

7 Łańcucka Piątka

Wyniki mieszkańców Łańcuta

27.08.2022, Łańcut

| M-ce | Nr | Nazwisko i imię | Klub | min/ km | Lap1 | Lap2 | Netto | Wynik (Brutto) | Strata |
|------|----|-----------------|------|------------|------|------|-------|-------------------|--------|
|------|----|-----------------|------|------------|------|------|-------|-------------------|--------|

Bieg główny 5 km

Kobiety

| | | | | | | | | | | |
|----|-----|--------------------------|-----|------------------------------|-------|-------|-------|--------------|--------------|-------|
| 1. | 824 | Hałatek Magdalena | POL | 4:45 | 11:27 | 12:14 | 23:36 | 23:41 | -- | |
| 2. | 858 | Nowicka Ula | POL | Żołyńska Grupa Biegowa Zośka | 5:10 | 12:26 | 13:21 | 25:44 | 25:46 | +2:05 |
| 3. | 863 | Pleśniak Karolina | POL | | 5:11 | 12:57 | 12:54 | 25:43 | 25:51 | +2:10 |
| 4. | 917 | Bazan Krystyna | POL | | 6:10 | 15:10 | 15:37 | 30:36 | 30:47 | +7:06 |
| 5. | 847 | Kuźniar Joanna | POL | Kuźniar Team | 6:12 | 15:08 | 15:52 | 30:48 | 30:59 | +7:18 |
| 6. | 823 | Gucwa Natalia | POL | | 6:43 | 19:33 | 14:02 | 33:24 | 33:34 | +9:53 |

Mężczyźni

| | | | | | | | | | | |
|----|-----|----------------------------|-----|------------|-------|-------|-------|--------------|--------------|-------|
| 1. | 876 | Strzałkowski Maciej | POL | 3:49 | 09:25 | 09:37 | 18:59 | 19:02 | -- | |
| 2. | 870 | Sarzynski Stanisław | POL | 3:52 | 09:25 | 09:55 | 19:19 | 19:20 | +0:18 | |
| 3. | 922 | Wiecak Dawid | POL | 4:09 | 10:14 | 10:30 | 20:37 | 20:43 | +1:41 | |
| 4. | 838 | Kochman Grzegorz | POL | Manaty | 4:14 | 10:16 | 10:52 | 20:59 | 21:08 | +2:06 |
| 5. | 916 | Mac Michał | POL | 4:25 | 10:57 | 11:04 | 21:57 | 22:01 | +2:59 | |
| 6. | 886 | Władyka Robert | POL | 4:44 | 11:20 | 12:19 | 23:35 | 23:38 | +4:36 | |
| 7. | 857 | Nocek Janusz | POL | 4:58 | 12:23 | 12:25 | 24:38 | 24:47 | +5:45 | |
| 8. | 877 | Świder Grzegorz | POL | ŁTC Łańcut | 5:36 | 13:29 | 14:31 | 27:55 | 28:00 | +8:58 |

Liczba uczestników: 14

