# Mistrzostwa Małopolski w Biegach Przełajowych

## Wyniki OPEN

24.10.2026, Nowy Wiśnicz

## 300 m K (dziewczynki roczniki 2018 i młodsze)

| M-ce | Nr | Nazwisko i imię | | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **1.** | 14 | **MATRAS Klara** | POL | | KS Limanowa Forrest | 3:28 | 01:03 | | | 01:03 | **01:03** | -- |
| **2.** | 21 | **ZARZECZNA Nela** | POL | | KS Olkusz | 3:37 | 01:05 | | | 01:05 | **01:05** | +0:02 |
| **3.** | 18 | **SŁODYCZKA Matylda** | POL | | UKS Romer Rabka-Zdrój | 3:52 | 01:10 | | | 01:09 | **01:10** | +0:07 |
| **4.** | 6 | **FIEDOROWICZ Róża** | POL | | Trenuj w Krakowie | 3:56 | 01:11 | | | 01:11 | **01:11** | +0:08 |
| **5.** | 8 | **JASTRZĘBSKA Amelia** | POL | | MLUKS Tarnów | 3:57 | 01:11 | | | 01:11 | **01:11** | +0:08 |
| **6.** | 11 | **KUPINIAK Hanna** | POL | | Trenuj w Krakowie | 3:58 | 01:12 | | | 01:12 | **01:12** | +0:09 |
| **7.** | 16 | **MAZUR Ewa** | POL | | Trenuj w Krakowie | 4:00 | 01:12 | | | 01:12 | **01:12** | +0:09 |
| **8.** | 1 | **BUŹNIAK Anna** | POL | | MKL Brygada Beskidów Nowy Sącz | 4:00 | 01:12 | | | 01:12 | **01:12** | +0:09 |
| **9.** | 20 | **ŚMIAŁEK Julia** | POL | | MLUKS Tarnów | 4:01 | 01:13 | | | 01:13 | **01:13** | +0:10 |
| **10.** | 10 | **KLUCZEWSKA Milena** | POL | | OKL Dynamic Olkusz | 4:03 | 01:13 | | | 01:12 | **01:13** | +0:10 |
| **11.** | 12 | **ŁUKASZCZYK Aurelia** | POL | | MKL Brygada Beskidów Nowy Sącz | 4:03 | 01:13 | | | 01:13 | **01:13** | +0:10 |
| **12.** | 17 | **PROSOWICZ Oliwia** | POL | | MLUKS Tarnów | 4:05 | 01:14 | | | 01:13 | **01:14** | +0:11 |
| **13.** | 13 | **ŁUNIEWSKA Łucja** | POL | | UKS Romer Rabka-Zdrój | 4:15 | 01:17 | | | 01:16 | **01:17** | +0:14 |
| **14.** | 5 | **DZIECIUCHOWICZ Pola** | POL | | Trenuj w Krakowie | 4:21 | 01:19 | | | 01:18 | **01:19** | +0:16 |
| **15.** | 19 | **SZAFLARSKA Nina** | POL | | UKS Lider Siercza | 4:30 | 01:21 | | | 01:21 | **01:21** | +0:18 |
| **16.** | 7 | **GRANDYS Zofia** | POL | | KS Olkusz | 4:39 | 01:24 | | | 01:24 | **01:24** | +0:21 |
| **17.** | 3 | **CIURASZKIEWICZ Kalina** | POL | | KS Olkusz | 4:42 | 01:25 | | | 01:24 | **01:25** | +0:22 |
| **18.** | 4 | **CIURASZKIEWICZ Liliana** | POL | | KS Olkusz | 4:47 | 01:26 | | | 01:26 | **01:26** | +0:23 |
| **19.** | 9 | **JOCHYMEK Kinga** | POL | | KS Olkusz | 4:51 | 01:28 | | | 01:27 | **01:28** | +0:25 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **300 m M (chłopcy roczniki 2018 i młodsi)** | | | | | | | | | | | |
| **1.** | 45 | **SYKTUS Marcel** | POL | KS Limanowa Forrest | 3:41 | 01:07 | | | 01:07 | **01:07** | +0:01 |
| **2.** | 29 | **KOZUB Nikodem** | POL | UKS Lider Siercza | 4:00 | 01:12 | | | 01:12 | **01:12** | +0:06 |
| **3.** | 36 | **PUŚCIZNA Kacper** | POL | KS Vertical Rytro | 4:03 | 01:13 | | | 01:12 | **01:13** | +0:07 |
| **4.** | 24 | **DĄBROWA Aleksander** | POL | OKL Dynamic Olkusz | 4:06 | 01:14 | | | 01:14 | **01:14** | +0:08 |
| **5.** | 43 | **STACH Miłosz** | POL | KS Limanowa Forrest | 4:08 | 01:15 | | | 01:14 | **01:15** | +0:09 |
| **6.** | 46 | **TROJANOWSKI Antoni** | POL | KS Limanowa Forrest | 4:09 | 01:15 | | | 01:15 | **01:15** | +0:09 |
| **7.** | 31 | **MARMUSZEWSKI Dawid** | POL | KS Vertical Rytro | 4:11 | 01:16 | | | 01:16 | **01:16** | +0:10 |
| **8.** | 41 | **SROKA Franciszek** | POL | My Endurance Słopnice | 4:11 | 01:16 | | | 01:16 | **01:16** | +0:10 |
| **9.** | 33 | **MIREK Antoni** | POL | MKL Brygada Beskidów Nowy Sącz | 4:14 | 01:17 | | | 01:16 | **01:17** | +0:11 |
| **10.** | 37 | **RUDZIŃSKI Jan** | POL | KS Olkusz | 4:21 | 01:19 | | | 01:19 | **01:19** | +0:13 |
| **11.** | 44 | **STAFIŃSKI Antoni** | POL | KS Vertical Rytro | 4:26 | 01:20 | | | 01:19 | **01:20** | +0:14 |
| **12.** | 22 | **BRODZIŃSKI Bogdan** | POL | KS Limanowa Forrest | 4:30 | 01:21 | | | 01:20 | **01:21** | +0:15 |
| **13.** | 27 | **JABŁOŃSKI Antoni** | POL | UKS Lider Siercza | 4:46 | 01:26 | | | 01:25 | **01:26** | +0:20 |
| **14.** | 25 | **GROMALA Jakub** | POL | OKL Dynamic Olkusz | 4:46 | 01:26 | | | 01:26 | **01:26** | +0:20 |
| **15.** | 23 | **BUŹNIAK Mateusz** | POL | MKL Brygada Beskidów Nowy Sącz | 4:47 | 01:26 | | | 01:26 | **01:26** | +0:20 |
| **16.** | 40 | **SOBCZYK Aleksander** | POL | OKL Dynamic Olkusz | 4:49 | 01:27 | | | 01:27 | **01:27** | +0:21 |
| **17.** | 30 | **LEBDOWICZ Jan** | POL | OKL Dynamic Olkusz | 5:06 | 01:32 | | | 01:31 | **01:32** | +0:26 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **300 m K (dziewczynki rocznik 2017)** | | | | | | | | | | | |
| **1.** | 68 | **SEWERYN Maria** | POL | OKL Dynamic Olkusz | 3:16 | 00:59 | | | 00:59 | **00:59** | -- |
