

Półmaraton Trzech Rzek



Wyniki OPEN

29.05.2022, Ciekosyn

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | 10 km | Netto | Wynik (Brutto) | Strata | K | M |
|-------------------|-----|------------------------------|--------------------------|--------------------------------|------------|-------|---------|-------------------|--------|---|----|
| Półmaraton | | | | | | | | | | | |
| 1. | 45 | Mikulski Tomasz | POL Łazy | Uks Filipides Teresin | 3:15 | | 1:08:52 | 1:08:52 | -- | | 1 |
| 2. | 9 | Dudek Wojciech | POL Stanisławów | PUKS Młode Orły Nowy Dwór Maz. | 3:59 | 41:11 | 1:24:20 | 1:24:20 | +15:28 | | 2 |
| 3. | 92 | Zarodkiewicz Dawid | POL Węzewo | Zasuway | 4:08 | 47:18 | 1:27:22 | 1:27:22 | +18:30 | | 3 |
| 4. | 11 | Dutkiewicz Maciej | POL Warszawa | Markowi Biegacze | 4:15 | 47:17 | 1:29:53 | 1:29:53 | +21:01 | | 4 |
| 5. | 62 | Podlecki Krzysztof | POL Ciechanów | KB TKKF Promyk Ciechanów | 4:15 | 41:59 | 1:30:00 | 1:30:00 | +21:08 | | 5 |
| 6. | 106 | Czernich Kamil | POL Warszawa | Rozbiegane Michałowice | 4:18 | 42:40 | 1:30:57 | 1:30:57 | +22:05 | | 6 |
| 7. | 3 | Bisowski Mariusz | POL Kobyłka | A na co to komu potrzebne | 4:31 | 48:36 | 1:35:29 | 1:35:29 | +26:37 | | 7 |
| 8. | 2 | Belkiewicz Rafał | POL Warszawa | Kabaty Ultra | 4:39 | 51:08 | 1:38:26 | 1:38:26 | +29:34 | | 8 |
| 9. | 41 | Manczenko Eugeniusz | POL Warszawa | Markowi Biegacze | 4:43 | 51:20 | 1:39:43 | 1:39:43 | +30:51 | | 9 |
| 10. | 96 | Sochocki Patryk | POL Olesisko | Biegam bo lubię | 4:44 | 55:07 | 1:39:52 | 1:39:52 | +31:00 | | 10 |
| 11. | 31 | Kólkiewicz Jakub | POL Grodzisk Mazowiecki | | 4:44 | 54:46 | 1:39:59 | 1:39:59 | +31:07 | | 11 |
| 12. | 90 | Zajączkowski Cezary | POL Raszyn | Adidas Runners Warsaw | 4:49 | 52:48 | 1:41:50 | 1:41:50 | +32:58 | | 12 |
| 13. | 67 | Skaziak Jarosław | POL Kleczew | | 4:52 | 55:01 | 1:42:47 | 1:42:48 | +33:56 | | 13 |
| 14. | 81 | Tkaczyk Jarosław | POL Warszawa | | 4:53 | 54:48 | 1:43:03 | 1:43:07 | +34:15 | | 14 |
| 15. | 50 | Nikołajuk Julia | POL Nowy Dwór Mazowiecki | Drużyna Reckitt | 4:56 | 54:51 | 1:44:17 | 1:44:17 | +35:25 | 1 | |
| 16. | 63 | Posiewka Jacek | POL Nowy Dwór Mazowiecki | Drużyna Reckitt | 4:59 | 58:12 | 1:45:21 | 1:45:21 | +36:29 | | 15 |
| 17. | 37 | Majewski Kajetan | POL Poddębie | Wieliszew Heron Team | 5:00 | 55:40 | 1:45:43 | 1:45:43 | +36:51 | | 16 |
