

# XXVIII Biegi Ekologiczne



## Wyniki OPEN K/M

28.04.2024, Urszulin

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

### dziewczęta i chłopcy - rocznik 2015-2016 - 500 m

#### Kobiety

|     |     |                       |     |              |                     |      |          |                 |        |
|-----|-----|-----------------------|-----|--------------|---------------------|------|----------|-----------------|--------|
| 1.  | 203 | Kudyba Laura          | POL | Urszulin     |                     | 3:28 | 01:44.23 | <b>01:44.31</b> | --     |
| 2.  | 147 | Gołoś Hanna           | POL |              |                     | 3:35 | 01:47.37 | <b>01:47.66</b> | +3.35  |
| 3.  | 241 | Niedźwiedzka Maja     | POL | Urszulin     |                     | 3:45 | 01:52.21 | <b>01:52.98</b> | +8.67  |
| 4.  | 183 | Polakowska Zuzanna    | POL | Dominiczyn   |                     | 3:54 | 01:57.34 | <b>01:57.34</b> | +13.03 |
| 5.  | 195 | Jedut Wiktoria        | POL | Świerszczów  |                     | 3:56 | 01:58.49 | <b>01:58.49</b> | +14.18 |
| 6.  | 158 | Wawron Amelia         | POL | Wola Uhruska |                     | 3:57 | 01:58.70 | <b>01:58.70</b> | +14.39 |
| 7.  | 50  | Swat Katarzyna        | POL | Urszulin     | KS Polesie Urszulin | 4:01 | 02:00.25 | <b>02:00.53</b> | +16.22 |
| 8.  | 38  | Łepecka Aleksandra    | POL | Wereszczyn   |                     | 4:03 | 02:01.92 | <b>02:01.92</b> | +17.61 |
| 9.  | 181 | Szynkora Łucja        | POL | Jamniki      |                     | 4:07 | 02:03.08 | <b>02:03.95</b> | +19.64 |
| 10. | 159 | Tokarska Zofia        | POL | Wola Uhruska |                     | 4:16 | 02:08.23 | <b>02:08.23</b> | +23.92 |
| 11. | 152 | Hołowacz Martyna      | POL | Wola Uhruska |                     | 4:21 | 02:11.00 | <b>02:11.00</b> | +26.69 |
| 12. | 45  | Pękała Nela           | POL | Urszulin     |                     | 4:27 | 02:13.66 | <b>02:13.66</b> | +29.35 |
| 13. | 205 | Łopąg Adrianna        | POL | Wielkopole   |                     | 4:31 | 02:15.46 | <b>02:15.92</b> | +31.61 |
| 14. | 32  | Hodun Maja            | POL | Urszulin     |                     | 4:33 | 02:16.36 | <b>02:16.96</b> | +32.65 |
| 15. | 31  | Fudala Marcelina      | POL | Urszulin     |                     | 4:42 | 02:20.71 | <b>02:21.11</b> | +36.80 |
| 16. | 226 | Przystuka Wiktoria    | POL | Grabniak     |                     | 4:45 | 02:22.13 | <b>02:22.67</b> | +38.36 |
| 17. | 213 | Brzezińska Iga        | POL | Włodawa      |                     | 4:46 | 02:23.22 | <b>02:23.50</b> | +39.19 |
| 18. | 223 | Latała Kaja           | POL | Wytyczno     |                     | 4:52 | 02:26.21 | <b>02:26.37</b> | +42.06 |
| 19. | 56  | Wójcik Natalia        | POL | Urszulin     | SP Urszulin         | 4:54 | 02:26.54 | <b>02:27.33</b> | +43.02 |
| 20. | 55  | Wołoszkiewicz Natalka | POL | Wytyczno     | KS Polesie Urszulin | 5:01 | 02:29.57 | <b>02:30.56</b> | +46.25 |
| 21. | 33  | Jaworska Iga          | POL | Urszulin     |                     | 5:10 | 02:35.14 | <b>02:35.42</b> | +51.11 |
| 22. | 196 | Malinowska Aleksandra | POL | Kulczyn      |                     | 5:18 | 02:39.50 | <b>02:39.50</b> | +55.19 |
| 23. | 54  | Wieczorek Nadia       | POL | Wytyczno     |                     | 5:25 | 02:42.44 | <b>02:42.92</b> | +58.61 |
| 24. | 170 | Majewska Patrycja     | POL | Dębowiec     |                     | 5:27 | 02:42.60 | <b>02:43.79</b> | +59.48 |



