

# Bieg Obrońców Modlina 2024

Suma 3 najlepszych czasów w tym 1 kobieta



RozbiegaMy  
Nowy Dwór

16.11.2024, Nowy Dwór Mazowiecki

| M-ce | Nr | Nazwisko i imię | Miasto | Lap1 | Lap2 | Lap3 | min/<br>km | Netto | Wynik<br>(Brutto) |
|------|----|-----------------|--------|------|------|------|------------|-------|-------------------|
|------|----|-----------------|--------|------|------|------|------------|-------|-------------------|

## Bieg główny 10 km

### 1. BKS Wataha Warszawa 2:05:58

|    |     |                     |     |                      |       |       |       |      |       |       |
|----|-----|---------------------|-----|----------------------|-------|-------|-------|------|-------|-------|
| 1. | 180 | Szyborski Rafał     | POL | Warszawa             | 12:35 | 12:47 | 12:29 | 3:47 | 37:48 | 37:49 |
| 2. | 97  | Lewandowski Mateusz | POL | Nowy Dwór Mazowiecki | 12:54 | 13:29 | 13:45 | 4:01 | 40:07 | 40:07 |
| 3. | 46  | Gollnik Adam        | POL | Nowy Dwór Mazowiecki | 14:37 | 15:08 | 14:45 | 4:27 | 44:27 | 44:29 |
| 4. | 197 | Wielowska Kinga     | POL | Nowy Dwór Mazowiecki | 15:22 | 16:18 | 16:23 | 4:49 | 47:57 | 48:02 |

### 2. TMT 2:07:34

|    |     |                   |     |           |       |       |       |      |         |         |
|----|-----|-------------------|-----|-----------|-------|-------|-------|------|---------|---------|
| 1. | 11  | Bartołowicz Dawid | POL | Brochów   | 12:24 | 12:42 | 12:43 | 3:47 | 37:48   | 37:48   |
| 2. | 198 | Więckowski Michał | POL | Sochaczew | 13:57 | 14:28 | 14:49 | 4:20 | 43:12   | 43:14   |
| 3. | 150 | Rutkowska Izabela | POL | Sochaczew | 14:52 | 16:05 | 15:36 | 4:40 | 46:30   | 46:32   |
| 4. | 167 | Soboń Łukasz      | POL | Warszawa  | 19:10 | 20:30 | 20:34 | 6:02 | 1:00:13 | 1:00:13 |

### 3. Mazowiecki Oddział Żandarmerii Wojskowej 2:11:37

|    |     |                     |     |                      |       |       |       |      |       |       |
|----|-----|---------------------|-----|----------------------|-------|-------|-------|------|-------|-------|
| 1. | 36  | Dutkiewicz Maciej   | POL | Warszawa             | 11:37 | 12:02 | 11:57 | 3:34 | 35:33 | 35:35 |
| 2. | 71  | Klim Łukasz         | POL | Warszawa             | 13:25 | 13:50 | 13:45 | 4:06 | 40:58 | 40:59 |
| 3. | 100 | Łoboda Jakub        | POL | Warszawa             | 13:55 | 15:11 | 14:15 | 4:21 | 43:19 | 43:21 |
| 4. | 108 | Maliszewski Mateusz | POL | Falenty Nowe         | 14:37 | 15:06 | 14:35 | 4:26 | 44:14 | 44:18 |
| 5. | 20  | Bobowicz Rafał      | POL | Nowy Dwór Mazowiecki | 17:32 | 18:55 | 18:35 | 5:31 | 54:58 | 55:01 |
| 6. | 196 | Wieczorek Anna      | POL | Warszawa             | 17:33 | 18:55 | 18:37 | 5:31 | 55:00 | 55:03 |

### 4. Nasielsk Baszta Team 2:14:56

|    |     |                   |     |                  |       |       |       |      |       |       |
|----|-----|-------------------|-----|------------------|-------|-------|-------|------|-------|-------|
| 1. | 220 | Żyła Arkadiusz    | POL | Michałów Reginów | 11:45 | 12:06 | 11:54 | 3:35 | 35:44 | 35:44 |
| 2. | 221 | Kamiński Wiesław  | POL |                  | 15:31 | 16:19 | 16:09 | 4:48 | 47:48 | 47:58 |
| 3. | 208 | Wrońska Joanna    | POL | Nasielsk         | 16:48 | 17:01 | 17:25 | 5:08 | 51:14 | 51:14 |
| 4. | 149 | Ruciński Jarosław | POL | Nasielsk         | 16:35 | 17:20 | 17:42 | 5:10 | 51:34 | 51:36 |

