1:54:56,06 |
| 110. | 79 | Glinka Marcin | POL | Gliwice | | 8:30 | 2:07:39,30 | 2:08:09,78 |
| 111. | 280 | Parusel Marcin | POL | Żyrowa | Komitet Sportu i Turystyki Krzysztofa Podgórskiego | 8:31 | 2:07:59,41 | 2:08:32,58 |

M3(40-59)

| | | | | | | | | |
|-----|-----|---------------------|-----|----------------------|-------------------------------|------|------------|------------|
| 1. | 428 | Wilk Dariusz | POL | Miedźno | | 3:58 | 59:36,66 | 59:40,03 |
| 2. | 9 | Basa Przemysław | POL | Ruda Śląska | KRS TKKF Jastrzęb Ruda Śląska | 4:14 | 1:03:35,90 | 1:03:39,53 |
| 3. | 105 | Harwig Tomasz | POL | Radzionków | Cidry Lotajom | 4:15 | 1:03:49,74 | 1:03:52,06 |
| 4. | 104 | Harwig Michał | POL | Radzionków | Cidry Lotajom | 4:15 | 1:03:55,78 | 1:03:59,29 |
| 5. | 86 | Gostyński Krzysztof | POL | Kraków | | 4:21 | 1:05:21,34 | 1:05:32,66 |
| 6. | 250 | Mykała Rafał | POL | Katowice | AugusTeam | 4:25 | 1:06:19,17 | 1:06:33,52 |
| 7. | 10 | Bednarski Mariusz | POL | Toporowice | Ostra Góra | 4:29 | 1:07:23,68 | 1:07:29,54 |
| 8. | 252 | Mynarski Sylwester | POL | Bielsko-Biała | Daleko jeszcze? | 4:33 | 1:08:15,36 | 1:08:20,04 |
| 9. | 157 | Konarski Rafał | POL | Rogoźnik | | 4:34 | 1:08:39,97 | 1:08:59,17 |
| 10. | 460 | Kimak Paweł | POL | Podzamcze | PZU Sport Team | 4:36 | 1:09:10,85 | 1:09:22,86 |
| 11. | 426 | Wieczorek Mirosław | POL | Sosnowiec | | 4:38 | 1:09:37,76 | 1:09:45,93 |
| 12. | 245 | Moroń Artur | POL | Chorzów | Strefa Byków | 4:39 | 1:09:47,40 | 1:10:03,16 |
| 13. | 409 | Tyczka Piotr | POL | Radzionków | Cidry Lotajom | 4:41 | 1:10:21,01 | 1:10:23,34 |
| 14. | 213 | Madej Marek | POL | Chorzów | | 4:41 | 1:10:25,57 | 1:10:31,15 |
| 15. | 412 | Walaszczyk Piotr | POL | Siemianowice Śląskie | Endurance Team | 4:43 | 1:10:56,59 | 1:11:05,20 |
| 16. | 290 | Piernik Radosław | POL | Świętochłowice | | 4:44 | 1:11:04,32 | 1:11:08,59 |