| M-ce             | Nr  | Nazwisko i imię     | Miasto | Klub           | Kat./<br>m-ce   | min/<br>km | Netto    | Wynik<br>(Brutto) | Strata   |
|------------------|-----|---------------------|--------|----------------|-----------------|------------|----------|-------------------|----------|
| <b>Mężczyźni</b> |     |                     |        |                |                 |            |          |                   |          |
| 1.               | 210 | Kowalski Szymon     | POL    | Cyców          |                 | 3:29       | 01:44.65 | <b>01:44.72</b>   | --       |
| 2.               | 211 | Szczerba Paweł      | POL    | Stary Brus     |                 | 3:33       | 01:46.77 | <b>01:46.77</b>   | +2.05    |
| 3.               | 220 | Dzierzbicki Szymon  | POL    | Zabrodzie      |                 | 3:40       | 01:50.01 | <b>01:50.01</b>   | +5.29    |
| 4.               | 153 | Woźniak Marcel      | POL    | Wola Uhruska   |                 | 3:41       | 01:50.52 | <b>01:50.89</b>   | +6.17    |
| 5.               | 52  | Wach Marcel         | POL    | Urszulín       |                 | 3:46       | 01:52.89 | <b>01:53.25</b>   | +8.53    |
| 6.               | 36  | Kopaczewski Kacper  | POL    | Urszulín       |                 | 3:51       | 01:55.81 | <b>01:55.81</b>   | +11.09   |
| 7.               | 46  | Rutkowski Oliwier   | POL    | Wólka Cycowska | UKS Świerszczow | 3:51       | 01:55.99 | <b>01:55.99</b>   | +11.27   |
| 8.               | 44  | Pawłowski Filip     | POL    | Dębowiec       |                 | 3:52       | 01:56.09 | <b>01:56.09</b>   | +11.37   |
| 9.               | 187 | Łata Damian         | POL    | Urszulín       |                 | 3:57       | 01:58.82 | <b>01:58.82</b>   | +14.10   |
| 10.              | 148 | Tokarski Mikołaj    | POL    | Wola Uhruska   |                 | 3:59       | 01:59.79 | <b>01:59.79</b>   | +15.07   |
| 11.              | 154 | Sierpiński Szymon   | POL    | Wola Uhruska   |                 | 4:01       | 02:00.46 | <b>02:00.77</b>   | +16.05   |
| 12.              | 206 | Dorosz Alex         | POL    | Urszulín       |                 | 4:05       | 02:02.54 | <b>02:02.85</b>   | +18.13   |
| 13.              | 57  | Wyrostek Kuba       | POL    | Cyców          |                 | 4:05       | 02:02.27 | <b>02:02.87</b>   | +18.15   |
| 14.              | 34  | Jaworski Marcin     | POL    | Kulczyn        |                 | 4:14       | 02:07.13 | <b>02:07.13</b>   | +22.41   |
| 15.              | 208 | Oleszczuk Hubert    | POL    | Wytyczno       |                 | 4:18       | 02:07.85 | <b>02:09.11</b>   | +24.39   |
| 16.              | 156 | Horszczaruk Nikodem | POL    | Wola Uhruska   |                 | 4:29       | 02:14.78 | <b>02:14.78</b>   | +30.06   |
| 17.              | 231 | Lewandowski Kacper  | POL    | Urszulín       |                 | 4:49       | 02:24.15 | <b>02:24.92</b>   | +40.20   |
| 18.              | 41  | Namielski Oliwier   | POL    | Andrzejów      |                 | 4:50       | 02:25.41 | <b>02:25.42</b>   | +40.70   |
| 19.              | 221 | Tokarski Leon       | POL    | Urszulín       |                 | 4:58       | 02:29.02 | <b>02:29.02</b>   | +44.30   |
| 20.              | 214 | Wąsiewicz Adam      | POL    | Wólka Wytycka  |                 | 4:59       | 02:29.67 | <b>02:29.98</b>   | +45.26   |
| 21.              | 51  | Szys Jakub          | POL    | Sumin          |                 | 5:12       | 02:36.06 | <b>02:36.06</b>   | +51.34   |
| 22.              | 29  | Dudewicz Szymon     | POL    | Grabniak       |                 | 5:48       | 02:54.41 | <b>02:54.41</b>   | +1:09.69 |
| 23.              | 40  | Michaluta Jakub     | POL    | Urszulín       |                 | 6:31       | 03:15.58 | <b>03:15.89</b>   | +1:31.17 |
| 24.              | 217 | Tyszczyk Michał     | POL    | Michałów       |                 | 6:35       | 03:17.86 | <b>03:17.86</b>   | +1:33.14 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

