

X Jubileuszowy Półmaraton

Kietrz- Trebom- Gródczanki- Pietrowice Wielkie



Wyniki kategorii wiekowe

2016-06-11, Kietrz

| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik |
|-------------|--------|-----------------------|-------------------------|------------------|------------|------------|------------|
| K-18 | | | | | | | |
| 1. | 44 | Dorota Dzięcioł | | Racibórz | 0:55:24,33 | 1:48:39,41 | 1:48:56,95 |
| 2. | 103 | Anna Kocielska | AKMB Pędziwiatr Gliwice | Gliwice | 0:57:37,10 | 1:55:11,95 | 1:55:24,46 |
| 3. | 85 | Nicol Jendryka | brak | Opole | 0:56:53,50 | 1:55:33,54 | 1:55:48,52 |
| 4. | 68 | Malwina Herbut | Izerska Grupa Biegowa | Przejęsław | 0:59:23,94 | 2:02:00,93 | 2:02:04,55 |
| K-30 | | | | | | | |
| 1. | 172 | Aneta Niespodzińska | Kolka Team Opole | Ścigów | 0:49:55,97 | 1:40:10,85 | 1:40:18,08 |
| 2. | 139 | Anna Lepiarczyk | | Racibórz | 0:53:02,98 | 1:43:36,21 | 1:43:45,94 |
| 3. | 86 | Joanna Jęczmionka | | Lubomia | 0:53:42,51 | 1:45:31,17 | 1:45:49,57 |
| 4. | 216 | Aleksandra Siwczuk | | Warszawa | 0:53:04,95 | 1:46:11,18 | 1:46:17,07 |
| 5. | 266 | Monika Wójcik | cross krapkowice | Krapkowice | 0:52:40,14 | 1:46:27,99 | 1:46:31,74 |
| 6. | 79 | Renáta Jalůvková | Caramba! Team | Branka u Opavy | 0:53:05,15 | 1:46:25,31 | 1:46:34,06 |
| 7. | 25 | Marta Bzducha | | Kędzierzyn-Koźle | 0:53:59,23 | 1:47:14,06 | 1:47:25,37 |
| 8. | 115 | Janina Krótki | EASY RUN | Łęg | 0:52:47,81 | 1:49:00,31 | 1:49:04,83 |
| 9. | 292 | Patrycja Dacyk | | Głubczyce | 0:54:52,81 | 1:48:59,22 | 1:49:18,66 |
| 10. | 31 | Patrycja Chomiczewska | HOBBY SPORT TEAM | KIETRZ | 0:55:30,43 | 1:51:32,30 | 1:51:43,84 |
| 11. | 192 | Barbara Piontek | MIEDONIA FIT | RACIBÓRZ | 0:56:11,20 | 1:54:00,96 | 1:54:07,78 |
| 12. | 33 | Katarzyna Ciężkowska | | Wrocław | 0:58:47,58 | 1:56:16,14 | 1:56:30,99 |
| 13. | 241 | Agnieszka Tałas | Chronimy Górę Gipsową! | Wrocław | 0:58:47,41 | 1:58:07,01 | 1:58:22,85 |
| 14. | 251 | Ewelina Walczak | Silesie Skating | Rybnik | 1:00:57,21 | 2:00:45,98 | 2:00:57,07 |



Wyniki kategorii wiekowe

| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik |
|---------|--------|----------------------------|-----------------------|-----------|------------|------------|------------|
| 15. | 214 | Justyna Semanyszyn-Sobczak | KS GRYF KIETRZ | Kietrz | 1:00:06,39 | 2:03:13,53 | 2:03:21,04 |
| 16. | 277 | Anna Zięba | dar-bud team | Kietrz | 1:00:20,69 | 2:03:37,52 | 2:03:44,43 |
| 17. | 294 | Małgorzata Dzik | IZERSKA GRUPA BIEGOWA | Mirsk | 0:59:28,57 | 2:04:17,07 | 2:04:20,56 |
| 18. | 182 | Dominika Pacak | Easy run Raciborz | Racibórz | 1:01:48,44 | 2:05:33,23 | 2:05:45,93 |
| 19. | 136 | Patrycja Lechocka | Easy Run Raciborz | Pszów | 1:01:08,16 | 2:07:04,87 | 2:07:17,72 |
| 20. | 275 | Justyna Ziemkiewicz | | Racibórz | 1:01:07,04 | 2:07:13,08 | 2:07:27,82 |
| 21. | 348 | Katarzyna Podlas-Kostka | Easy Run | Racibórz | 1:01:47,97 | 2:07:37,50 | 2:07:51,12 |
| 22. | 98 | Magdalena Kazimierowska | | Głubczyce | 1:05:42,42 | 2:13:21,70 | 2:13:43,88 |
| 23. | 54 | Monika Gaj | | Kietrz | 1:08:32,16 | 2:38:12,33 | 2:38:19,04 |