### 5. Rozbiegamy Nowy Dwór 2:17:33

|     |     |                    |     |                      |       |       |       |      |         |         |
|-----|-----|--------------------|-----|----------------------|-------|-------|-------|------|---------|---------|
| 1.  | 172 | Susmarska Ewa      | POL | Nowy Dwór Mazowiecki | 14:37 | 15:14 | 15:20 | 4:31 | 45:08   | 45:10   |
| 2.  | 161 | Skrzypczak Piotr   | POL | Nowy Dwór Mazowiecki | 14:49 | 15:21 | 15:12 | 4:33 | 45:18   | 45:21   |
| 3.  | 134 | Owczarek Katarzyna | POL | Nowy Dwór Mazowiecki | 14:41 | 16:07 | 16:14 | 4:43 | 47:00   | 47:02   |
| 4.  | 123 | Nowak Daniel       | POL | Nowy Modlin          | 15:42 | 16:49 | 16:44 | 4:56 | 49:07   | 49:14   |
| 5.  | 2   | Piętka Marzena     | POL | Legionowo            | 17:33 | 17:34 | 17:14 | 5:14 | 52:12   | 52:20   |
| 6.  | 53  | Jaczyński Piotr    | POL | Leoncin              | 17:32 | 17:34 | 17:14 | 5:14 | 52:13   | 52:20   |
| 7.  | 136 | Paczkowska Łucja   | POL |                      | 17:15 | 18:18 | 18:53 | 5:27 | 54:19   | 54:25   |
| 8.  | 166 | Sobczyk Maks       | POL | Nowy Dwór Mazowiecki | 19:32 | 18:51 | 17:58 | 5:38 | 56:11   | 56:20   |
| 9.  | 165 | Sobczyk Basia      | POL | Nowy Dwór Mazowiecki | 19:33 | 18:51 | 18:03 | 5:39 | 56:17   | 56:25   |
| 10. | 222 | Żołądek Waldemar   | POL | Nowy Dwór Mazowiecki | 19:37 | 21:15 | 22:14 | 6:19 | 1:03:03 | 1:03:05 |

### 6. Rozbiegane Socho 2:20:18

|    |     |                  |     |                   |       |       |       |      |       |       |
|----|-----|------------------|-----|-------------------|-------|-------|-------|------|-------|-------|
| 1. | 48  | Górski Albin     | POL | Kozłów Szlachecki | 13:59 | 14:44 | 14:57 | 4:22 | 43:38 | 43:40 |
| 2. | 58  | Jaworska Klaudia | POL | Sochaczew         | 15:36 | 16:20 | 16:06 | 4:49 | 47:59 | 48:01 |
| 3. | 217 | Zydlowski Michał | POL | Brochów           | 16:14 | 16:14 | 16:10 | 4:52 | 48:35 | 48:37 |
| 4. | 89  | Ksyna Bogusław   | POL | Kamion Mały       | 17:06 | 17:40 | 17:15 | 5:12 | 51:55 | 51:59 |