## dziewczęta - rocznik 2013-2014 - 700 m

### Kobiety

|     |     |                             |     |              |                     |      |          |                 |          |
|-----|-----|-----------------------------|-----|--------------|---------------------|------|----------|-----------------|----------|
| 1.  | 64  | <b>Myć Roksana</b>          | POL | Urszulin     | KS Polesie Urszulin | 3:35 | 02:31.19 | <b>02:31.19</b> | --       |
| 2.  | 58  | <b>Banachewicz Julia</b>    | POL | Urszulin     | KS Polesie Urszulin | 3:41 | 02:35.00 | <b>02:35.00</b> | +3.81    |
| 3.  | 227 | <b>Brożek Aleksandra</b>    | POL | Głęboli      |                     | 3:41 | 02:35.39 | <b>02:35.39</b> | +4.20    |
| 4.  | 202 | <b>Kociuba Pola</b>         | POL | Urszulin     |                     | 3:42 | 02:35.86 | <b>02:35.86</b> | +4.67    |
| 5.  | 151 | <b>Szymczuk Julia</b>       | POL | Przymiarki   |                     | 4:02 | 02:49.84 | <b>02:49.84</b> | +18.65   |
| 6.  | 164 | <b>Szynkora Antonina</b>    | POL | Jamnik       |                     | 4:08 | 02:53.71 | <b>02:53.71</b> | +22.52   |
| 7.  | 60  | <b>Kędzierska Patrycja</b>  | POL | Wytyczno     |                     | 4:11 | 02:56.15 | <b>02:56.15</b> | +24.96   |
| 8.  | 236 | <b>Dzierzbicka Maja</b>     | POL | Urszulin     |                     | 4:15 | 02:58.56 | <b>02:58.56</b> | +27.37   |
| 9.  | 66  | <b>Panasiuk Alicja</b>      | POL | Zastawie     |                     | 4:21 | 03:03.26 | <b>03:03.26</b> | +32.07   |
| 10. | 209 | <b>Kowalska Alicja</b>      | POL | Cyców        |                     | 4:26 | 03:06.51 | <b>03:06.51</b> | +35.32   |
| 11. | 157 | <b>Niedźwiedzka Hanna</b>   | POL | Kulczyr      |                     | 4:31 | 03:10.19 | <b>03:10.19</b> | +39.00   |
| 12. | 190 | <b>Bartnichuk Maria</b>     | POL | Wytyczno     |                     | 5:12 | 03:38.53 | <b>03:38.73</b> | +1:07.54 |
| 13. | 172 | <b>Wachulska Nikola</b>     | POL | Wola Uhurska |                     | 5:34 | 03:54.31 | <b>03:54.31</b> | +1:23.12 |
| 14. | 233 | <b>Tyszczyk Kornelia</b>    | POL | Michałów     |                     | 5:37 | 03:56.43 | <b>03:56.43</b> | +1:25.24 |
| 15. | 65  | <b>Namielska Laura</b>      | POL | Andrzejów    |                     | 5:40 | 03:57.96 | <b>03:58.31</b> | +1:27.12 |
| 16. | 68  | <b>Wyrostek Aleksandra</b>  | POL | Świerszczów  |                     | 6:00 | 04:11.77 | <b>04:12.41</b> | +1:41.22 |
| 17. | 63  | <b>Łatwińska Julia</b>      | POL | Grabniak     |                     | 6:00 | 04:12.22 | <b>04:12.41</b> | +1:41.22 |
| 18. | 163 | <b>Stasiejko Aleksandra</b> | POL | Wola Uhurska |                     | 6:15 | 04:23.18 | <b>04:23.18</b> | +1:51.99 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

