

# XXIV Bieg Konstytucji w Rudzach pod Patronatem Burmistrza Zatora

## Wyniki OPEN K/M

03.05.2022, Rudze

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./m-ce | min/km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|------|----|-----------------|--------|------|-----------|--------|------|------|------|-------|----------------|--------|
|------|----|-----------------|--------|------|-----------|--------|------|------|------|-------|----------------|--------|

### Bieg główny 10 km

#### Kobiety

|     |     |                          |     |                 |                           |               |      |       |       |       |         |                |        |
|-----|-----|--------------------------|-----|-----------------|---------------------------|---------------|------|-------|-------|-------|---------|----------------|--------|
| 1.  | 7   | Bzdyk Katarzyna          | POL | Katowice        | Never Too Late            | K-30 / Kl.gen | 4:11 | 12:15 | 14:39 | 14:55 | 41:47   | <b>41:48</b>   | --     |
| 2.  | 81  | Skalska Anna             | POL | Bytom           | Carbon Silesia Sport      | K-40 / Kl.gen | 4:18 | 12:35 | 15:08 | 15:13 | 42:54   | <b>42:55</b>   | +1:07  |
| 3.  | 72  | Redzik Dorota            | POL | Piekary Śląskie | Never Too Late            | K-30 / Kl.gen | 4:19 | 12:29 | 15:12 | 15:24 | 43:03   | <b>43:04</b>   | +1:16  |
| 4.  | 321 | Gałuszka Halina          | POL | Porąbka         |                           | K-50+ / 1     | 4:27 | 12:43 | 15:46 | 15:57 | 44:24   | <b>44:26</b>   | +2:38  |
| 5.  | 15  | Dudzik Urszula           | POL | Mszana Dolna    | MOK Mszana Dolna          | K-30 / 1      | 4:31 | 12:57 | 16:07 | 16:01 | 45:04   | <b>45:05</b>   | +3:17  |
| 6.  | 40  | Łata Ewelina             | POL | Woźniki         |                           | K-30 / 2      | 4:32 | 13:01 | 15:57 | 16:16 | 45:12   | <b>45:14</b>   | +3:26  |
| 7.  | 77  | Sędzik Kinga             | POL | Tymbark         | MOK Mszana Dolna          | K-16 / 1      | 4:32 | 12:45 | 16:24 | 16:09 | 45:15   | <b>45:17</b>   | +3:29  |
| 8.  | 100 | Wrońska Beata            | POL | Chorzów         |                           | K-40 / 1      | 4:33 | 13:18 | 16:09 | 16:04 | 45:29   | <b>45:30</b>   | +3:42  |
| 9.  | 332 | Kumor Renata             | POL | Libiąż          |                           | K-50+ / 2     | 4:41 | 13:47 | 16:26 | 16:43 | 46:50   | <b>46:55</b>   | +5:07  |
| 10. | 83  | Sokołowska Anna          | POL | Meszna          |                           | K-50+ / 3     | 4:51 | 13:47 | 17:06 | 17:40 | 48:24   | <b>48:32</b>   | +6:44  |
| 11. | 3   | Basta Dorota             | POL | Chelmek         | Zadyszka Oświęcim         | K-40 / 2      | 4:52 | 14:26 | 17:05 | 17:13 | 48:37   | <b>48:44</b>   | +6:56  |
