

# VI Skierniewicka Dziesiątka im. Edmunda Jaworskiego



## Wyniki OPEN K/M

27.08.2023, Skierniewice

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

### Bieg główny 10 km

#### Kobiety

|     |     |                                  |     |              |  |              |      |         |                |        |
|-----|-----|----------------------------------|-----|--------------|--|--------------|------|---------|----------------|--------|
| 1.  | 119 | <b>Szymkowicz Julia</b>          | POL | Bobrowniki   | UKS Pijarski Klub Sportowy w Łowiczu     | K20 / Kl.gen | 3:57 | 39:37   | <b>39:38</b>   | --     |
| 2.  | 110 | <b>Sosnowska Dominika</b>        | POL | Kraków       |  | K20 / Kl.gen | 4:05 | 40:54   | <b>40:56</b>   | +1:18  |
| 3.  | 131 | <b>Zielinska Sylwia</b>          | POL | Skierniewice | 37 Dywizjon Rakietowy Obrony Powietrznej | K30 / Kl.gen | 4:28 | 44:44   | <b>44:46</b>   | +5:08  |
| 4.  | 60  | <b>Milczarek Żaneta</b>          | POL | Skierniewice |  | K20 / 1      | 4:32 | 45:28   | <b>45:30</b>   | +5:52  |
| 5.  | 1   | <b>Adamczyk Agata</b>            | POL | Skierniewice |  | K30 / 1      | 4:37 | 46:16   | <b>46:19</b>   | +6:41  |
| 6.  | 97  | <b>Rudnicka Anna</b>             | POL | Byczki       |  | K40 / 1      | 4:48 | 47:59   | <b>48:03</b>   | +8:25  |
| 7.  | 67  | <b>Pachniewska Agnieszka</b>     | POL | Płock        |  | K40 / 2      | 4:53 | 48:44   | <b>48:51</b>   | +9:13  |
| 8.  | 134 | <b>Żak Katarzyna</b>             | POL | Sochaczew    |  | K30 / 2      | 4:53 | 48:52   | <b>48:56</b>   | +9:18  |
| 9.  | 109 | <b>Sobieszek Kinga</b>           | POL | Skierniewice |  | K20 / 2      | 4:54 | 48:58   | <b>49:01</b>   | +9:23  |
| 10. | 83  | <b>Piórkowska Anna</b>           | POL | Skierniewice | Lepi Bałwana/Parkrun Skierniewice        | K20 / 3      | 5:13 | 52:09   | <b>52:14</b>   | +12:36 |
| 11. | 128 | <b>Wysocka Anna</b>              | POL | Skierniewice | Parkrun Skierniewice                     | K50 / 1      | 5:16 | 52:37   | <b>52:46</b>   | +13:08 |
| 12. | 53  | <b>Maj Izabela</b>               | POL | Skierniewice |  | K20 / 4      | 5:16 | 52:46   | <b>52:50</b>   | +13:12 |
| 13. | 63  | <b>Niklewicz Monika</b>          | POL | Skierniewice |  | K40 / 3      | 5:18 | 53:01   | <b>53:10</b>   | +13:32 |
| 14. | 96  | <b>Rosa Agnieszka</b>            | POL | Skierniewice | Parkrun Skierniewice                     | K50 / 2      | 5:21 | 53:31   | <b>53:39</b>   | +14:01 |
| 15. | 29  | <b>Jaworska Klaudia</b>          | POL | Sochaczew    |  | K30 / 3      | 5:25 | 54:14   | <b>54:15</b>   | +14:37 |
| 16. | 149 | <b>Pochwała Justyna</b>          | POL | Łowicz       |  | K40 / 4      | 5:33 | 55:27   | <b>55:35</b>   | +15:57 |
| 17. | 82  | <b>Piorun Ewelina</b>            | POL | Skierniewice | Parkrun Skierniewice                     | K40 / 5      | 5:37 | 56:04   | <b>56:16</b>   | +16:38 |
| 18. | 154 | <b>Lenartowicz Sylwia</b>        | POL | Skierniewice |  | K30 / 4      | 5:47 | 57:50   | <b>58:00</b>   | +18:22 |
| 19. | 33  | <b>Jurkowska Bożena</b>          | POL | Skierniewice |  | K50 / 3      | 5:50 | 58:17   | <b>58:21</b>   | +18:43 |
| 20. | 106 | <b>Salamon Elżbieta</b>          | POL | Żyrardów     | Dziurawe Czwartki                        | K40 / 6      | 5:58 | 59:40   | <b>59:46</b>   | +20:08 |
| 21. | 61  | <b>Mirecka Marzena</b>           | POL | Żyrardów     | Dziurawe Czwartki                        | K30 / 5      | 5:58 | 59:40   | <b>59:46</b>   | +20:08 |
| 22. | 55  | <b>Mastalerz Katarzyna</b>       | POL | Henryszew    | Dziurawe Czwartki                        | K40 / 7      | 5:58 | 59:40   | <b>59:46</b>   | +20:08 |
| 23. | 68  | <b>Paczkowski Żaneta</b>         | POL | Belchów      | Fundacja Biegamy Polesie                 | K40 / 8      | 6:00 | 59:52   | <b>1:00:01</b> | +20:23 |
| 24. | 116 | <b>Szumigaj-Tarnowska Joanna</b> | POL | Skierniewice | Parkrun Skierniewice                     | K40 / 9      | 6:08 | 1:01:12 | <b>1:01:24</b> | +21:46 |
| 25. | 25  | <b>Izdebska Karolina</b>         | POL | Warszawa     | Aktywna Warszawa                         | K30 / 6      | 6:13 | 1:02:10 | <b>1:02:20</b> | +22:42 |
| 26. | 74  | <b>Pawelczak Iwona</b>           | POL | Skierniewice |  | K30 / 7      | 6:18 | 1:02:51 | <b>1:03:02</b> | +23:24 |
| 27. | 16  | <b>Dębicka Katarzyna</b>         | POL | Skierniewice |  | K30 / 8      | 6:18 | 1:02:54 | <b>1:03:04</b> | +23:26 |
| 28. | 34  | <b>Kaniewska Monika</b>          | POL | Skierniewice | Parkrun Skierniewice                     | K40 / 10     | 6:25 | 1:04:02 | <b>1:04:15</b> | +24:37 |