| **2.** | 48 | **BARCZYK Kinga** | POL | KS Olkusz | 3:22 | 01:01 | | | 01:01 | **01:01** | +0:02 |
| **3.** | 67 | **SAJCHTA Anna** | POL | Maraton Gorlice | 3:31 | 01:04 | | | 01:03 | **01:04** | +0:05 |
| **4.** | 63 | **MIKA Amelia** | POL | Maraton Gorlice | 3:35 | 01:05 | | | 01:05 | **01:05** | +0:06 |
| **5.** | 59 | **JOJCZYK Kamila** | POL | Maraton Gorlice | 3:38 | 01:06 | | | 01:05 | **01:06** | +0:07 |
| **6.** | 66 | **RYŻ Alicja** | POL | My Endurance Słopnice | 3:39 | 01:06 | | | 01:06 | **01:06** | +0:07 |
| **7.** | 55 | **GĘGOTEK Zofia** | POL | Trenuj w Krakowie | 3:41 | 01:07 | | | 01:07 | **01:07** | +0:08 |
| **8.** | 70 | **STANEK Maja** | POL | MKL Brygada Beskidów Nowy Sącz | 3:45 | 01:08 | | | 01:07 | **01:08** | +0:09 |
| **9.** | 71 | **SZMIDT Jagoda** | POL | Krakowska Akademia Lekkoatletyki | 3:47 | 01:09 | | | 01:09 | **01:09** | +0:10 |
| **10.** | 57 | **JASTRZĘBSKA Nadia** | POL | MLUKS Tarnów | 3:49 | 01:09 | | | 01:09 | **01:09** | +0:10 |
| **11.** | 56 | **GRZEGORZEWSKA Anna** | POL | Maraton Gorlice | 3:51 | 01:10 | | | 01:09 | **01:10** | +0:11 |
| **12.** | 54 | **GĄDEK Zuzanna** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:53 | 01:10 | | | 01:10 | **01:10** | +0:11 |
| **13.** | 75 | **WÓJCIK Zofia** | POL | KS Limanowa Forrest | 3:56 | 01:11 | | | 01:11 | **01:11** | +0:12 |
| **14.** | 65 | **MIREK Emilia** | POL | MKL Brygada Beskidów Nowy Sącz | 3:58 | 01:12 | | | 01:11 | **01:12** | +0:13 |
| **15.** | 53 | **DRABA Oliwia** | POL | OKL Dynamic Olkusz | 4:00 | 01:12 | | | 01:12 | **01:12** | +0:13 |
| **16.** | 61 | **MARECIK Aleksandra** | POL | LUKS Szreniawa Nowy Wiśnicz | 4:02 | 01:13 | | | 01:12 | **01:13** | +0:14 |
| **17.** | 74 | **WĘGLIŃSKA Nina** | POL | UKS Lider Siercza | 4:02 | 01:13 | | | 01:13 | **01:13** | +0:14 |
| **18.** | 60 | **JUREK Maja** | POL | UKS Lider Siercza | 4:03 | 01:13 | | | 01:13 | **01:13** | +0:14 |
| **19.** | 51 | **DĄBROWA Hanna** | POL | OKL Dynamic Olkusz | 4:11 | 01:16 | | | 01:15 | **01:16** | +0:17 |
| **20.** | 72 | **SZUMILAS Zofia** | POL | KS Limanowa Forrest | 4:12 | 01:16 | | | 01:15 | **01:16** | +0:17 |
| **21.** | 49 | **CZAJKOWSKA Zofia** | POL | KS Vertical Rytro | 4:16 | 01:17 | | | 01:16 | **01:17** | +0:18 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **300 m M (chłopcy rocznik 2017)** | | | | | | | | | | | |
| **1.** | 84 | **GOLIŃSKI Antoni** | POL | UKS Romer Rabka-Zdrój | 3:19 | 01:00 | | | 01:00 | **01:00** | -- |
| **2.** | 88 | **PASTECZKA Szymon** | POL | TS Wieliczanka Wieliczka | 3:34 | 01:05 | | | 01:05 | **01:05** | +0:05 |
| **3.** | 77 | **BUGAŃSKI Nikodem** | POL | UKS Romer Rabka-Zdrój | 3:34 | 01:05 | | | 01:04 | **01:05** | +0:05 |
| **4.** | 90 | **SROKA Leon** | POL | My Endurance Słopnice | 3:45 | 01:08 | | | 01:08 | **01:08** | +0:08 |
| **5.** | 91 | **TALAR Antoni** | POL | KS Limanowa Forrest | 3:47 | 01:09 | | | 01:08 | **01:09** | +0:09 |
| **6.** | 82 | **GAMRAT Franciszek** | POL | OKL Dynamic Olkusz | 3:47 | 01:09 | | | 01:08 | **01:09** | +0:09 |
| **7.** | 86 | **LEJA Alan** | POL | OKL Dynamic Olkusz | 4:04 | 01:13 | | | 01:13 | **01:13** | +0:13 |
| **8.** | 79 | **CHWAST Nikodem** | POL | OKL Dynamic Olkusz | 4:04 | 01:14 | | | 01:13 | **01:14** | +0:14 |
| **9.** | 93 | **WILCZEK Albert** | POL | My Endurance Słopnice | 4:07 | 01:14 | | | 01:13 | **01:14** | +0:14 |
| **10.** | 85 | **KURNYTA Jakub** | POL | UKS Lider Siercza | 4:09 | 01:15 | | | 01:15 | **01:15** | +0:15 |
| **11.** | 76 | **BRODZIŃSKI Piotr** | POL | KS Limanowa Forrest | 4:10 | 01:15 | | | 01:15 | **01:15** | +0:15 |
| **12.** | 89 | **POLAKIEWICZ Cezary** | POL | KS Limanowa Forrest | 4:24 | 01:20 | | | 01:18 | **01:20** | +0:20 |
| **13.** | 92 | **WIELGÓRSKI Adam** | POL | OKL Dynamic Olkusz | 4:25 | 01:20 | | | 01:18 | **01:20** | +0:20 |
| **14.** | 94 | **WOJNA Wiktor** | POL | OKL Dynamic Olkusz | 4:28 | 01:21 | | | 01:19 | **01:21** | +0:21 |
| **15.** | 83 | **GŁUSZEK Krzysztof** | POL | Kraków Athletics Team | 4:31 | 01:22 | | | 01:21 | **01:22** | +0:22 |
| **16.** | 80 | **DZIERŻEK Piotr** | POL | OKL Dynamic Olkusz | 4:34 | 01:22 | | | 01:22 | **01:22** | +0:22 |
| **17.** | 87 | **MRUK Filip** | POL | Maraton Gorlice | 5:23 | 01:37 | | | 01:36 | **01:37** | +0:37 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **600 m K (dziewczynki rocznik 2016)** | | | | | | | | | | | |
| **1.** | 101 | **KALISZ Maja** | POL | UKS Romer Rabka-Zdrój | 3:39 | 01:07 | 01:05 | | 02:12 | **02:12** | -- |
| **2.** | 114 | **PŁONKA Florentyna** | POL | MLUKS Tarnów | 3:41 | 01:06 | 01:07 | | 02:13 | **02:13** | +0:01 |
