

## Wyniki OPEN K/M

24.08.2024, Nowy Dwór Mazowiecki

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Lap1 | Lap2 | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|------|------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|------|------|-------|-------------------|--------|

### Bieg dzieci roczniki 2018 i młodsze - 200 m

#### Kobiety

|     |     |                        |     |                      |                       |      |       |  |  |       |       |
|-----|-----|------------------------|-----|----------------------|-----------------------|------|-------|--|--|-------|-------|
| 1.  | 591 | Jagięło Wiktoria       | POL | Nowy Dwór Mazowiecki |                       | 2:29 | 00:30 |  |  | 00:30 | --    |
| 2.  | 513 | Hentka Basia           | POL | Warszawa             | UKL Olimpijczyk       | 2:31 | 00:31 |  |  | 00:31 | +0:01 |
| 3.  | 535 | Manowska Oliwia        | POL | Nowy Dwór Mazowiecki |                       | 2:34 | 00:31 |  |  | 00:31 | +0:01 |
| 4.  | 565 | Wojtkowska Zuzanna     | POL | Warszawa             | Zakapiory             | 2:41 | 00:33 |  |  | 00:33 | +0:03 |
| 5.  | 595 | Franiewska Ania        | POL | Palmiry              | KS Orleża             | 2:41 | 00:33 |  |  | 00:33 | +0:03 |
| 6.  | 579 | Kobuszevska Liliana    | POL | Nowy Dwór Mazowiecki |                       | 3:07 | 00:38 |  |  | 00:38 | +0:08 |
| 7.  | 515 | Karwowska Malina       | POL | Warszawa             |                       | 3:09 | 00:38 |  |  | 00:38 | +0:08 |
| 8.  | 621 | Zawada Ewa             | POL | Warszawa             | Biegam na Tarchominie | 3:20 | 00:40 |  |  | 00:40 | +0:10 |
| 9.  | 571 | Łuszczewska Małgorzata | POL | Nowy Dwór Mazowiecki |                       | 3:45 | 00:45 |  |  | 00:45 | +0:15 |
| 10. | 568 | Nowak Martyna          | POL | Nowy Dwór Mazowiecki |                       | 4:11 | 00:51 |  |  | 00:51 | +0:21 |
| 11. | 516 | Karwowska Luiza        | POL | Warszawa             |                       | 4:21 | 00:53 |  |  | 00:53 | +0:23 |
| 12. | 547 | Rosinska Ewa           | POL | Stare Grochale       |                       | 4:32 | 00:55 |  |  | 00:55 | +0:25 |
| 13. | 538 | Nowak Magdalena        | POL | Nowy Modlin          |                       | 5:01 | 01:01 |  |  | 01:01 | +0:31 |
| 14. | 542 | Rak Gabriela           | POL | Kaliszki             |                       | 5:29 | 01:06 |  |  | 01:06 | +0:36 |
| 15. | 612 | Krosnowska Natalia     | POL | Niepiekła            |                       | 5:40 | 01:08 |  |  | 01:08 | +0:38 |
| 16. | 575 | Obidzińska Pola        | POL | Nowy Dwór Mazowiecki |                       | 5:43 | 01:09 |  |  | 01:09 | +0:39 |
| 17. | 505 | Budzik Blanka          | POL | Nowe Grochale        |                       | 5:54 | 01:11 |  |  | 01:11 | +0:41 |

#### Mężczyźni

|    |     |                    |     |          |  |      |       |  |  |       |       |
|----|-----|--------------------|-----|----------|--|------|-------|--|--|-------|-------|
| 1. | 554 | Struniawski Wiktor | POL | Jabłonna |  | 2:42 | 00:33 |  |  | 00:33 | --    |
| 2. | 614 | Kłaczynski Kornel  | POL | Nasielsk |  | 2:49 | 00:34 |  |  | 00:34 | +0:01 |



| M-ce | Nr  | Nazwisko i imię     | Miasto                   | Klub                        | Kat./<br>m-ce | min/<br>km | Lap1  | Lap2 | Netto | Wynik<br>(Brutto) | Strata |
|------|-----|---------------------|--------------------------|-----------------------------|---------------|------------|-------|------|-------|-------------------|--------|
| 3.   | 511 | Gadomski Ignacy     | POL Płońsk               | Aktywność Rodzi Pozytywność |               | 2:53       | 00:35 |      |       | 00:35             | +0:02  |
| 4.   | 531 | Majewski Franciszek | POL Wołomin              | Widtorogi                   |               | 2:57       | 00:36 |      |       | 00:36             | +0:03  |
| 5.   | 528 | Lewandowski Oliwier | POL Pomiechówek          | DI Events Team              |               | 3:14       | 00:39 |      |       | 00:39             | +0:06  |
| 6.   | 573 | Piotrowski Adam     | POL                      |                             |               | 3:15       | 00:39 |      |       | 00:39             | +0:06  |
| 7.   | 617 | Bojarski Stanisław  | POL Nowy Dwór Mazowiecki |                             |               | 3:17       | 00:40 |      |       | 00:40             | +0:07  |
| 8.   | 533 | Malanka Ignacy      | POL Nowy Dwór Mazowiecki |                             |               | 3:18       | 00:40 |      |       | 00:40             | +0:07  |
| 9.   | 561 | Wiśniewski Franek   | POL Zakroczym            |                             |               | 3:28       | 00:42 |      |       | 00:42             | +0:09  |
| 10.  | 524 | Latkowski Antoni    | POL Nasielsk             |                             |               | 3:33       | 00:43 |      |       | 00:43             | +0:10  |
| 11.  | 596 | Franiewski Olaf     | POL Palmiry              | KS Orleża                   |               | 3:57       | 00:48 |      |       | 00:48             | +0:15  |
| 12.  | 603 | Wilde Tymoteusz     | POL                      |                             |               | 4:02       | 00:49 |      |       | 00:49             | +0:16  |
| 13.  | 613 | Kowalski Stanisław  | POL Psucin               |                             |               | 4:05       | 00:49 |      |       | 00:49             | +0:16  |
| 14.  | 574 | Chernewko Kyryl     | POL                      |                             |               | 4:07       | 00:50 |      |       | 00:50             | +0:17  |
| 15.  | 619 | Kordal Grzegorz     | POL Legionowo            |                             |               | 4:09       | 00:50 |      |       | 00:50             | +0:17  |
| 16.  | 522 | Kozerewicz Wojtuś   | POL Nowy Dwór Mazowiecki |                             |               | 4:11       | 00:51 |      |       | 00:51             | +0:18  |
| 17.  | 549 | Skrzypczak Adam     | POL Nowy Dwór Mazowiecki |                             |               | 4:14       | 00:51 |      |       | 00:51             | +0:18  |
| 18.  | 556 | Szuliński Ignacy    | POL Nowy Dwór Mazowiecki |                             |               | 4:22       | 00:53 |      |       | 00:53             | +0:20  |
| 19.  | 504 | Budzik Ignacy       | POL Warszawa             | Biegam na Tarchominie       |               | 4:24       | 00:53 |      |       | 00:53             | +0:20  |
| 20.  | 503 | Budzik Antoni       | POL Nowe Grochale        |                             |               | 4:38       | 00:56 |      |       | 00:56             | +0:23  |
| 21.  | 508 | Czyżewski Krzysztof | POL Nowy Dwór Mazowiecki |                             |               | 5:15       | 01:03 |      |       | 01:03             | +0:30  |
| 22.  | 529 | Lewandowski Kuba    | POL Pomiechówek          | DI Events Team              |               | 5:52       | 01:11 |      |       | 01:11             | +0:38  |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Lap1 | Lap2 | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|------|------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|------|------|-------|-------------------|--------|