| 12. | 70  | Potaczek Justyna         | POL | Niedźwiedź      | MOK Mszana Dolna          | K-40 / 3      | 4:57 | 13:54 | 17:54 | 17:45 | 49:30   | <b>49:32</b>   | +7:44  |
| 13. | 91  | Wołoszyn Małgorzata      | POL | Bielsko-Biała   | Margo Team                | K-40 / 4      | 4:57 | 14:36 | 17:33 | 17:26 | 49:26   | <b>49:34</b>   | +7:46  |
| 14. | 341 | Studencka Karolina       | POL | Kraków          | ITMBW Kraków              | K-30 / 3      | 4:59 | 14:38 | 17:39 | 17:38 | 49:48   | <b>49:53</b>   | +8:05  |
| 15. | 333 | Kumor Katarzyna          | POL | Libiąż          |                           | K-30 / 4      | 5:02 | 14:23 | 17:54 | 18:01 | 50:11   | <b>50:16</b>   | +8:28  |
| 16. | 19  | Furmanek Ela             | POL | Katowice        | Huragan Ligota-Team Nowak | K-50+ / 4     | 5:02 | 15:05 | 17:38 | 17:43 | 50:18   | <b>50:25</b>   | +8:37  |
| 17. | 25  | Handy Samanta            | POL | Kęty            | Powoli do Celu            | K-30 / 5      | 5:11 | 14:29 | 18:35 | 18:45 | 51:45   | <b>51:48</b>   | +10:00 |
| 18. | 22  | Góralczyk Katarzyna      | POL | Oświęcim        |                           | K-40 / 5      | 5:12 | 15:06 | 18:33 | 18:19 | 51:54   | <b>51:57</b>   | +10:09 |
| 19. | 11  | Ceglarz Joanna           | POL | Piąsek          | Team Fun Running          | K-40 / 6      | 5:15 | 15:21 | 18:34 | 18:35 | 52:23   | <b>52:29</b>   | +10:41 |
| 20. | 32  | Kłaput-Glanowska Klaudia | POL | Wadowice        |                           | K-16 / 2      | 5:17 | 14:47 | 18:43 | 19:24 | 52:49   | <b>52:53</b>   | +11:05 |
| 21. | 60  | Noras Maria              | POL | Tychy           | MOSiR Tychy               | K-16 / 3      | 5:21 | 15:34 | 18:27 | 19:37 | 53:28   | <b>53:37</b>   | +11:49 |
| 22. | 45  | Masińska Magdalena       | POL | Podolsze        | Aktywna Dolina Karpia     | K-30 / 6      | 5:22 | 15:24 | 18:54 | 19:23 | 53:34   | <b>53:40</b>   | +11:52 |
| 23. | 334 | Pytel Gabriela           | POL | Wadowice        |                           | K-16 / 4      | 5:39 | 15:38 | 19:50 | 21:03 | 56:25   | <b>56:30</b>   | +14:42 |
| 24. | 79  | Sikora Alicja            | POL | Bielsko-Biała   | Team Sikora               | K-50+ / 5     | 5:40 | 17:23 | 19:42 | 19:38 | 56:34   | <b>56:42</b>   | +14:54 |
| 25. | 331 | Niemczyk Barbara         | POL | Libiąż          |                           | K-30 / 7      | 5:49 | 15:40 | 20:56 | 21:35 | 58:04   | <b>58:09</b>   | +16:21 |
| 26. | 95  | Wójcik Alicja            | POL | Rudze           |                           | K-40 / 7      | 5:51 | 37:45 | 13:32 | 07:07 | 58:23   | <b>58:23</b>   | +16:35 |
| 27. | 329 | Skworc Betina            | POL | Siemianowice    |                           | K-30 / 8      | 6:23 | 17:14 | 22:46 | 23:50 | 1:03:42 | <b>1:03:49</b> | +22:01 |