| **3.** | 108 | **ŁADOCHA Laura** | POL | Kraków Athletics Team | 3:43 | 01:07 | 01:07 | | 02:14 | **02:14** | +0:02 |
| **4.** | 119 | **ZAJĄC Inga** | POL | UKS Lider Siercza | 3:44 | 01:07 | 01:08 | | 02:14 | **02:14** | +0:02 |
| **5.** | 115 | **SAJCHTA Aleksandra** | POL | Maraton Gorlice | 3:57 | 01:09 | 01:14 | | 02:22 | **02:22** | +0:10 |
| **6.** | 110 | **MATOGA Aleksandra** | POL | KS Pointer Siercza | 3:57 | 01:06 | 01:17 | | 02:22 | **02:23** | +0:11 |
| **7.** | 97 | **BRZAZGOŃ Kamila** | POL | KS Limanowa Forrest | 3:59 | 01:08 | 01:16 | | 02:23 | **02:23** | +0:11 |
| **8.** | 99 | **HANZEL Julia** | POL | UKS Romer Rabka-Zdrój | 3:59 | 01:09 | 01:15 | | 02:23 | **02:23** | +0:11 |
| **9.** | 96 | **BIERNAT Wiktoria** | POL | LKS Brzezina Osiek | 4:09 | 01:10 | 01:20 | | 02:29 | **02:30** | +0:18 |
| **10.** | 98 | **CHOMICZ Adriana** | POL | Kraków Athletics Team | 4:10 | 01:12 | 01:19 | | 02:30 | **02:30** | +0:18 |
| **11.** | 116 | **SIERADZKA Zuzanna** | POL | LUKS Szreniawa Nowy Wiśnicz | 4:18 | 01:17 | 01:18 | | 02:34 | **02:35** | +0:23 |
| **12.** | 111 | **MICHAŁEK Lena** | POL | KS Olkusz | 4:19 | 01:14 | 01:22 | | 02:35 | **02:36** | +0:24 |
| **13.** | 109 | **ŁOJAN Emilia** | POL | SKS Kusy Kraków | 4:19 | 01:17 | 01:20 | | 02:35 | **02:36** | +0:24 |
| **14.** | 118 | **ULIŃSKA Aleksandra** | POL | LUKS Szreniawa Nowy Wiśnicz | 4:24 | 01:16 | 01:23 | | 02:37 | **02:39** | +0:27 |
| **15.** | 106 | **KUSEK Łucja** | POL | Krakowska Akademia Lekkoatletyki | 4:29 | 01:17 | 01:25 | | 02:41 | **02:42** | +0:30 |
| **16.** | 105 | **KUCHARZYK Laura** | POL | KS Olkusz | 4:30 | 01:16 | 01:27 | | 02:41 | **02:42** | +0:30 |
| **17.** | 103 | **KLUCZEWSKA Oliwia** | POL | OKL Dynamic Olkusz | 4:31 | 01:15 | 01:29 | | 02:42 | **02:43** | +0:31 |
| **18.** | 117 | **TROJANOWSKA Zuzanna** | POL | KS Limanowa Forrest | 4:42 | 01:23 | 01:27 | | 02:49 | **02:49** | +0:37 |
| **19.** | 104 | **KOCJAN Wiktoria** | POL | SKS Kusy Kraków | 4:44 | 01:23 | 01:28 | | 02:51 | **02:51** | +0:39 |
| **20.** | 100 | **KALECIAK Hanna** | POL | KS Pointer Siercza | 4:51 | 01:24 | 01:31 | | 02:55 | **02:55** | +0:43 |
| **21.** | 112 | **NOWAK Oliwia** | POL | SKS Kusy Kraków | 5:00 | 01:26 | 01:34 | | 03:00 | **03:00** | +0:48 |
| **22.** | 120 | **ZĄBCZAK Zuzanna** | POL | SKS Kusy Kraków | 5:07 | 01:25 | 01:40 | | 03:04 | **03:05** | +0:53 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **600 m M (chłopcy rocznik 2016)** | | | | | | | | | | | |
| **1.** | 132 | **MORAWSKI Jan** | POL | Trenuj w Krakowie | 3:35 | 01:07 | 01:03 | | 02:09 | **02:09** | -- |
| **2.** | 136 | **SIKORA Leonard** | POL | KS Pointer Siercza | 3:37 | 01:05 | 01:06 | | 02:10 | **02:11** | +0:02 |
| **3.** | 124 | **CIURASZKIEWICZ Filip** | POL | KS Olkusz | 3:38 | 01:05 | 01:07 | | 02:11 | **02:11** | +0:02 |
| **4.** | 131 | **ŁUKASZCZYK Samuel** | POL | MKL Brygada Beskidów Nowy Sącz | 3:43 | 01:06 | 01:09 | | 02:14 | **02:14** | +0:05 |
| **5.** | 145 | **ZAŃKO Adam** | POL | Trenuj w Krakowie | 3:47 | 01:09 | 01:08 | | 02:16 | **02:16** | +0:07 |
| **6.** | 138 | **STAFIŃSKI Przemysław** | POL | KS Vertical Rytro | 3:49 | 01:06 | 01:12 | | 02:17 | **02:18** | +0:09 |
| **7.** | 143 | **DZIECIUCHOWICZ Tymon** | POL | Trenuj w Krakowie | 3:53 | 01:10 | 01:10 | | 02:19 | **02:20** | +0:11 |
| **8.** | 140 | **SYKTUS Miłosz** | POL | KS Limanowa Forrest | 4:00 | 01:08 | 01:17 | | 02:23 | **02:24** | +0:15 |
| **9.** | 125 | **HOŁUB Stanisław** | POL | KS Olkusz | 4:09 | 01:09 | 01:21 | | 02:29 | **02:29** | +0:20 |
| **10.** | 126 | **JAKUBSKI Tomasz** | POL | OKL Dynamic Olkusz | 4:10 | 01:14 | 01:17 | | 02:30 | **02:30** | +0:21 |
| **11.** | 127 | **KACPRZAK Jakub** | POL | Kraków Athletics Team | 4:12 | 01:17 | 01:15 | | 02:31 | **02:32** | +0:23 |
| **12.** | 128 | **KASPRZYK Leon** | POL | OKL Dynamic Olkusz | 4:12 | 01:13 | 01:19 | | 02:31 | **02:32** | +0:23 |
| **13.** | 130 | **KOWALSKI Witold** | POL | UKS Lider Siercza | 4:13 | 01:15 | 01:17 | | 02:32 | **02:32** | +0:23 |
| **14.** | 122 | **BOGUSZ Oliwier** | POL | OKL Dynamic Olkusz | 4:17 | 01:11 | 01:24 | | 02:34 | **02:34** | +0:25 |
| **15.** | 121 | **BARTUSIK Szymon** | POL | OKL Dynamic Olkusz | 4:18 | 01:14 | 01:22 | | 02:34 | **02:35** | +0:26 |
| **16.** | 142 | **TOMASIAK Mieszko** | POL | MKL Brygada Beskidów Nowy Sącz | 4:33 | 01:18 | 01:27 | | 02:44 | **02:44** | +0:35 |
| **17.** | 129 | **KONDEK Mikołaj** | POL | OKL Dynamic Olkusz | 4:51 | 01:23 | 01:32 | | 02:54 | **02:55** | +0:46 |
| **18.** | 144 | **WÓJCIK Bartosz** | POL | KS Limanowa Forrest | 5:21 | 01:25 | 01:48 | | 03:12 | **03:13** | +1:04 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **600 m K (dziewczynki rocznik 2015)** | | | | | | | | | | | |