Wyniki kategorii wiekowych



| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/km | Netto | Wynik |
|------|-----|---------------------|-----|----------------------|--------------------------------------|--------|------------|------------|
| 17. | 370 | Stajer Tomasz | POL | Siemianowice Śląskie | Endurance Team | 4:45 | 1:11:16,33 | 1:11:23,32 |
| 18. | 374 | Stefański Zbyszek | POL | Libiąż | Hebel | 4:44 | 1:11:08,19 | 1:11:24,16 |
| 19. | 407 | Turek Rafał | POL | Będzin | owocowakraina | 4:46 | 1:11:36,37 | 1:11:42,17 |
| 20. | 95 | Gruszka Grzegorz | POL | Siemianowice Śląskie | Endurance Team | 4:46 | 1:11:39,39 | 1:11:45,68 |
| 21. | 203 | Lebioda Adam | POL | Katowice | | 4:48 | 1:12:01,50 | 1:12:05,46 |
| 22. | 304 | Polak Tomasz | POL | Bielsko-Biała | | 4:47 | 1:11:50,27 | 1:12:22,94 |
| 23. | 126 | Jarząbek Zbigniew | POL | Chorzów | Endurance Team | 4:49 | 1:12:21,94 | 1:12:30,29 |
| 24. | 324 | Rumpel Dariusz | POL | Chorzów | Batory Loto | 4:50 | 1:12:31,45 | 1:12:37,31 |
| 25. | 101 | Gwiazda Wiesław | POL | Katowice | | 4:51 | 1:12:53,49 | 1:12:57,97 |
| 26. | 322 | Rożek Dariusz | POL | Chorzów | | 4:51 | 1:12:48,77 | 1:13:23,38 |
| 27. | 62 | Fonferek Marek | POL | Chorzów | | 4:53 | 1:13:15,63 | 1:13:25,90 |
| 28. | 364 | Sowa Andrzej | POL | Chorzów | | 4:53 | 1:13:29,38 | 1:13:34,48 |
| 29. | 121 | Jakubowski Piotr | POL | Mysłowice | Lotom Bo Lubia | 4:52 | 1:13:08,41 | 1:13:35,86 |
| 30. | 68 | Gałęczka Paweł | POL | Katowice | | 4:57 | 1:14:28,90 | 1:14:38,71 |
| 31. | 473 | Szydło Maciej | POL | Mysłowice | Opel Active Team | 4:57 | 1:14:27,49 | 1:14:45,82 |
| 32. | 312 | Brzoska Jacek | POL | Ruda Śląska | Stowarzyszenie Morsów Świętochłowice | 4:59 | 1:14:56,69 | 1:15:18,18 |
| 33. | 284 | Peter Marcin | POL | Katowice | Rebellion of Free Runners | 5:02 | 1:15:30,67 | 1:15:36,96 |
| 34. | 437 | Wójcik Jacek | POL | Bytom | Szombierki Runners | 5:01 | 1:15:17,36 | 1:15:37,68 |
| 35. | 348 | Skrzypczak Mirosław | POL | Chorzów | BalansTeam | 5:02 | 1:15:35,62 | 1:15:44,33 |
| 36. | 352 | Sobczak Tomasz | POL | Chorzów | | 5:02 | 1:15:39,80 | 1:15:59,99 |
| 37. | 371 | Stalmach Damian | POL | Piekary Śląskie | Lecymy Durś | 5:03 | 1:15:53,98 | 1:16:08,78 |
| 38. | 385 | Surgucki Sebastian | POL | Chorzów | W Pogoni Za Duchem | 5:02 | 1:15:42,26 | 1:16:13,85 |
| 39. | 376 | Stefański Antoni | POL | Lędziny | | 5:04 | 1:16:12,32 | 1:16:19,25 |
| 40. | 258 | Niedzwiecki Ryszard | POL | | | 5:03 | 1:15:58,46 | 1:16:20,81 |
| 41. | 349 | Skrzypek Krzysztof | POL | Katowice | | 5:04 | 1:16:12,10 | 1:16:21,45 |
| 42. | 43 | Dobrenko Daniel | POL | Błachownia | Błachownia Team | 5:06 | 1:16:35,46 | 1:16:46,71 |
| 43. | 134 | Kaczmarek Dariusz | POL | Błachownia | Błachownia Team | 5:08 | 1:17:04,61 | 1:17:15,80 |
| 44. | 277 | Pacoń Sebastian | POL | Chorzów | Dagma | 5:09 | 1:17:18,88 | 1:17:23,02 |
| 45. | 34 | Cieśla Arkadiusz | POL | Katowice | Biegamy z Sercem.pl | 5:07 | 1:16:53,20 | 1:17:24,95 |
| 46. | 218 | Majek Zbigniew | POL | Chorzów | AugusTeam | 5:08 | 1:17:11,36 | 1:17:28,56 |
| 47. | 445 | Zieliński Grzegorz | POL | Siemianowice Śląskie | | 5:09 | 1:17:24,24 | 1:17:44,93 |
| 48. | 382 | Studnik Jarosław | POL | Ruda Śląska | | 5:11 | 1:17:49,28 | 1:17:49,28 |
| 49. | 341 | Sieja Zbyszek | POL | Piekary Śląskie | Lecymy Durś | 5:10 | 1:17:36,71 | 1:17:50,42 |
| 50. | 472 | Koza Rafał | POL | Świętochłowice | 6300 | 5:10 | 1:17:35,94 | 1:17:59,39 |
| 51. | 187 | Kuc Marcin | POL | Siemianowice Śląskie | AugusTeam | 5:11 | 1:17:48,82 | 1:18:05,72 |
| 52. | 185 | Kubeczka Krzysztof | POL | Chorzów | | 5:12 | 1:18:11,69 | 1:18:30,08 |
| 53. | 82 | Golda Grzegorz | POL | Świętochłowice | 6GNING9 | 5:13 | 1:18:28,39 | 1:18:59,98 |