K-40

| | | | | | | | |
|-----|-----|-------------------------|---|-------------|------------|------------|------------|
| 1. | 183 | Iva Pachtova |  Chronimy Górę Gipsową! | Ostrava | 0:49:22,36 | 1:38:42,44 | 1:38:46,43 |
| 2. | 23 | Wioleta Brychcy |  AKMB Pędziwiatr Gliwice | Gliwice | 0:49:40,45 | 1:39:38,28 | 1:39:41,83 |
| 3. | 311 | Kasia Konofał |  Kamraty | Rydułtowy | 0:56:02,34 | 1:49:50,25 | 1:50:01,55 |
| 4. | 109 | Edyta Koralewska |  | Prudnik | 0:55:46,89 | 1:49:52,19 | 1:50:03,67 |
| 5. | 49 | Hanna Ficek |  | Jejkowice | 0:57:47,42 | 1:53:31,07 | 1:53:49,30 |
| 6. | 225 | Izabela Spandel-Piwowar |  Easy Run Racibórz | Racibórz | 0:58:51,16 | 1:54:24,38 | 1:54:32,60 |
| 7. | 81 | Maria Jaroszewicz |  AMATORKA | Racibórz | 0:58:02,71 | 1:55:26,05 | 1:55:43,74 |
| 8. | 125 | Alicja Kuchta |  | KATOWICE | 0:57:41,81 | 1:55:50,91 | 1:55:58,14 |
| 9. | 198 | Ewa Pytel |  | Racibórz | 0:56:08,99 | 1:56:10,27 | 1:56:17,84 |
| 10. | 186 | Beata Pancylejko |  | Opole | 0:58:33,55 | 1:59:12,89 | 1:59:18,26 |
| 11. | 329 | Dorota Nosal |  | kietrz | 0:59:44,96 | 1:59:30,94 | 1:59:38,73 |
| 12. | 196 | Alina Pogorzelska |  | Leszczyń | 1:00:45,00 | 2:01:07,32 | 2:01:22,74 |
| 13. | 362 | Marianna Szczyпка |  | Pstrążna | 1:01:01,96 | 2:02:48,60 | 2:03:03,14 |
| 14. | 201 | Sylwia Ratka |  Biegamy z Sercem | Częstochowa | 1:01:25,77 | 2:05:04,37 | 2:05:23,11 |
| 15. | 55 | Urszula Gajda |  Bieg Opolski | Opole | 1:01:06,04 | 2:05:29,41 | 2:05:40,63 |
| 16. | 243 | Aniela Trela |  DB LESZCZYŃNY | Leszczyń | 1:05:51,30 | 2:17:58,10 | 2:18:14,07 |
| 17. | 224 | Sylwia Sonnenberg |  | Wrocław | 1:06:44,70 | 2:22:09,61 | 2:22:18,17 |



Wyniki kategorii wiekowe

| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik |
|-------------|--------|-------------------------|----------------------------------|--------------------|------------|------------|------------|
| K-50 | | | | | | | |
| 1. | 346 | Halina Płotek | ZDW Opole | Głubczyce | 0:59:39,43 | 1:59:39,11 | 1:59:44,71 |
| 2. | 100 | Ewa Kita | | Kędzierzyn-Koźle | 0:59:58,69 | 2:04:33,11 | 2:04:44,13 |
| K-60 | | | | | | | |
| 1. | 226 | Jadwiga Stagrowska | LEWIN BIEGA | Lewin Brzeski | 1:09:16,78 | 2:26:48,59 | 2:27:06,04 |
| 2. | 96 | Ewa Katarzyna Kasierska | WKB META LUBLINIEC | Poznań | 1:18:57,12 | 2:39:53,25 | 2:40:02,59 |
| M-18 | | | | | | | |
| 1. | 62 | Ireneusz Górnik | Wodzislawska Akademia Biegania | Rydułtowy | 0:40:09,88 | 1:19:20,40 | 1:19:21,91 |
| 2. | 169 | Patryk Muzyk | | Kietrz | 0:40:37,56 | 1:22:01,45 | 1:22:03,85 |
| 3. | 91 | Adam Juszczyk | WAT | Baborów | 0:41:41,02 | 1:24:07,76 | 1:24:10,70 |
| 4. | 204 | Mateusz Rempuszewski | | Chudów | 0:42:28,53 | 1:24:33,51 | 1:24:36,55 |
| 5. | 313 | Jarosław Korolewicz | | Racibórz | 0:42:55,64 | 1:24:55,37 | 1:24:58,25 |
| 6. | 51 | Mateusz Fielhauer | Najlepszy | Dzielnica | 0:43:54,60 | 1:29:09,21 | 1:29:14,87 |
| 7. | 158 | Mirosław Michna | Raciborski Klub Karate Kyokushin | Racibórz | 0:43:24,28 | 1:30:54,91 | 1:30:57,50 |
| 8. | 367 | Krzysztof Tarnowski | KW Opole | Skrbeńsko | 0:47:57,26 | 1:32:33,84 | 1:32:33,84 |
| 9. | 355 | Łukasz Różański | New Balance Performance Team | Krynica- Zdrój | 0:44:53,91 | 1:33:13,12 | 1:33:15,14 |
| 10. | 39 | Fryderyk Dąbal | BERSERKERS TEAM RACIBÓRZ | Racibórz | 0:48:02,41 | 1:34:47,11 | 1:34:56,97 |
| 11. | 405 | Grzegorz Benedyk | | Racibórz | 0:49:14,87 | 1:35:20,15 | 1:35:22,10 |
| 12. | 274 | Karol Zawadzki | Radlin | Radlin | 0:49:15,77 | 1:35:39,78 | 1:35:49,64 |
| 13. | 213 | Rafał Sbeczka | Easy Run Racibórz | Tworków | 0:45:38,37 | 1:36:07,92 | 1:36:13,00 |
| 14. | 117 | Krzysztof Krzemień | | Maków | 0:46:28,55 | 1:37:53,59 | 1:38:01,61 |
| 15. | 262 | Kamil Wolny | Easy Run | Kornice | 0:50:09,35 | 1:37:58,80 | 1:38:03,11 |
| 16. | 200 | Wojciech Pytlik | | Bogunice / Krakow | 0:47:30,25 | 1:38:44,21 | 1:38:48,61 |
| 17. | 152 | Szymon Marcinek | Pietrowice Wielkie | Pietrowice Wielkie | 0:51:09,63 | 1:40:26,53 | 1:40:38,22 |
| 18. | 257 | Maciej Wieczorek | | Pielgrzymowice | 0:49:49,66 | 1:40:25,87 | 1:40:47,21 |