| 18. | 46 | Mołodkiewicz Zbigniew | POL Warszawa | Biegam na Tarchominie | 5:02 | 55:43 | 1:46:15 | 1:46:15 | +37:23 | | 17 |
| 19. | 55 | Pankowski Grzegorz | POL Warszawa | Kosi Mazaki Team | 5:03 | 55:34 | 1:46:46 | 1:46:47 | +37:55 | | 18 |
| 20. | 88 | Wójcik Monika | POL Warszawa | Adidas Runners Warsaw | 5:03 | 55:09 | 1:46:50 | 1:46:50 | +37:58 | 2 | |
| 21. | 79 | Śliwiński Krystian | POL Stare Grochale | | 5:04 | 55:50 | 1:47:11 | 1:47:14 | +38:22 | | 19 |
| 22. | 13 | Fabisiak Andrzej | POL Sulejówek | Zarażeni Bólem | 5:05 | 55:37 | 1:47:20 | 1:47:20 | +38:28 | | 20 |
| 23. | 12 | Dziewulski Sebastian | POL Nowy Dwór Mazowiecki | Spartan | 5:05 | 55:10 | 1:47:22 | 1:47:22 | +38:30 | | 21 |
| 24. | 93 | Zawada Marta | POL Warszawa | Zarażeni Bólem | 5:05 | 55:30 | 1:47:29 | 1:47:29 | +38:37 | 3 | |
| 25. | 35 | Kwiatkowski Tomasz | POL Warszawa | Aktywna Warszawa | 5:06 | 55:46 | 1:47:46 | 1:47:46 | +38:54 | | 22 |
| 26. | 22 | Kania Paweł | POL Warszawa | Biegam na Tarchominie | 5:07 | 56:15 | 1:48:01 | 1:48:01 | +39:09 | | 23 |
| 27. | 74 | Sroczyński Marcin | POL Piaseczno | Ostresroki | 5:10 | 58:03 | 1:49:08 | 1:49:11 | +40:19 | | 24 |
| 28. | 85 | Weiss Tomasz | POL Olszewnica Stara | | 5:10 | 54:53 | 1:49:21 | 1:49:21 | +40:29 | | 25 |
| 29. | 82 | Tomala Patryk | POL Stare Wrońska | KB im. Piotra Sękowskiego | 5:12 | 55:14 | 1:49:43 | 1:49:43 | +40:51 | | 26 |
| 30. | 28 | Kownacki Mariusz | POL Boża Wola | | 5:13 | 55:35 | 1:50:05 | 1:50:06 | +41:14 | | 27 |
| 31. | 95 | Panek Damian | POL Warszawa | MUKS Podkarpacie Jedlicze | 5:13 | 55:43 | 1:50:06 | 1:50:06 | +41:14 | | 28 |

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| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | 10 km | Netto | Wynik (Brutto) | Strata | K | M |
|------|-----|-------------------------|--------------------------|---------------------------|------------|---------|---------|-------------------|--------|----|----|
| 32. | 70 | Sobkiewicz Michał | POL Legionowo | Enax Run4Fun | 5:14 | 55:37 | 1:50:31 | 1:50:33 | +41:41 | | 29 |
| 33. | 111 | Rybacki Błażej | POL Joniec | Obstacle Center Team | 5:17 | 57:21 | 1:51:29 | 1:51:29 | +42:37 | | 30 |
| 34. | 23 | Kielak Jakub | POL Pomiechówek | | 5:18 | 55:55 | 1:52:00 | 1:52:00 | +43:08 | | 31 |
| 35. | 59 | Pawlak Lidia | POL Nowe Pięscirogi | Run Team Nasielsk | 5:19 | 55:27 | 1:52:15 | 1:52:15 | +43:23 | 4 | |