#### Mężczyźni

# Wyniki OPEN K/M

| M-ce | Nr  | Nazwisko i imię     | Miasto                   | Klub                          | Kat./<br>m-ce | min/<br>km | Lap1  | Lap2  | Lap3  | Netto | Wynik<br>(Brutto) | Strata |
|------|-----|---------------------|--------------------------|-------------------------------|---------------|------------|-------|-------|-------|-------|-------------------|--------|
| 1.   | 36  | Kosek Paweł         | POL Tychy                | pawelkosek/Spla Tychy         | M-30 / Kl.gen | 3:22       | 09:42 | 11:53 | 12:01 | 33:35 | <b>33:35</b>      | --     |
| 2.   | 97  | Wójcik Tomasz       | POL Rudze                | Aktywna Pszczyna              | M-30 / Kl.gen | 3:22       | 09:41 | 11:53 | 12:04 | 33:38 | <b>33:38</b>      | +0:03  |
| 3.   | 318 | Wydra Jan           | POL Mszana Dolna         | MOK Mszana Dolna              | M-40 / Kl.gen | 3:27       | 09:51 | 12:01 | 12:39 | 34:29 | <b>34:29</b>      | +0:54  |
| 4.   | 61  | Nowak Andrzej       | POL Sosnowiec            | Nowak-Team                    | M-40 / 1      | 3:29       | 10:10 | 12:14 | 12:18 | 34:41 | <b>34:41</b>      | +1:06  |
| 5.   | 319 | Zielonka Robert     | POL Dulowa               |                               | M-40 / 2      | 3:30       | 10:13 | 12:27 | 12:12 | 34:51 | <b>34:51</b>      | +1:16  |
| 6.   | 20  | Gabrys Rafal        | POL Szczawa              | MOK Mszana Dolna              | M-30 / 1      | 3:30       | 10:05 | 12:17 | 12:34 | 34:55 | <b>34:55</b>      | +1:20  |
| 7.   | 53  | Mendyk Przemysław   | POL Bobrek               |                               | M-30 / 2      | 3:30       | 09:57 | 12:32 | 12:32 | 35:00 | <b>35:00</b>      | +1:25  |
| 8.   | 31  | Kita Piotr          | POL Mszana Dolna         | MOK Mszana Dolna              | M-30 / 3      | 3:36       | 10:40 | 12:43 | 12:38 | 36:00 | <b>36:00</b>      | +2:25  |
| 9.   | 92  | Wójcik Wiesław      | POL Rudze                |                               | M-50 / 1      | 3:38       | 10:36 | 12:46 | 12:50 | 36:11 | <b>36:11</b>      | +2:36  |
| 10.  | 28  | Jarzębowski Paweł   | POL Zaborze              | Zadyszka Oświęcim             | M-40 / 3      | 3:38       | 10:37 | 12:47 | 12:54 | 36:16 | <b>36:17</b>      | +2:42  |
| 11.  | 26  | Hareża Marek        | POL Czechowice-Dziedzice |                               | M-30 / 4      | 3:39       | 10:39 | 13:04 | 12:40 | 36:22 | <b>36:22</b>      | +2:47  |
| 12.  | 320 | Zygma Kordian       | POL Ligota               | Aktywna Pszczyna Runners Team | M-30 / 5      | 3:40       | 10:37 | 12:47 | 13:10 | 36:31 | <b>36:32</b>      | +2:57  |
| 13.  | 29  | Kapa Tomasz         | POL Czeladź              | #Czeladzbiega                 | M-40 / 4      | 3:43       | 11:06 | 13:10 | 12:51 | 37:04 | <b>37:06</b>      | +3:31  |
| 14.  | 37  | Koziarz Przemysław  | POL Żarki                | Don't Give Up                 | M-30 / 6      | 3:43       | 11:07 | 13:09 | 12:56 | 37:09 | <b>37:11</b>      | +3:36  |
| 15.  | 55  | Moskwa Sławomir     | POL Jawiszowice          | Zadyszka Oświęcim             | M-30 / 7      | 3:45       | 11:06 | 13:12 | 13:07 | 37:22 | <b>37:23</b>      | +3:48  |
| 16.  | 327 | Jezierski Kamil     | POL Wieliczka            | Triwise                       | M-40 / 5      | 3:46       | 11:07 | 13:10 | 13:22 | 37:37 | <b>37:38</b>      | +4:03  |
| 17.  | 44  | Malina Adam         | POL Bojszowy             | Synthos Run Team              | M-40 / 6      | 3:50       | 11:06 | 13:29 | 13:44 | 38:17 | <b>38:18</b>      | +4:43  |
| 18.  | 89  | Wieczorek Maciej    | POL Oświęcim             | Zadyszka Oświęcim             | M-30 / 8      | 3:52       | 11:09 | 13:48 | 13:39 | 38:34 | <b>38:35</b>      | +5:00  |