Wyniki kategorii wiekowe








| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik |
|---------|--------|---------------------|-------------------|---------------------|------------|------------|------------|
| 19. | 35 | Tomasz Ćwik | biegamyzsercem.pl | Racibórz | 0:52:30,75 | 1:42:55,85 | 1:43:08,94 |
| 20. | 220 | Robert Skupień | | Tworków | 0:51:28,67 | 1:43:01,14 | 1:43:15,41 |
| 21. | 145 | Piotr Lokaj | | OZIMEK | 0:49:23,47 | 1:43:34,04 | 1:43:38,14 |
| 22. | 211 | Damian Saczka | | Tworków | 0:51:18,37 | 1:44:43,87 | 1:44:57,99 |
| 23. | 153 | Daniel Mastyga | | Wojnowice | 0:52:49,64 | 1:45:28,66 | 1:45:36,47 |
| 24. | 110 | Michał Kowalczyk | KOLKA TEAM OPOLE | Jełowa | 0:49:59,61 | 1:45:53,52 | 1:46:01,32 |
| 25. | 14 | Robert Błaszczok | | Samborowice | 0:54:00,25 | 1:48:44,68 | 1:48:58,94 |
| 26. | 148 | Piotr Machowski | | Ściborzycze Wielkie | 0:52:33,12 | 1:50:06,48 | 1:50:12,61 |
| 27. | 137 | Paweł Lenczyk | Easy Run Racibórz | Racibórz | 0:53:36,45 | 1:51:58,24 | 1:52:01,75 |
| 28. | 319 | Łukasz Kuzbyt | | Kędzierzyn-Koźle | 0:52:21,63 | 1:52:57,34 | 1:53:01,45 |
| 29. | 330 | Dawid Nosal | | Kietrz | 1:01:05,52 | 2:07:07,53 | 2:07:26,28 |
| 30. | 238 | Marcin Śledzikowski | | Rędziny | 0:59:10,06 | 2:08:38,84 | 2:08:53,56 |
| 31. | 410 | Karola Chalupiński | | Pilszcz | 1:02:22,13 | 2:11:22,83 | 2:11:42,21 |
| 32. | 278 | Damian Zubik | | Kietrz | 1:01:44,35 | 2:19:55,39 | 2:20:16,13 |
| 33. | 19 | Wiktor Borukało | | Racibórz | 1:00:36,10 | 2:23:52,52 | 2:24:03,59 |

M-30

| | | | | | | | |
|-----|-----|-------------------------|-----------------------|------------------|------------|------------|------------|
| 1. | 29 | Paweł Charązka | | Głubczyce | 0:41:10,25 | 1:22:57,71 | 1:23:04,25 |
| 2. | 113 | Łukasz Kraka-Ćwikliński | Izerska Grupa Biegowa | Pasiecznik | 0:41:53,33 | 1:23:07,15 | 1:23:10,04 |
| 3. | 2 | Jacek Bajda | WKB META LUBLINIEC | Pilszcz | 0:41:58,99 | 1:23:09,35 | 1:23:11,74 |
| 4. | 27 | Krzysztof Cegiełko | | Tychy | 0:42:19,38 | 1:23:37,69 | 1:23:42,30 |
| 5. | 24 | Andrzej Bugdoł | | Maków | 0:43:40,26 | 1:26:58,62 | 1:27:03,99 |
| 6. | 173 | Krzystian Noga | WAB | Wodzisław Śląski | 0:44:55,41 | 1:28:32,24 | 1:28:40,29 |
| 7. | 77 | Rafał Jagiela | | Opole | 0:44:41,57 | 1:28:45,25 | 1:28:50,09 |
| 8. | 26 | Przemysław Bzducha | | Kędzierzyn-Koźle | 0:45:04,04 | 1:29:13,01 | 1:29:16,90 |
| 9. | 284 | Marek Bednorz | TOR Dobrzeń Wielki | Świerkle | 0:43:22,86 | 1:30:13,92 | 1:30:17,81 |
| 10. | 253 | Rafał Wasielewski | Racibórz | RACIBÓRZ | 0:45:46,30 | 1:30:03,97 | 1:30:22,31 |
| 11. | 212 | Adam Sarnecki | | Ujazd | 0:46:52,24 | 1:30:37,98 | 1:30:47,23 |



Wyniki kategorii wiekowe

| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik | |
|---------|--------|------------------------|---|----------------------------|---------------------|------------|------------|------------|
| 12. | 20 | Wojciech Brauner |  | Wodzisław Śląski | 0:46:44,51 | 1:32:43,33 | 1:32:52,12 | |
| 13. | 94 | Marcin Karaczan |  | Głubczyce | 0:47:34,66 | 1:32:40,32 | 1:32:53,48 | |
| 14. | 48 | Piotr Farbiszewski |  | SULIS HOKO TEAM | Racibórz | 0:47:23,26 | 1:33:04,92 | 1:33:22,55 |
| 15. | 83 | Daniel Jaroszewski |  | Jastrzębie-Zdrój | 0:46:27,86 | 1:33:21,18 | 1:33:23,91 | |
| 16. | 78 | Tomáš Jalůvka |  | Caramba! Team | Branka u Opavy | 0:46:14,00 | 1:33:24,27 | 1:33:33,07 |
| 17. | 34 | Krzysztof Czekala |  | Krowiarki | 0:46:26,74 | 1:35:00,25 | 1:35:07,27 | |
| 18. | 66 | Jan Halfar |  | Prajzka ambasada | Bělá | 0:48:14,54 | 1:35:20,56 | 1:35:28,77 |
| 19. | 237 | Łukasz Szymański |  | Chronimy Górę Gipsową! | Oława | 0:49:33,97 | 1:35:22,41 | 1:35:31,99 |
| 20. | 308 | Piotr Kobyłański |  | Racibórz | 0:49:20,82 | 1:35:44,44 | 1:36:03,11 | |
| 21. | 121 | Marcin Krzyżanowski |  | Wysoka / Wrocław | 0:47:57,14 | 1:36:25,73 | 1:36:34,05 | |
| 22. | 69 | Martin Hiltavský |  | Prajzská Ambasáda | Bělá | 0:48:15,41 | 1:36:25,64 | 1:36:34,51 |
| 23. | 15 | Łukasz Błażków |  | Głubczyce | 0:49:40,07 | 1:36:48,92 | 1:37:02,47 | |
| 24. | 132 | Tomasz Kuś |  | Marklowice | 0:47:25,50 | 1:37:19,08 | 1:37:28,55 | |
| 25. | 140 | Wojciech Lewandowski |  | Chronimy Górę Gipsową! | Żerniki Wrocławskie | 0:50:34,66 | 1:37:59,76 | 1:38:09,84 |
| 26. | 67 | Grzegorz Herba |  | KS GRYF KIETRZ | Kietrz | 0:49:24,86 | 1:38:17,91 | 1:38:22,50 |
| 27. | 199 | Grzegorz Pytel |  | Racibórz | 0:49:18,42 | 1:38:50,19 | 1:38:57,89 | |
| 28. | 188 | Dariusz Pankowski |  | BIEGUSIEM | Jastrzębie-Zdrój | 0:48:21,14 | 1:39:08,00 | 1:39:14,11 |
| 29. | 304 | Rafał Józefiak |  | EASY RUN RACIBÓRZ | Racibórz | 0:49:52,64 | 1:39:14,55 | 1:39:19,92 |
| 30. | 309 | Jan Koloch |  | PIETROWICE WIELKIE RUNNERS | Pietrowice Wielkie | 0:45:50,56 | 1:39:28,90 | 1:39:31,73 |
| 31. | 90 | Łukasz Jurkiewicz |  | KS GRYF KIETRZ | Kietrz | 0:50:27,81 | 1:40:21,97 | 1:40:28,71 |
| 32. | 208 | Artur Rojek |  | Gryf Kietrz | Kietrz | 0:50:27,79 | 1:40:22,21 | 1:40:28,83 |
| 33. | 268 | Paweł Wójcik |  | Opole | 0:49:32,62 | 1:40:25,32 | 1:40:34,12 | |
| 34. | 179 | Artur Olbrich |  | Tworków | 0:51:21,77 | 1:40:34,50 | 1:40:40,66 | |
| 35. | 89 | Adam Junka |  | BRAK | Racibórz | 0:49:26,15 | 1:41:17,11 | 1:41:21,04 |
| 36. | 46 | Przemysław Esik |  | Chronimy Górę Gipsową! | Kietrz | 0:50:58,50 | 1:41:26,68 | 1:41:36,71 |
| 37. | 107 | Mirosław Kołodziejczyk |  | niezrzeszony | Rybnik | 0:50:55,65 | 1:41:53,20 | 1:42:04,68 |
| 38. | 42 | Dominik Dostol |  | META | Laziska | 0:52:47,65 | 1:42:04,34 | 1:42:16,65 |
| 39. | 407 | Sławomir Szwed |  | Racibórz | 0:53:09,35 | 1:42:21,00 | 1:42:31,56 | |