| M-ce | Nr  | Nazwisko i imię       | Miasto           | Klub                           | Kat./<br>m-ce | min/<br>km | Netto   | Wynik<br>(Brutto) | Strata |
|------|-----|-----------------------|------------------|--------------------------------|---------------|------------|---------|-------------------|--------|
| 29.  | 88  | Pokrop Agnieszka      | POL Skierniewice | Natalia Tomasiak Górski Styl   | K30 / 9       | 6:28       | 1:04:33 | <b>1:04:47</b>    | +25:09 |
| 30.  | 28  | Janeczek Edyta        | POL Skierniewice | ASW Tiger                      | K30 / 10      | 6:29       | 1:04:44 | <b>1:04:54</b>    | +25:16 |
| 31.  | 75  | Pawłowska Małgorzata  | POL Skierniewice |                                | K30 / 11      | 6:29       | 1:04:55 | <b>1:04:55</b>    | +25:17 |
| 32.  | 41  | Krokocka Jolanta      | POL Polesie      | Fundacja Biegamy Polesie       | K50 / 4       | 6:31       | 1:05:11 | <b>1:05:20</b>    | +25:42 |
| 33.  | 72  | Papiernik Monika      | POL Bełchów      | Fundacja Biegamy Polesie       | K40 / 11      | 6:38       | 1:06:16 | <b>1:06:25</b>    | +26:47 |
| 34.  | 120 | Terpilowska Agnieszka | POL Pruszków     |                                | K40 / 12      | 6:40       | 1:06:39 | <b>1:06:49</b>    | +27:11 |
| 35.  | 114 | Szatkowska Marta      | POL Warszawa     |                                | K20 / 5       | 6:42       | 1:06:53 | <b>1:07:05</b>    | +27:27 |
| 36.  | 38  | Kowalska Kinga        | POL Głowno       | Plutonowy                      | K20 / 6       | 7:00       | 1:09:57 | <b>1:10:10</b>    | +30:32 |
| 37.  | 126 | Wójt Lidia            | POL Skierniewice | Parkrun Skierniewice           | K50 / 5       | 7:24       | 1:14:01 | <b>1:14:06</b>    | +34:28 |
| 38.  | 78  | Piasecka Urszula      | POL Skierniewice | Skierniewickie Poranki Biegowe | K60+ / 1      | 7:27       | 1:14:25 | <b>1:14:31</b>    | +34:53 |
| 39.  | 70  | Pałys Kinga           | POL Łódź         |                                | K20 / 7       | 7:45       | 1:17:27 | <b>1:17:37</b>    | +37:59 |