Wyniki kategorii wiekowych



| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/km | Netto | Wynik |
|------|-----|-------------------|-----|----------------------|--------------------------------|--------|------------|------------|
| 54. | 172 | Kowol Adam | POL | Chorzów | | 5:17 | 1:19:15,74 | 1:19:20,91 |
| 55. | 241 | Moj Tomasz | POL | Chorzów | | 5:15 | 1:18:51,48 | 1:19:28,75 |
| 56. | 69 | Gałekwicz Michał | POL | Katowice | tomkatotrening.pl | 5:16 | 1:19:05,04 | 1:19:37,39 |
| 57. | 429 | Wistel Kamil | POL | Piekary Śląskie | | 5:18 | 1:19:38,70 | 1:19:58,41 |
| 58. | 259 | Nieroba Tomasz | POL | Mikołów | N-System | 5:22 | 1:20:43,37 | 1:21:05,58 |
| 59. | 139 | Kasperek Dominik | POL | Świętochłowice | Night Runners | 5:24 | 1:21:00,65 | 1:21:16,49 |
| 60. | 227 | Mastalirz Damian | POL | Świętochłowice | | 5:23 | 1:20:52,19 | 1:21:21,00 |
| 61. | 90 | Graca Rafał | POL | Będzin | | 5:24 | 1:21:08,87 | 1:21:23,44 |
| 62. | 411 | Wachowiak Szymon | POL | Katowice | BWM Team | 5:24 | 1:21:05,77 | 1:21:27,41 |
| 63. | 212 | Machała Mirosław | POL | Chorzów | Chorzów Stary | 5:26 | 1:21:30,11 | 1:21:36,74 |
| 64. | 133 | Kacprowski Filip | POL | Tychy | | 5:25 | 1:21:20,03 | 1:21:42,33 |
| 65. | 462 | Łukawski Bogusław | POL | Świętochłowice | | 5:25 | 1:21:19,52 | 1:21:44,20 |
| 66. | 298 | Platen Jerry | POL | Bytom | PL@10 | 5:26 | 1:21:44,46 | 1:21:53,07 |
| 67. | 207 | Lipka Grzegorz | POL | Siemianowice Śląskie | | 5:27 | 1:21:52,61 | 1:22:03,40 |
| 68. | 249 | Musioł Maciej | POL | Katowice | | 5:26 | 1:21:38,02 | 1:22:04,82 |
| 69. | 331 | Rybarczyk Rafał | POL | Siemianowice Śląskie | Respector | 5:27 | 1:21:53,00 | 1:22:27,37 |
| 70. | 77 | Gierlotka Maciej | POL | Katowice | | 5:30 | 1:22:34,94 | 1:22:40,46 |
| 71. | 108 | Haupt Aleksander | POL | Chorzów | | 5:30 | 1:22:43,07 | 1:23:05,37 |
| 72. | 111 | Hewig Marek | POL | Nowe Chechło | | 5:30 | 1:22:43,75 | 1:23:05,57 |
| 73. | 402 | Tkocz Jerzy | POL | Piekary Śląskie | | 5:31 | 1:22:55,65 | 1:23:12,52 |
| 74. | 220 | Małecki Jacek | POL | Świętochłowice | Małecki Bros | 5:31 | 1:22:52,05 | 1:23:23,87 |
| 75. | 327 | Rusin Tomasz | POL | Siemianowice Śląskie | | 5:31 | 1:22:56,10 | 1:23:26,87 |
| 76. | 339 | Semba Krzysztof | POL | Świętochłowice | | 5:33 | 1:23:17,73 | 1:23:54,42 |
| 77. | 450 | Złotoś Mariusz | POL | Świętochłowice | | 5:33 | 1:23:27,96 | 1:23:55,86 |
| 78. | 344 | Sikora Arkadiusz | POL | Chorzów | | 5:33 | 1:23:24,62 | 1:24:03,99 |
| 79. | 237 | Misiak Piotr | POL | Sarnów | | 5:35 | 1:23:57,99 | 1:24:16,03 |
| 80. | 427 | Wika Sebastian | POL | Tychy | 40-latek Tychy/Team Papry | 5:36 | 1:24:05,58 | 1:24:20,69 |
| 81. | 72 | Gapiński Paweł | POL | Katowice | | 5:36 | 1:24:05,02 | 1:24:35,13 |
| 82. | 263 | Nojek Wiesław | POL | Ornontowice | Wiesław Nojek | 5:37 | 1:24:29,51 | 1:24:42,08 |
| 83. | 408 | Tutka Jan | POL | Zabrze | Tutek Team | 5:37 | 1:24:29,69 | 1:24:42,14 |
| 84. | 306 | Polczyk Mirosław | POL | Katowice | | 5:38 | 1:24:36,53 | 1:24:57,59 |
| 85. | 80 | Głodek Sławosz | POL | Chorzów | | 5:38 | 1:24:42,92 | 1:25:07,48 |
| 86. | 285 | Pfeifer Dariusz | POL | Rybnik | SBD Energetyk Rybnik | 5:40 | 1:25:02,35 | 1:25:13,75 |
| 87. | 319 | Reczkin Rafał | POL | Tarnowskie Góry | Hufiec ZHP Ziemi Tarnogórskiej | 5:40 | 1:25:06,85 | 1:25:16,81 |
| 88. | 313 | Ptasik Mirosław | POL | Bytom | | 5:40 | 1:25:11,62 | 1:25:28,82 |
| 89. | 467 | Nawrocka Przemek | POL | Katowice | | 5:39 | 1:24:55,35 | 1:25:35,02 |
| 90. | 435 | Wolny Maciej | POL | Katowice | | 5:39 | 1:24:55,44 | 1:25:35,03 |