| **1.** | 171 | **OSIECKA Maria** | POL | Kraków Athletics Team | 3:32 | 01:05 | 01:03 | | 02:08 | **02:08** | -- |
| **2.** | 161 | **MAŁYSA Zuzanna** | POL | KS Olkusz | 3:43 | 01:08 | 01:06 | | 02:13 | **02:14** | +0:06 |
| **3.** | 170 | **OSIADACZ Julia** | POL | Trenuj w Krakowie | 3:48 | 01:09 | 01:08 | | 02:17 | **02:17** | +0:09 |
| **4.** | 159 | **KUCEK Julia** | POL | UKS Romer Rabka-Zdrój | 3:51 | 01:08 | 01:11 | | 02:19 | **02:19** | +0:11 |
| **5.** | 151 | **BROŻYNA Ada** | POL | UKS Lider Siercza | 3:54 | 01:06 | 01:15 | | 02:20 | **02:20** | +0:12 |
| **6.** | 160 | **MALEC Maja** | POL | UKS Romer Rabka-Zdrój | 3:58 | 01:07 | 01:16 | | 02:23 | **02:23** | +0:15 |
| **7.** | 391 | **OLEARCZYK Anna** | POL | ULKS Fajfer 2001 Łapanów | 4:00 | 01:13 | 01:11 | | 02:24 | **02:24** | +0:16 |
| **8.** | 168 | **OCYTKO Zofia** | POL | UKS Lider Siercza | 4:01 | 01:11 | 01:15 | | 02:24 | **02:25** | +0:17 |
| **9.** | 154 | **FILAS Amelia** | POL | UKS Romer Rabka-Zdrój | 4:02 | 01:12 | 01:14 | | 02:25 | **02:25** | +0:17 |
| **10.** | 165 | **MATEJSKA Maja** | POL | UKS Lider Siercza | 4:03 | 01:14 | 01:12 | | 02:26 | **02:26** | +0:18 |
| **11.** | 174 | **STAŚKO Aleksandra** | POL | UKS Lider Siercza | 4:06 | 01:15 | 01:13 | | 02:27 | **02:28** | +0:20 |
| **12.** | 155 | **IMIOŁEK Aleksandra** | POL | LUKS Szreniawa Nowy Wiśnicz | 4:06 | 01:12 | 01:16 | | 02:27 | **02:28** | +0:20 |
| **13.** | 162 | **MANIK Iga** | POL | Kraków Athletics Team | 4:06 | 01:15 | 01:13 | | 02:27 | **02:28** | +0:20 |
| **14.** | 153 | **CHUDY Patrycja** | POL | Stowarzyszenie Aktywni Wokół Modyni Modyń | 4:06 | 01:16 | 01:13 | | 02:27 | **02:28** | +0:20 |
| **15.** | 173 | **SŁOŃSKA Adela** | POL | UKS Romer Rabka-Zdrój | 4:09 | 01:12 | 01:18 | | 02:29 | **02:29** | +0:21 |
| **16.** | 152 | **BUGIEL Maria** | POL | UKS Lider Siercza | 4:10 | 01:15 | 01:16 | | 02:29 | **02:30** | +0:22 |
| **17.** | 392 | **ZIÓŁKOWSKA Amelia** | POL | ULKS Fajfer 2001 Łapanów | 4:15 | 01:16 | 01:18 | | 02:33 | **02:33** | +0:25 |
| **18.** | 172 | **SAMEK Lena** | POL | LUKS Szreniawa Nowy Wiśnicz | 4:15 | 01:17 | 01:17 | | 02:32 | **02:33** | +0:25 |
| **19.** | 147 | **BARTKOWICZ Zuzanna** | POL | UKS Lider Siercza | 4:22 | 01:20 | 01:17 | | 02:37 | **02:37** | +0:29 |
| **20.** | 175 | **TOKARCZYK Hanna** | POL | KS Vertical Rytro | 4:25 | 01:18 | 01:21 | | 02:38 | **02:39** | +0:31 |
| **21.** | 149 | **BOLAK Gabriela** | POL | LUKS Szreniawa Nowy Wiśnicz | 4:26 | 01:16 | 01:24 | | 02:39 | **02:40** | +0:32 |
| **22.** | 163 | **MARECIK Wiktoria** | POL | LUKS Szreniawa Nowy Wiśnicz | 4:30 | 01:19 | 01:24 | | 02:41 | **02:42** | +0:34 |
| **23.** | 146 | **BABENKO Yeva** | POL | OKL Dynamic Olkusz | 4:34 | 01:14 | 01:31 | | 02:44 | **02:45** | +0:37 |
| **24.** | 158 | **KORBECKA Liliana** | POL | Kraków Athletics Team | 4:35 | 01:21 | 01:25 | | 02:44 | **02:45** | +0:37 |
| **25.** | 148 | **BIGA Kaja** | POL | Kraków Athletics Team | 4:36 | 01:17 | 01:29 | | 02:44 | **02:46** | +0:38 |
| **26.** | 166 | **MISZCZUK Liliana** | POL | UKS Lider Siercza | 4:38 | 01:24 | 01:24 | | 02:46 | **02:47** | +0:39 |
| **27.** | 177 | **WRÓBEL Joanna** | POL | Trenuj w Krakowie | 4:40 | 01:24 | 01:25 | | 02:47 | **02:48** | +0:40 |
| **28.** | 176 | **WILCZEK Oliwia** | POL | My Endurance Słopnice | 4:49 | 01:25 | 01:30 | | 02:53 | **02:54** | +0:46 |
| **29.** | 157 | **KARBOWSKA Antonina** | POL | OKL Dynamic Olkusz | 4:53 | 01:26 | 01:30 | | 02:55 | **02:56** | +0:48 |
| **DNF** | 167 | **NOWAK Michalina** | POL | WKS Wawel Kraków | | 01:10 | | | | | |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **600 m M (chłopcy rocznik 2015)** | | | | | | | | | | | |
| **1.** | 179 | **BALCER Adam** | POL | SKL Sucha Beskidzka | 3:32 | 01:04 | 01:04 | | 02:07 | **02:08** | -- |
| **2.** | 183 | **DYBAŁ Jakub** | POL | LKS Brzezina Osiek | 3:33 | 01:05 | 01:04 | | 02:08 | **02:08** | +0:00 |
| **3.** | 197 | **ULIŃSKI Miłosz** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:37 | 01:06 | 01:05 | | 02:09 | **02:10** | +0:02 |
| **4.** | 186 | **GAMRAT Antoni** | POL | OKL Dynamic Olkusz | 3:38 | 01:06 | 01:05 | | 02:10 | **02:11** | +0:03 |
| **5.** | 196 | **TEPER Wojciech** | POL | UKS Romer Rabka-Zdrój | 3:43 | 01:07 | 01:07 | | 02:13 | **02:14** | +0:06 |
| **6.** | 192 | **MISIŃSKI Joachim** | POL | KS Vertical Rytro | 3:48 | 01:07 | 01:10 | | 02:16 | **02:17** | +0:09 |
| **7.** | 195 | **SIENNIAK Wojciech** | POL | WKS Wawel Kraków | 3:49 | 01:09 | 01:09 | | 02:17 | **02:17** | +0:09 |