## Mężczyźni

|     |     |                      |                         |                                   |              |      |       |              |       |
|-----|-----|----------------------|-------------------------|-----------------------------------|--------------|------|-------|--------------|-------|
| 1.  | 50  | Łobacz Michał        | POL Warszawa            | Mmm                               | M30 / Kl.gen | 3:29 | 34:59 | <b>34:59</b> | --    |
| 2.  | 58  | Michałowski Daniel   | POL Grodzisk Mazowiecki | Dogoń Grodzisk Mazowiecki         | M30 / Kl.gen | 3:33 | 35:39 | <b>35:40</b> | +0:41 |
| 3.  | 69  | Pająk Bartłomiej     | POL Marki               | SMSKlima/Markowi Biegacze         | M30 / Kl.gen | 3:35 | 35:51 | <b>35:52</b> | +0:53 |
| 4.  | 62  | Modzelewski Maciej   | POL Łowicz              | Velo Łowicz                       | M30 / 1      | 3:41 | 36:51 | <b>36:51</b> | +1:52 |
| 5.  | 153 | Bieliński Przemysław | POL Wola Wysoka         | Cross SKC                         | M20 / 1      | 3:49 | 38:08 | <b>38:11</b> | +3:12 |
| 6.  | 151 | Kamiński Artur       | POL Skierniewice        |                                   | M40 / 1      | 3:50 | 38:23 | <b>38:25</b> | +3:26 |
| 7.  | 66  | Ostrowski Sylwester  | POL Wilków Pierwszy     | Błędowska Wataha                  | M40 / 2      | 3:50 | 38:23 | <b>38:25</b> | +3:26 |
| 8.  | 92  | Przybył Mateusz      | POL Skierniewice        |                                   | M30 / 2      | 3:52 | 38:45 | <b>38:45</b> | +3:46 |
| 9.  | 20  | Frączek Wojciech     | POL Skierniewice        | Parkrun Skierniewice              | M30 / 3      | 3:56 | 39:20 | <b>39:21</b> | +4:22 |
| 10. | 44  | Kwasiborski Patryk   | POL Nowe Rościszewo     | TKKF Kubuś Sierpc/Dąbrowski Team  | M20 / 2      | 3:57 | 39:35 | <b>39:36</b> | +4:37 |
| 11. | 57  | Michalik Mateusz     | POL Rawa Mazowiecka     | Fundacja Biegamy Polesie          | M30 / 4      | 3:59 | 39:50 | <b>39:52</b> | +4:53 |
| 12. | 49  | Łęgocki Marcin       | POL Warszawa            | Pietrzyk Running Team             | M30 / 5      | 3:59 | 39:53 | <b>39:55</b> | +4:56 |
| 13. | 108 | Skorupa Kamil        | POL Kornelin            | UKS Filipides Teresin             | M20 / 3      | 4:00 | 40:00 | <b>40:02</b> | +5:03 |
| 14. | 145 | Witczak Piotr        | POL Skierniewice        | Tiger Skierniewice                | M40 / 3      | 4:02 | 40:20 | <b>40:22</b> | +5:23 |
| 15. | 42  | Kumanowski Piotr     | POL Rawa Mazowiecka     | Rawa Tim Zawsze Slim              | M40 / 4      | 4:02 | 40:24 | <b>40:26</b> | +5:27 |