| 36. | 38 | Malecha-Gertchen Tomasz | POL Dziekanów Nowy | | 5:19 | 54:44 | 1:52:17 | 1:52:17 | +43:25 | | 32 |
| 37. | 112 | Jaczyński Piotr | POL Leoncin | Rozbiegamy Nowy Dwór | 5:19 | 56:44 | 1:52:19 | 1:52:20 | +43:28 | | 33 |
| 38. | 98 | Nowak Daniel | POL Nowy Modlin | Rozbiegamy Nowy Dwór | 5:20 | 56:07 | 1:52:40 | 1:52:43 | +43:51 | | 34 |
| 39. | 16 | Frycz Michał | POL Warszawa | | 5:20 | 58:09 | 1:52:49 | 1:52:51 | +43:59 | | 35 |
| 40. | 15 | Frąckiewicz Dariusz | POL Warszawa | Biegam na Tarchominie | 5:21 | 56:25 | 1:52:54 | 1:52:54 | +44:02 | | 36 |
| 41. | 17 | Gadomski Łukasz | POL Płońsk | | 5:21 | 58:37 | 1:53:06 | 1:53:06 | +44:14 | | 37 |
| 42. | 68 | Skłucki Hubert | POL Nasielsk | Run Team Nasielsk | 5:22 | 55:27 | 1:53:15 | 1:53:15 | +44:23 | | 38 |
| 43. | 99 | Maliszewski Marek | POL Nasielsk | | 5:22 | 58:35 | 1:53:29 | 1:53:29 | +44:37 | | 39 |
| 44. | 104 | Rutkowski Mateusz | POL Nasielsk | | 5:23 | 51:37 | 1:53:42 | 1:53:42 | +44:50 | | 40 |
| 45. | 44 | Mazurkiewicz Jakub | POL Michałów-Reginów | Grupa Biegowa CHTMO | 5:25 | 58:28 | 1:54:16 | 1:54:17 | +45:25 | | 41 |
| 46. | 64 | Rogolski Artur | POL Warszawa | PZU Sport Team | 5:25 | 57:43 | 1:54:23 | 1:54:29 | +45:37 | | 42 |
| 47. | 116 | Piętka Marzena | POL Legionowo | Rozbiegamy Nowy Dwór | 5:27 | 58:06 | 1:54:58 | 1:55:00 | +46:08 | 5 | |
| 48. | 36 | Madej Maciej | POL Warszawa | | 5:27 | 57:38 | 1:55:06 | 1:55:06 | +46:14 | | 43 |
| 49. | 25 | Koniecki Tomasz | POL Warszawa | | 5:27 | 56:54 | 1:55:11 | 1:55:11 | +46:19 | | 44 |
| 50. | 100 | Feliga Żaneta | POL | | 5:27 | 57:49 | 1:55:12 | 1:55:12 | +46:20 | 6 | |
| 51. | 80 | Taperek Marta | POL Nowy Dwór Mazowiecki | | 5:28 | 55:28 | 1:55:37 | 1:55:37 | +46:45 | 7 | |
| 52. | 75 | Stankiewicz Piotr | POL Marki | | 5:31 | 58:07 | 1:56:40 | 1:56:40 | +47:48 | | 45 |
| 53. | 33 | Krzykwa Artur | POL Legionowo | | 5:33 | 59:36 | 1:57:23 | 1:57:23 | +48:31 | | 46 |
| 54. | 102 | Marciniak Ilona | POL Płońsk | KB im. Piotra Sękowskiego | 5:36 | 57:53 | 1:58:25 | 1:58:25 | +49:33 | 8 | |
| 55. | 53 | Osiat Mariusz | POL Płońsk | KB im. Piotra Sękowskiego | 5:36 | 57:54 | 1:58:25 | 1:58:25 | +49:33 | | 47 |
| 56. | 89 | Wyszyński Michał | POL Warszawa | | 5:36 | 58:39 | 1:58:25 | 1:58:25 | +49:33 | | 48 |
| 57. | 107 | Grubek Robert | POL Komorów | Rozbiegane Michałowice | 5:38 | 59:07 | 1:59:09 | 1:59:09 | +50:17 | | 49 |