Wyniki kategorii wiekowych



| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/km | Netto | Wynik |
|------|-----|----------------------|-----|----------------------|--------------------------------|--------|------------|------------|
| 91. | 210 | Łakomski Marcin | POL | Wodzisław Śląski | | 5:40 | 1:25:09,63 | 1:25:46,65 |
| 92. | 325 | Rup Wiesław | POL | Wojkowice | Runners Wojkowice Team | 5:42 | 1:25:40,50 | 1:26:07,50 |
| 93. | 205 | Lenik Adam | POL | Chorzów | Biegam bo lubię :) | 5:45 | 1:26:26,81 | 1:26:40,45 |
| 94. | 265 | Nowak Roman | POL | Chorzów | | 5:44 | 1:26:12,28 | 1:26:45,68 |
| 95. | 228 | Mazur Mariusz | POL | Siemianowice Śląskie | | 5:52 | 1:28:03,10 | 1:28:29,54 |
| 96. | 215 | Majda Robert | POL | Orzesze | | 5:52 | 1:28:07,67 | 1:28:34,94 |
| 97. | 413 | Waluga Tadeusz | POL | Chorzów | MZUIM Chorzów Biega | 5:57 | 1:29:17,42 | 1:29:44,92 |
| 98. | 39 | Czyżykowski Marcin | POL | Świętochłowice | | 5:56 | 1:29:14,41 | 1:29:45,12 |
| 99. | 297 | Piszczalka Krzysztof | POL | Ruda Śląska | | 5:58 | 1:29:40,65 | 1:29:54,14 |
| 100. | 311 | Póchłopek Janusz | POL | Chorzów | | 5:58 | 1:29:38,15 | 1:30:02,66 |
| 101. | 98 | Grzesiak Maciej | POL | Kraków | | 5:59 | 1:29:56,40 | 1:30:21,27 |
| 102. | 343 | Siemek Michał | POL | Siemianowice Śląskie | Siemki2 | 6:01 | 1:30:18,73 | 1:30:30,82 |
| 103. | 5 | Bajor Rafał | POL | Żory | Rebellion of Free Runners | 6:02 | 1:30:40,02 | 1:31:01,13 |
| 104. | 24 | Brzeźniak Krzysztof | POL | Ruda Śląska | | 6:02 | 1:30:43,33 | 1:31:12,46 |
| 105. | 372 | Stasiczek Stanisław | POL | Pszczyna | | 6:03 | 1:30:55,18 | 1:31:16,99 |
| 106. | 248 | Murcha Paweł | POL | Siemianowice Śląskie | AugusTeam | 6:04 | 1:31:00,65 | 1:31:18,54 |
| 107. | 436 | Wolny Mirosław | POL | Katowice | | 6:06 | 1:31:32,95 | 1:31:47,80 |
| 108. | 232 | Miketa Marek | POL | Rybnik | Decathlon Rybnik & Przyjaciele | 6:06 | 1:31:40,27 | 1:32:18,44 |
| 109. | 317 | Reclik Jacek | POL | Rybnik | Decathlon Rybnik & Przyjaciele | 6:06 | 1:31:40,70 | 1:32:18,68 |
| 110. | 214 | Madejski Sebastian | POL | Chorzów | born tu bi lotac | 6:09 | 1:32:21,30 | 1:32:39,02 |
| 111. | 194 | Kulisz Adam | POL | Chorzów | W Pogoni Za Duchem | 6:18 | 1:34:36,66 | 1:35:06,06 |