| 19.  | 16  | Duś Jakub           | POL Bochnia              | #Teamgazeli                   | M-16 / 1      | 3:56       | 11:42 | 13:43 | 13:54 | 39:15 | <b>39:18</b>      | +5:43  |
| 20.  | 317 | Wrzesiński Rafał    | POL Tychy                | STS Biegaton Mikołów          | M-30 / 9      | 3:56       | 11:32 | 13:54 | 13:56 | 39:19 | <b>39:21</b>      | +5:46  |
| 21.  | 82  | Skworc Grzegorz     | POL Siemianowice Śląskie | Skworbiegamwgórach            | M-30 / 10     | 3:58       | 11:33 | 14:10 | 13:51 | 39:31 | <b>39:32</b>      | +5:57  |
| 22.  | 43  | Malik Jarosław      | POL Zagórze              |                               | M-30 / 11     | 3:58       | 11:14 | 14:12 | 14:11 | 39:34 | <b>39:36</b>      | +6:01  |
| 23.  | 336 | Burda Sebastian     | POL Wygiełzów            | Run Gloria                    | M-30 / 12     | 4:00       | 11:55 | 13:59 | 14:05 | 39:55 | <b>39:57</b>      | +6:22  |
| 24.  | 90  | Wojtowicz Krzysztof | POL Bielsko-Biała        |                               | M-40 / 7      | 4:05       | 11:50 | 14:20 | 14:35 | 40:43 | <b>40:45</b>      | +7:10  |
| 25.  | 14  | Domurat Zbigniew    | POL Chrzanów             | Chrzanów Biega                | M-50 / 2      | 4:06       | 12:19 | 14:27 | 14:11 | 40:52 | <b>40:56</b>      | +7:21  |
| 26.  | 74  | Rusnarczyk Tomasz   | POL Libiąż               | Aktywna Dolina Karpia         | M-30 / 13     | 4:08       | 12:29 | 14:25 | 14:23 | 41:11 | <b>41:15</b>      | +7:40  |
| 27.  | 316 | Wrzesiński Andrzej  | POL Tychy                | STS Biegaton Mikołów          | M-60+ / 1     | 4:09       | 12:02 | 14:45 | 14:39 | 41:24 | <b>41:25</b>      | +7:50  |
| 28.  | 76  | Sambak Tadeusz      | POL Jawiszowice          | Zadyszka Oświęcim             | M-50 / 3      | 4:09       | 12:10 | 14:36 | 14:46 | 41:29 | <b>41:32</b>      | +7:57  |
| 29.  | 21  | Gabryś Janusz       | POL Podolsze             | Aktywna Dolina Karpia         | M-40 / 8      | 4:11       | 12:01 | 14:45 | 15:02 | 41:43 | <b>41:47</b>      | +8:12  |
| 30.  | 1   | Basta Grzegorz      | POL Chelmek              | Zadyszka Oświęcim             | M-50 / 4      | 4:12       | 12:31 | 14:58 | 14:34 | 41:58 | <b>42:02</b>      | +8:27  |
| 31.  | 71  | Przewoźnik Marek    | POL Brzeszcze            | Zadyszka Oświęcim             | M-50 / 5      | 4:13       | 12:12 | 14:53 | 15:03 | 42:03 | <b>42:07</b>      | +8:32  |
| 32.  | 57  | Nidecki Robert      | POL Poręba Wielka        |                               | M-50 / 6      | 4:15       | 12:12 | 14:56 | 15:18 | 42:23 | <b>42:25</b>      | +8:50  |
| 33.  | 33  | Kobosko Paweł       | POL Rajsko               | Zadyszka Oświęcim             | M-40 / 9      | 4:16       | 11:59 | 15:11 | 15:26 | 42:31 | <b>42:34</b>      | +8:59  |
| 34.  | 65  | Piegza Tomasz       | POL Łowiczki             | Aktywna Dolina Karpia         | M-40 / 10     | 4:15       | 12:13 | 15:03 | 15:20 | 42:30 | <b>42:35</b>      | +9:00  |
| 35.  | 10  | Ceglarz Radosław    | POL Piasek               | Team Fun Running              | M-40 / 11     | 4:19       | 12:28 | 15:14 | 15:28 | 43:06 | <b>43:09</b>      | +9:34  |
| 36.  | 12  | Chudy Dawid         | POL Przeciszów           |                               | M-30 / 14     | 4:26       | 12:46 | 15:44 | 15:46 | 44:11 | <b>44:16</b>      | +10:41 |
| 37.  | 84  | Suski Daniel        | POL Wadowice             | Bociiek Wadowice              | M-40 / 12     | 4:26       | 12:35 | 15:33 | 16:10 | 44:14 | <b>44:16</b>      | +10:41 |
| 38.  | 6   | Bercal Robert       | POL Babica               |                               | M-40 / 13     | 4:28       | 13:43 | 15:45 | 15:15 | 44:37 | <b>44:43</b>      | +11:08 |