| **8.** | 182 | **CHRZĄSZCZ Łukasz** | POL | TS Wieliczanka Wieliczka | 3:49 | 01:08 | 01:10 | | 02:17 | **02:17** | +0:09 |
| **9.** | 194 | **PROSOWICZ Mikołaj** | POL | MLUKS Tarnów | 3:58 | 01:11 | 01:12 | | 02:23 | **02:23** | +0:15 |
| **10.** | 189 | **JANKOWSKI Kamil** | POL | UKS Lider Siercza | 3:59 | 01:07 | 01:18 | | 02:24 | **02:24** | +0:16 |
| **11.** | 188 | **GRZEGORZEWSKI Matteo** | POL | Maraton Gorlice | 4:04 | 01:14 | 01:13 | | 02:26 | **02:26** | +0:18 |
| **12.** | 187 | **GRANDYS Adam** | POL | KS Olkusz | 4:06 | 01:11 | 01:17 | | 02:27 | **02:28** | +0:20 |
| **13.** | 184 | **FELDMAN Wojciech** | POL | UKS Lider Siercza | 4:07 | 01:07 | 01:22 | | 02:27 | **02:29** | +0:21 |
| **14.** | 198 | **ZUBRZYCKI Mikołaj** | POL | Kraków Athletics Team | 4:22 | 01:16 | 01:22 | | 02:37 | **02:37** | +0:29 |
| **15.** | 190 | **JOJCZYK Dominik** | POL | Maraton Gorlice | 4:39 | 01:18 | 01:30 | | 02:47 | **02:48** | +0:40 |
| **16.** | 193 | **MRUK Kacper** | POL | Maraton Gorlice | 4:47 | 01:20 | 01:32 | | 02:51 | **02:52** | +0:44 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1000 m K (dziewczynki rocznik 2014)** | | | | | | | | | | | |
| **1.** | 211 | **ŁADOCHA Kornelia** | POL | Kraków Athletics Team | 2:58 | 02:58 | | | 02:57 | **02:58** | -- |
| **2.** | 207 | **KACZMARSKA Zofia** | POL | KS Pointer Siercza | 3:03 | 03:03 | | | 03:02 | **03:03** | +0:05 |
| **3.** | 205 | **DUDZIK Paulina** | POL | KS Limanowa Forrest | 3:06 | 03:06 | | | 03:06 | **03:06** | +0:08 |
| **4.** | 220 | **WAŚNIOWSKA Karolina** | POL | UKS Romer Rabka-Zdrój | 3:07 | 03:07 | | | 03:07 | **03:07** | +0:09 |
| **5.** | 204 | **DOCHNAL Karolina** | POL | MLUKS Tarnów | 3:08 | 03:08 | | | 03:08 | **03:08** | +0:10 |
| **6.** | 393 | **LENART Lilianna** | POL | ULKS Fajfer 2001 Łapanów | 3:14 | 03:14 | | | 03:14 | **03:14** | +0:16 |
| **7.** | 203 | **CYGAN Magdalena** | POL | KS Olkusz | 3:16 | 03:16 | | | 03:16 | **03:16** | +0:18 |
| **8.** | 218 | **SIKORA Michalina** | POL | KS Pointer Siercza | 3:19 | 03:19 | | | 03:19 | **03:19** | +0:21 |
| **9.** | 213 | **MARCINIK Karolina** | POL | UKS Lider Siercza | 3:21 | 03:21 | | | 03:21 | **03:21** | +0:23 |
| **10.** | 212 | **ŁANOSZKA Nadia** | POL | UKS Lider Siercza | 3:21 | 03:21 | | | 03:21 | **03:21** | +0:23 |
| **11.** | 209 | **LEBIEST Alicja** | POL | UKS Lider Siercza | 3:23 | 03:23 | | | 03:22 | **03:23** | +0:25 |
| **12.** | 217 | **PRZECHRZTA Lidia** | POL | UKS Lider Siercza | 3:24 | 03:24 | | | 03:23 | **03:24** | +0:26 |
| **13.** | 221 | **ZAWIŚLAK Julia** | POL | OKL Dynamic Olkusz | 3:26 | 03:26 | | | 03:24 | **03:26** | +0:28 |
| **14.** | 200 | **ADAMSKA Amelia** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:26 | 03:26 | | | 03:25 | **03:26** | +0:28 |
| **15.** | 219 | **SZOPA Maja** | POL | UKS Lider Siercza | 3:28 | 03:28 | | | 03:27 | **03:28** | +0:30 |
| **16.** | 394 | **MARECIK Alicja** | POL | ULKS Fajfer 2001 Łapanów | 3:31 | 03:31 | | | 03:31 | **03:31** | +0:33 |
| **17.** | 208 | **KĄDZIELA Blanka** | POL | OKL Dynamic Olkusz | 3:37 | 03:37 | | | 03:36 | **03:37** | +0:39 |
| **18.** | 222 | **ZYSEK Zuzanna** | POL | UKS Lider Siercza | 3:38 | 03:38 | | | 03:37 | **03:38** | +0:40 |
| **19.** | 215 | **MARKOWSKA Natalia** | POL | UKS Lider Siercza | 3:38 | 03:38 | | | 03:37 | **03:38** | +0:40 |
| **20.** | 201 | **BIENIECKA Zofia** | POL | OKL Dynamic Olkusz | 3:39 | 03:39 | | | 03:38 | **03:39** | +0:41 |
| **21.** | 202 | **CHRYCZYK Maja** | POL | SKS Kusy Kraków | 3:39 | 03:39 | | | 03:39 | **03:39** | +0:41 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1000 m M (chłopcy rocznik 2014)** | | | | | | | | | | | |
| **1.** | 233 | **SAWCZUK Maksymilian** | POL | SAS AZS AWF Kraków | 2:51 | 02:51 | | | 02:51 | **02:51** | -- |
| **2.** | 223 | **BIGAJ Jan** | POL | Kraków Athletics Team | 2:52 | 02:52 | | | 02:52 | **02:52** | +0:01 |
| **3.** | 231 | **POLAŃSKI Maksymilian** | POL | Maraton Gorlice | 2:53 | 02:53 | | | 02:53 | **02:53** | +0:02 |
| **4.** | 230 | **MATOGA Stanisław** | POL | KS Pointer Siercza | 2:58 | 02:58 | | | 02:58 | **02:58** | +0:07 |
| **5.** | 228 | **KONOPKA Jan** | POL | MKL Brygada Beskidów Nowy Sącz | 3:12 | 03:12 | | | 03:11 | **03:12** | +0:21 |
| **6.** | 232 | **PRAŻMOWSKI Antoni** | POL | UKS Lider Siercza | 3:12 | 03:12 | | | 03:12 | **03:12** | +0:21 |
| **7.** | 224 | **GAWĄD Tomasz** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:18 | 03:18 | | | 03:18 | **03:18** | +0:27 |
| **8.** | 229 | **KURNYTA Michał** | POL | UKS Lider Siercza | 3:19 | 03:19 | | | 03:19 | **03:19** | +0:28 |