| 16. | 84  | Piórkowski Jarosław  | POL Skierniewice        | Lepi Bałwana/Parkrun Skierniewice | M20 / 4      | 4:03 | 40:34 | <b>40:37</b> | +5:38 |
| 17. | 98  | Rudnicki Marcin      | POL Godzianów           | Witkowski Running Team            | M40 / 5      | 4:03 | 40:37 | <b>40:40</b> | +5:41 |
| 18. | 32  | Juraś Michał         | POL Skierniewice        |                                   | M30 / 6      | 4:04 | 40:44 | <b>40:46</b> | +5:47 |
| 19. | 40  | Kroc Mirosław        | POL Skierniewice        |                                   | M40 / 6      | 4:09 | 41:35 | <b>41:37</b> | +6:38 |
| 20. | 8   | Bugajski Krystian    | POL Radom               | Street Run Radom                  | M40 / 7      | 4:11 | 41:50 | <b>41:53</b> | +6:54 |
| 21. | 86  | Pokora Arkadiusz     | POL Skierniewice        | Parkrun Skierniewice              | M20 / 5      | 4:11 | 41:55 | <b>41:58</b> | +6:59 |
| 22. | 142 | Olczak Tomasz        | POL Mszczonów           |                                   | M40 / 8      | 4:13 | 42:11 | <b>42:15</b> | +7:16 |
| 23. | 27  | Jagiełło Michał      | POL Zapady              | Parkrun Skierniewice              | M40 / 9      | 4:14 | 42:18 | <b>42:21</b> | +7:22 |
| 24. | 18  | Dudek Sławomir       | POL Skierniewice        |                                   | M40 / 10     | 4:17 | 42:46 | <b>42:52</b> | +7:53 |
| 25. | 127 | Wójt Sylwester       | POL Skierniewice        | Trucht Maraton Skierniewice       | M50 / 1      | 4:20 | 43:24 | <b>43:28</b> | +8:29 |
| 26. | 2   | Biernacki Krzysztof  | POL Bednary             |                                   | M30 / 7      | 4:22 | 43:37 | <b>43:41</b> | +8:42 |
| 27. | 132 | Zieliński Adam       | POL Sochaczew           | Zieliński Team                    | M30 / 8      | 4:22 | 43:36 | <b>43:43</b> | +8:44 |
| 28. | 9   | Chłaściak Adam       | POL Warszawa            |                                   | M30 / 9      | 4:23 | 43:47 | <b>43:51</b> | +8:52 |
| 29. | 113 | Szajewski Jarosław   | POL Sochaczew           |                                   | M40 / 11     | 4:23 | 43:52 | <b>43:55</b> | +8:56 |
| 30. | 52  | Łysoniewski Radosław | POL Skierniewice        |                                   | M30 / 10     | 4:24 | 43:59 | <b>44:05</b> | +9:06 |
| 31. | 118 | Szymański Marek      | POL Skierniewice        |                                   | M40 / 12     | 4:28 | 44:41 | <b>44:49</b> | +9:50 |
| 32. | 79  | Piątkowski Mateusz   | POL Skierniewice        |                                   | M20 / 6      | 4:29 | 44:52 | <b>44:53</b> | +9:54 |