## chłopcy - rocznik 2013-2014 - 700 m

### Mężczyźni

|     |     |                              |     |                 |                     |       |          |                 |           |
|-----|-----|------------------------------|-----|-----------------|---------------------|-------|----------|-----------------|-----------|
| 1.  | 77  | <b>Rzędzian Miłosz</b>       | POL | Witaniów        | Łączna Biega        | 3:36  | 02:18.40 | <b>02:31.71</b> | --        |
| 2.  | 71  | <b>Grzywaczewski Tobiasz</b> | POL | Wytyczno        |                     | 3:41  | 02:21.49 | <b>02:35.02</b> | +3.31     |
| 3.  | 76  | <b>Ryc Olaf</b>              | POL | Urszulin        | KS Polesie Urszulin | 3:44  | 02:22.48 | <b>02:37.09</b> | +5.38     |
| 4.  | 78  | <b>Rzędzian Błażej</b>       | POL | Witaniów        | Łączna Biega        | 3:47  | 02:24.45 | <b>02:39.06</b> | +7.35     |
| 5.  | 72  | <b>Kopaczewski Jakub</b>     | POL | Urszulin        | KS Polesie Urszulin | 4:00  | 02:35.28 | <b>02:48.11</b> | +16.40    |
| 6.  | 73  | <b>Kultys Kacper</b>         | POL | Ostrów Lubelski |                     | 4:00  | 02:34.70 | <b>02:48.31</b> | +16.60    |
| 7.  | 212 | <b>Szczerba Michał</b>       | POL | Stary Brus      |                     | 4:04  | 02:36.72 | <b>02:50.95</b> | +19.24    |
| 8.  | 175 | <b>Pakuła Radek</b>          | POL | Wola Uhruska    |                     | 4:16  | 02:53.64 | <b>02:59.65</b> | +27.94    |
| 9.  | 232 | <b>Dudek Szymon</b>          | POL |                 |                     | 4:19  | 02:46.67 | <b>03:01.33</b> | +29.62    |
| 10. | 219 | <b>Dzierzbicki Jakub</b>     | POL | Zabrodzie       |                     | 4:22  | 02:48.80 | <b>03:03.47</b> | +31.76    |
| 11. | 201 | <b>Mrzowiecki Oskar</b>      | POL | Urszulin        |                     | 4:31  | 02:56.93 | <b>03:09.83</b> | +38.12    |
| 12. | 149 | <b>Sielaszuk Adam</b>        | POL | Urszulin        |                     | 4:40  | 03:02.60 | <b>03:16.53</b> | +44.82    |
| 13. | 216 | <b>Wąsiewicz Jan</b>         | POL | Wólka Wytycka   |                     | 4:45  | 03:05.36 | <b>03:20.03</b> | +48.32    |
| 14. | 177 | <b>Kędzierski Aleksandar</b> | POL | Urszulin        |                     | 4:50  | 03:09.81 | <b>03:23.22</b> | +51.51    |
| 15. | 79  | <b>Szadkowski Marcel</b>     | POL | Urszulin        |                     | 5:21  | 03:31.72 | <b>03:45.21</b> | +1:13.50  |
| 16. | 150 | <b>Górski Aleksander</b>     | POL | Urszulin        |                     | 5:28  | 03:35.17 | <b>03:50.06</b> | +1:18.35  |
| 17. | 160 | <b>Hola Ignacy</b>           | POL | Urszulin        |                     | 5:34  | 03:40.54 | <b>03:54.05</b> | +1:22.34  |
| 18. | 166 | <b>Borkowski Wiktor</b>      | POL | Wola Uhruska    |                     | 6:25  | 04:15.51 | <b>04:29.63</b> | +1:57.92  |
| 19. | 167 | <b>Omelczuk Aleksander</b>   | POL | Wola Uhruska    |                     | 20:00 | 13:45.33 | <b>14:00.07</b> | +11:28.36 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