## Bieg dzieci roczniki 2014 - 2017 - 400 m

### Kobiety

|     |     |                    |     |                      |                      |      |       |  |       |              |       |
|-----|-----|--------------------|-----|----------------------|----------------------|------|-------|--|-------|--------------|-------|
| 1.  | 588 | Kłoszewska Lena    | POL |                      |                      | 3:20 | 01:20 |  | 01:20 | <b>01:20</b> | --    |
| 2.  | 520 | Kowalska Helena    | POL | Psucin               | BKS Wataha           | 3:25 | 01:22 |  | 01:21 | <b>01:22</b> | +0:02 |
| 3.  | 523 | Król Lena          | POL | Piaseczno            | Kondycja Piaseczno   | 3:26 | 01:23 |  | 01:22 | <b>01:23</b> | +0:03 |
| 4.  | 534 | Manowska Wiktoria  | POL | Nowy Dwór Mazowiecki |                      | 3:27 | 01:23 |  | 01:23 | <b>01:23</b> | +0:03 |
| 5.  | 611 | Zawacka Joanna     | POL | Piastów              | Rozbiegany Piastów   | 3:41 | 01:29 |  | 01:29 | <b>01:29</b> | +0:09 |
| 6.  | 582 | Witkowska Emilia   | POL | Nowy Dwór Mazowiecki |                      | 3:43 | 01:30 |  | 01:29 | <b>01:30</b> | +0:10 |
| 7.  | 604 | Gollnik Emilia     | POL | Nowy Dwór Mazowiecki | BKS Wataha           | 3:52 | 01:33 |  | 01:33 | <b>01:33</b> | +0:13 |
| 8.  | 551 | Sobczyńska Julia   | POL | Szczypiorno          |                      | 3:52 | 01:33 |  | 01:33 | <b>01:33</b> | +0:13 |
| 9.  | 577 | Sobczyk Kasia      | POL | Nowy Dwór Mazowiecki | Rozbiegamy Nowy Dwór | 4:00 | 01:36 |  | 01:36 | <b>01:36</b> | +0:16 |
| 10. | 546 | Rosinska Laura     | POL | Stare Grochale       |                      | 4:04 | 01:38 |  | 01:37 | <b>01:38</b> | +0:18 |
| 11. | 563 | Woch Hania         | POL | Łomianki             | Widtorogi            | 4:10 | 01:40 |  | 01:39 | <b>01:40</b> | +0:20 |
| 12. | 521 | Kowalska Marianna  | POL | Psucin               | BKS Wataha           | 4:12 | 01:41 |  | 01:40 | <b>01:41</b> | +0:21 |
| 13. | 584 | Smith Chealse      | POL | Pomiechówek          |                      | 4:20 | 01:44 |  | 01:44 | <b>01:44</b> | +0:24 |
| 14. | 608 | Kołecka Anastazja  | POL | Nowy Dwór Mazowiecki |                      | 4:25 | 01:46 |  | 01:44 | <b>01:46</b> | +0:26 |
| 15. | 553 | Szrednicka Maja    | POL | Nowy Dwór Mazowiecki |                      | 4:39 | 01:52 |  | 01:52 | <b>01:52</b> | +0:32 |
| 16. | 601 | Pietrow Amelya     | POL | Nowy Dwór Mazowiecki |                      | 4:41 | 01:53 |  | 01:51 | <b>01:53</b> | +0:33 |
| 17. | 616 | Bojarska Helena    | POL | Nowy Dwór Mazowiecki |                      | 4:52 | 01:57 |  | 01:56 | <b>01:57</b> | +0:37 |
| 18. | 555 | Szulińska Hanna    | POL | Nowy Dwór Mazowiecki |                      | 4:55 | 01:58 |  | 01:57 | <b>01:58</b> | +0:38 |
| 19. | 532 | Malanka Alicja     | POL | Nowy Dwór Mazowiecki |                      | 4:56 | 01:59 |  | 01:59 | <b>01:59</b> | +0:39 |
| 20. | 537 | Nordwing Liliana   | POL | Nowy Dwór Mazowiecki |                      | 5:10 | 02:04 |  | 02:04 | <b>02:04</b> | +0:44 |
| 21. | 514 | Jędrzejewska Kinga | POL | Nowy Dwór Mazowiecki |                      | 5:30 | 02:12 |  | 02:10 | <b>02:12</b> | +0:52 |
| 22. | 607 | Smardzewska Maja   | POL | Nowy Dwór Mazowiecki |                      | 5:32 | 02:13 |  | 02:12 | <b>02:13</b> | +0:53 |
| 23. | 572 | Łuszczewska Alicja | POL | Nowy Dwór Mazowiecki |                      | 5:51 | 02:21 |  | 02:20 | <b>02:21</b> | +1:01 |
| 24. | 526 | Lewandowska Hanna  | POL | Waganiec             |                      | 6:04 | 02:26 |  | 02:25 | <b>02:26</b> | +1:06 |

### Mężczyźni

|     |     |                      |     |                      |                      |      |       |  |       |              |       |
|-----|-----|----------------------|-----|----------------------|----------------------|------|-------|--|-------|--------------|-------|
| 1.  | 544 | Reichel Dawid        | POL | Nowy Dwór Mazowiecki |                      | 3:15 | 01:18 |  | 01:18 | <b>01:18</b> | --    |
| 2.  | 569 | Podnieśniński Piotr  | POL | Nowy Dwór Mazowiecki |                      | 3:18 | 01:19 |  | 01:18 | <b>01:19</b> | +0:01 |
| 3.  | 543 | Reichel Adam         | POL | Nowy Dwór Mazowiecki |                      | 3:18 | 01:19 |  | 01:19 | <b>01:19</b> | +0:01 |
| 4.  | 580 | Kłós Antoni          | POL | Warszawa             |                      | 3:27 | 01:23 |  | 01:23 | <b>01:23</b> | +0:05 |
| 5.  | 570 | Budkiewicz Filip     | POL | Nowy Dwór Mazowiecki |                      | 3:44 | 01:30 |  | 01:30 | <b>01:30</b> | +0:12 |
| 6.  | 578 | Dujka Antonio        | POL | Nowy Dwór Mazowiecki | Rozbiegamy Nowy Dwór | 3:45 | 01:30 |  | 01:29 | <b>01:30</b> | +0:12 |
| 7.  | 593 | Bartoszek Aleksander | POL | Nowy Dwór Mazowiecki |                      | 3:49 | 01:32 |  | 01:32 | <b>01:32</b> | +0:14 |
| 8.  | 536 | Milczarek Bartosz    | POL | Kozłów Biskupi       |                      | 3:52 | 01:33 |  | 01:33 | <b>01:33</b> | +0:15 |
| 9.  | 540 | Piórkowski Jan       | POL | Nowy Dwór Mazowiecki | Świt NDM             | 4:04 | 01:38 |  | 01:38 | <b>01:38</b> | +0:20 |
| 10. | 541 | Piórkowski Adam      | POL | Nowy Dwór Mazowiecki |                      | 4:05 | 01:38 |  | 01:38 | <b>01:38</b> | +0:20 |