Wyniki kategorii wiekowe

| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik | |
|---------|--------|----------------------|------|-----------------------|------------------|------------|------------|------------|
| 40. | 163 | Adrian Moń | | Gieraltowice | 0:51:32,78 | 1:42:43,89 | 1:42:56,29 | |
| 41. | 252 | Mateusz Walczak | | Rybnik | 0:52:29,44 | 1:43:48,07 | 1:43:58,51 | |
| 42. | 141 | Sebastian Lipiński | | Racibórz | 0:52:00,43 | 1:43:57,80 | 1:44:07,01 | |
| 43. | 403 | Miroslav Bremek | | DK1-Sport team | 0:52:41,32 | 1:45:30,91 | 1:45:41,01 | |
| 44. | 167 | Maciej Mrozek | | Łuków Śląski | 0:52:18,17 | 1:46:56,71 | 1:47:08,68 | |
| 45. | 177 | Roman Nowak | | Krzanowice | 0:52:06,68 | 1:47:07,28 | 1:47:14,44 | |
| 46. | 123 | Dawid Kubacki | | Opole | 0:55:25,01 | 1:47:07,16 | 1:47:23,55 | |
| 47. | 65 | Damian Grucel | | Gródczanki | 0:52:48,77 | 1:47:36,08 | 1:47:48,71 | |
| 48. | 120 | Adam Krzyzanowski | | Racibórz | 0:56:11,75 | 1:48:42,92 | 1:48:55,69 | |
| 49. | 72 | Tomasz Huczek | | 1981 | Racibórz | 0:56:23,03 | 1:49:34,96 | 1:49:47,98 |
| 50. | 63 | Mateusz Grabarczyk | | Allianz Running theam | Radlin | 0:54:00,37 | 1:50:19,72 | 1:50:31,65 |
| 51. | 16 | Grzegorz Bondarewicz | | Brak | Kietrz | 0:56:12,49 | 1:50:49,88 | 1:51:02,64 |
| 52. | 64 | Aleš Graca | | Upside Down | Darkovičky | 0:55:31,20 | 1:52:12,42 | 1:52:27,59 |
| 53. | 155 | Dawid Matysik | | | Pielgrzymowice | 0:58:21,18 | 1:53:19,57 | 1:53:42,36 |
| 54. | 128 | Michał Kuliga | | Easy Run Racibórz | Racibórz | 0:58:51,09 | 1:54:21,32 | 1:54:35,44 |
| 55. | 260 | Wojciech Wojtaszek | | | Racibórz | 0:57:46,07 | 1:55:02,23 | 1:55:12,88 |
| 56. | 301 | Leszek Hawryluk | | | Wodzisław Śląski | 0:58:23,71 | 1:55:46,14 | 1:56:04,23 |
| 57. | 58 | Sebastian Głogiewicz | | EASY RUN | Łańce | 1:01:48,07 | 2:02:43,30 | 2:02:57,04 |
| 58. | 74 | Daniel Izdebski | | | Jastrzębie Zdrój | 1:02:47,24 | 2:04:37,82 | 2:05:02,93 |
| 59. | 276 | Paweł Ziemkiewicz | | | Racibórz | 1:01:06,96 | 2:07:39,37 | 2:07:53,03 |
| 60. | 138 | Grzegorz Lach | | | Kietrz | 0:50:00,97 | 2:13:08,50 | 2:13:42,62 |
| 61. | 408 | Nikodem Tarnowski | | Diamenty | Skrbeńsko | 0:52:00,97 | 2:14:02,74 | 2:14:03,63 |