| 58. | 47 | Nadolny Piotr | POL Stare Grochale | | 5:42 | 1:00:24 | 2:00:19 | 2:00:19 | +51:27 | | 50 |
| 59. | 94 | Zima Ryszard | POL Grodzisk Mazowiecki | | 5:45 | 1:00:01 | 2:01:27 | 2:01:27 | +52:35 | | 51 |
| 60. | 54 | Paczesny Daniel | POL Radzymin | | 5:46 | 1:00:15 | 2:01:50 | 2:01:50 | +52:58 | | 52 |
| 61. | 110 | Kwiatkowska Marta | POL Legionowo | Bestie OCR Legionowo | 5:47 | 1:00:50 | 2:02:04 | 2:02:04 | +53:12 | 9 | |
| 62. | 115 | Selwestruk Izabela | POL Warszawa | | 5:47 | 1:01:48 | 2:02:17 | 2:02:18 | +53:26 | 10 | |
| 63. | 114 | Selwestruk Tomasz | POL Warszawa | | 5:47 | 1:01:55 | 2:02:16 | 2:02:18 | +53:26 | | 53 |
| 64. | 91 | Zakrzewski Tomasz | POL Zakroczym | Sunfit Studio | 5:52 | 1:01:14 | 2:04:00 | 2:04:01 | +55:09 | | 54 |
| 65. | 97 | Kolczyński Michał | POL Kieptin | Truchtacz | 5:54 | 1:01:38 | 2:04:37 | 2:04:37 | +55:45 | | 55 |
| 66. | 60 | Piotrowicz Sławomir | POL Raciąż | Deaf | 5:58 | 1:00:00 | 2:06:08 | 2:06:10 | +57:18 | | 56 |
| 67. | 113 | Sobczyk Basia | POL Nowy Dwór Mazowiecki | Rozbiegamy Nowy Dwór | 6:00 | 1:04:56 | 2:06:43 | 2:06:46 | +57:54 | 11 | |
| 68. | 103 | Rutkowska Aleksandra | POL Nasielsk | | 6:01 | 58:35 | 2:07:02 | 2:07:02 | +58:10 | 12 | |
| 69. | 56 | Parzniewski Maciej | POL Nowy Dwór Mazowiecki | TT AKS Polonia Warszawa | 6:04 | 1:05:53 | 2:08:05 | 2:08:07 | +59:15 | | 57 |

Wyniki OPEN

| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/ km | 10 km | Netto | Wynik (Brutto) | Strata | K | M |
|------|-----|------------------------------|-----|----------------------|-----------------------------|------------|---------|---------|-------------------|----------|----|----|
| 70. | 58 | Pawelec Krystyna | POL | Piastów | Dogoń Grodzisk Mazowiecki | 6:05 | 1:05:23 | 2:08:24 | 2:08:24 | +59:32 | 13 | |
| 71. | 18 | Gawlik Arkadiusz | POL | Warszawa | Biegam na Tarchominie | 6:05 | 59:34 | 2:08:32 | 2:08:32 | +59:40 | | 58 |
| 72. | 51 | Olejniczak Jacek | POL | Boża Wola | | 6:06 | 1:07:00 | 2:08:45 | 2:08:45 | +59:53 | | 59 |
| 73. | 30 | Kozłowska Mariola | POL | Marki | Markowi Biegacze | 6:07 | 1:06:59 | 2:09:16 | 2:09:16 | +1:00:24 | 14 | |
| 74. | 69 | Smolińska Agata | POL | Nowy Dwór Mazowiecki | Drużyna Reckitt | 6:08 | 1:03:32 | 2:09:45 | 2:09:45 | +1:00:53 | 15 | |