## dziewczęta - rocznik 2011-2012 - 700 m

### Kobiety

|     |     |                             |     |              |                     |      |          |                 |          |
|-----|-----|-----------------------------|-----|--------------|---------------------|------|----------|-----------------|----------|
| 1.  | 85  | <b>Słoboda Katarzyna</b>    | POL | Grabniak     | KS Polesie Urszulin | 3:21 | 02:21.16 | <b>02:21.16</b> | --       |
| 2.  | 82  | <b>Małek Amelia</b>         | POL | Urszulin     |                     | 3:42 | 02:35.81 | <b>02:35.81</b> | +14.65   |
| 3.  | 86  | <b>Szadkowska Julia</b>     | POL | Urszulin     | SP Urszulin         | 3:46 | 02:38.39 | <b>02:38.39</b> | +17.23   |
| 4.  | 178 | <b>Józefczuk Gabriela</b>   | POL | Stary Brud   |                     | 3:46 | 02:38.84 | <b>02:38.84</b> | +17.68   |
| 5.  | 242 | <b>Jasielska Aleksandra</b> | POL |              |                     | 4:15 | 02:58.90 | <b>02:58.90</b> | +37.74   |
| 6.  | 184 | <b>Wawron Oliwia</b>        | POL | Wola Uhruska |                     | 4:16 | 02:59.32 | <b>02:59.32</b> | +38.16   |
| 7.  | 146 | <b>Borkowski Julia</b>      | POL | Włodawa      |                     | 4:18 | 03:00.63 | <b>03:00.63</b> | +39.47   |
| 8.  | 179 | <b>Lachowska Nikola</b>     | POL | Wola Uhruska |                     | 4:18 | 03:01.15 | <b>03:01.15</b> | +39.99   |
| 9.  | 81  | <b>Malinowska Magdalena</b> | POL | Kulczyn      | SP Urszulin         | 4:38 | 03:15.23 | <b>03:15.23</b> | +54.07   |
| 10. | 182 | <b>Sieracka Oktawia</b>     | POL | Wola Uhruska |                     | 4:46 | 03:20.62 | <b>03:20.62</b> | +59.46   |
| 11. | 169 | <b>Pastucha Oliwia</b>      | POL |              |                     | 4:51 | 03:23.92 | <b>03:23.92</b> | +1:02.76 |
| 12. | 176 | <b>Wolan Nikola</b>         | POL | Wola Uhruska |                     | 4:52 | 03:24.67 | <b>03:24.67</b> | +1:03.51 |
| 13. | 192 | <b>Piasecka Katarzyna</b>   | POL | Wola Uhruska |                     | 5:30 | 03:51.22 | <b>03:51.22</b> | +1:30.06 |
| 14. | 180 | <b>Tkaczuk Maja</b>         | POL | Wola Uhruska |                     | 5:31 | 03:51.78 | <b>03:51.78</b> | +1:30.62 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

## chłopcy - rocznik 2011-2012 - 700 m

### Mężczyźni

|    |     |                             |     |              |                     |      |          |                 |          |
|----|-----|-----------------------------|-----|--------------|---------------------|------|----------|-----------------|----------|
| 1. | 237 | <b>Jung Paweł</b>           | POL | Sumin        |                     | 3:06 | 02:10.23 | <b>02:10.23</b> | --       |
| 2. | 94  | <b>Wach Mikołaj</b>         | POL | Urszulin     | KS Polesie Urszulin | 3:10 | 02:13.40 | <b>02:13.40</b> | +3.17    |
| 3. | 204 | <b>Kudyba Miłosz</b>        | POL | Urszulin     |                     | 3:22 | 02:21.80 | <b>02:21.80</b> | +11.57   |
| 4. | 92  | <b>Myć Albert</b>           | POL | Urszulin     | KS Polesie Urszulin | 3:31 | 02:28.03 | <b>02:28.03</b> | +17.80   |
| 5. | 174 | <b>Makarewicz Krzysztof</b> | POL | Włodawa      |                     | 3:37 | 02:32.39 | <b>02:32.39</b> | +22.16   |
| 6. | 191 | <b>Kuczyński Szymon</b>     | POL | Wola Uhruska |                     | 3:53 | 02:43.65 | <b>02:43.65</b> | +33.42   |
| 7. | 244 | <b>Matyjaszczyk Bartosz</b> | POL |              |                     | 3:53 | 02:43.69 | <b>02:43.69</b> | +33.46   |
| 8. | 93  | <b>Myć Gabriel</b>          | POL | Wytuczno     | SP Urszulin         | 4:27 | 03:07.00 | <b>03:07.00</b> | +56.77   |
| 9. | 90  | <b>Lal Dominik</b>          | POL | Garbatówka   |                     | 5:52 | 04:06.60 | <b>04:06.79</b> | +1:56.56 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

