

# Bieg "Na GRONIK" o Puchar Wójta Gminy Stryszawa

## Wyniki mieszkańców gminy Stryszawa



04.06.2023, Stryszawa

| M-ce | Nr | Nazwisko i imię | Miasto | Klub | min/<br>km | Netto | Wynik<br>(Brutto) | Strata |
|------|----|-----------------|--------|------|------------|-------|-------------------|--------|
|------|----|-----------------|--------|------|------------|-------|-------------------|--------|

### Bieg główny 5 km

#### Kobiety

|    |    |                       |     |           |                     |       |              |                |        |
|----|----|-----------------------|-----|-----------|---------------------|-------|--------------|----------------|--------|
| 1. | 65 | Harańczyk Bożena      | POL | Krzeszów  | 6:39                | 33:12 | <b>33:16</b> | --             |        |
| 2. | 68 | Jędrzejak Justyna     | POL | Stryszawa | 8:28                | 42:19 | <b>42:23</b> | +9:07          |        |
| 3. | 21 | Miklusiak Iwona       | POL | Stryszawa | SKL Sucha Beskidzka | 8:57  | 44:47        | <b>44:48</b>   | +11:32 |
| 4. | 74 | Nataneek Emilia       | POL |           |                     | 12:08 | 1:00:42      | <b>1:00:44</b> | +27:28 |
| 5. | 53 | Tłałka Amelia         | POL | Stryszawa | Ciśniesz Bejbe      | 14:28 | 1:12:16      | <b>1:12:22</b> | +39:06 |
| 6. | 32 | Sala-Tłałka Magdalena | POL | Stryszawa | Ciśniesz Bejbe      | 14:28 | 1:12:16      | <b>1:12:22</b> | +39:06 |

#### Mężczyźni

|    |    |                    |     |           |                                |       |              |              |       |
|----|----|--------------------|-----|-----------|--------------------------------|-------|--------------|--------------|-------|
| 1. | 60 | Sikora Tomasz      | POL | Stryszawa | 5:34                           | 27:51 | <b>27:53</b> | --           |       |
| 2. | 22 | Miś Paweł          | POL | Hucisko   | 6:01                           | 30:03 | <b>30:07</b> | +2:14        |       |
| 3. | 54 | Szwed Tomasz       | POL | Kurów     | SKL Masters                    | 6:08  | 30:39        | <b>30:41</b> | +2:48 |
| 4. | 66 | Harańczyk Grzegorz | POL | Krzeszów  |                                | 6:15  | 31:13        | <b>31:16</b> | +3:23 |
| 5. | 17 | Kwak Łukasz        | POL | Stryszawa | Czwartunio Team                | 6:19  | 31:33        | <b>31:37</b> | +3:44 |
| 6. | 50 | Płonka Mateusz     | POL | Targoszów |                                | 6:33  | 32:40        | <b>32:46</b> | +4:53 |
| 7. | 35 | Stachowski Damian  | POL | Stryszawa | Czwartunio Team                | 6:40  | 33:19        | <b>33:23</b> | +5:30 |
| 8. | 13 | Kąkol Jarosław     | POL | Stryszawa | SKL Suski Klub Lekkoatletyczny | 7:30  | 37:29        | <b>37:31</b> | +9:38 |

### Marsz Nordic Walking 5 km

#### Kobiety

|    |    |                   |     |          |       |         |                |       |
|----|----|-------------------|-----|----------|-------|---------|----------------|-------|
| 1. | 36 | Ścieszka Anna     | POL | Krzeszów | 15:10 | 1:15:46 | <b>1:15:53</b> | --    |
| 2. | 67 | Krzesińska Joanna | POL | Krzeszów | 16:18 | 1:21:24 | <b>1:21:32</b> | +5:39 |

#### Mężczyźni

|    |    |                  |     |           |                             |       |         |                |        |
|----|----|------------------|-----|-----------|-----------------------------|-------|---------|----------------|--------|
| 1. | 7  | Grajny Piotr     | POL | Lachowice | Włoczykije Powiatu Suskiego | 8:57  | 44:46   | <b>44:50</b>   | --     |
| 2. | 39 | Wdowiak Jakub    | POL | Stryszawa |                             | 12:51 | 1:04:10 | <b>1:04:16</b> | +19:26 |
| 3. | 37 | Ścieszka Mikołaj | POL | Krzeszów  |                             | 12:52 | 1:04:16 | <b>1:04:23</b> | +19:33 |

Liczba uczestników: 19