| **9.** | 234 | **SROKA Fabian** | POL | My Endurance Słopnice | 3:22 | 03:22 | | | 03:22 | **03:22** | +0:31 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1000 m K (dziewczynki rocznik 2013)** | | | | | | | | | | | |
| **1.** | 244 | **KOŁODZIEJCZYK Zuzanna** | POL | UKS Romer Rabka-Zdrój | 2:49 | 02:49 | | | 02:49 | **02:49** | -- |
| **2.** | 249 | **SEWERYN Agnieszka** | POL | OKL Dynamic Olkusz | 2:49 | 02:49 | | | 02:49 | **02:49** | +0:00 |
| **3.** | 238 | **JANCZAK Anna** | POL | KS Vertical Rytro | 2:51 | 02:51 | | | 02:51 | **02:51** | +0:02 |
| **4.** | 247 | **POLAK Hanna** | POL | UKS Romer Rabka-Zdrój | 2:56 | 02:56 | | | 02:56 | **02:56** | +0:07 |
| **5.** | 251 | **WORWA Paulina** | POL | UKS Romer Rabka-Zdrój | 3:00 | 03:00 | | | 03:00 | **03:00** | +0:11 |
| **6.** | 243 | **KARWACKA Lena** | POL | Trenuj w Krakowie | 3:03 | 03:03 | | | 03:02 | **03:03** | +0:14 |
| **7.** | 252 | **ZAJĄC Nicola** | POL | UKS Romer Rabka-Zdrój | 3:03 | 03:03 | | | 03:03 | **03:03** | +0:14 |
| **8.** | 240 | **KACZMARCZYK Maja** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:04 | 03:04 | | | 03:04 | **03:04** | +0:15 |
| **9.** | 245 | **KUSEK Ida** | POL | Krakowska Akademia Lekkoatletyki | 3:04 | 03:04 | | | 03:04 | **03:04** | +0:15 |
| **10.** | 239 | **JEZIOROWSKA Zofia** | POL | WKS Wawel Kraków | 3:06 | 03:06 | | | 03:06 | **03:06** | +0:17 |
| **11.** | 242 | **KARKULA Julia** | POL | UKS Romer Rabka-Zdrój | 3:09 | 03:09 | | | 03:08 | **03:09** | +0:20 |
| **12.** | 241 | **KARBOWSKA Justyna** | POL | Trenuj w Krakowie | 3:12 | 03:12 | | | 03:12 | **03:12** | +0:23 |
| **13.** | 253 | **ŻACZEK Lena** | POL | UKS Romer Rabka-Zdrój | 3:13 | 03:13 | | | 03:12 | **03:13** | +0:24 |
| **14.** | 236 | **CHOMICZ Gabriela** | POL | Kraków Athletics Team | 3:14 | 03:14 | | | 03:14 | **03:14** | +0:25 |
| **15.** | 248 | **ROJKOWSKA Milena** | POL | UKS Lider Siercza | 3:15 | 03:15 | | | 03:15 | **03:15** | +0:26 |
| **16.** | 250 | **TRELA Hanna** | POL | KS Limanowa Forrest | 3:19 | 03:19 | | | 03:19 | **03:19** | +0:30 |
| **17.** | 395 | **PAPROTA Amelia** | POL | ULKS Fajfer 2001 Łapanów | 3:22 | 03:22 | | | 03:22 | **03:22** | +0:33 |
| **18.** | 235 | **BANACH Emilia** | POL | UKS Lider Siercza | 3:41 | 03:41 | | | 03:41 | **03:41** | +0:52 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1000 m M (chłopcy rocznik 2013)** | | | | | | | | | | | |
| **1.** | 265 | **MALEC Wojciech** | POL | UKS Romer Rabka-Zdrój | 2:36 | 02:36 | | | 02:36 | **02:36** | -- |
| **2.** | 259 | **GRODOWSKI Hubert** | POL | TS Wieliczanka Wieliczka | 2:38 | 02:38 | | | 02:38 | **02:38** | +0:02 |
| **3.** | 261 | **JABŁOŃSKI Aleksander** | POL | KS Olkusz | 2:39 | 02:39 | | | 02:39 | **02:39** | +0:03 |
| **4.** | 263 | **LURKA Jakub** | POL | UKS Lider Siercza | 2:42 | 02:42 | | | 02:42 | **02:42** | +0:06 |
| **5.** | 274 | **ZAJĄC Mieszko** | POL | UKS Romer Rabka-Zdrój | 2:43 | 02:43 | | | 02:42 | **02:43** | +0:07 |
| **6.** | 268 | **OGORZAŁY Adam** | POL | KS Vertical Rytro | 2:49 | 02:49 | | | 02:49 | **02:49** | +0:13 |
| **7.** | 264 | **LURKA Jan** | POL | UKS Lider Siercza | 2:50 | 02:50 | | | 02:50 | **02:50** | +0:14 |
| **8.** | 270 | **ROMAŃSKI Jan** | POL | KS Vertical Rytro | 2:52 | 02:52 | | | 02:51 | **02:52** | +0:16 |
| **9.** | 269 | **ORZECHOWSKI Wojciech** | POL | Stowarzyszenie Aktywni Wokół Modyni Modyń | 2:53 | 02:53 | | | 02:52 | **02:53** | +0:17 |
| **10.** | 273 | **TYLKOWSKI Franciszek** | POL | KS Olkusz | 2:59 | 02:59 | | | 02:59 | **02:59** | +0:23 |
| **11.** | 267 | **MONIOWSKI Mikołaj** | POL | WKS Wawel Kraków | 3:04 | 03:04 | | | 03:04 | **03:04** | +0:28 |
| **12.** | 275 | **ŻACZEK Piotr** | POL | UKS Romer Rabka-Zdrój | 3:05 | 03:05 | | | 03:05 | **03:05** | +0:29 |
| **13.** | 255 | **DAWIEC Andrzej** | POL | UKS Romer Rabka-Zdrój | 3:06 | 03:06 | | | 03:05 | **03:06** | +0:30 |
| **14.** | 271 | **STACH Kacper** | POL | KS Olkusz | 3:06 | 03:06 | | | 03:05 | **03:06** | +0:30 |
| **15.** | 258 | **FILAS Klemens** | POL | UKS Romer Rabka-Zdrój | 3:11 | 03:11 | | | 03:10 | **03:11** | +0:35 |
| **16.** | 257 | **DUDEK Kacper** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:11 | 03:11 | | | 03:11 | **03:11** | +0:35 |
| **17.** | 256 | **DOMINIK Oliwier** | POL | MKL Brygada Beskidów Nowy Sącz | 3:21 | 03:21 | | | 03:21 | **03:21** | +0:45 |

## 2000 m K (dziewczynki rocznik 2012)

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1.** | 277 | **CHODOROWSKA Maja** | POL | Kraków Athletics Team | 3:09 | 03:20 | 02:59 | | 06:18 | **06:18** | -- |