M-40

| | | | | | | | | |
|----|-----|-------------------|--|-------------------------|------------------|------------|------------|------------|
| 1. | 9 | Sebastian Bartnik | | Galopujące Ślimaki | Jastrzębie Zdrój | 0:39:49,76 | 1:19:09,82 | 1:19:12,31 |
| 2. | 70 | Wojciech Holona | | AKMB Pędziwiatr Gliwice | Rybnik | 0:40:15,11 | 1:19:48,30 | 1:19:51,45 |
| 3. | 102 | Marek Knesz | | | Jejkowice | 0:40:13,74 | 1:20:11,03 | 1:20:15,18 |
| 4. | 373 | Marcin Zieliński | | TOR Dobrzeń Wielki | Dobrzeń Wielki | 0:40:38,05 | 1:21:22,19 | 1:21:24,21 |



Wyniki kategorii wiekowe



| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik |
|---------|--------|-------------------------|----------------------|--------------------|------------|------------|------------|
| 5. | 206 | Mariusz Rębisz | Easy Run | Racibórz | 0:40:27,29 | 1:21:36,68 | 1:21:38,75 |
| 6. | 228 | Sebastian Stemplewski | Kolka Team Opole | Opole | 0:40:10,24 | 1:22:30,14 | 1:22:32,42 |
| 7. | 344 | Krzysztof Piontek | Chemika Rybnik | Rybnik | 0:42:33,43 | 1:23:38,80 | 1:23:41,29 |
| 8. | 40 | Dawid Demidowicz | | Radlin | 0:44:49,26 | 1:27:37,82 | 1:27:46,00 |
| 9. | 5 | Tomasz Banasiak | | Racibórz | 0:44:42,50 | 1:28:11,38 | 1:28:13,29 |
| 10. | 174 | Adam Nosal | KS GRYF KIETRZ | Kietrz | 0:44:27,15 | 1:28:58,76 | 1:29:02,19 |
| 11. | 97 | Krzysztof Kasiura | cross krapkowice | Krapkowice | 0:44:46,28 | 1:29:05,38 | 1:29:11,21 |
| 12. | 273 | Dariusz Zawadzki | Radlin | Radlin | 0:45:13,01 | 1:29:55,80 | 1:30:04,50 |
| 13. | 124 | Arkadiusz Kubik | Dystans Lubomia | Lubomia | 0:43:34,40 | 1:31:36,45 | 1:31:38,92 |
| 14. | 219 | Andrzej Skora | Easy Run Racibórz | Racibórz | 0:46:45,42 | 1:32:17,75 | 1:32:20,79 |
| 15. | 293 | Andrzej Dąbrowski | | Rybnik | 0:46:06,73 | 1:33:15,10 | 1:33:21,76 |
| 16. | 111 | Robert Kowalski | SBD ENERGETYK RYBNIK | Rybnik | 0:47:12,77 | 1:33:38,84 | 1:33:41,50 |
| 17. | 60 | Ryszard Gogała | | Głubczyce | 0:46:42,74 | 1:34:19,96 | 1:34:25,51 |
| 18. | 87 | Andrzej Jończyk | GDYNIA | GDYNIA | 0:46:42,97 | 1:34:54,79 | 1:34:56,26 |
| 19. | 271 | Paweł Zagórski | KB Branice | Branice | 0:48:07,91 | 1:34:57,49 | 1:35:04,06 |
| 20. | 17 | Piotr Borowiak | | Bytom | 0:49:04,84 | 1:35:08,58 | 1:35:23,69 |
| 21. | 236 | Andrzej Szot | | Pietrowice Wielkie | 0:48:29,98 | 1:35:50,64 | 1:35:56,07 |
| 22. | 363 | Krzysztof Szubart | | Racibórz | 0:49:20,69 | 1:35:52,81 | 1:36:13,49 |
| 23. | 178 | Zbigniew Okrój | | Gliwice | 0:48:26,72 | 1:36:19,74 | 1:36:24,35 |
| 24. | 52 | Marek Flegel | | Pietrowice Wielkie | 0:46:54,34 | 1:37:56,46 | 1:38:02,17 |
| 25. | 157 | Wojciech Michalczyk | BBL Racibórz | Racibórz | 0:49:04,99 | 1:37:56,13 | 1:38:04,34 |
| 26. | 106 | Waldemar Kołodziej | | Górki | 0:50:03,22 | 1:37:55,02 | 1:38:05,84 |
| 27. | 4 | Dariusz Balicki | | Kędzierzyn-Koźle | 0:48:43,09 | 1:38:38,30 | 1:38:46,25 |
| 28. | 171 | Tomasz Niemczycki | | Głubczyce | 0:48:52,51 | 1:38:49,24 | 1:39:09,88 |
| 29. | 92 | Artur Kalita | IPA Kędzierzyn-Koźle | Kędzierzyn-Koźle | 0:50:03,63 | 1:39:20,67 | 1:39:22,59 |
| 30. | 218 | Dariusz Skoczylas | Saint-Gobain SQUAD | Dąbrowa Górnicza | 0:49:48,74 | 1:39:25,60 | 1:39:30,97 |
| 31. | 259 | Krzysztof Wojciechowski | RADLINIOKI W BIEGU | Radlin | 0:49:39,41 | 1:40:03,27 | 1:40:12,47 |
| 32. | 350 | Adam Przeszdzienk | SBD Energetyk Rybnik | Rybnik | 0:50:29,08 | 1:42:16,48 | 1:42:20,17 |