# Wyniki OPEN K/M

| M-ce | Nr  | Nazwisko i imię   | Miasto                   | Klub                  | Kat./<br>m-ce | min/<br>km | Lap1  | Lap2  | Lap3  | Netto   | Wynik<br>(Brutto) | Strata |
|------|-----|-------------------|--------------------------|-----------------------|---------------|------------|-------|-------|-------|---------|-------------------|--------|
| 39.  | 63  | Orlicki Stanisław | POL Rudze                | Orzeł-Rudze           | M-60+ / 2     | 4:32       | 13:01 | 15:57 | 16:18 | 45:13   | <b>45:15</b>      | +11:40 |
| 40.  | 18  | Dziuba Michał     | POL Półwieś              | Spyt-Aktiv            | M-30 / 15     | 4:34       | 13:09 | 16:17 | 16:14 | 45:36   | <b>45:40</b>      | +12:05 |
| 41.  | 62  | Noworyta Grzegorz | POL Rudze                | Aktywna Dolina Karpia | M-30 / 16     | 4:35       | 13:41 | 16:25 | 15:40 | 45:41   | <b>45:45</b>      | +12:10 |
| 42.  | 46  | Masiński Maciej   | POL Podolsze             | Aktywna Dolina Karpia | M-30 / 17     | 4:34       | 13:44 | 16:22 | 15:40 | 45:40   | <b>45:45</b>      | +12:10 |
| 43.  | 78  | Sikora Stefan     | POL Bielsko-Biała        | Team Sikora           | M-60+ / 3     | 4:35       | 13:36 | 16:12 | 16:04 | 45:47   | <b>45:51</b>      | +12:16 |
| 44.  | 9   | Capik Piotr       | POL Czechowice-Dziedzice | Rytm Czechowice       | M-60+ / 4     | 4:37       | 13:49 | 16:22 | 15:54 | 46:01   | <b>46:04</b>      | +12:29 |
| 45.  | 328 | Mucha Mateusz     | POL Siemianowice         |                       | M-30 / 18     | 4:38       | 13:15 | 16:41 | 16:20 | 46:13   | <b>46:15</b>      | +12:40 |
| 46.  | 337 | Banaś Mateusz     | POL Katowice             | ITMBW Kraków          | M-30 / 19     | 4:38       | 13:27 | 16:27 | 16:31 | 46:19   | <b>46:24</b>      | +12:49 |
| 47.  | 322 | Radomski Zbigniew | POL Bielsko-Biała        | TKKF Beskidek         | M-60+ / 5     | 4:39       | 13:45 | 16:10 | 16:33 | 46:24   | <b>46:27</b>      | +12:52 |
| 48.  | 87  | Szklorz Sylwester | POL Katowice             | Dziki Panewniki       | M-50 / 7      | 4:42       | 13:36 | 16:48 | 16:38 | 46:59   | <b>47:01</b>      | +13:26 |
| 49.  | 69  | Porębski Marek    | POL Oświęcim             | Zadyszka Oświęcim     | M-50 / 8      | 4:47       | 13:59 | 16:42 | 17:08 | 47:44   | <b>47:48</b>      | +14:13 |
| 50.  | 51  | Mazgaj Seweryn    | POL Wieprz               |                       | M-40 / 14     | 4:48       | 13:16 | 17:01 | 17:44 | 47:58   | <b>48:00</b>      | +14:25 |
| 51.  | 4   | Bebak Roman       | POL Zembrzyce            | Zembrzyce Team        | M-60+ / 6     | 4:55       | 14:38 | 17:16 | 17:19 | 49:06   | <b>49:12</b>      | +15:37 |