| 112. | 221 | Maniura Adam | POL | Bytom | Szombierki Runners | 6:21 | 1:35:27,05 | 1:35:51,15 |
| 113. | 471 | Kalisz Maciej | POL | Bytom | | 6:25 | 1:36:16,42 | 1:36:55,45 |
| 114. | 401 | Tatuś Sebastian | POL | Chorzów | | 6:41 | 1:40:23,25 | 1:40:49,92 |
| 115. | 238 | Misiak Bartłomiej | POL | Sosnowiec | | 6:45 | 1:41:20,62 | 1:41:43,63 |
| 116. | 75 | Gawryś Tomasz | POL | Chorzów | | 6:54 | 1:43:32,72 | 1:44:09,48 |
| 117. | 99 | Grzesik Dariusz | POL | Chorzów | Classic | 6:54 | 1:43:39,58 | 1:44:15,76 |
| 118. | 463 | Klima Tomasz | POL | Tychy | | 7:00 | 1:45:13,98 | 1:45:33,63 |
| 119. | 224 | Marcinek Rafał | POL | Wrocław | | 7:06 | 1:46:32,74 | 1:47:09,99 |
| 120. | 188 | Kucharewicz Adam | POL | Radzionków | Cidry Lotajom | 7:18 | 1:49:44,64 | 1:50:04,63 |
| 121. | 155 | Kołodziejczak Damian | POL | Siemianowice Śląskie | | 7:47 | 1:56:50,55 | 1:57:07,67 |

M4(60+)

| | | | | | | | | |
|----|-----|-------------------|-----|-----------|---------------------|------|------------|------------|
| 1. | 12 | Berezko Waldemar | POL | Sosnowiec | TKKF Saturn Czeladź | 5:16 | 1:19:13,44 | 1:19:35,74 |
| 2. | 365 | Sówka Grzegorz | POL | Chorzów | | 5:18 | 1:19:34,24 | 1:19:42,47 |
| 3. | 180 | Kręczyński Jacek | POL | Gliwice | | 5:27 | 1:21:54,15 | 1:22:07,73 |
| 4. | 373 | Staszewski Henryk | POL | Chorzów | Gibkie Szlapy | 5:28 | 1:22:00,35 | 1:22:32,69 |

Wyniki kategorii wiekowych



| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/km | Netto | Wynik |
|------|-----|----------------------|-----|-------------|-----------------------|--------|------------|-------------------|
| 5. | 355 | Sobolewski Piotr | POL | Czeladź | ToPo Czeladź | 5:38 | 1:24:44,84 | 1:24:58,56 |
| 6. | 27 | Bytomski Jerzy | POL | Ruda Śląska | | 5:50 | 1:27:37,95 | 1:28:15,48 |
| 7. | 283 | Pendolski Franciszek | POL | Katowice | KB Józefinka Katowice | 6:10 | 1:32:37,52 | 1:33:15,49 |
| 8. | 52 | Dudkiewicz Piotr | POL | Chorzów | Biegam Dla Siebie | 6:22 | 1:35:44,04 | 1:36:20,73 |
| 9. | 182 | Króliczek Piotr | POL | Chorzów | | 7:18 | 1:49:30,86 | 1:50:04,63 |

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