Wyniki kategorii wiekowe

| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik |
|---------|--------|---------------------|-----------------------------|--------------------|------------|------------|------------|
| 33. | 248 | Mariusz Urbasik | | Rydułtowy | 0:51:13,43 | 1:42:18,63 | 1:42:22,37 |
| 34. | 230 | Tomasz Surma | | Prudnik | 0:51:24,91 | 1:43:42,55 | 1:43:52,91 |
| 35. | 149 | Marcin Majcherek | | Pietrowice Wielkie | 0:51:51,20 | 1:44:22,68 | 1:44:30,20 |
| 36. | 22 | Michał Brosz | | Paniówki | 0:55:03,05 | 1:44:31,11 | 1:44:51,34 |
| 37. | 387 | Marian Buchlik | | | 0:52:49,16 | 1:45:10,01 | 1:45:20,28 |
| 38. | 209 | Michał Równiak | | Kraków | 0:54:14,67 | 1:45:46,25 | 1:46:08,69 |
| 39. | 32 | Dariusz Ciesielski | | Kietrz | 0:53:57,01 | 1:46:05,04 | 1:46:12,18 |
| 40. | 168 | Grzegorz Mrozek | | Gaszowice | 0:52:06,21 | 1:46:29,61 | 1:46:49,50 |
| 41. | 229 | Jerzy Suchodolski | | Radlin | 0:54:34,41 | 1:46:41,43 | 1:46:53,44 |
| 42. | 127 | Szymon Kuglarz | Motointegrator Running Team | Wodzisław Śląski | 0:53:00,63 | 1:47:29,19 | 1:47:39,20 |
| 43. | 352 | Jarosław Ptak | | Kedzierzyn-Kozle | 0:55:04,47 | 1:47:37,44 | 1:47:53,23 |
| 44. | 142 | Grzegorz Lipowski | | Komprachcice | 0:53:51,53 | 1:47:38,90 | 1:47:55,87 |
| 45. | 147 | Marcin Łakomski | | Wodzisław Śląski | 0:54:21,03 | 1:48:19,72 | 1:48:35,53 |
| 46. | 104 | Dariusz Kokora | | Racibórz | 0:53:51,27 | 1:50:20,23 | 1:50:31,44 |
| 47. | 240 | Mateusz Świst | | Winów | 0:56:17,88 | 1:50:54,70 | 1:51:09,95 |
| 48. | 101 | Daniel Kliś | | Dąbrowa | 0:56:17,83 | 1:51:09,66 | 1:51:24,38 |
| 49. | 254 | Grzegorz Welm | Zabiegani Częstochowa | Częstochowa | 0:56:39,96 | 1:51:26,71 | 1:51:40,51 |
| 50. | 61 | Henryk Góra | Saint Gobain Squad | Jaworzno | 0:55:26,37 | 1:51:41,76 | 1:51:47,87 |
| 51. | 133 | Arkadiusz Kuśnierz | KSKS GRYF KIETRZ | Kietrz | 0:56:12,25 | 1:52:03,33 | 1:52:15,74 |
| 52. | 95 | Jacek Karpina | KSKS GRYF KIETRZ | Kietrz | 0:56:12,07 | 1:52:04,89 | 1:52:17,29 |
| 53. | 165 | Jacek Mosiewicz | | Wrocław | 0:57:31,10 | 1:52:12,46 | 1:52:20,25 |
| 54. | 129 | Janusz Kuriata | | Kietrz | 0:56:30,35 | 1:52:39,42 | 1:52:53,71 |
| 55. | 263 | Piotr Wołoszyn | gryf-kietrz | Kietrz | 0:55:21,49 | 1:54:06,36 | 1:54:12,82 |
| 56. | 71 | Jarosław Hornik | Truchtacz Mysłowice | Mysłowice | 0:58:36,99 | 1:56:05,47 | 1:56:14,76 |
| 57. | 227 | Sylwester Staroń | | Zabrze | 0:57:34,45 | 1:56:44,91 | 1:57:01,04 |
| 58. | 361 | Bogusław Szaton | MOSIR TKKF SATURN CZELADŹ | Czeladź | 0:59:49,98 | 1:56:49,76 | 1:57:01,83 |
| 59. | 75 | Zenon Jackow | | Kietrz | 0:57:46,33 | 1:58:08,07 | 1:58:20,01 |
| 60. | 28 | Krzysztof Chaliński | Helix Pomatia | Łubniany | 0:59:23,62 | 1:58:51,67 | 1:58:51,67 |



Wyniki kategorii wiekowej

| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik |
|---------|--------|----------------------|--|--------------------|------------|------------|------------|
| 61. | 337 | Ryszard Osadnik |  | Ząbkowice Śląskie | 0:59:15,71 | 1:58:47,29 | 1:58:55,47 |
| 62. | 249 | Adam Wajda |  Runners Pietrowice Wielkie | Pietrowice Wielkie | 0:55:45,55 | 1:58:46,92 | 1:59:03,01 |
| 63. | 37 | Krzysztof Danik |  BIEG OPOLSKI | Opole | 1:01:10,59 | 1:59:20,07 | 1:59:38,02 |
| 64. | 160 | Damian Mika |  | Racibórz | 0:57:53,10 | 2:01:02,20 | 2:01:12,65 |
| 65. | 36 | Michał Damek |  Chronimy Górę Gipsową! | Ostrava | 1:01:20,94 | 2:01:50,76 | 2:02:10,13 |
| 66. | 191 | Rajmund Pendziątek |  | Racibórz | 0:55:46,57 | 2:03:07,73 | 2:03:20,89 |
| 67. | 50 | Pavel Ficek |  | Frýdek Místek | 0:59:22,24 | 2:03:56,16 | 2:04:07,97 |
| 68. | 244 | Mirosław Trela |  DB LESZCZYNY | Leszczyny | 0:59:37,06 | 2:05:01,64 | 2:05:17,14 |
| 69. | 202 | Artur Ratka |  Orleńta Częstochowa | Częstochowa | 1:01:22,97 | 2:05:04,41 | 2:05:23,29 |
| 70. | 73 | Pavel Hudeczek |  Chronimy Górę Gipsową! | Ludgeřovice | 1:01:01,51 | 2:06:42,01 | 2:06:52,77 |
| 71. | 170 | Piotr Nawrocki |  | Niezrzeszony | 1:01:17,16 | 2:07:09,21 | 2:07:27,89 |
| 72. | 151 | Wojciech Marchwiński |  | Rybnik Niedobczyce | 1:01:03,86 | 2:12:00,82 | 2:12:17,48 |
| 73. | 409 | Adam Majchrzak |  40FIT.PL | Racibórz | 1:05:18,58 | 2:16:19,41 | 2:16:36,77 |
| 74. | 131 | Martin Kus |  | Frýdek - Místek | 1:08:05,68 | 2:19:18,00 | 2:19:27,73 |