| M-ce | Nr  | Nazwisko i imię         | Miasto | Klub                 | Kat./<br>m-ce | min/<br>km | Lap1  | Lap2 | Netto | Wynik<br>(Brutto) | Strata |
|------|-----|-------------------------|--------|----------------------|---------------|------------|-------|------|-------|-------------------|--------|
| 11.  | 506 | <b>Chłopek Sergiusz</b> | POL    | Nowy Dwór Mazowiecki |               | 4:09       | 01:40 |      | 01:40 | <b>01:40</b>      | +0:22  |
| 12.  | 605 | <b>Osiad Jeremi</b>     | POL    | Płońsk               |               | 4:12       | 01:41 |      | 01:41 | <b>01:41</b>      | +0:23  |
| 13.  | 517 | <b>Kazula Szymon</b>    | POL    | Nowy Dwór Mazowiecki |               | 4:41       | 01:53 |      | 01:53 | <b>01:53</b>      | +0:35  |
| 14.  | 585 | <b>Lewkowicz Piotr</b>  | POL    | Pomiechówek          |               | 4:43       | 01:54 |      | 01:53 | <b>01:54</b>      | +0:36  |
| 15.  | 527 | <b>Lewandowski Jan</b>  | POL    | Waganiec             |               | 5:29       | 02:12 |      | 02:12 | <b>02:12</b>      | +0:54  |
| 16.  | 602 | <b>Wilde Stefan</b>     | POL    |                      |               | 5:44       | 02:18 |      | 02:17 | <b>02:18</b>      | +1:00  |
| 17.  | 583 | <b>Lewkowicz Maciej</b> | POL    | Pomiechówek          |               | 6:51       | 02:45 |      | 02:45 | <b>02:45</b>      | +1:27  |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Lap1 | Lap2 | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|------|------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|------|------|-------|-------------------|--------|

## Bieg dzieci roczniki 2011 - 2013 - 800 m

### Kobiety

|    |     |                          |     |                      |                     |      |       |       |       |              |       |
|----|-----|--------------------------|-----|----------------------|---------------------|------|-------|-------|-------|--------------|-------|
| 1. | 501 | <b>Budniak Maja</b>      | POL | Władysławowo         | KS Ciechan          | 3:12 | 01:17 | 01:18 | 02:34 | <b>02:34</b> | --    |
| 2. | 586 | <b>Szczesnik Julia</b>   | POL | Łochów               |                     | 3:13 | 01:16 | 01:19 | 02:34 | <b>02:34</b> | +0:00 |
| 3. | 539 | <b>Pawłowska Emilka</b>  | POL | Warszawa             | UKL Olimpijczyk     | 3:23 | 01:23 | 01:19 | 02:42 | <b>02:42</b> | +0:08 |
| 4. | 502 | <b>Budniak Zuzanna</b>   | POL | Władysławowo         | KS Ciechan          | 3:29 | 01:19 | 01:29 | 02:47 | <b>02:47</b> | +0:13 |
| 5. | 519 | <b>Komorzycka Laura</b>  | POL | Mińsk Mazowiecki     | Race Fighter Junior | 3:41 | 01:23 | 01:34 | 02:57 | <b>02:57</b> | +0:23 |
| 6. | 510 | <b>Feroze Hanna</b>      | GBR | Ellesmere Port       |                     | 4:00 | 01:23 | 01:49 | 03:12 | <b>03:12</b> | +0:38 |
| 7. | 525 | <b>Lewandowska Łucja</b> | POL | Waganiec             |                     | 5:53 | 01:59 | 02:44 | 04:42 | <b>04:43</b> | +2:09 |
| 8. | 609 | <b>Karpowicz Julia</b>   | POL | Nowy Dwór Mazowiecki |                     | 5:57 | 01:54 | 02:52 | 04:45 | <b>04:46</b> | +2:12 |

### Mężczyźni

|            |     |                            |     |                      |                         |      |       |       |       |              |       |
|------------|-----|----------------------------|-----|----------------------|-------------------------|------|-------|-------|-------|--------------|-------|
| 1.         | 589 | <b>Warszawski Jan</b>      | POL | Nowy Dwór Mazowiecki |                         | 3:04 | 01:15 | 01:12 | 02:26 | <b>02:27</b> | --    |
| 2.         | 610 | <b>Okuła Jan</b>           | POL | Żyrardów             |                         | 3:10 | 01:18 | 01:14 | 02:32 | <b>02:32</b> | +0:05 |
| 3.         | 562 | <b>Witt Łukasz</b>         | POL | Nowy Dwór Mazowiecki | Świt NDM                | 3:31 | 01:21 | 01:28 | 02:49 | <b>02:49</b> | +0:22 |
| 4.         | 550 | <b>Słowiak Dominik</b>     | POL | Warszawa             |                         | 3:39 | 01:24 | 01:32 | 02:55 | <b>02:55</b> | +0:28 |
| 5.         | 509 | <b>Feroze Adam</b>         | GBR | Ellesmere Port       |                         | 3:43 | 01:19 | 01:40 | 02:58 | <b>02:58</b> | +0:31 |
| 6.         | 581 | <b>Głowacki Jakub</b>      | POL | Nowy Dwór Mazowiecki |                         | 3:44 | 01:23 | 01:37 | 02:59 | <b>02:59</b> | +0:32 |
| 7.         | 597 | <b>Morawski Franciszek</b> | POL | Warszawa             | Podstawowa 246 Warszawa | 4:10 | 01:32 | 01:49 | 03:20 | <b>03:20</b> | +0:53 |
| 8.         | 590 | <b>Jagiello Dawid</b>      | POL | Nowy Dwór Mazowiecki |                         | 4:21 | 01:25 | 02:05 | 03:29 | <b>03:29</b> | +1:02 |
| 9.         | 606 | <b>Marzec Adam</b>         | POL | Łowicz               |                         | 4:24 | 01:22 | 02:10 | 03:32 | <b>03:32</b> | +1:05 |
| <b>DNF</b> | 576 | <b>Skrzypczak Jakub</b>    | POL | Nowy Dwór Mazowiecki |                         |      |       | 04:20 |       |              |       |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Lap1 | Lap2 | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|------|------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|------|------|-------|-------------------|--------|

## Bieg dzieci roczniki 2008 - 2010 - 800 m

### Kobiety

|    |     |                         |     |                      |  |      |       |       |       |              |       |
|----|-----|-------------------------|-----|----------------------|--|------|-------|-------|-------|--------------|-------|
| 1. | 518 | <b>Komorzycka Julia</b> | POL | Mińsk Mazowiecki     |  | 3:52 | 01:35 | 01:31 | 03:06 | <b>03:06</b> | --    |
| 2. | 548 | <b>Skiers Gabriela</b>  | POL | Nowy Dwór Mazowiecki |  | 4:32 | 01:52 | 01:46 | 03:38 | <b>03:38</b> | +0:32 |
| 3. | 559 | <b>Walczak Kinga</b>    | POL | Nowy Dwór Mazowiecki |  | 4:44 | 01:52 | 01:56 | 03:47 | <b>03:47</b> | +0:41 |