| M-ce | Nr  | Nazwisko i imię        | Miasto                     | Klub                              | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|-----|------------------------|----------------------------|-----------------------------------|---------------|------------|-------|-------------------|--------|
| 33.  | 105 | Sadowy Robert          | POL Skierniewice           | RS Project                        | M40 / 13      | 4:29       | 44:53 | <b>44:56</b>      | +9:57  |
| 34.  | 135 | Duch Marcin            | POL Skierniewice           |                                   | M40 / 14      | 4:29       | 44:56 | <b>44:57</b>      | +9:58  |
| 35.  | 77  | Pędzisz Michał         | POL Warszawa               | Aktywna Warszawa                  | M40 / 15      | 4:30       | 45:01 | <b>45:04</b>      | +10:05 |
| 36.  | 155 | Grzelecki Marcin       | POL Skierniewice           |                                   | M40 / 16      | 4:30       | 45:04 | <b>45:07</b>      | +10:08 |
| 37.  | 17  | Dubel Andrzej          | POL Skierniewice           | Parkrun Skierniewice              | M40 / 17      | 4:35       | 45:48 | <b>45:55</b>      | +10:56 |
| 38.  | 4   | Błażyński Seweryn      | POL Skierniewice           |                                   | M40 / 18      | 4:35       | 45:53 | <b>45:56</b>      | +10:57 |
| 39.  | 73  | Papiernik Kacper       | POL Bełchów                | Fundacja Biegamy Polesie          | M20 / 7       | 4:35       | 45:52 | <b>45:58</b>      | +10:59 |
| 40.  | 144 | Czajka Marcin          | POL Nowy Kawęczyn          | trinity                           | M40 / 19      | 4:36       | 46:00 | <b>46:03</b>      | +11:04 |
| 41.  | 94  | Rak Mariusz            | POL Łyszkowice             | Fundacja Biegamy Polesie          | M40 / 20      | 4:36       | 46:04 | <b>46:10</b>      | +11:11 |
| 42.  | 141 | Szymczak Dawid         | POL Skierniewice           |                                   | M30 / 11      | 4:37       | 46:10 | <b>46:14</b>      | +11:15 |
| 43.  | 146 | Łyczywek Mariusz       | POL Skierniewice           |                                   | M30 / 12      | 4:38       | 46:25 | <b>46:29</b>      | +11:30 |
| 44.  | 104 | Rykała Łukasz          | POL Maków                  |                                   | M20 / 8       | 4:39       | 46:25 | <b>46:34</b>      | +11:35 |
| 45.  | 129 | Zagibajto Łukasz       | POL Skierniewice           | Parkrun Skierniewice              | M40 / 21      | 4:44       | 47:20 | <b>47:24</b>      | +12:25 |
| 46.  | 19  | Firek Piotr            | POL Skierniewice           | Parkrun Skierniewice              | M40 / 22      | 4:44       | 47:23 | <b>47:27</b>      | +12:28 |
| 47.  | 147 | Bartosiewicz Adam      | POL Łasiecniki             |                                   | M30 / 13      | 4:46       | 47:34 | <b>47:45</b>      | +12:46 |
| 48.  | 87  | Pokora Marek           | POL Łyszkowice             | Biegam z Truvant                  | M20 / 9       | 4:46       | 47:44 | <b>47:49</b>      | +12:50 |
| 49.  | 125 | Woźniak Przemysław     | POL Bielice                | Run Team Bielice                  | M30 / 14      | 4:48       | 47:56 | <b>48:01</b>      | +13:02 |
| 50.  | 81  | Piorun Paweł           | POL Skierniewice           |                                   | M40 / 23      | 4:49       | 48:09 | <b>48:20</b>      | +13:21 |
| 51.  | 152 | Kowalski Paweł         | POL Maków                  |                                   | M20 / 10      | 4:52       | 48:41 | <b>48:42</b>      | +13:43 |
| 52.  | 47  | Łęcki Paweł            | POL Żyrardów               | Pietrzyk Running Team             | M30 / 15      | 4:52       | 48:38 | <b>48:50</b>      | +13:51 |
| 53.  | 11  | Czarnecki Łukasz       | POL Skierniewice           |                                   | M40 / 24      | 4:53       | 48:43 | <b>48:57</b>      | +13:58 |
| 54.  | 39  | Kowalski Paweł         | POL Skierniewice           |                                   | M40 / 25      | 4:53       | 48:58 | <b>48:58</b>      | +13:59 |