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|-----|-----|-------------------|--|------------------|------------|------------|------------|
| 1. | 146 | Marek Lubnau |  HARPAGAN SOSNOWIEC | Sosnowiec | 0:42:21,65 | 1:24:05,63 | 1:24:05,67 |
| 2. | 184 | Andrzej Pacuła |  AKMB Pędziwiatr Gliwice | Gliwice | 0:42:46,75 | 1:24:38,53 | 1:24:41,64 |
| 3. | 38 | Adam Danił |  Chemika Rybnik | Rybnik | 0:44:07,02 | 1:27:56,83 | 1:27:59,59 |
| 4. | 45 | Andrzej Dziuba |  | Tychy | 0:43:57,43 | 1:28:00,45 | 1:28:06,39 |
| 5. | 404 | Piotr Bartoszek |  | Tychy | 0:45:35,24 | 1:28:47,89 | 1:28:58,34 |
| 6. | 246 | Piotr Uciechowski |  OZPR PKP Opole | Opole | 0:44:55,15 | 1:29:51,02 | 1:29:52,79 |
| 7. | 231 | Adam Szala |  | Jejkowice | 0:44:25,25 | 1:30:17,87 | 1:30:24,20 |
| 8. | 88 | Petr Jorńicek |  Chronimy Górę Gipsową! | Ostrava | 0:45:39,37 | 1:30:37,90 | 1:30:41,31 |
| 9. | 256 | Ireneusz Węgrzyn |  KB GŁUBCZYCE | Głubczyce | 0:45:57,71 | 1:32:16,11 | 1:32:17,84 |
| 10. | 126 | Mirosław Kuchta |  KATOWICE | Katowice | 0:46:40,80 | 1:32:55,08 | 1:33:01,88 |
| 11. | 21 | Wiesław Brodacki |  40-latek tychy | Tychy | 0:45:27,54 | 1:33:52,36 | 1:33:57,41 |
| 12. | 255 | Czesław Węglarz |  | Kędzierzyn-Koźle | 0:48:44,72 | 1:37:37,55 | 1:37:39,57 |



Wyniki kategorii wiekowe

| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik |
|---------|--------|-----------------------|--|--------------------|------------|------------|------------|
| 13. | 47 | Miroslav Fáček |  SK Zahrada Petřvald | Petřvald | 0:48:24,59 | 1:37:40,71 | 1:37:50,76 |
| 14. | 130 | Zenon Kuryło |  SBD ENERGETYK RYBNIK | Rybnik | 0:48:09,97 | 1:38:58,79 | 1:39:03,01 |
| 15. | 189 | Leszek Papała |  | Łaziska Górne | 0:48:49,14 | 1:39:43,27 | 1:39:48,44 |
| 16. | 8 | Jaroslav Hrabuska |  Chronimy Górę Gipsową! | Ludgeřovice | 0:50:56,93 | 1:40:37,25 | 1:40:41,59 |
| 17. | 406 | Benedykt Pospiszyl |  KB Branice | Branice | 0:50:29,54 | 1:40:56,45 | 1:41:09,87 |
| 18. | 150 | Józef Małkiński |  RWT W BYDGOSZCZY | Bydgoszcz | 0:51:28,21 | 1:41:25,44 | 1:41:41,52 |
| 19. | 180 | Henryk Ostropolski |  WKB Piast Wrocław | Dzierżoniów | 0:51:09,71 | 1:41:36,05 | 1:41:45,20 |
| 20. | 272 | Dariusz Zajdel |  | Zawadzkie | 0:52:28,87 | 1:43:36,47 | 1:43:44,88 |
| 21. | 176 | Jan Nowak |  EasyRun Racibórz | Racibórz | 0:52:49,12 | 1:45:42,17 | 1:45:54,68 |
| 22. | 234 | Zbigniew Szewczuk |  | Racibórz | 0:52:57,38 | 1:45:43,65 | 1:46:00,67 |
| 23. | 82 | Sławomir Jaroszewicz |  AMATOR | Racibórz | 0:52:57,24 | 1:45:56,63 | 1:46:13,53 |
| 24. | 247 | Bohdan Ukrayinets |  SPORTOWY KLUB ULTRA | Lwów | 0:53:53,61 | 1:47:08,70 | 1:47:22,92 |
| 25. | 185 | Norbert Paletta |  | Pietrowice Wielkie | 0:54:20,47 | 1:47:33,71 | 1:47:43,10 |
| 26. | 161 | Roman Mocek |  | Chudów | 0:55:04,21 | 1:47:50,74 | 1:48:10,99 |
| 27. | 112 | Zbigniew Krajewski |  | Radlin | 0:56:01,49 | 1:48:05,50 | 1:48:16,81 |
| 28. | 105 | Krzysztof Kołodyński |  | Głubczyce | 0:54:04,08 | 1:50:30,99 | 1:50:45,08 |
| 29. | 108 | Zbigniew Kopszak |  AKB-KNURÓW | Knurów | 0:55:35,92 | 1:51:45,86 | 1:51:51,83 |
| 30. | 215 | Bernard Sierny |  | Nędza | 0:54:46,99 | 1:52:48,97 | 1:53:00,14 |
| 31. | 321 | Miroslaw Lenk |  Easy Run Racibórz | Racibórz | 0:57:29,87 | 1:52:52,66 | 1:53:05,83 |
| 32. | 135 | Miroslaw Lara |  Easy run Racibórz | Racibórz | 0:57:30,23 | 1:52:51,69 | 1:53:05,90 |
| 33. | 193 | Miroslaw Piotrowski |  KS GRYF Kietrz | Kietrz | 0:56:29,77 | 1:54:31,26 | 1:54:37,20 |
| 34. | 18 | Ryszard Borowski |  Druzyna szpiku Brzeg | Brzeg | 0:56:03,75 | 1:54:48,15 | 1:54:54,76 |
| 35. | 195 | Henryk Pluskota |  NEAPCO Praszka | Praszka | 0:57:44,27 | 1:54:54,99 | 1:55:11,25 |
| 36. | 332 | Adam Nowakowski |  SUPERNOVA | Głogówek | 0:54:27,99 | 1:56:01,98 | 1:56:01,98 |
| 37. | 56 | Cezary Garboś |  Żory | Żory | 0:55:28,77 | 1:57:04,95 | 1:57:11,99 |
| 38. | 242 | Krzysztof Tomaszewski |  Bystry Gekon | Jaworzno | 0:57:26,09 | 1:57:48,13 | 1:57:53,74 |
| 39. | 203 | Andrzej Reja |  KSKS Gryf Kietrz | Kietrz | 0:59:48,96 | 2:00:22,81 | 2:00:55,77 |
| 40. | 80 | Piotr Jamka |  | Pszów | 1:01:09,46 | 2:02:56,17 | 2:03:03,29 |