## dziewczęta - rocznik 2009-2010 - 1000 m

### Kobiety

|    |     |                     |     |          |  |      |          |                 |        |
|----|-----|---------------------|-----|----------|--|------|----------|-----------------|--------|
| 1. | 235 | Niedzwiedzka Emilia | POL | Urszulin |  | 3:54 | 03:54.23 | <b>03:54.23</b> | --     |
| 2. | 186 | Janiuk Maja         | POL |          |  | 4:32 | 04:32.86 | <b>04:32.86</b> | +38.63 |
| 3. | 185 | Oleksiuk Julia      | POL |          |  | 4:35 | 04:35.96 | <b>04:35.96</b> | +41.73 |
| 4. | 168 | Sadło Anna          | POL | Babsk    |  | 4:54 | 04:54.16 | <b>04:54.16</b> | +59.93 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

## chłopcy - rocznik 2009-2010 - 1000 m

### Mężczyźni

|    |     |                    |     |           |  |      |          |                 |        |
|----|-----|--------------------|-----|-----------|--|------|----------|-----------------|--------|
| 1. | 238 | Arciszewski Kacper | POL |           |  | 3:14 | 03:14.53 | <b>03:14.53</b> | --     |
| 2. | 173 | Makarewicz Jan     | POL | Włodawa   |  | 3:19 | 03:19.85 | <b>03:19.85</b> | +5.32  |
| 3. | 165 | Szczepanik Maciej  | POL | Urszulin  |  | 3:22 | 03:22.36 | <b>03:22.36</b> | +7.83  |
| 4. | 99  | Jaworski Maciej    | POL | Kulczyn   |  | 3:25 | 03:25.19 | <b>03:25.19</b> | +10.66 |
| 5. | 98  | Barczak Dominik    | POL | Urszulin  |  | 3:37 | 03:37.51 | <b>03:37.51</b> | +22.98 |
| 6. | 100 | Parasion Michał    | POL | Zawadówka |  | 4:02 | 04:02.33 | <b>04:02.33</b> | +47.80 |



| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

## dziewczęta - rocznik 2008 i starsze - 1000 m

### Kobiety

|    |     |               |     |          |  |      |          |                 |    |
|----|-----|---------------|-----|----------|--|------|----------|-----------------|----|
| 1. | 229 | Szwaj Martyna | POL | Michałów |  | 1:44 | 01:44.24 | <b>01:44.24</b> | -- |
|----|-----|---------------|-----|----------|--|------|----------|-----------------|----|

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

## chłopcy - rocznik 2008 i starsi - 1000 m

### Mężczyźni

|    |     |                           |     |          |  |      |          |                 |        |
|----|-----|---------------------------|-----|----------|--|------|----------|-----------------|--------|
| 1. | 225 | <b>Dolańska Sebastian</b> | POL | Hele     |  | 2:56 | 02:56.27 | <b>02:56.38</b> | --     |
| 2. | 189 | <b>Piskala Michał</b>     | POL | Suchawa  |  | 2:58 | 02:58.77 | <b>02:58.77</b> | +2.39  |
| 3. | 102 | <b>Szadkowski Filip</b>   | POL | Urszulin |  | 3:43 | 03:43.68 | <b>03:43.91</b> | +47.53 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