| 55.  | 22  | Gródecki Artur         | POL Skierniewice           | Parkrun Skierniewice              | M40 / 26      | 4:54       | 48:56 | <b>49:02</b>      | +14:03 |
| 56.  | 13  | Czyżewski Piotr        | POL Łódź                   | Straż Miejska w Łodzi             | M50 / 2       | 4:54       | 49:00 | <b>49:08</b>      | +14:09 |
| 57.  | 56  | Michalak Rafał         | POL Skierniewice           |                                   | M30 / 16      | 4:56       | 49:15 | <b>49:22</b>      | +14:23 |
| 58.  | 136 | Krzęczko Mariusz       | POL Skierniewice           |                                   | M40 / 27      | 4:56       | 49:19 | <b>49:25</b>      | +14:26 |
| 59.  | 100 | Rukat Przemysław       | POL Bełchów                | Fundacja Biegamy Polesie          | M30 / 17      | 4:57       | 49:31 | <b>49:31</b>      | +14:32 |
| 60.  | 15  | Dąbrowski Michał       | POL Skierniewice           |                                   | M30 / 18      | 4:57       | 49:30 | <b>49:35</b>      | +14:36 |
| 61.  | 76  | Pawłowski Andrzej      | POL Skierniewice           | ASW Tiger                         | M30 / 19      | 4:57       | 49:29 | <b>49:35</b>      | +14:36 |
| 62.  | 117 | Szydlik Wiesław        | POL Mszczonów              | Pobiegani Mszczonow               | M50 / 3       | 5:00       | 50:00 | <b>50:08</b>      | +15:09 |
| 63.  | 46  | Libera Daniel          | POL Skierniewice           | FC Barcelona                      | M20 / 11      | 5:01       | 50:07 | <b>50:13</b>      | +15:14 |
| 64.  | 51  | Łukawski Seweryn       | POL Skierniewice           |                                   | M30 / 20      | 5:03       | 50:25 | <b>50:36</b>      | +15:37 |
| 65.  | 101 | Rutkowski Mateusz      | POL Skierniewice           |                                   | M30 / 21      | 5:03       | 50:39 | <b>50:39</b>      | +15:40 |
| 66.  | 107 | Sikorski Mateusz       | POL Sochaczew              | OCR Sochaczew                     | M30 / 22      | 5:10       | 51:43 | <b>51:48</b>      | +16:49 |
| 67.  | 103 | Rychliński Mieczysław  | POL Sochaczew              |                                   | M40 / 28      | 5:11       | 51:46 | <b>51:51</b>      | +16:52 |
| 68.  | 150 | Mikulski Mateusz       | POL Skierniewice           |                                   | M20 / 12      | 5:11       | 51:45 | <b>51:52</b>      | +16:53 |
| 69.  | 124 | Wieczorek Marcin       | POL Dąbrowice              |                                   | M40 / 29      | 5:12       | 51:57 | <b>52:04</b>      | +17:05 |
| 70.  | 71  | Papiernik Zbigniew     | POL Bełchów                | Fundacja Biegamy Polesie          | M50 / 4       | 5:12       | 51:56 | <b>52:06</b>      | +17:07 |
| 71.  | 93  | Przybyszewski Radosław | POL Skierniewice           |                                   | M40 / 30      | 5:15       | 52:32 | <b>52:40</b>      | +17:41 |
| 72.  | 5   | Boczek Krzysztof       | POL Mysłaków               |                                   | M50 / 5       | 5:17       | 52:44 | <b>52:52</b>      | +17:53 |
| 73.  | 156 | Woźniak Jacek          | POL Skierniewice           |                                   | M60+ / 1      | 5:18       | 52:59 | <b>53:09</b>      | +18:10 |
| 74.  | 95  | Rochmiński Bogdan      | POL Lesiew                 |                                   | M40 / 31      | 5:19       | 53:05 | <b>53:14</b>      | +18:15 |
| 75.  | 23  | Gruszecki Karol        | POL Pszczonów              | MDP Pszczonów                     | M20 / 13      | 5:19       | 53:10 | <b>53:15</b>      | +18:16 |
| 76.  | 85  | Piórkowski Leszek      | POL Skierniewice           | Lepi Bałwana/Parkrun Skierniewice | M60+ / 2      | 5:20       | 53:21 | <b>53:21</b>      | +18:22 |
| 77.  | 59  | Milczarek Piotr        | POL Skierniewice           |                                   | M30 / 23      | 5:21       | 53:28 | <b>53:32</b>      | +18:33 |
| 78.  | 137 | Łągwa Patryk           | POL Nowe Miasto Nad Pilicą |                                   | M30 / 24      | 5:22       | 53:40 | <b>53:41</b>      | +18:42 |