| 75. | 109 | Rakowski Karol | POL | Siemiatków | PRL | 6:09 | 1:00:14 | 2:09:59 | 2:10:00 | +1:01:08 | | 60 |
| 76. | 19 | Gruzd Anna | POL | Warszawa | | 6:12 | 1:05:48 | 2:11:09 | 2:11:09 | +1:02:17 | 16 | |
| 77. | 4 | Bujnicki Kazimierz | POL | Wołomin | P&G Running Team | 6:16 | 1:07:08 | 2:12:15 | 2:12:15 | +1:03:23 | | 61 |
| 78. | 73 | Sroczyńska Justyna | POL | Piaseczno | Ostresroki | 6:21 | 1:06:35 | 2:14:03 | 2:14:06 | +1:05:14 | 17 | |
| 79. | 105 | Dobrowolski Kamil | POL | Góra | Bestie OCR Legionowo | 6:26 | 1:03:32 | 2:15:58 | 2:15:58 | +1:07:06 | | 62 |
| 80. | 77 | Struniawska Alicja | POL | Jabłonna | Bestie OCR Legionowo | 6:26 | 1:07:03 | 2:15:58 | 2:15:58 | +1:07:06 | 18 | |
| 81. | 108 | Piasecki Łukasz | POL | Zakroczym | PRL | 6:29 | 1:07:11 | 2:16:50 | 2:16:51 | +1:07:59 | | 63 |
| 82. | 65 | Rusin Bartosz | POL | Jabłonna | | 6:30 | 1:08:02 | 2:17:19 | 2:17:19 | +1:08:27 | | 64 |
| 83. | 101 | Kłosiński Paweł | POL | Płońsk | KB im. Piotra Sękowskiego | 6:31 | 1:06:37 | 2:17:48 | 2:17:48 | +1:08:56 | | 65 |
| 84. | 52 | Oracka Agnieszka | POL | Grodzisk Mazowiecki | | 6:33 | 1:10:07 | 2:18:29 | 2:18:29 | +1:09:37 | 19 | |
| 85. | 42 | Mastalerski Dariusz | POL | Grodzisk Mazowiecki | | 6:33 | 1:10:01 | 2:18:29 | 2:18:29 | +1:09:37 | | 66 |
| 86. | 61 | Płuciennik Marcin | POL | Warszawa | | 6:38 | 1:10:51 | 2:20:10 | 2:20:13 | +1:11:21 | | 67 |
| 87. | 40 | Małek Stasiek | POL | Głusk | | 6:44 | 1:08:12 | 2:22:13 | 2:22:13 | +1:13:21 | | 68 |
| 88. | 39 | Małek Karolina | POL | Głusk | | 6:44 | 1:08:12 | 2:22:13 | 2:22:13 | +1:13:21 | 20 | |
| 89. | 57 | Paszek Krystyna | POL | Grodzisk Mazowiecki | Wolni Biegacze Slow Jogging | 6:52 | 1:12:35 | 2:25:05 | 2:25:05 | +1:16:13 | 21 | |
| 90. | 32 | Krzykwa Agnieszka | POL | Legionowo | | 6:55 | 1:14:30 | 2:26:03 | 2:26:03 | +1:17:11 | 22 | |
| 91. | 34 | Księżak Jolanta | POL | Warszawa | | 6:55 | 1:14:31 | 2:26:03 | 2:26:03 | +1:17:11 | 23 | |
| 92. | 76 | Stęplewska Małgorzata | POL | Warszawa | | 6:55 | 1:14:30 | 2:26:03 | 2:26:03 | +1:17:11 | 24 | |
| 93. | 8 | Czyżewska Marlena | POL | Legionowo | | 6:55 | 1:14:31 | 2:26:03 | 2:26:03 | +1:17:11 | 25 | |
| 94. | 6 | Cieślak Paweł | POL | Warszawa | #Slowjoggingbialoleka | 7:22 | 1:08:51 | 2:35:23 | 2:35:30 | +1:26:38 | | 69 |
| 95. | 48 | Naskręt Mariusz | POL | Racot | | 7:36 | 1:19:35 | 2:40:37 | 2:40:40 | +1:31:48 | | 70 |

Liczba uczestników: 95