| **2.** | 284 | **PŁACHTA Natalia** | POL | MKL Brygada Beskidów Nowy Sącz | 3:16 | 03:20 | 03:12 | | 06:31 | **06:31** | +0:13 |
| **3.** | 287 | **SEWERYN Natalia** | POL | OKL Dynamic Olkusz | 3:17 | 03:21 | 03:13 | | 06:33 | **06:33** | +0:15 |
| **4.** | 276 | **BUTRYMOWICZ Małgorzata** | POL | MKL Brygada Beskidów Nowy Sącz | 3:23 | 03:24 | 03:22 | | 06:45 | **06:46** | +0:28 |
| **5.** | 282 | **NIEZABITOWSKA Wiktoria** | POL | UKS Romer Rabka-Zdrój | 3:24 | 03:19 | 03:29 | | 06:48 | **06:48** | +0:30 |
| **6.** | 281 | **MALEC Antonina** | POL | MLUKS Tarnów | 3:29 | 03:28 | 03:31 | | 06:58 | **06:58** | +0:40 |
| **7.** | 279 | **KALINKA Gabriela** | POL | Kraków Athletics Team | 3:34 | 03:27 | 03:42 | | 07:08 | **07:08** | +0:50 |
| **8.** | 285 | **ROJKOWICZ Julia** | POL | WKS Wawel Kraków | 3:36 | 03:22 | 03:50 | | 07:11 | **07:12** | +0:54 |
| **9.** | 278 | **GIEŁCZYŃSKA Natalia** | POL | UKS Romer Rabka-Zdrój | 3:39 | 03:26 | 03:53 | | 07:18 | **07:18** | +1:00 |
| **10.** | 283 | **OGIEGŁO Anna** | POL | Kraków Athletics Team | 3:39 | 03:29 | 03:50 | | 07:18 | **07:18** | +1:00 |
| **11.** | 288 | **STACH Izabela** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:47 | 03:37 | 03:57 | | 07:33 | **07:34** | +1:16 |
| **12.** | 289 | **TOMASIAK Faustyna** | POL | MKL Brygada Beskidów Nowy Sącz | 3:48 | 03:46 | 03:51 | | 07:35 | **07:36** | +1:18 |
| **13.** | 286 | **ROKOSZ Nadia** | POL | OKL Dynamic Olkusz | 3:49 | 03:49 | 03:50 | | 07:37 | **07:38** | +1:20 |
| **14.** | 280 | **KOCJAN Zuzanna** | POL | SKS Kusy Kraków | 3:54 | 03:47 | 04:01 | | 07:47 | **07:48** | +1:30 |
| **15.** | 290 | **WESOŁOWSKA Magda** | POL | OKL Dynamic Olkusz | 3:55 | 03:45 | 04:05 | | 07:49 | **07:50** | +1:32 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **2000 m M (chłopcy rocznik 2012)** | | | | | | | | | | | |
| **1.** | 298 | **NAGIĘĆ Wojciech** | POL | TS Wieliczanka Wieliczka | 2:51 | 02:55 | 02:46 | | 05:41 | **05:41** | -- |
| **2.** | 313 | **LICHOŃ Piotr** | POL | KS Vertical Rytro | 2:54 | 02:53 | 02:54 | | 05:47 | **05:47** | +0:06 |
| **3.** | 302 | **ZIĘBA Mikołaj** | POL | ULKS Lipinki | 2:57 | 03:06 | 02:48 | | 05:53 | **05:53** | +0:12 |
| **4.** | 291 | **BUBNIAK Mikołaj** | POL | ULKS Lipinki | 2:57 | 03:06 | 02:49 | | 05:54 | **05:54** | +0:13 |
| **5.** | 296 | **KOWALSKI Wojciech** | POL | UKS Lider Siercza | 3:02 | 03:07 | 02:57 | | 06:03 | **06:03** | +0:22 |
| **6.** | 300 | **RYŃSKI Michał** | POL | UKS Romer Rabka-Zdrój | 3:09 | 03:05 | 03:13 | | 06:18 | **06:18** | +0:37 |
| **7.** | 293 | **KORDAS Błażej** | POL | Kraków Athletics Team | 3:14 | 03:10 | 03:17 | | 06:26 | **06:27** | +0:46 |
| **8.** | 301 | **WOJTAS Antoni** | POL | MKL Brygada Beskidów Nowy Sącz | 3:16 | 03:12 | 03:20 | | 06:31 | **06:31** | +0:50 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **2000 m K (dziewczynki rocznik 2011)** | | | | | | | | | | | |
| **1.** | 306 | **KAPŁON Julia** | POL | UKS Romer Rabka-Zdrój | 3:10 | 03:13 | 03:08 | | 06:20 | **06:20** | -- |
| **2.** | 303 | **CHODUR Zuzanna** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:12 | 03:14 | 03:11 | | 06:24 | **06:24** | +0:04 |
| **3.** | 307 | **KONOPKA Maja** | POL | MKL Brygada Beskidów Nowy Sącz | 3:15 | 03:14 | 03:15 | | 06:28 | **06:29** | +0:09 |
| **4.** | 304 | **DUBININ Jana** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:35 | 03:25 | 03:45 | | 07:09 | **07:10** | +0:50 |
| **5.** | 305 | **FILAR Lilianna** | POL | UKS Romer Rabka-Zdrój | 3:48 | 03:40 | 03:57 | | 07:36 | **07:36** | +1:16 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **2000 m M (chłopcy rocznik 2011)** | | | | | | | | | | | |
| **1.** | 297 | **OGORZAŁY Wojciech** | POL | KS Vertical Rytro | 2:51 | 02:57 | 02:46 | | 05:41 | **05:42** | -- |
| **2.** | 315 | **ZĘBALA Beniamin** | POL | Kraków Athletics Team | 2:51 | 02:57 | 02:46 | | 05:42 | **05:42** | +0:00 |
| **3.** | 309 | **HOŁDA Antoni** | POL | Kraków Athletics Team | 3:06 | 03:04 | 03:07 | | 06:11 | **06:11** | +0:29 |
| **4.** | 314 | **STASZKIEWICZ Michał** | POL | Kraków Athletics Team | 3:10 | 03:04 | 03:17 | | 06:19 | **06:20** | +0:38 |
| **5.** | 310 | **KĘSKA Jan** | POL | Kraków Athletics Team | 3:13 | 03:10 | 03:16 | | 06:25 | **06:26** | +0:44 |
| **6.** | 311 | **KRZYWDA Mateusz** | POL | Kraków Athletics Team | 3:19 | 03:12 | 03:26 | | 06:38 | **06:38** | +0:56 |
| **7.** | 312 | **KWAS Michał** | POL | OKL Dynamic Olkusz | 3:33 | 03:14 | 03:52 | | 07:05 | **07:05** | +1:23 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **2000 m K (dziewczynki roczniki 2009-2010)** | | | | | | | | | | | |
| **1.** | 330 | **WĄSIK Barbara** | POL | LKS Brzezina Osiek | 2:56 | 02:53 | 02:58 | | 05:51 | **05:51** | -- |