### Mężczyźni

|    |     |                          |     |                      |  |      |       |       |       |              |       |
|----|-----|--------------------------|-----|----------------------|--|------|-------|-------|-------|--------------|-------|
| 1. | 507 | <b>Czurko Maciej</b>     | POL | Nowy Dwór Mazowiecki |  | 3:51 | 01:24 | 01:41 | 03:05 | <b>03:05</b> | --    |
| 2. | 552 | <b>Sobczyński Michał</b> | POL | Szczyplorno          |  | 4:12 | 01:34 | 01:48 | 03:22 | <b>03:22</b> | +0:17 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./m-ce | min/km | Lap1 | Lap2 | Netto | Wynik (Brutto) | Strata |
|------|----|-----------------|--------|------|-----------|--------|------|------|-------|----------------|--------|
|------|----|-----------------|--------|------|-----------|--------|------|------|-------|----------------|--------|

## Bieg główny 5 km

### Kobiety

|     |     |                          |     |                      |                       |             |      |       |       |       |              |        |
|-----|-----|--------------------------|-----|----------------------|-----------------------|-------------|------|-------|-------|-------|--------------|--------|
| 1.  | 5   | Bieniek-Ugniewska Joanna | POL | Nowy Dwór Mazowiecki | Sunfit Studio         | K2 / Kl.gen | 4:09 | 10:06 | 10:38 | 20:43 | <b>20:44</b> | --     |
| 2.  | 24  | Czarnecka Weronika       | POL | Warszawa             | BWRRunners            | K2 / Kl.gen | 4:15 | 10:12 | 11:02 | 21:10 | <b>21:13</b> | +0:29  |
| 3.  | 104 | Nikołajuk Julia          | POL | Góra                 | Reckit Runners        | K2 / Kl.gen | 4:16 | 10:35 | 10:45 | 21:17 | <b>21:19</b> | +0:35  |
| 4.  | 147 | Wójcik Monika            | POL | Warszawa             | Biegam na Tarchominie | K3 / 1      | 4:23 | 10:27 | 11:24 | 21:49 | <b>21:51</b> | +1:07  |
| 5.  | 85  | Majewska Edyta           | POL | Wołomin              | Widlorogi             | K2 / 1      | 4:26 | 10:55 | 11:16 | 22:08 | <b>22:10</b> | +1:26  |
| 6.  | 73  | Kucharczyk Edyta         | POL | Winnica              | Lider Winnica         | K2 / 2      | 4:33 | 11:08 | 11:33 | 22:36 | <b>22:41</b> | +1:57  |
| 7.  | 9   | Borządek Aleksandra      | POL | Grodzisk Mazowiecki  | Adidas Runners Warsaw | K1 / 1      | 4:38 | 11:25 | 11:44 | 23:02 | <b>23:08</b> | +2:24  |
| 8.  | 49  | Jaworska Klaudia         | POL | Sochaczew            | Rozbiegane Socho      | K2 / 3      | 4:39 | 11:16 | 11:57 | 23:07 | <b>23:13</b> | +2:29  |
| 9.  | 75  | Kwiatkowska-Rehan Anna   | POL | Warszawa             | Zakapiory             | K2 / 4      | 4:46 | 11:18 | 12:30 | 23:41 | <b>23:48</b> | +3:04  |
| 10. | 138 | Wielowska Kinga          | POL | Nowy Dwór Mazowiecki | BKS                   | K1 / 2      | 4:46 | 11:06 | 12:43 | 23:44 | <b>23:48</b> | +3:04  |
| 11. | 109 | Orlińska Edyta           | POL | Płońsk               | BWRRunners            | K2 / 5      | 4:52 | 11:48 | 12:30 | 24:08 | <b>24:17</b> | +3:33  |
| 12. | 125 | Słowiak Klaudia          | POL | Warszawa             |                       | K2 / 6      | 4:54 | 12:04 | 12:23 | 24:23 | <b>24:26</b> | +3:42  |
| 13. | 25  | Czyrzyńska Alicja        | POL | Zakroczym            |                       | K1 / 3      | 4:54 | 11:36 | 12:53 | 24:27 | <b>24:29</b> | +3:45  |
| 14. | 54  | Karwowska Weronika       | POL | Warszawa             |                       | K2 / 7      | 4:55 | 12:00 | 12:32 | 24:28 | <b>24:31</b> | +3:47  |
| 15. | 157 | Sobczyk Basia            | POL | Nowy Dwór Mazowiecki | Rozbiegamy Nowy Dwór  | K3 / 2      | 5:04 | 12:42 | 12:37 | 25:07 | <b>25:19</b> | +4:35  |
| 16. | 168 | Budkowska Dorota         | POL | Czerwińsk Nad Wisłą  | No Pain Team          | K2 / 8      | 5:08 | 12:03 | 13:34 | 25:33 | <b>25:36</b> | +4:52  |
| 17. | 77  | Lewandowska Jolanta      | POL | Nowy Dwór Mazowiecki |                       | K3 / 3      | 5:12 | 11:53 | 14:06 | 25:54 | <b>25:58</b> | +5:14  |
| 18. | 169 | Strumnik Katarzyna       | POL | Nowy Dwór Mazowiecki | Rozbiegamy Nowy Dwór  | K2 / 9      | 5:16 | 12:56 | 13:21 | 26:12 | <b>26:17</b> | +5:33  |
| 19. | 96  | Moczydłowska Zuzanna     | POL | Nowy Dwór Mazowiecki |                       | K1 / 4      | 5:18 | 12:31 | 13:58 | 26:26 | <b>26:28</b> | +5:44  |
| 20. | 123 | Sikorska Magda           | POL | Warszawa             |                       | K2 / 10     | 5:27 | 13:08 | 14:05 | 27:09 | <b>27:13</b> | +6:29  |
| 21. | 103 | Nawrozidis Edyta         | POL | Nowy Dwór Mazowiecki |                       | K3 / 4      | 5:32 | 13:18 | 14:18 | 27:31 | <b>27:36</b> | +6:52  |
| 22. | 64  | Kochman Iwona            | POL | Warszawa             | Vege Runners          | K4 / 1      | 5:55 | 14:19 | 15:15 | 29:24 | <b>29:33</b> | +8:49  |
| 23. | 133 | Tokarczuk Sylwia         | POL | Nowy Dwór Mazowiecki |                       | K2 / 11     | 5:55 | 14:20 | 15:16 | 29:27 | <b>29:35</b> | +8:51  |
| 24. | 167 | Wyrzykowska Aleksandra   | POL | Pomiechówek          |                       | K2 / 12     | 6:16 | 14:34 | 16:43 | 31:14 | <b>31:17</b> | +10:33 |
| 25. | 78  | Lewandowska Ewa          | POL | Pomiechówek          | DI Events Team        | K1 / 5      | 6:22 | 15:02 | 16:46 | 31:44 | <b>31:48</b> | +11:04 |
| 26. | 40  | Hoinka Barbara           | POL | Budy Siennickie      | Nasielsk Baszta Team  | K2 / 13     | 6:24 | 14:56 | 17:03 | 31:52 | <b>31:59</b> | +11:15 |
| 27. | 170 | Szwejkowska Iwona        | POL | Elżbieciny           |                       | K2 / 14     | 6:25 | 14:45 | 17:18 | 31:59 | <b>32:03</b> | +11:19 |
| 28. | 115 | Pietrzak Paulina         | POL | Czerwińsk nad Wisłą  |                       | K1 / 6      | 6:26 | 14:55 | 17:12 | 31:54 | <b>32:06</b> | +11:22 |
| 29. | 28  | Dudek Beata              | POL | Warszawa             |                       | K3 / 5      | 6:28 | 14:47 | 17:32 | 32:12 | <b>32:18</b> | +11:34 |
| 30. | 37  | Grzeszak Danuta          | POL |                      |                       | K4 / 2      | 6:28 | 15:12 | 17:08 | 32:13 | <b>32:20</b> | +11:36 |
| 31. | 26  | Drobot Sylwia            | POL | Pułtusk              | Lider Winnica         | K1 / 7      | 6:32 | 15:18 | 17:23 | 32:31 | <b>32:40</b> | +11:56 |
| 32. | 140 | Wiśniewska Justyna       | POL | Nowy Dwór Mazowiecki |                       | K2 / 15     | 6:33 | 14:35 | 18:11 | 32:39 | <b>32:45</b> | +12:01 |
| 33. | 56  | Katner Patrycja          | POL | Kamionna             | Lider Winnica         | K2 / 16     | 6:40 | 14:32 | 18:46 | 33:10 | <b>33:18</b> | +12:34 |
| 34. | 154 | Jabłońska Anita          | POL | Nowy Dwór Mazowiecki |                       | K3 / 6      | 6:44 | 15:47 | 17:52 | 33:31 | <b>33:38</b> | +12:54 |
| 35. | 62  | Kobus-Kidyba Jola        | POL | Warszawa             |                       | K2 / 17     | 6:52 | 15:18 | 19:00 | 34:10 | <b>34:18</b> | +13:34 |
| 36. | 131 | Szulińska Adriana        | POL | Nowy Dwór Mazowiecki |                       | K2 / 18     | 6:59 | 16:39 | 18:13 | 34:42 | <b>34:51</b> | +14:07 |