| M-ce                    | Nr  | Nazwisko i imię              |     | Miasto               | Lap1           | Lap2  | Lap3  | min/<br>km | Netto   | Wynik<br>(Brutto) |
|-------------------------|-----|------------------------------|-----|----------------------|----------------|-------|-------|------------|---------|-------------------|
| <b>7. Timbud Team</b>   |     |                              |     |                      | <b>2:26:47</b> |       |       |            |         |                   |
| 1.                      | 66  | <b>Kąkol Sławomir</b>        | POL | Nowy Dwór Mazowiecki | 13:57          | 13:59 | 13:57 | 4:12       | 41:52   | <b>41:52</b>      |
| 2.                      | 81  | <b>Kowalski Sebastian</b>    | POL | Trzciany             | 13:57          | 14:06 | 14:03 | 4:13       | 42:02   | <b>42:05</b>      |
| 3.                      | 137 | <b>Nasiłowski Przemysław</b> | POL | Zielonka             | 15:41          | 15:58 | 15:18 | 4:42       | 46:51   | <b>46:56</b>      |
| 4.                      | 216 | <b>Ziółkowski Dariusz</b>    | POL | Trębki Nowe          | 16:10          | 15:57 | 15:19 | 4:45       | 47:25   | <b>47:25</b>      |
| 5.                      | 105 | <b>Makowski Jacek</b>        | POL | Legionowo            | 15:06          | 16:14 | 16:16 | 4:46       | 47:31   | <b>47:36</b>      |
| 6.                      | 185 | <b>Świdorski Tadeusz</b>     | POL | Zakroczym            | 15:29          | 16:20 | 16:12 | 4:48       | 47:55   | <b>48:00</b>      |
| 7.                      | 80  | <b>Kowalska Marta</b>        | POL | Trzciany             | 20:03          | 21:05 | 21:43 | 6:17       | 1:02:41 | <b>1:02:50</b>    |
| <b>8. Kreatywni</b>     |     |                              |     |                      | <b>2:38:06</b> |       |       |            |         |                   |
| 1.                      | 206 | <b>Woźniak Sebastian</b>     | POL | Nowy Dwór Mazowiecki | 13:24          | 13:21 | 13:09 | 4:00       | 39:53   | <b>39:53</b>      |
| 2.                      | 41  | <b>Gajewski Jakub</b>        | POL | Pomiechówek          | 16:03          | 17:34 | 17:41 | 5:08       | 51:18   | <b>51:18</b>      |
| 3.                      | 207 | <b>Woźniak Paulina</b>       | POL | Nowy Dwór Mazowiecki | 21:07          | 22:59 | 22:49 | 6:42       | 1:06:43 | <b>1:06:55</b>    |
| <b>9. Reckitt</b>       |     |                              |     |                      | <b>2:38:09</b> |       |       |            |         |                   |
| 1.                      | 4   | <b>Andrzejewski Grzegorz</b> | POL | Płońsk               | 16:55          | 16:26 | 15:40 | 4:54       | 48:51   | <b>49:00</b>      |
| 2.                      | 219 | <b>Żaglewski Dariusz</b>     | POL | Płońsk               | 16:16          | 16:59 | 16:42 | 5:00       | 49:48   | <b>49:56</b>      |
| 3.                      | 32  | <b>Dobrowolski Piotr</b>     | POL | Góra                 | 16:51          | 18:01 | 17:55 | 5:17       | 52:47   | <b>52:47</b>      |
| 4.                      | 145 | <b>Posiewka Jacek</b>        | POL | Góra                 | 18:36          | 19:52 | 20:31 | 5:54       | 58:58   | <b>58:58</b>      |
| 5.                      | 84  | <b>Koziara Katarzyna</b>     | POL | Nowy Dwór Mazowiecki | 19:22          | 19:56 | 19:56 | 5:56       | 59:04   | <b>59:13</b>      |
| 6.                      | 23  | <b>Burzyńska Patrycja</b>    | POL | Nowy Dwór Mazowiecki | 21:18          | 20:55 | 20:01 | 6:14       | 1:02:01 | <b>1:02:13</b>    |
| 7.                      | 27  | <b>Cybulski Bartosz</b>      | POL | Nowy Dwór Mazowiecki | 19:00          | 20:52 | 22:38 | 6:15       | 1:02:19 | <b>1:02:29</b>    |
| 8.                      | 199 | <b>Wilczek Marta</b>         | POL | Góra                 | 21:42          | 22:49 | 23:21 | 6:48       | 1:07:40 | <b>1:07:51</b>    |
| 9.                      | 164 | <b>Smolińska Agata</b>       | POL | Nowy Dwór Mazowiecki | 21:42          | 22:49 | 23:21 | 6:48       | 1:07:40 | <b>1:07:52</b>    |
| <b>10. Bemowo Biega</b> |     |                              |     |                      | <b>2:47:55</b> |       |       |            |         |                   |
| 1.                      | 190 | <b>Torzewski Janusz</b>      | POL | Warszawa             | 14:35          | 15:12 | 15:16 | 4:31       | 45:00   | <b>45:02</b>      |
| 2.                      | 189 | <b>Torzewska Agnieszka</b>   | POL | Warszawa             | 20:00          | 20:36 | 20:39 | 6:08       | 1:01:03 | <b>1:01:14</b>    |
| 3.                      | 200 | <b>Wiśniewski Tomasz</b>     | POL | Warszawa             | 19:44          | 20:54 | 21:02 | 6:10       | 1:01:39 | <b>1:01:39</b>    |

Liczba uczestników: 54