## Bieg 5 km

### Kobiety

|     |     |                      |     |             |                     |                |       |         |                |        |
|-----|-----|----------------------|-----|-------------|---------------------|----------------|-------|---------|----------------|--------|
| 1.  | 108 | Jaworska Martyna     | POL | Kulczyn     |                     | K-39 / Kl.gen  | 4:56  | 24:44   | <b>24:44</b>   | --     |
| 2.  | 112 | Kloc Monika 1        | POL | Wytyczno    | Gazele              | K-39 / Kl.gen  | 5:26  | 27:11   | <b>27:12</b>   | +2:28  |
| 3.  | 122 | Witek-Kondrat Anna   | POL | Czemierniki |                     | K-40+ / Kl.gen | 5:45  | 28:46   | <b>28:49</b>   | +4:05  |
| 4.  | 113 | Kloc Monika 2        | POL | Urszulin    |                     | K-39 / Kl.gen  | 5:56  | 29:40   | <b>29:43</b>   | +4:59  |
| 5.  | 198 | Kociuba Anna         | POL | Urszulin    |                     | K-39 / Kl.gen  | 5:59  | 29:56   | <b>29:57</b>   | +5:13  |
| 6.  | 118 | Śliwa Teresa         | POL | Łęczna      |                     | K-40+ / Kl.gen | 6:00  | 29:58   | <b>30:02</b>   | +5:18  |
| 7.  | 193 | Wójcik Anna          | POL | Świerszczów |                     | K-40+ / 1      | 6:00  | 30:01   | <b>30:02</b>   | +5:18  |
| 8.  | 121 | Witek Iwona          | POL | Łomnica     |                     | K-40+ / 2      | 6:23  | 31:59   | <b>31:59</b>   | +7:15  |
| 9.  | 107 | Grosiak Beata        | POL | Łęczna      |                     | K-39 / 1       | 6:23  | 31:57   | <b>32:00</b>   | +7:16  |
| 10. | 123 | Wołoszkiewicz Joanna | POL | Wytyczno    | Przygody z Przyrodą | K-39 / 2       | 13:42 | 1:08:34 | <b>1:08:35</b> | +43:51 |

### Mężczyźni

|     |     |                       |     |           |              |                |      |       |              |        |
|-----|-----|-----------------------|-----|-----------|--------------|----------------|------|-------|--------------|--------|
| 1.  | 115 | Przybylski Bartłomiej | POL | Urszulin  |              | M-39 / Kl.gen  | 3:43 | 18:35 | <b>18:37</b> | --     |
| 2.  | 105 | Górski Bartosz        | POL | Urszulin  | No Idea Team | M-40+ / Kl.gen | 3:53 | 19:30 | <b>19:30</b> | +0:53  |
| 3.  | 124 | Woźniak Mateusz       | POL | Sosnowica |              | M-39 / Kl.gen  | 4:06 | 20:33 | <b>20:33</b> | +1:56  |
| 4.  | 142 | Prill Witold          | POL | Urszulin  | LW Bogdanka  | M-40+ / Kl.gen | 4:26 | 22:15 | <b>22:15</b> | +3:38  |
| 5.  | 207 | Dorosz Piotr          | POL | Urszulin  |              | M-39 / Kl.gen  | 4:27 | 22:16 | <b>22:17</b> | +3:40  |
| 6.  | 230 | Szwaj Robert          | POL | Michałów  |              | M-40+ / Kl.gen | 4:43 | 23:36 | <b>23:37</b> | +5:00  |
| 7.  | 194 | Kotarski Jakub        | POL | Cyców     |              | M-39 / 1       | 4:46 | 23:54 | <b>23:55</b> | +5:18  |
| 8.  | 111 | Kaniewski Jozef       | POL | Lubartów  |              | M-40+ / 1      | 4:58 | 24:53 | <b>24:55</b> | +6:18  |
| 9.  | 119 | Wadowski Dariusz      | POL | Cyców     | #Cycówbiega  | M-39 / 2       | 5:08 | 25:43 | <b>25:44</b> | +7:07  |
| 10. | 117 | Śliwa Andrzej         | POL | Łęczna    |              | M-40+ / 2      | 5:37 | 28:05 | <b>28:09</b> | +9:32  |
| 11. | 218 | Wroński Karol         | POL | Wytyczno  |              | M-39 / 3       | 5:39 | 28:16 | <b>28:17</b> | +9:40  |
| 12. | 114 | Lisiecki Mariusz      | POL | Parczew   |              | M-40+ / 3      | 7:56 | 39:45 | <b>39:45</b> | +21:08 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|-------|-------------------|--------|