| M-ce | Nr  | Nazwisko i imię     | Miasto                   | Klub                           | Kat./<br>m-ce | min/<br>km | Lap1  | Lap2  | Netto | Wynik<br>(Brutto) | Strata |
|------|-----|---------------------|--------------------------|--------------------------------|---------------|------------|-------|-------|-------|-------------------|--------|
| 37.  | 32  | Gajda Marta         | POL Stare Babice         |                                | K2 / 19       | 7:00       | 16:55 | 18:06 | 34:45 | <b>35:00</b>      | +14:16 |
| 38.  | 22  | Cyruk Katarzyna     | POL Łomianki             |                                | K2 / 20       | 7:01       | 16:55 | 18:06 | 34:46 | <b>35:01</b>      | +14:17 |
| 39.  | 149 | Ziomek Anna         | POL Warszawa             |                                | K2 / 21       | 7:02       | 16:55 | 18:14 | 34:54 | <b>35:08</b>      | +14:24 |
| 40.  | 107 | Olejniczak Arleta   | POL Boża Wola            |                                | K3 / 7        | 7:06       | 15:56 | 19:30 | 35:08 | <b>35:26</b>      | +14:42 |
| 41.  | 92  | Mikoś Teresa        | POL Otwock               | Run Otwock                     | K4 / 3        | 7:08       | 16:58 | 18:42 | 35:31 | <b>35:39</b>      | +14:55 |
| 42.  | 69  | Kowalska Małgorzata | POL Psucin               |                                | K2 / 22       | 7:13       | 16:53 | 19:10 | 35:50 | <b>36:02</b>      | +15:18 |
| 43.  | 84  | Maciejko Aneta      | POL Nowy Dwór Mazowiecki | Akademia Mistrzów Oyama Karate | K2 / 23       | 7:28       | 12:25 | 24:54 | 37:05 | <b>37:18</b>      | +16:34 |
| 44.  | 70  | Koziara Katarzyna   | POL Nowy Dwór Mazowiecki | Reckit Runners                 | K2 / 24       | 8:04       | 19:18 | 20:59 | 40:06 | <b>40:17</b>      | +19:33 |
| 45.  | 139 | Wilczek Marta       | POL Góra                 | Reckit Runners                 | K2 / 25       | 8:04       | 19:18 | 20:59 | 40:06 | <b>40:17</b>      | +19:33 |
| 46.  | 126 | Smolińska Agata     | POL Nowy Dwór Mazowiecki | Reckit Runners                 | K2 / 26       | 8:04       | 19:19 | 20:59 | 40:08 | <b>40:17</b>      | +19:33 |
| 47.  | 20  | Chmielewska Kinga   | POL Nasielsk             | Reckit Runners                 | K2 / 27       | 8:04       | 19:18 | 21:00 | 40:07 | <b>40:17</b>      | +19:33 |
| 48.  | 46  | Jaskot Monika       | POL Pułtusk              |                                | K3 / 8        | 8:49       | 19:11 | 24:52 | 43:52 | <b>44:02</b>      | +23:18 |
| 49.  | 80  | Lipińska Joanna     | POL Kazuń Polski         | Rozbiegamy Nowy Dwór           | K2 / 28       | 9:42       | 23:12 | 25:19 | 48:17 | <b>48:30</b>      | +27:46 |
| DNF  | 163 | Woch Alicja         | POL                      | Widtorogi                      |               |            |       | 54:32 |       |                   |        |