Wyniki kategorii wiekowe

| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik |
|---------|--------|---------------------|-------------|-------------|------------|------------|------------|
| 41. | 57 | Andrzej Gawłowski | KLUB MORSÓW | Lubliniec | 1:01:52,19 | 2:03:19,06 | 2:03:36,43 |
| 42. | 53 | Mieczysław Florczuk | | BRZEG | 0:58:08,09 | 2:04:49,47 | 2:05:06,77 |
| 43. | 334 | Andrzej Olczak | | Uciechowice | 0:58:55,37 | 2:09:09,15 | 2:09:30,15 |
| 44. | 122 | Tomasz Krzyżowski | | Ozimek | 1:08:21,13 | 2:22:26,62 | 2:22:43,24 |

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|-----|-----|----------------------|----------------------------------|--------------------|------------|------------|------------|
| 1. | 41 | Jan Deńca | Ziemia Raciborska | Rudnik | 0:44:06,50 | 1:28:09,96 | 1:28:11,51 |
| 2. | 116 | Adam Krupa | Chemika Rybnik | Rybnik | 0:47:23,13 | 1:33:31,00 | 1:33:33,02 |
| 3. | 144 | Józef Litwin | KBGłubczyce | Głubczyce | 0:46:01,51 | 1:33:32,47 | 1:33:33,86 |
| 4. | 269 | Andrzej Wybraniec | KS.Gryf | Kietrz | 0:48:15,90 | 1:35:50,58 | 1:35:53,05 |
| 5. | 84 | Leszek Jastrzębski | | Prudnik | 0:48:45,84 | 1:35:48,29 | 1:35:53,33 |
| 6. | 43 | Marek Dworski | AKMB Pędziwiatr Gliwice | Gliwice | 0:48:52,82 | 1:37:11,98 | 1:37:15,72 |
| 7. | 181 | Ignacy Oziębała | WKB Meta Lubliniec | Wręczyca Mała | 0:49:56,54 | 1:38:22,23 | 1:38:36,65 |
| 8. | 197 | Stanisław Przybysz | Niezrzeszony | Prudnik | 0:53:36,63 | 1:46:53,85 | 1:47:07,22 |
| 9. | 187 | Janusz Panek | | Pietrowice Wielkie | 0:55:45,25 | 1:48:04,88 | 1:48:21,35 |
| 10. | 93 | Wojciech Kaptur | KRS TKKF Relaks Wodzisław Śląski | Wodzisław Śląski | 0:54:04,47 | 1:48:28,72 | 1:48:38,77 |
| 11. | 261 | Mieczysław Wojtaszek | | Racibórz | 0:57:46,24 | 1:53:02,09 | 1:53:11,96 |
| 12. | 143 | Jozef Lisek | Gmina Strzelce Opolskie | Strzelce Opolskie | 0:57:47,58 | 1:53:32,21 | 1:53:42,56 |
| 13. | 162 | Leszek Moczynski | Biegam dla Bydgoszczy | Bydgoszcz | 0:57:46,46 | 1:54:23,35 | 1:54:39,07 |
| 14. | 264 | Jan Wośko | CROSS KRAPKOWICE | Krapkowice | 1:00:58,62 | 2:00:23,04 | 2:00:41,76 |
| 15. | 10 | Wiesław Bednarczyk | | Brzeg | 1:01:31,36 | 2:04:22,06 | 2:04:26,75 |
| 16. | 159 | Jan Micuda | TRUCHTACZ MYSŁOWICE | Mysłowice | 1:04:45,00 | 2:07:29,38 | 2:07:38,26 |
| 17. | 114 | Zbigniew Kręcisz | RACIBORSKA GRUPA OUDOOROWA | Racibórz | 1:04:03,26 | 2:15:31,89 | 2:15:39,70 |
| 18. | 99 | Zenon Kędzierski | Gmina Strzelce Opolskie | Strzelce Opolskie | 1:11:39,85 | 2:25:59,46 | 2:26:16,24 |
| 19. | 235 | Stanisław Szkolnicki | | Opole | 1:20:33,39 | 2:43:05,74 | 2:43:23,96 |

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|----|-----|-------------------|---------------------|-----------|------------|------------|------------|
| 1. | 320 | Werner Legomiński | Truchtacz Mysłowice | Mysłowice | 0:53:36,08 | 1:46:47,08 | 1:46:55,69 |
|----|-----|-------------------|---------------------|-----------|------------|------------|------------|



Wyniki kategorii wiekowe

| Miejsce | Nr st. | Imię i nazwisko | Klub | Miasto | 10km | Netto | Wynik |
|---------|--------|--------------------|--------------------------------|------------------|------------|------------|------------|
| 2. | 221 | Mariusz Skurzyński | | Wodzisław Śląski | 0:53:38,69 | 1:48:38,07 | 1:48:56,07 |
| 3. | 353 | Zenon Puszczewicz | | Pisarzowice | 0:56:03,39 | 1:51:42,57 | 1:51:49,73 |
| 4. | 296 | Tadeusz Gąszczak | | gliwice | 1:05:48,48 | 2:08:40,09 | 2:08:45,13 |
| 5. | 402 | Jiri Engliš | CVK | Vavrovice | 1:10:55,73 | 2:23:23,09 | 2:23:39,43 |
| 6. | 401 | Jan Stachoń | Polski Związek Spadochroniarzy | Kraków | 1:23:30,59 | 2:50:12,26 | 2:50:15,12 |

Liczba uczestników: 285