| M-ce | Nr  | Nazwisko i imię     | Miasto           | Klub                 | Kat./<br>m-ce | min/<br>km | Netto   | Wynik<br>(Brutto) | Strata |
|------|-----|---------------------|------------------|----------------------|---------------|------------|---------|-------------------|--------|
| 79.  | 65  | Nowakowski Stefan   | POL Balcerów     | Parkrun Skierniewice | M40 / 32      | 5:22       | 53:38   | <b>53:45</b>      | +18:46 |
| 80.  | 64  | Nowak Adam          | POL Skierniewice |                      | M60+ / 3      | 5:29       | 54:50   | <b>54:55</b>      | +19:56 |
| 81.  | 10  | Chudziński Radosław | POL Skierniewice | Parkrun Skierniewice | M30 / 25      | 5:31       | 55:08   | <b>55:14</b>      | +20:15 |
| 82.  | 89  | Poter Mariusz       | POL Skierniewice |                      | M30 / 26      | 5:31       | 55:14   | <b>55:14</b>      | +20:15 |
| 83.  | 12  | Czuba Łukasz        | POL Skierniewice | Pola Team            | M30 / 27      | 5:33       | 55:22   | <b>55:38</b>      | +20:39 |
| 84.  | 45  | Laskowski Marek     | POL Skierniewice |                      | M40 / 33      | 5:33       | 55:29   | <b>55:39</b>      | +20:40 |
| 85.  | 7   | Brytan Patryk       | POL Skierniewice |                      | M30 / 28      | 5:33       | 55:31   | <b>55:39</b>      | +20:40 |
| 86.  | 36  | Korbel Krzysztof    | POL Łódź         | KMWTW                | M40 / 34      | 5:39       | 56:33   | <b>56:33</b>      | +21:34 |
| 87.  | 21  | Grochulski Rafał    | POL Skierniewice |                      | M40 / 35      | 5:41       | 56:48   | <b>56:58</b>      | +21:59 |
| 88.  | 80  | Piechota Karol      | POL Skierniewice | Body Move Team       | M30 / 29      | 5:45       | 57:26   | <b>57:33</b>      | +22:34 |
| 89.  | 139 | Krulik Jacek        | POL Skierniewice | Jako Team            | M40 / 36      | 5:48       | 57:54   | <b>58:06</b>      | +23:07 |
| 90.  | 122 | Walewski Marcin     | POL Skierniewice |                      | M40 / 37      | 5:48       | 57:49   | <b>58:06</b>      | +23:07 |
| 91.  | 140 | Klepaczka Bogdan    | POL Byczki       | Jako Team            | M40 / 38      | 5:48       | 57:57   | <b>58:08</b>      | +23:09 |
| 92.  | 30  | Jochym Mariusz      | POL Skierniewice |                      | M40 / 39      | 5:48       | 57:58   | <b>58:09</b>      | +23:10 |
| 93.  | 48  | Łęczycki Mateusz    | POL Skierniewice |                      | M20 / 14      | 5:50       | 58:21   | <b>58:21</b>      | +23:22 |
| 94.  | 26  | Jagielski Witold    | POL Warszawa     | NBRC                 | M50 / 6       | 5:51       | 58:29   | <b>58:34</b>      | +23:35 |
| 95.  | 43  | Kuśmierz Jerzy      | POL Skierniewice |                      | M60+ / 4      | 5:51       | 58:29   | <b>58:39</b>      | +23:40 |
| 96.  | 143 | Trzak Łukasz        | POL Skierniewice |                      | M40 / 40      | 5:52       | 58:43   | <b>58:45</b>      | +23:46 |
| 97.  | 133 | Zwoliński Jarosław  | POL Skierniewice | Parkrun Skierniewice | M40 / 41      | 5:52       | 58:36   | <b>58:48</b>      | +23:49 |
| 98.  | 6   | Broda-Wysocki Piotr | POL Hipolitów    |                      | M50 / 7       | 5:52       | 58:44   | <b>58:48</b>      | +23:49 |
| 99.  | 148 | Klopczyk Michał     | POL Łasiecniki   |                      | M40 / 42      | 5:53       | 58:41   | <b>58:54</b>      | +23:55 |
| 100. | 138 | Krawczyk Marcin     | POL Skierniewice |                      | M30 / 30      | 5:53       | 58:43   | <b>58:55</b>      | +23:56 |
| 101. | 24  | Grzelec Bartłomiej  | POL Skierniewice |                      | M30 / 31      | 5:55       | 59:19   | <b>59:19</b>      | +24:20 |
| 102. | 121 | Turczyński Zbigniew | POL Warszawa     |                      | M30 / 32      | 6:04       | 1:00:33 | <b>1:00:48</b>    | +25:49 |
| 103. | 91  | Pragnący Paweł      | POL Skierniewice | Jelenie w Terenie    | M40 / 43      | 6:07       | 1:01:03 | <b>1:01:17</b>    | +26:18 |
| 104. | 14  | Dąlek Jarosław      | POL Bolimów      |                      | M20 / 15      | 6:07       | 1:01:07 | <b>1:01:17</b>    | +26:18 |
| 105. | 115 | Szeliga Michael     | POL Skierniewice | Gibonex              | M40 / 44      | 6:17       | 1:02:47 | <b>1:03:00</b>    | +28:01 |
| 106. | 130 | Zarębski Szymon     | POL Skierniewice | Plutonowy            | M20 / 16      | 6:22       | 1:03:37 | <b>1:03:50</b>    | +28:51 |
| 107. | 35  | Klepaczka Piotr     | POL Skierniewice |                      | M30 / 33      | 6:23       | 1:03:44 | <b>1:03:59</b>    | +29:00 |
| 108. | 3   | Błaszczak Dominik   | POL Skierniewice |                      | M20 / 17      | 6:41       | 1:06:41 | <b>1:06:53</b>    | +31:54 |
| 109. | 123 | Wieczorek Grzegorz  | POL Skierniewice | Parkrun Skierniewice | M50 / 8       | 6:42       | 1:06:49 | <b>1:07:01</b>    | +32:02 |

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