## Mężczyźni

|     |     |                      |                          |                       |             |      |       |       |       |              |       |
|-----|-----|----------------------|--------------------------|-----------------------|-------------|------|-------|-------|-------|--------------|-------|
| 1.  | 94  | Mikulski Tomasz      | POL Kampinos             | UKS Filipides Teresin | M1 / Kl.gen | 3:08 | 07:38 | 08:02 | 15:39 | <b>15:39</b> | --    |
| 2.  | 171 | Ciećwierz Mariusz    | POL Czerwińsk Nad Wisłą  | No Pain Team          | M2 / Kl.gen | 3:28 | 08:41 | 08:37 | 17:15 | <b>17:17</b> | +1:38 |
| 3.  | 39  | Hildebrand Marcin    | POL Warszawa             | Biegam na Tarchominie | M2 / Kl.gen | 3:29 | 08:41 | 08:40 | 17:21 | <b>17:21</b> | +1:42 |
| 4.  | 81  | Łojewski Marcin      | POL Warszawa             | BWRrunners            | M2 / 1      | 3:32 | 08:44 | 08:52 | 17:34 | <b>17:36</b> | +1:57 |
| 5.  | 90  | Małolepszy Rafał     | POL Warszawa             | BWRrunners            | M2 / 2      | 3:33 | 08:43 | 08:59 | 17:41 | <b>17:42</b> | +2:03 |
| 6.  | 79  | Lewandowski Mateusz  | POL Nowy Dwór Mazowiecki | BKS                   | M1 / 1      | 3:34 | 08:49 | 08:58 | 17:45 | <b>17:46</b> | +2:07 |
| 7.  | 61  | Kleczewski Piotr     | POL Warszawa             |                       | M1 / 2      | 3:34 | 08:42 | 09:09 | 17:49 | <b>17:50</b> | +2:11 |
| 8.  | 11  | Bronowski Paweł      | POL Kazuń Polski         | Sokół Bodzanów        | M2 / 3      | 3:37 | 08:51 | 09:14 | 18:03 | <b>18:04</b> | +2:25 |
| 9.  | 137 | Welpa Łukasz         | POL Warszawa             | BWRrunners            | M2 / 4      | 3:43 | 09:15 | 09:18 | 18:31 | <b>18:33</b> | +2:54 |
| 10. | 63  | Kobuszewski Artur    | POL Warszawa             | BWRrunners            | M2 / 5      | 3:44 | 09:12 | 09:28 | 18:39 | <b>18:40</b> | +3:01 |
| 11. | 160 | Żak Kamil            | POL Nowy Dwór Mazowiecki |                       | M1 / 3      | 3:49 | 09:07 | 09:57 | 19:01 | <b>19:04</b> | +3:25 |
| 12. | 146 | Woźniak Sebastian    | POL Nowy Dwór Mazowiecki |                       | M2 / 6      | 3:49 | 09:37 | 09:28 | 19:02 | <b>19:04</b> | +3:25 |
| 13. | 3   | Barczak Mikołaj      | POL Nowy Dwór Mazowiecki |                       | M1 / 4      | 3:51 | 09:32 | 09:40 | 19:08 | <b>19:11</b> | +3:32 |
| 14. | 12  | Bryśkiewicz Jacek    | POL Winnica              | Lider Winnica         | M2 / 7      | 3:51 | 09:36 | 09:37 | 19:08 | <b>19:12</b> | +3:33 |
| 15. | 35  | Głowacki Paweł       | POL Serock               | Wenet Runners Team    | M2 / 8      | 3:53 | 09:41 | 09:42 | 19:19 | <b>19:23</b> | +3:44 |
| 16. | 87  | Majewski Tomasz      | POL Wołomin              | Widtorogi             | M2 / 9      | 3:56 | 09:32 | 10:06 | 19:36 | <b>19:38</b> | +3:59 |
| 17. | 13  | Budniak Tomasz       | POL Władysławowo         | KS Ciechan            | M2 / 10     | 3:58 | 09:31 | 10:15 | 19:42 | <b>19:46</b> | +4:07 |
| 18. | 18  | Chełchowski Michał   | POL Warszawa             |                       | M1 / 5      | 4:00 | 09:51 | 10:08 | 19:55 | <b>19:58</b> | +4:19 |
| 19. | 136 | Waśniewski Dawid     | POL Nowy Dwór Mazowiecki | DewelopPol Team       | M2 / 11     | 4:03 | 10:09 | 10:07 | 20:12 | <b>20:15</b> | +4:36 |
| 20. | 30  | Fabiański Piotr      | POL Czerwińsk nad Wisłą  | No Pain Team          | M3 / 1      | 4:07 | 10:05 | 10:27 | 20:30 | <b>20:32</b> | +4:53 |
| 21. | 91  | Michnowski Sebastian | POL Warszawa             | Biegam na Tarchominie | M3 / 2      | 4:08 | 10:03 | 10:34 | 20:35 | <b>20:37</b> | +4:58 |
| 22. | 15  | Budzik Jacek         | POL Warszawa             | Biegam na Tarchominie | M2 / 12     | 4:09 | 10:06 | 10:36 | 20:40 | <b>20:42</b> | +5:03 |
| 23. | 74  | Kucharczyk Mariusz   | POL Winnica              | Lider Winnica         | M3 / 3      | 4:11 | 10:16 | 10:35 | 20:46 | <b>20:51</b> | +5:12 |
| 24. | 111 | Osienicki Bartłomiej | POL Nowy Dwór Mazowiecki | Model                 | M2 / 13     | 4:13 | 10:23 | 10:41 | 20:58 | <b>21:03</b> | +5:24 |