| **2.** | 319 | **JAROSZ Martyna** | POL | Kraków Athletics Team | 2:56 | 02:53 | 02:59 | | 05:51 | **05:51** | +0:00 |
| **3.** | 318 | **GRANIEWSKA Aleksandra** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:08 | 03:04 | 03:11 | | 06:14 | **06:15** | +0:24 |
| **4.** | 320 | **KACZMAREK Julia** | POL | UKS Lider Siercza | 3:12 | 03:06 | 03:19 | | 06:24 | **06:24** | +0:33 |
| **5.** | 329 | **TALAGA Julia** | POL | OKL Dynamic Olkusz | 3:21 | 03:18 | 03:24 | | 06:41 | **06:41** | +0:50 |
| **6.** | 323 | **MAJERSKA Joanna** | POL | MKL Brygada Beskidów Nowy Sącz | 3:24 | 03:18 | 03:29 | | 06:47 | **06:47** | +0:56 |
| **7.** | 321 | **KRÓL Zuzanna** | POL | MKL Brygada Beskidów Nowy Sącz | 3:25 | 03:20 | 03:30 | | 06:50 | **06:50** | +0:59 |
| **8.** | 316 | **CHOWANIEC Zuzanna** | POL | LKS Brzezina Osiek | 3:31 | 03:24 | 03:39 | | 07:02 | **07:02** | +1:11 |
| **9.** | 317 | **GOŁYŹNIAK Katarzyna** | POL | MKL Brygada Beskidów Nowy Sącz | 3:35 | 03:28 | 03:42 | | 07:10 | **07:10** | +1:19 |
| **10.** | 325 | **MIKOS Oktawia** | POL | LUKS Szreniawa Nowy Wiśnicz | 3:39 | 03:29 | 03:50 | | 07:17 | **07:18** | +1:27 |
| **11.** | 326 | **PIETRUCH Emilia** | POL | MKL Brygada Beskidów Nowy Sącz | 3:42 | 03:29 | 03:56 | | 07:24 | **07:24** | +1:33 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **2000 m M (chłopcy roczniki 2009-2010)** | | | | | | | | | | | |
| **1.** | 338 | **JĘDRZEJEK Paweł** | POL | MKL Brygada Beskidów Nowy Sącz | 2:34 | 02:34 | 02:34 | | 05:07 | **05:07** | -- |
| **2.** | 335 | **CEBULA Franciszek** | POL | UKS Lider Siercza | 2:35 | 02:35 | 02:35 | | 05:09 | **05:10** | +0:03 |
| **3.** | 339 | **KOWALSKI Adam** | POL | TS Wieliczanka Wieliczka | 2:39 | 02:38 | 02:39 | | 05:17 | **05:17** | +0:10 |
| **4.** | 342 | **TROJANOWSKI Maciej** | POL | KS Limanowa Forrest | 2:39 | 02:39 | 02:39 | | 05:17 | **05:17** | +0:10 |
| **5.** | 336 | **DOLEZY Kuba** | POL | KS Olkusz | 2:52 | 02:49 | 02:54 | | 05:43 | **05:43** | +0:36 |
| **6.** | 337 | **GACEK Jerzy** | POL | WKS Wawel Kraków | 2:54 | 02:54 | 02:55 | | 05:47 | **05:48** | +0:41 |
| **7.** | 333 | **BRÓG Michał** | POL | KS Olkusz | 2:55 | 02:51 | 02:59 | | 05:49 | **05:49** | +0:42 |
| **8.** | 332 | **BIERNAT Fabian** | POL | LUKS Szreniawa Nowy Wiśnicz | 2:56 | 02:55 | 02:56 | | 05:50 | **05:51** | +0:44 |
| **9.** | 396 | **MARECIK Damian** | POL | ULKS Fajfer 2001 Łapanów | 2:56 | 02:55 | 02:58 | | 05:51 | **05:52** | +0:45 |
| **10.** | 331 | **BARCZYK Krzysztof** | POL | KS Olkusz | 3:26 | 03:13 | 03:39 | | 06:51 | **06:52** | +1:45 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **3000 m K (kobiety roczniki 2007-2008)** | | | | | | | | | | | |
| **1.** | 344 | **OPIELA Katarzyna** | POL | KS Limanowa Forrest | 3:27 | 03:19 | 03:26 | 03:35 | 10:17 | **10:19** | -- |
| **2.** | 343 | **MICHALIK Alicja** | POL | KS Limanowa Forrest | 3:56 | 03:39 | 04:05 | 04:04 | 11:46 | **11:47** | +1:28 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **3000 m K (kobiety roczniki 2006 i starsze)** | | | | | | | | | | | |
| **1.** | 347 | **ŁUKASZCZYK Anna** | POL | MKL Brygada Beskidów Nowy Sącz | 4:33 | 04:14 | 04:40 | 04:46 | 13:38 | **13:39** | +2:12 |
| **2.** | 345 | **BUŹNIAK Beata** | POL | MKL Brygada Beskidów Nowy Sącz | 5:02 | 04:41 | 05:16 | 05:09 | 15:03 | **15:04** | +3:37 |

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/ km | Lap1 | Lap2 | Lap3 | Netto | Wynik (Brutto) | Strata |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **3000 m M (mężczyźni roczniki 2006 i starsi)** | | | | | | | | | | | |
| **1.** | 349 | **BOGDAŃSKI Kacper** | POL | MKL Brygada Beskidów Nowy Sącz | 2:47 | 02:38 | 02:49 | 02:53 | 08:18 | **08:19** | -- |
| **2.** | 353 | **KACZMARCZYK Seweryn** | POL | UKS Lider Siercza | 2:52 | 02:43 | 02:56 | 02:57 | 08:35 | **08:35** | +0:16 |
| **3.** | 354 | **KALEMBKA Kamil** | POL | OKL Dynamic Olkusz | 3:02 | 03:00 | 03:06 | 03:00 | 09:05 | **09:05** | +0:46 |
| **4.** | 356 | **MAŁYSA Adam** | POL | KS Olkusz | 3:14 | 03:14 | 03:21 | 03:08 | 09:42 | **09:42** | +1:23 |
| **5.** | 350 | **CIURASZKIEWICZ Konrad** | POL | KS Olkusz | 3:18 | 03:20 | 03:16 | 03:19 | 09:52 | **09:54** | +1:35 |
| **6.** | 351 | **GRANDYS Piotr** | POL | KS Olkusz | 3:19 | 03:19 | 03:22 | 03:17 | 09:55 | **09:56** | +1:37 |
| **7.** | 352 | **JOCHYMEK Arkadiusz** | POL | KS Olkusz | 3:25 | 03:22 | 03:25 | 03:29 | 10:14 | **10:15** | +1:56 |
| **8.** | 355 | **KONOPKA Krystian** | POL | MKL Brygada Beskidów Nowy Sącz | 3:31 | 03:16 | 03:36 | 03:41 | 10:30 | **10:31** | +2:12 |

Liczba uczestników: 293