## Bieg 10 km

### Kobiety

|    |     |                            |     |          |        |               |      |         |                |       |
|----|-----|----------------------------|-----|----------|--------|---------------|------|---------|----------------|-------|
| 1. | 140 | <b>Pękała Alicja</b>       | POL | Urszulin | Gazele | K-39 / Kl.gen | 5:39 | 56:36   | <b>56:37</b>   | --    |
| 2. | 139 | <b>Panasiuk Agata</b>      | POL | Zastawie | Gazele | K-39 / Kl.gen | 5:58 | 59:49   | <b>59:50</b>   | +3:13 |
| 3. | 199 | <b>Oleszczyńska Amelia</b> | POL | Pawłów   |        | K-39 / Kl.gen | 6:19 | 1:03:12 | <b>1:03:14</b> | +6:37 |

### Mężczyźni

|     |     |                           |     |             |              |                |      |         |                |        |
|-----|-----|---------------------------|-----|-------------|--------------|----------------|------|---------|----------------|--------|
| 1.  | 138 | <b>Matyjaszczyk Kamil</b> | POL | Łęczna      | Łęczna Biega | M-39 / Kl.gen  | 3:52 | 38:48   | <b>38:48</b>   | --     |
| 2.  | 131 | <b>Galus Jarosław</b>     | POL | Włodawa     |              | M-39 / Kl.gen  | 4:05 | 40:53   | <b>40:54</b>   | +2:06  |
| 3.  | 144 | <b>Ryć Dariusz</b>        | POL | Urszulin    | LW Bogdanka  | M-40+ / Kl.gen | 4:10 | 41:43   | <b>41:43</b>   | +2:55  |
| 4.  | 145 | <b>Zasiadko Mikołaj</b>   | POL | Łęczna      | LW Bogdanka  | M-40+ / Kl.gen | 4:38 | 46:26   | <b>46:28</b>   | +7:40  |
| 5.  | 143 | <b>Pytka Henryk</b>       | POL | Łęczna      | LW Bogdanka  | M-40+ / Kl.gen | 4:49 | 48:09   | <b>48:11</b>   | +9:23  |
| 6.  | 136 | <b>Kozioł Tomasz</b>      | POL | Zawadówka   | Chelm Biega  | M-40+ / Kl.gen | 4:50 | 48:25   | <b>48:28</b>   | +9:40  |
| 7.  | 126 | <b>Bielecki Paweł</b>     | POL | Włodawa     |              | M-39 / 1       | 4:57 | 49:28   | <b>49:32</b>   | +10:44 |
| 8.  | 228 | <b>Rzędzian Marcin</b>    | POL | Witaniów    | Łęczna Biega | M-40+ / 1      | 5:05 | 50:56   | <b>50:59</b>   | +12:11 |
| 9.  | 129 | <b>Buławski Krzysztof</b> | POL | Puchaczów   |              | M-40+ / 2      | 5:08 | 51:21   | <b>51:25</b>   | +12:37 |
| 10. | 125 | <b>Biały Mirosław</b>     | POL | Ziółków     |              | M-40+ / 3      | 5:16 | 52:39   | <b>52:42</b>   | +13:54 |
| 11. | 130 | <b>Gajowiak Kacper</b>    | POL | Kajetanowka |              | M-39 / 2       | 5:20 | 53:22   | <b>53:25</b>   | +14:37 |
| 12. | 132 | <b>Iwanicki Władysław</b> | POL | Łęczna      | LW Bogdanka  | M-40+ / 4      | 5:20 | 53:23   | <b>53:26</b>   | +14:38 |
| 13. | 246 | <b>Tomaszewski Leon</b>   | POL | Cyców       |              | M-40+ / 5      | 5:52 | 58:38   | <b>58:41</b>   | +19:53 |
| 14. | 133 | <b>Koń Leszek</b>         | POL | Łęczna      | LW Bogdanka  | M-40+ / 6      | 6:05 | 1:00:50 | <b>1:00:53</b> | +22:05 |
| 15. | 197 | <b>Lorenc Adam</b>        | POL |             |              | M-39 / 3       | 6:19 | 1:03:12 | <b>1:03:14</b> | +24:26 |

Liczba uczestników: 162