| M-ce | Nr  | Nazwisko i imię       |     | Miasto               | Klub                                | Kat./<br>m-ce | min/<br>km | Lap1  | Lap2  | Netto | Wynik<br>(Brutto) | Strata |
|------|-----|-----------------------|-----|----------------------|-------------------------------------|---------------|------------|-------|-------|-------|-------------------|--------|
| 25.  | 161 | Gollnik Adam          | POL | Nowy Dwór Mazowiecki | Sunfit Studio                       | M2 / 14       | 4:14       | 10:22 | 10:47 | 21:07 | <b>21:08</b>      | +5:29  |
| 26.  | 164 | Sieńkowski Sebastian  | POL | Winnica              | Lider Winnica                       | M2 / 15       | 4:14       | 10:37 | 10:34 | 21:05 | <b>21:10</b>      | +5:31  |
| 27.  | 128 | Starachowski Dominik  | POL | Warszawa             | BWRRunners                          | M1 / 6        | 4:15       | 10:11 | 11:00 | 21:07 | <b>21:11</b>      | +5:32  |
| 28.  | 108 | Oldak Tomasz          | POL | Nowy Dwór Mazowiecki |                                     | M1 / 7        | 4:15       | 10:11 | 11:04 | 21:14 | <b>21:15</b>      | +5:36  |
| 29.  | 144 | Wojciechowski Mateusz | POL | Krocze               | Huragan Klub Bokserski Trębki Stare | M2 / 16       | 4:16       | 10:36 | 10:40 | 21:12 | <b>21:16</b>      | +5:37  |
| 30.  | 114 | Parzniewski Maciej    | POL | Nowy Dwór Mazowiecki | TT AKS Polonia Warszawa             | M2 / 17       | 4:16       | 10:10 | 11:09 | 21:16 | <b>21:19</b>      | +5:40  |
| 31.  | 148 | Zawada Paweł          | POL | Warszawa             | Biegam na Tarchominie               | M2 / 18       | 4:17       | 10:09 | 11:16 | 21:22 | <b>21:24</b>      | +5:45  |
| 32.  | 71  | Krzywicki Adam        | POL | Warszawa             | BWRRunners                          | M2 / 19       | 4:17       | 10:21 | 11:05 | 21:21 | <b>21:25</b>      | +5:46  |
| 33.  | 173 | Świdorski Tadeusz     | POL | Nowy Dwór Mazowiecki | Timbud                              | M3 / 4        | 4:21       | 10:35 | 11:07 | 21:39 | <b>21:42</b>      | +6:03  |
| 34.  | 143 | Woch Krzysztof        | POL | Łomianki             | Widlorogi                           | M2 / 20       | 4:22       | 10:55 | 10:53 | 21:46 | <b>21:48</b>      | +6:09  |
| 35.  | 116 | Pietrzyk Jarosław     | POL | Warszawa             | BWRRunners                          | M3 / 5        | 4:22       | 10:29 | 11:22 | 21:46 | <b>21:50</b>      | +6:11  |
| 36.  | 43  | Jaczyński Piotr       | POL | Leoncin              | Rozbiegamy Nowy Dwór                | M2 / 21       | 4:23       | 10:58 | 10:55 | 21:47 | <b>21:53</b>      | +6:14  |
| 37.  | 97  | Morawski M            | POL | Nowy Dwór Mazowiecki | Krzysio Team                        | M1 / 8        | 4:23       | 10:21 | 11:33 | 21:47 | <b>21:53</b>      | +6:14  |
| 38.  | 33  | Gajewski Mariusz      | POL | Pułtusk              | ASB                                 | M3 / 6        | 4:24       | 10:48 | 11:09 | 21:48 | <b>21:57</b>      | +6:18  |
| 39.  | 113 | Paliszewski Krystian  | POL | Nowe Miasto          | Nasielsk Baszta Team                | M1 / 9        | 4:26       | 10:40 | 11:30 | 22:06 | <b>22:09</b>      | +6:30  |
| 40.  | 72  | Kucharczyk Piotr      | POL | Nowy Dwór Mazowiecki |                                     | M2 / 22       | 4:30       | 11:00 | 11:28 | 22:22 | <b>22:27</b>      | +6:48  |
| 41.  | 124 | Skrzypczak Piotr      | POL | Nowy Dwór Mazowiecki | Rozbiegamy Nowy Dwór                | M2 / 23       | 4:34       | 11:07 | 11:42 | 22:45 | <b>22:49</b>      | +7:10  |
| 42.  | 159 | Manowski Marcin       | POL | Czosnów              | SRS Czosnów                         | M2 / 24       | 4:35       | 11:09 | 11:44 | 22:49 | <b>22:53</b>      | +7:14  |
| 43.  | 162 | Osiak Mariusz         | POL | Płońsk               | Sobas Team                          | M2 / 25       | 4:36       | 11:26 | 11:31 | 22:46 | <b>22:56</b>      | +7:17  |
| 44.  | 42  | Jabłoński Robert      | POL | Nowy Dwór Mazowiecki | Model                               | M2 / 26       | 4:38       | 10:23 | 12:45 | 23:02 | <b>23:08</b>      | +7:29  |
| 45.  | 166 | Łyczkowski Łukasz     | POL | Warszawa             |                                     | M2 / 27       | 4:38       | 11:06 | 12:05 | 23:05 | <b>23:10</b>      | +7:31  |
| 46.  | 118 | Pogodziński Karol     | POL | Warszawa             | Bazinga                             | M1 / 10       | 4:42       | 10:59 | 12:30 | 23:20 | <b>23:29</b>      | +7:50  |
| 47.  | 2   | Andrzejewski Grzegorz | POL | Płońsk               | Reckit Runners                      | M2 / 28       | 4:42       | 11:44 | 11:46 | 23:17 | <b>23:30</b>      | +7:51  |
| 48.  | 100 | Możdżonek Bartosz     | POL | Pruszków             | Always Hardcore                     | M2 / 29       | 4:42       | 11:19 | 12:11 | 23:27 | <b>23:30</b>      | +7:51  |
| 49.  | 165 | Gajewski Jakub        | POL | Pomiechówek          |                                     | M2 / 30       | 4:43       | 10:32 | 13:01 | 23:30 | <b>23:33</b>      | +7:54  |
| 50.  | 120 | Rehan Przemysław      | POL | Warszawa             | Zakapiory                           | M2 / 31       | 4:44       | 11:11 | 12:27 | 23:29 | <b>23:37</b>      | +7:58  |
| 51.  | 89  | Maliszewski Marek     | POL | Budy Siennickie      | Nasielsk Baszta Team                | M2 / 32       | 4:48       | 11:43 | 12:15 | 23:46 | <b>23:57</b>      | +8:18  |
| 52.  | 135 | Warda Paweł           | POL | Winnica              |                                     | M1 / 11       | 4:48       | 12:10 | 11:50 | 23:53 | <b>24:00</b>      | +8:21  |
| 53.  | 98  | Morawski Krzysztof    | POL | Nowy Dwór Mazowiecki |                                     | M3 / 7        | 4:50       | 11:54 | 12:14 | 24:00 | <b>24:07</b>      | +8:28  |
| 54.  | 31  | Gadomski Łukasz       | POL | Płońsk               | Aktywność Rodzi Pozytywność         | M2 / 33       | 4:50       | 12:35 | 11:36 | 23:54 | <b>24:10</b>      | +8:31  |
| 55.  | 17  | Byszewski Patryk      | POL | Winnica              |                                     | M1 / 12       | 4:51       | 12:09 | 12:04 | 24:05 | <b>24:13</b>      | +8:34  |
| 56.  | 76  | Łatkowski Paweł       | POL | Nasielsk             |                                     | M2 / 34       | 4:52       | 11:40 | 12:37 | 24:10 | <b>24:16</b>      | +8:37  |
| 57.  | 105 | Nowak Daniel          | POL | Nowy Modlin          | Rozbiegamy Nowy Dwór                | M2 / 35       | 4:52       | 10:52 | 13:29 | 24:16 | <b>24:20</b>      | +8:41  |
| 58.  | 129 | Stopka Bartek         | POL | Winnica              |                                     | M1 / 13       | 4:53       | 12:10 | 12:13 | 24:16 | <b>24:22</b>      | +8:43  |
| 59.  | 59  | Kidyba Łukasz         | POL | Warszawa             |                                     | M2 / 36       | 4:54       | 11:52 | 12:35 | 24:19 | <b>24:27</b>      | +8:48  |
| 60.  | 158 | Sobczyk Maks          | POL | Nowy Dwór Mazowiecki | Rozbiegamy Nowy Dwór                | M1 / 14       | 4:54       | 11:37 | 12:54 | 24:29 | <b>24:30</b>      | +8:51  |
| 61.  | 57  | Katner Marek          | POL | Kamionna             | Lider Winnica                       | M2 / 37       | 5:01       | 12:12 | 12:50 | 24:52 | <b>25:01</b>      | +9:22  |
| 62.  | 41  | Jabłonka Radek        | POL | Nowy Dwór Mazowiecki | Dziady OCR                          | M3 / 8        | 5:01       | 12:11 | 12:51 | 24:57 | <b>25:02</b>      | +9:23  |
| 63.  | 52  | Kamiński Piotr        | POL | Nowy Dwór Mazowiecki | Rozbiegamy Nowy Dwór                | M2 / 38       | 5:05       | 11:56 | 13:30 | 25:21 | <b>25:25</b>      | +9:46  |
| 64.  | 119 | Posiewka Jacek        | POL | Góra                 | Reckit Runners                      | M2 / 39       | 5:12       | 12:42 | 13:18 | 25:50 | <b>25:59</b>      | +10:20 |