| 52.  | 38  | Kulpa Mateusz     | POL Wadowice             | Ada Team              | M-30 / 20     | 4:57       | 13:54 | 17:32 | 18:01 | 49:22   | <b>49:26</b>      | +15:51 |
| 53.  | 27  | Jargus Paweł      | POL Podolsze             | Aktywna Dolina Karpia | M-40 / 15     | 4:57       | 14:19 | 17:22 | 17:48 | 49:22   | <b>49:27</b>      | +15:52 |
| 54.  | 324 | Gębczyk Zygmunt   | POL Ryczów               |                       | M-60+ / 7     | 5:00       | 14:13 | 17:51 | 17:59 | 49:57   | <b>50:03</b>      | +16:28 |
| 55.  | 323 | Nidecki Damian    | POL Poręba Wielka        |                       | M-16 / 2      | 5:01       | 14:29 | 17:38 | 17:59 | 50:03   | <b>50:05</b>      | +16:30 |
| 56.  | 66  | Polanek Robert    | POL Spytkowice           | Spyt-Aktiv            | M-30 / 21     | 5:02       | 14:01 | 18:02 | 18:21 | 50:20   | <b>50:23</b>      | +16:48 |
| 57.  | 339 | Mrowiec Tomasz    | POL Zator                | Spyt-Aktiv            | M-40 / 16     | 5:07       | 15:02 | 18:05 | 18:02 | 51:03   | <b>51:08</b>      | +17:33 |
| 58.  | 41  | Łyżnicki Zygmunt  | POL Mszana Dolna         | MOK Mszana Dolna      | M-60+ / 8     | 5:09       | 14:34 | 18:37 | 18:26 | 51:29   | <b>51:35</b>      | +18:00 |
| 59.  | 93  | Wójcik Jerzy      | POL Rudze                |                       | M-50 / 9      | 5:12       | 15:05 | 18:36 | 18:17 | 51:54   | <b>51:57</b>      | +18:22 |
| 60.  | 34  | Kopijasz Leonard  | POL Brzeszcze            |                       | M-60+ / 9     | 5:20       | 15:07 | 18:41 | 19:28 | 53:12   | <b>53:15</b>      | +19:40 |
| 61.  | 335 | Grzyb Mateusz     | POL Jaroszowice          |                       | M-30 / 22     | 5:20       | 15:25 | 18:46 | 19:10 | 53:15   | <b>53:20</b>      | +19:45 |
| 62.  | 59  | Noras Piotr       | POL Tychy                | MOSiR Tychy           | M-50 / 10     | 5:21       | 15:35 | 18:27 | 19:37 | 53:29   | <b>53:38</b>      | +20:03 |
| 63.  | 58  | Nitka Jacek       | POL Tychy                | MOSiR Tychy           | M-50 / 11     | 5:22       | 15:35 | 18:27 | 19:39 | 53:33   | <b>53:40</b>      | +20:05 |
| 64.  | 338 | Rybarz Artur      | POL Brzeszcze            | Zadyszka Oświęcim     | M-50 / 12     | 5:35       | 16:39 | 20:19 | 18:59 | 55:49   | <b>55:56</b>      | +22:21 |
| 65.  | 13  | Domurat Zdzisław  | POL Alwernia             | Wataha                | M-60+ / 10    | 5:42       | 16:06 | 20:05 | 20:54 | 56:56   | <b>57:03</b>      | +23:28 |
| 66.  | 42  | Madej Józef       | POL Oświęcim             | Zadyszka Oświęcim     | M-60+ / 11    | 8:45       | 24:10 | 30:34 | 32:50 | 1:27:23 | <b>1:27:32</b>    | +53:57 |

Liczba uczestników: 93