| M-ce | Nr  | Nazwisko i imię       | Miasto                   | Klub                               | Kat./<br>m-ce | min/<br>km | Lap1  | Lap2  | Netto | Wynik<br>(Brutto) | Strata |
|------|-----|-----------------------|--------------------------|------------------------------------|---------------|------------|-------|-------|-------|-------------------|--------|
| 65.  | 152 | Majewski Witold       | POL Pomiechówek          | Rozbiegamy Nowy Dwór               | M1 / 15       | 5:16       | 12:55 | 13:22 | 26:11 | <b>26:17</b>      | +10:38 |
| 66.  | 172 | Wdowiarski Kamil      | POL Warszawa             |                                    | M1 / 16       | 5:18       | 12:39 | 13:49 | 26:21 | <b>26:28</b>      | +10:49 |
| 67.  | 27  | Drobot Mariusz        | POL Pułtusk              | Lider Winnica                      | M1 / 17       | 5:19       | 12:56 | 13:39 | 26:25 | <b>26:34</b>      | +10:55 |
| 68.  | 38  | Gutkowski Janusz      | POL Warszawa             |                                    | M3 / 9        | 5:25       | 13:06 | 13:57 | 26:58 | <b>27:03</b>      | +11:24 |
| 69.  | 6   | Bieńko Piotr          | POL Leszno               | Bazinga                            | M1 / 18       | 5:27       | 13:18 | 13:55 | 27:03 | <b>27:13</b>      | +11:34 |
| 70.  | 110 | Orliński Grzegorz     | POL Siedlin              |                                    | M2 / 40       | 5:27       | 13:09 | 14:05 | 27:04 | <b>27:13</b>      | +11:34 |
| 71.  | 132 | Świokto Michał        | POL Nowy Dwór Mazowiecki |                                    | M2 / 41       | 5:31       | 13:16 | 14:18 | 27:34 | <b>27:34</b>      | +11:55 |
| 72.  | 68  | Kowalewski Filip      | POL Sokolniki            | Nationale Nederlanden Running Team | M2 / 42       | 5:37       | 13:37 | 14:29 | 28:00 | <b>28:05</b>      | +12:26 |
| 73.  | 83  | Maciejko Daniel       | POL Nowy Dwór Mazowiecki | Akademia Mistrzów Oyama Karate     | M2 / 43       | 5:40       | 12:26 | 15:50 | 28:02 | <b>28:16</b>      | +12:37 |
| 74.  | 150 | Żaglewski Dariusz     | POL Płońsk               | Reckit Runners                     | M3 / 10       | 5:46       | 13:13 | 15:36 | 28:38 | <b>28:48</b>      | +13:09 |
| 75.  | 51  | Kaczorowski Paweł     | POL Nowy Dwór Mazowiecki | Reckit Runners                     | M2 / 44       | 5:46       | 13:14 | 15:36 | 28:40 | <b>28:50</b>      | +13:11 |
| 76.  | 50  | Kaczorowski Kacper    | POL Nowy Dwór Mazowiecki | Reckit Runners                     | M1 / 19       | 5:47       | 13:15 | 15:41 | 28:45 | <b>28:55</b>      | +13:16 |
| 77.  | 106 | Olejniczak Jacek      | POL Boża Wola            |                                    | M3 / 11       | 5:52       | 14:14 | 15:04 | 28:58 | <b>29:17</b>      | +13:38 |
| 78.  | 7   | Bocian Marcin         | POL Nowy Dwór Mazowiecki | Bociany                            | M1 / 20       | 5:55       | 14:36 | 14:56 | 29:16 | <b>29:32</b>      | +13:53 |
| 79.  | 45  | Jaroszewski Jan       | POL Żąbki                | Widłorogi                          | M1 / 21       | 6:05       | 14:08 | 16:16 | 30:17 | <b>30:23</b>      | +14:44 |
| 80.  | 47  | Jaskot Roman          | POL Pułtusk              |                                    | M4 / 1        | 6:06       | 14:43 | 15:48 | 30:26 | <b>30:30</b>      | +14:51 |
| 81.  | 117 | Piotrowski Kamil      | POL Nowy Dwór Mazowiecki |                                    | M2 / 45       | 6:07       | 13:56 | 16:37 | 30:23 | <b>30:33</b>      | +14:54 |
| 82.  | 156 | Żołądek Waldemar      | POL Nowy Dwór Mazowiecki |                                    | M4 / 2        | 6:13       | 14:55 | 16:11 | 30:57 | <b>31:05</b>      | +15:26 |
| 83.  | 60  | Kisiel Wincenty       | POL Wołomin              | Widłorogi                          | M4 / 3        | 6:14       | 14:21 | 16:49 | 31:03 | <b>31:10</b>      | +15:31 |
| 84.  | 67  | Kowalczyk Bogdan      | POL Warszawa             | Warszawa-Bródno                    | M4 / 4        | 6:20       | 15:28 | 16:09 | 31:28 | <b>31:37</b>      | +15:58 |
| 85.  | 29  | Dudek Damian          | POL Warszawa             |                                    | M1 / 22       | 6:28       | 14:47 | 17:32 | 32:12 | <b>32:18</b>      | +16:39 |
| 86.  | 145 | Wojtkowski Przemysław | POL Warszawa             | Zakapiory                          | M2 / 46       | 6:34       | 15:00 | 17:49 | 32:41 | <b>32:49</b>      | +17:10 |
| 87.  | 155 | Kurpiewski Patryk     | POL Nowy Dwór Mazowiecki |                                    | M1 / 23       | 6:44       | 15:46 | 17:53 | 33:30 | <b>33:38</b>      | +17:59 |
| 88.  | 8   | Bojarski Sebastian    | POL Nowy Dwór Mazowiecki |                                    | M2 / 47       | 6:49       | 14:01 | 20:04 | 33:57 | <b>34:05</b>      | +18:26 |
| 89.  | 130 | Szczygielski Damian   | POL Nowy Dwór Mazowiecki |                                    | M2 / 48       | 7:06       | 15:56 | 19:33 | 35:11 | <b>35:28</b>      | +19:49 |
| 90.  | 102 | Naskręt Mariusz       | POL Racot                |                                    | M3 / 12       | 7:58       | 18:25 | 21:24 | 39:41 | <b>39:48</b>      | +24:09 |
| DNF  | 153 | Grzybowski Tomasz     | POL Nowy Dwór Mazowiecki |                                    |               |            |       | 47:59 |       |                   |        |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | Kat./<br>m-ce | min/<br>km | Lap1 | Lap2 | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|---------------|------------|------|------|-------|-------------------|--------|
|------|----|-----------------|--------|------|---------------|------------|------|------|-------|-------------------|--------|

## Marsz Nordic Walking 5 km

### Kobiety

|    |     |                           |     |                      |                  |       |       |       |       |              |        |
|----|-----|---------------------------|-----|----------------------|------------------|-------|-------|-------|-------|--------------|--------|
| 1. | 36  | <b>Grzeszak Weronika</b>  | POL | Nowy Dwór Mazowiecki |                  | 6:51  | 16:33 | 17:41 | 34:14 | <b>34:14</b> | --     |
| 2. | 95  | <b>Milczarek Joanna</b>   | POL | Kozłów Biskupi       | NW Czlapski Team | 7:08  | 17:24 | 18:13 | 35:37 | <b>35:37</b> | +1:23  |
| 3. | 14  | <b>Budniak Aleksandra</b> | POL | Władysławowo         |                  | 8:19  | 20:36 | 20:58 | 41:33 | <b>41:33</b> | +7:19  |
| 4. | 86  | <b>Majewska Maria</b>     | POL | Winnica              | Lider Winnica    | 8:32  | 20:53 | 21:44 | 42:36 | <b>42:36</b> | +8:22  |
| 5. | 127 | <b>Stachuła Krystyna</b>  | POL | Nowy Dwór Mazowiecki |                  | 10:51 | 26:52 | 27:22 | 54:14 | <b>54:14</b> | +20:00 |
| 6. | 121 | <b>Rumińska Ewa</b>       | POL | Nowy Dwór Mazowiecki |                  | 10:51 | 26:52 | 27:23 | 54:15 | <b>54:15</b> | +20:01 |

### Mężczyźni

|     |    |                          |     |                      |                 |      |       |       |       |              |       |
|-----|----|--------------------------|-----|----------------------|-----------------|------|-------|-------|-------|--------------|-------|
| 1.  | 66 | <b>Komorzycki Janusz</b> | POL | Mińsk Mazowiecki     |                 | 6:46 | 16:23 | 17:24 | 33:46 | <b>33:46</b> | --    |
| 2.  | 16 | <b>Bugajski Adam</b>     | POL | Warszawa             | Dead on Arrival | 6:52 | 16:34 | 17:43 | 34:16 | <b>34:16</b> | +0:30 |
| 3.  | 93 | <b>Mikoś Roman</b>       | POL | Otwock               | Run Otwock      | 7:46 | 19:05 | 19:43 | 38:46 | <b>38:48</b> | +5:02 |
| DNF | 19 | <b>Chłopek Paweł</b>     | POL | Nowy Dwór Mazowiecki |                 | 7:45 | 25:29 | 13:16 | 38:45 | <b>38:45</b> |       |

Liczba uczestników: 254